



SHAPE 2010

ADULT DATA BOOK

Survey of the Health of All the Population and the Environment



Hennepin County
Human Services and Public Health Department



SHAPE 2010 Adult Data Book

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SHAPE 2010

Introduction

Overview

The 2010 Survey of the Health of All the Population and the Environment, or *SHAPE 2010*, is the fourth in a series of nationally recognized surveys collecting information on the health of Hennepin County residents and the factors that affect their health. One of the major features of *SHAPE* is its ability to provide data on a broad range of health topics for many local geographic areas and demographic subgroups within Hennepin County.

The *SHAPE 2010 - Adult Data Book* summarizes the responses of the more than 7,000 respondents from the *SHAPE 2010 - Adult Survey*. Results are presented for Hennepin County as a whole and for local geographic areas within the county. The data are also reported by demographic variables including gender, age, and household income.

Background

SHAPE, a public health surveillance project, was initiated in 1998 to provide data on the health status and the factors that affect the health of adults in Hennepin County. *SHAPE* data have been used in planning, programming and policy development in a range of government, community and health organizations. *SHAPE* has been administered in 1998, 2002, 2006, and, most recently, in 2010. While there have been a number of content and methodology changes which have happened with each iteration of *SHAPE*, many questions have been asked similarly over time. Thus it is now possible to track key health indicators for Hennepin County over more than a decade.

Since 1998, *SHAPE* has collected information on the following health topics, or domains:

- **Overall health**
- **Health care access and utilization**
- **Healthy lifestyle and behaviors**
- **Social-environmental factors**

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In *SHAPE 2010*, the topics included for these domains were:

- **Overall Health**
General health status, physical and mental health, chronic disease and conditions (including asthma, diabetes, heart trouble, high blood pressure, and arthritis), limitations and disabilities.
- **Health Care Access and Utilization**
Health insurance coverage, dental coverage, usual source of care, unmet health care needs, last physical and dental exam, and preventive health care (e.g., cholesterol check, mammogram, Pap test or colon cancer screening, screening of risk behaviors).
- **Healthy Lifestyle and Behaviors**
Fruit and vegetable consumption, meals eaten at fast-food restaurants, weight status, moderate and vigorous physical activity, neighborhood walkability, non-motorized transit use, and current smoking and drinking habits.
- **Social-Environmental Factors**
Level of social support, involvement in school, community or neighborhood activities, perception of the neighborhood, food and housing insecurity, and the experience of discrimination in getting medical care.

What's new in *SHAPE 2010*?

The planning for *SHAPE 2010* began during a period of great economic challenges which made it difficult to conduct a survey comparable in scope and cost to previous implementations. Thus, a number of changes were made to the methodology and sampling design used in the *SHAPE 2010* survey to address that reality. In addition, some changes were made in the content areas covered in *SHAPE 2010* to include new topics of interest.

Some key changes in *SHAPE 2010* from previous implementations include the following:

- **SHIP Funding**
In 2009, the Minnesota Legislature authorized a \$47 million appropriation for the Statewide Health Improvement Program (SHIP), for use as grants to local health agencies and tribal governments to implement system changes regarding tobacco use, physical inactivity and poor nutrition. Some of the SHIP grant funds awarded to Hennepin County were used to cover the cost of *SHAPE 2010*. Some questions were added to the survey to monitor topics in the SHIP focus areas.

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- **Reduced Budget**

Funds available for the *SHAPE 2010* survey were much less than in previous years. This reduced budget necessitated creative re-thinking of how to implement a survey of this scale. Work that had been contracted out in the past was done instead by in-house staff. Unpaid interns and volunteers were used extensively throughout the project. Posters and other low-cost marketing materials were used rather than paid advertising.

- **Mail Only**

Previous administrations of *SHAPE* used a telephone survey format as part of its design. Especially since 2006, telephone-based surveys have become increasingly hard to implement successfully, and therefore, much more expensive. People with caller-ID often screen phone calls before answering and many people who are either young, new to the country, or mobile, are relying on cell-phones only for their telephone service. Finally, there is less certainty that a person who has a phone number with a particular area code actually resides in that geographic area.

Because of the reasons mentioned above, it was decided to use a mail-only approach for *SHAPE 2010* rather than the mixed-mode, mail and phone, method used in 2006. Since in 2006, fewer than ten mail surveys in languages other than English, were returned, it was decided to not develop mail versions of the survey in multiple languages.

- **Reporting by Race and Ethnicity**

One of the valuable aspects of the *SHAPE 2002* and *SHAPE 2006* data has been the ability to provide results for a number of racial and ethnic populations who live in Hennepin County. Unfortunately, despite community outreach efforts, there were not enough resources to successfully reach those populations. As a result, there were too few respondents from racial and ethnic groups to allow presenting specific results for each of the groups.

Some of the community outreach efforts included:

- Distributing *SHAPE 2010* posters in Spanish, Somali, Hmong, and Vietnamese;
- Publicizing a phone line in Spanish, Somali, Hmong, and Vietnamese to answer questions about *SHAPE*; and
- Publishing videos of community leaders and native speakers encouraging people to complete the *SHAPE 2010* surveys

Proportionately, there were enough respondents from racial and ethnic communities so that their numbers are representative of the population as a whole. Therefore, the countywide estimates include differences that may be present among subpopulations within Hennepin County.

- **Reporting categories**

Something new for the *SHAPE 2010 Adult Data Book* is the presentation of results by:

- **Household income as a percent of the Federal Poverty Level**

Results are presented for respondents whose self-reported households income are above and below 200% of the Federal Poverty Level.

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- **Age**
Results are presented for respondents aged 18-24, 25-44, 45-54, 55-64, and 65 and older.
- **Gender**
Results are presented for males and females.

As in the *SHAPE 2006 Adult Data Book*, results are reported for a number of geographic areas with the County – four within the city of Minneapolis, and six in Suburban Hennepin County.

The tables presented in this report include findings for Hennepin County as a whole and 15 smaller geographic areas within the county. The geographic areas included in the tables are shown in Figure 1.

- **Content Topics**

Topics that are new in *SHAPE 2010* are the following:

- discussing selected health topics with a doctor or health professional;
- ease of walking in one's neighborhood to selected locations for errands or recreation;
- number of days that one bikes, walks, or skates for recreation, health, or fitness; and
- number of days that one walks or bikes for the purpose of going to a destination, such as walking to work, stores, or running errands.

How to read the tables

In most of the data tables, the title is the actual survey question and is presented as it was asked (e.g., “Do you currently have insurance that pays for all or part of your dental care?”). Some tables report results that are calculated from one or more survey questions. The titles for these tables state the content of the data tables without being in question form (e.g., “Weight status based on Body Mass Index calculation”). The survey questions used for those calculations and the applicable calculation methods are explained in Appendix D.

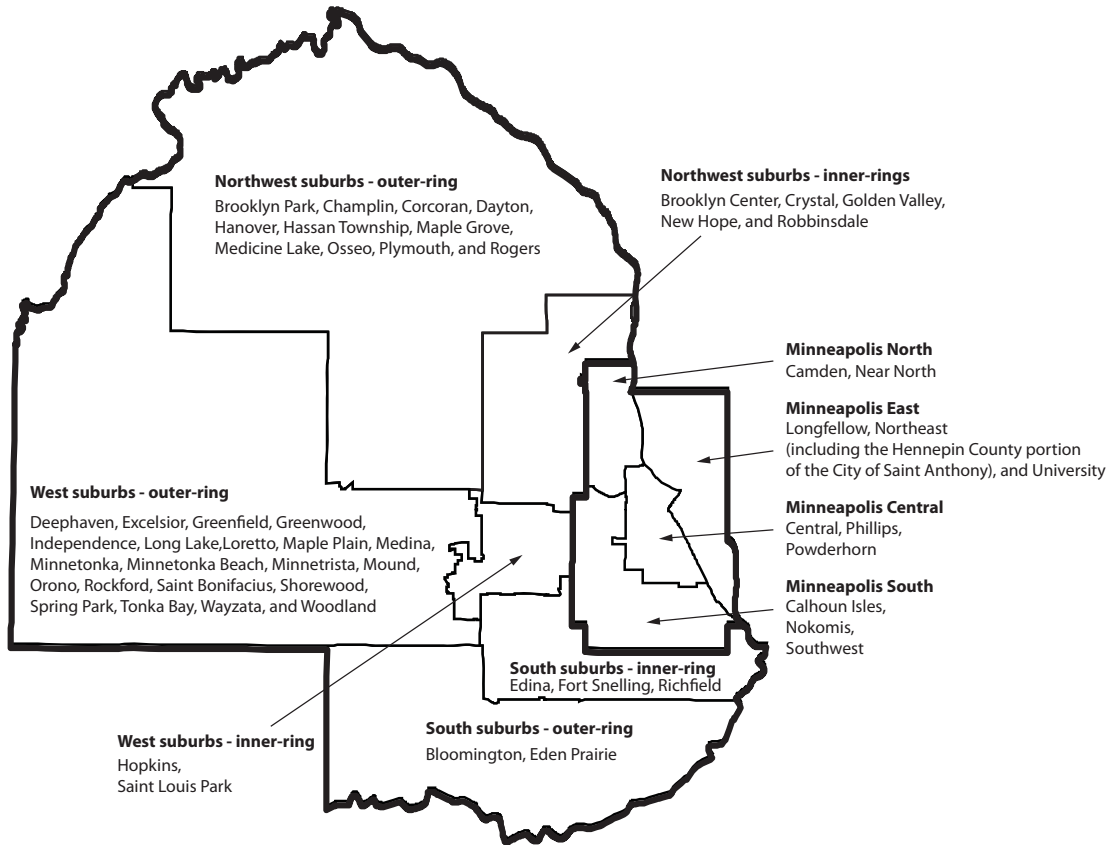
All results are reported as percentages (%) with corresponding 95% confidence intervals (\pm 95% C.I.). The one exception is Table 6, “Average number of unhealthy days during the past 30 days”, where the average, or mean, and its corresponding confidence intervals are reported. Appendix C gives a thorough explanation of how to interpret and use confidence intervals. In all cases, the number, N, listed in the column labeled Sample Size, is the actual number of persons whose responses were included to compute those percentages.

Most questions in the *SHAPE 2010 - Adult Survey* were asked of all participants. However, some questions are part of a set (e.g., a series of questions about diabetes), and are asked only of pertinent sub-groups among all survey respondents after the lead question. These questions often have a much smaller sample size than other questions. Tables with questions of this type are indicated by the phrase “Among persons ...”.

When only a small number of respondents answer a question, the sample size may be too small to provide a reliable estimate. Therefore, in this data book, results are not presented when there are fewer than 30 respondents for any particular question. Omissions of this type are indicated by the symbol “<30”.

Introduction

Figure 1. Geographic reporting areas in Hennepin County for the SHAPE 2010 - Adult Data Book



Introduction



SHAPE 2010

Overall Health

Overall Health



In general, would you say your health is ... ?

TABLE 1

	Sample Size N	Excellent % ± 95% C.I.	Very Good % ± 95% C.I.	Good % ± 95% C.I.	Fair % ± 95% C.I.	Poor % ± 95% C.I.
Hennepin County Total	6,933	19.5% ± 1.4	43.7% ± 1.8	27.4% ± 1.6	7.7% ± 0.9	1.7% ± 0.4
Minneapolis						
Total	3,213	19.4% ± 2.1	42.8% ± 2.6	27.3% ± 2.3	8.6% ± 1.4	2.0% ± 0.6
Camden, Near North	876	10.0% ± 3.5	31.5% ± 5.1	38.6% ± 5.6	16.6% ± 4.2	3.4% ± 1.7
Longfellow, NE, University	727	17.8% ± 4.5	44.5% ± 5.5	27.6% ± 5.0	8.7% ± 3.3	1.3% ± 1.6
Central, Phillips, Powderhorn	801	21.6% ± 4.3	40.7% ± 4.9	27.3% ± 4.5	7.6% ± 2.8	2.8% ± 1.7
Calhoun-Isles, Nokomis, SW	809	24.6% ± 4.2	50.1% ± 4.8	19.9% ± 3.9	4.5% ± 2.1	1.0% ± 0.8
Suburban Areas						
Total	3,720	19.5% ± 1.9	44.2% ± 2.4	27.5% ± 2.0	7.3% ± 1.1	1.6% ± 0.6
Northwest Suburbs	1,472	18.8% ± 3.0	44.1% ± 3.7	28.8% ± 3.3	6.7% ± 1.9	1.5% ± 1.1
Northwest - Inner Ring	773	18.6% ± 4.4	38.3% ± 5.1	31.8% ± 4.6	10.2% ± 3.8	1.1% ± 0.9
Northwest - Outer Ring	699	19.0% ± 4.1	47.4% ± 4.9	27.1% ± 4.5	4.7% ± 2.2	1.8% ± 1.6
West Suburbs	1,015	19.9% ± 4.1	45.3% ± 4.6	25.8% ± 4.1	6.9% ± 2.2	2.2% ± 1.8
West - Inner Ring	720	18.1% ± 4.2	44.5% ± 5.0	26.9% ± 4.7	8.1% ± 2.7	2.3% ± 1.5
West - Outer Ring	295	21.1% ± 6.4	45.8% ± 7.0	25.0% ± 6.3	6.1% ± 3.5	2.0% ± 3.5
South Suburbs	1,233	20.2% ± 3.4	43.6% ± 3.9	26.8% ± 3.5	8.3% ± 2.1	1.2% ± 0.8
South - Inner Ring	698	20.8% ± 4.5	42.2% ± 5.0	25.6% ± 4.3	9.8% ± 3.0	1.7% ± 1.6
South - Outer Ring	535	19.8% ± 5.0	44.5% ± 5.7	27.6% ± 5.2	7.3% ± 3.1	0.8% ± 1.1
Gender						
Male	2,252	20.1% ± 2.5	44.3% ± 3.0	27.0% ± 2.6	7.2% ± 1.5	1.4% ± 0.8
Female	4,681	18.9% ± 1.7	43.2% ± 2.0	27.8% ± 1.8	8.1% ± 1.1	2.0% ± 0.5
Age						
18-24	244	19.5% ± 6.9	49.0% ± 8.0	24.4% ± 7.5	5.9% ± 5.2	1.3% ± 5.8
25-44	2,307	22.0% ± 2.4	47.5% ± 2.8	24.9% ± 2.4	4.7% ± 1.2	0.9% ± 0.5
45-54	1,308	20.3% ± 3.2	40.4% ± 3.9	28.6% ± 3.6	8.5% ± 2.4	2.3% ± 1.4
55-64	1,391	19.0% ± 3.2	40.1% ± 3.7	26.7% ± 3.3	11.7% ± 2.4	2.5% ± 1.2
65 and older	1,683	9.8% ± 1.9	35.1% ± 2.9	36.5% ± 2.9	15.2% ± 2.1	3.4% ± 1.2
Household Income						
< 200% of FPL	1,609	11.1% ± 2.7	31.2% ± 3.7	36.1% ± 3.7	16.4% ± 2.8	5.2% ± 1.7
≥ 200% of FPL	5,010	21.9% ± 1.7	47.4% ± 2.1	24.9% ± 1.7	5.2% ± 0.9	0.7% ± 0.4

NOTE: Definitions for the indicators are provided in Appendix D.

Overall Health



Thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

TABLE 2	Sample Size N	0 days	1 or 2 days	3 to 7 days	8 to 13 days	14 or more days
		% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,838	58.1% ± 1.7	18.1% ± 1.5	12.5% ± 1.2	3.9% ± 0.7	7.4% ± 0.8
Minneapolis						
Total	3,167	55.8% ± 2.6	18.0% ± 2.0	14.1% ± 2.0	4.3% ± 1.1	7.8% ± 1.4
Camden, Near North	861	51.1% ± 5.5	13.5% ± 3.8	15.4% ± 3.7	5.5% ± 2.8	14.5% ± 3.9
Longfellow, NE, University	721	55.2% ± 5.5	17.3% ± 4.3	17.3% ± 5.3	3.1% ± 2.2	7.2% ± 2.7
Central, Phillips, Powderhorn	785	52.5% ± 4.9	19.9% ± 4.2	14.3% ± 4.0	5.5% ± 3.1	7.8% ± 2.9
Calhoun-Isles, Nokomis, SW	800	62.4% ± 4.7	19.6% ± 4.1	10.0% ± 3.4	3.6% ± 1.7	4.4% ± 2.0
Suburban Areas						
Total	3,671	59.4% ± 2.3	18.2% ± 1.9	11.6% ± 1.5	3.7% ± 1.0	7.1% ± 1.2
Northwest Suburbs	1,459	58.9% ± 3.6	19.1% ± 3.2	10.7% ± 2.3	3.6% ± 1.5	7.7% ± 2.1
Northwest - Inner Ring	767	57.9% ± 5.0	17.0% ± 4.2	11.4% ± 3.5	4.6% ± 2.3	9.0% ± 3.5
Northwest - Outer Ring	692	59.5% ± 5.0	20.3% ± 4.5	10.3% ± 3.1	3.0% ± 2.3	7.0% ± 2.7
West Suburbs	1,004	56.6% ± 4.6	19.2% ± 4.0	12.3% ± 3.2	4.6% ± 2.4	7.4% ± 2.5
West - Inner Ring	711	53.8% ± 5.0	22.1% ± 4.8	14.1% ± 3.7	3.6% ± 1.9	6.6% ± 2.1
West - Outer Ring	293	58.5% ± 7.0	17.2% ± 6.1	11.1% ± 5.1	5.3% ± 4.1	7.9% ± 4.2
South Suburbs	1,208	62.2% ± 3.9	16.1% ± 3.3	12.5% ± 2.8	3.3% ± 1.5	6.0% ± 1.7
South - Inner Ring	680	62.7% ± 4.9	15.5% ± 4.4	12.5% ± 3.7	2.1% ± 1.3	7.1% ± 2.6
South - Outer Ring	528	61.8% ± 5.5	16.5% ± 4.7	12.4% ± 4.2	4.0% ± 2.5	5.3% ± 2.4
Gender						
Male	2,228	62.3% ± 3.0	18.0% ± 2.5	10.8% ± 2.0	3.3% ± 1.2	5.6% ± 1.3
Female	4,610	54.5% ± 2.0	18.2% ± 1.7	13.9% ± 1.6	4.5% ± 0.9	8.9% ± 1.2
Age						
18-24	242	51.8% ± 8.0	20.2% ± 7.0	15.5% ± 6.7	4.5% ± 4.4	8.0% ± 6.6
25-44	2,294	57.6% ± 2.8	21.2% ± 2.4	13.1% ± 2.0	3.4% ± 1.1	4.7% ± 1.2
45-54	1,294	59.5% ± 3.9	16.3% ± 3.1	11.5% ± 2.7	4.5% ± 1.7	8.2% ± 2.3
55-64	1,381	60.4% ± 3.5	14.6% ± 2.8	9.6% ± 2.3	5.1% ± 2.0	10.2% ± 2.2
65 and older	1,627	59.6% ± 2.9	11.1% ± 1.8	12.1% ± 2.2	4.1% ± 1.3	13.1% ± 2.2
Household Income						
< 200% of FPL	1,558	43.9% ± 3.9	14.8% ± 2.9	17.8% ± 3.2	8.1% ± 2.2	15.5% ± 2.7
≥ 200% of FPL	4,976	61.4% ± 2.0	19.5% ± 1.7	11.1% ± 1.3	2.9% ± 0.7	5.2% ± 0.9

NOTE: Definitions for the indicators are provided in Appendix D.

Overall Health



Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

TABLE 3	Sample Size N	0 days	1 or 2 days	3 to 7 days	8 to 13 days	14 or more days
		% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,847	51.6% ± 1.8	14.7% ± 1.4	17.2% ± 1.4	7.5% ± 1.0	9.0% ± 1.0
Minneapolis						
Total	3,175	46.1% ± 2.6	14.9% ± 2.0	19.9% ± 2.3	8.4% ± 1.6	10.7% ± 1.6
Camden, Near North	865	43.1% ± 5.5	12.0% ± 4.2	18.2% ± 4.8	8.9% ± 3.4	17.9% ± 4.1
Longfellow, NE, University	721	43.7% ± 5.3	16.8% ± 4.9	22.6% ± 5.3	8.5% ± 3.3	8.4% ± 3.4
Central, Phillips, Powderhorn	791	45.3% ± 4.9	16.8% ± 3.9	18.5% ± 4.1	8.7% ± 3.2	10.7% ± 3.2
Calhoun-Isles, Nokomis, SW	798	51.2% ± 4.8	12.8% ± 3.3	19.8% ± 4.3	7.8% ± 3.7	8.4% ± 3.0
Suburban Areas						
Total	3,672	54.5% ± 2.3	14.7% ± 1.7	15.8% ± 1.8	7.0% ± 1.3	8.0% ± 1.3
Northwest Suburbs	1,461	52.6% ± 3.6	14.3% ± 2.8	17.1% ± 3.0	8.0% ± 2.4	7.9% ± 2.0
Northwest - Inner Ring	767	50.9% ± 5.1	13.8% ± 3.9	18.3% ± 4.4	9.4% ± 3.8	7.6% ± 3.1
Northwest - Outer Ring	694	53.6% ± 4.9	14.6% ± 4.0	16.5% ± 4.0	7.3% ± 3.1	8.1% ± 2.8
West Suburbs	999	54.9% ± 4.7	13.5% ± 3.4	15.1% ± 3.6	7.1% ± 2.8	9.5% ± 3.1
West - Inner Ring	708	50.5% ± 5.0	17.1% ± 4.5	16.1% ± 4.1	6.4% ± 2.9	9.8% ± 3.4
West - Outer Ring	291	57.8% ± 7.0	11.0% ± 5.1	14.4% ± 5.7	7.6% ± 4.6	9.2% ± 5.1
South Suburbs	1,212	57.1% ± 4.0	16.0% ± 3.2	14.4% ± 3.1	5.3% ± 2.0	7.2% ± 2.1
South - Inner Ring	683	55.1% ± 5.1	19.4% ± 5.0	11.4% ± 3.2	7.1% ± 3.2	7.0% ± 2.6
South - Outer Ring	529	58.4% ± 5.7	13.8% ± 4.3	16.3% ± 4.7	4.2% ± 2.8	7.3% ± 3.4
Gender						
Male	2,230	57.2% ± 3.0	13.7% ± 2.3	15.4% ± 2.4	6.1% ± 1.6	7.6% ± 1.6
Female	4,617	46.7% ± 2.0	15.6% ± 1.6	18.8% ± 1.7	8.7% ± 1.3	10.2% ± 1.3
Age						
18-24	241	33.8% ± 7.9	16.1% ± 6.9	24.1% ± 7.5	14.0% ± 6.9	12.0% ± 6.8
25-44	2,296	44.4% ± 2.8	17.6% ± 2.1	20.9% ± 2.3	8.4% ± 1.5	8.8% ± 1.5
45-54	1,298	56.8% ± 3.9	12.8% ± 2.8	13.1% ± 2.6	6.5% ± 2.0	10.8% ± 2.4
55-64	1,380	61.5% ± 3.6	12.1% ± 2.5	13.1% ± 2.6	4.3% ± 2.0	9.1% ± 1.9
65 and older	1,632	71.9% ± 2.8	8.7% ± 1.8	9.5% ± 1.9	4.7% ± 1.5	5.3% ± 1.4
Household Income						
< 200% of FPL	1,569	38.8% ± 3.7	11.6% ± 2.9	19.7% ± 3.3	10.4% ± 2.6	19.5% ± 3.0
≥ 200% of FPL	4,977	54.1% ± 2.1	16.0% ± 1.5	16.9% ± 1.6	6.8% ± 1.1	6.2% ± 1.0

NOTE: Definitions for the indicators are provided in Appendix D.

Overall Health



Total number of unhealthy days during the past 30 days
Including both unhealthy physical health and unhealthy mental health days

TABLE 4	Sample Size N	0 days	1 or 2 days	3 to 7 days	8 to 13 days	14 or more days
		% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,805	37.8% ± 1.7	16.0% ± 1.4	21.3% ± 1.5	8.8% ± 1.1	16.1% ± 1.3
Minneapolis						
Total	3,156	34.1% ± 2.5	13.8% ± 1.9	24.1% ± 2.4	9.6% ± 1.8	18.3% ± 1.9
Camden, Near North	856	31.6% ± 5.6	8.8% ± 3.6	21.8% ± 5.0	10.5% ± 3.7	27.4% ± 4.7
Longfellow, NE, University	719	31.9% ± 5.1	13.4% ± 4.0	29.5% ± 5.5	8.9% ± 3.6	16.3% ± 4.2
Central, Phillips, Powderhorn	785	32.3% ± 4.8	15.1% ± 3.9	23.5% ± 4.4	9.4% ± 3.4	19.7% ± 4.1
Calhoun-Isles, Nokomis, SW	796	39.6% ± 4.9	16.2% ± 3.7	21.1% ± 4.2	10.1% ± 3.8	13.0% ± 3.3
Suburban Areas						
Total	3,649	39.8% ± 2.3	17.2% ± 1.9	19.7% ± 2.0	8.4% ± 1.4	14.9% ± 1.7
Northwest Suburbs	1,454	37.1% ± 3.6	18.2% ± 3.2	19.6% ± 3.0	9.4% ± 2.3	15.7% ± 2.7
Northwest - Inner Ring	763	35.3% ± 5.0	15.6% ± 3.9	19.7% ± 4.5	12.5% ± 3.9	16.8% ± 4.2
Northwest - Outer Ring	691	38.2% ± 4.8	19.7% ± 4.5	19.5% ± 4.2	7.6% ± 3.1	15.0% ± 3.8
West Suburbs	995	40.0% ± 4.6	15.9% ± 3.5	19.6% ± 4.0	8.9% ± 2.9	15.7% ± 3.5
West - Inner Ring	705	34.7% ± 4.8	18.9% ± 4.6	20.7% ± 4.6	9.8% ± 3.1	15.9% ± 3.9
West - Outer Ring	290	43.5% ± 7.1	13.9% ± 5.2	18.8% ± 6.2	8.3% ± 4.8	15.5% ± 5.6
South Suburbs	1,200	43.5% ± 4.0	16.6% ± 3.3	20.0% ± 3.5	6.6% ± 2.1	13.3% ± 2.6
South - Inner Ring	675	43.3% ± 4.9	19.0% ± 5.0	17.2% ± 3.8	7.7% ± 3.0	12.9% ± 3.3
South - Outer Ring	525	43.7% ± 5.7	15.0% ± 4.5	21.9% ± 5.2	5.9% ± 3.2	13.5% ± 4.0
Gender						
Male	2,223	43.3% ± 3.0	15.6% ± 2.3	20.9% ± 2.6	7.4% ± 1.7	12.9% ± 1.9
Female	4,582	33.1% ± 1.9	16.4% ± 1.6	21.6% ± 1.7	10.1% ± 1.3	18.9% ± 1.7
Age						
18-24	240	24.5% ± 7.6	14.9% ± 6.4	24.5% ± 7.6	18.6% ± 7.3	17.5% ± 7.4
25-44	2,292	32.5% ± 2.7	18.4% ± 2.2	24.5% ± 2.4	9.6% ± 1.7	15.1% ± 1.9
45-54	1,292	43.5% ± 4.0	14.1% ± 3.1	18.1% ± 3.1	6.7% ± 1.9	17.6% ± 3.0
55-64	1,373	45.4% ± 3.7	13.8% ± 2.6	18.3% ± 2.9	6.3% ± 2.2	16.3% ± 2.6
65 and older	1,608	50.4% ± 3.0	12.5% ± 2.1	14.7% ± 2.3	5.7% ± 1.5	16.7% ± 2.4
Household Income						
< 200% of FPL	1,545	25.1% ± 3.5	10.2% ± 2.7	21.6% ± 3.5	11.6% ± 2.5	31.5% ± 3.6
≥ 200% of FPL	4,962	40.2% ± 2.0	17.9% ± 1.7	21.6% ± 1.7	8.3% ± 1.2	12.1% ± 1.3

NOTE: Definitions for the indicators are provided in Appendix D.

Overall Health



During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as work, recreation, and taking care of yourself?

TABLE 5	Sample Size N	0 days	1 or 2 days	3 to 7 days	8 to 13 days	14 or more days
		% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,837	70.6% ± 1.6	11.9% ± 1.2	8.3% ± 1.1	3.7% ± 0.8	5.4% ± 0.8
Minneapolis						
Total	3,168	65.6% ± 2.5	13.6% ± 1.9	10.1% ± 1.8	3.9% ± 1.0	6.7% ± 1.3
Camden, Near North	865	58.4% ± 5.5	10.7% ± 4.1	11.0% ± 4.5	6.6% ± 2.9	13.4% ± 3.9
Longfellow, NE, University	718	65.0% ± 5.4	14.4% ± 4.5	12.0% ± 4.3	3.4% ± 1.9	5.2% ± 2.8
Central, Phillips, Powderhorn	788	62.7% ± 4.8	15.4% ± 4.0	9.8% ± 3.4	5.0% ± 2.5	7.0% ± 2.7
Calhoun-Isles, Nokomis, SW	797	73.8% ± 4.5	12.7% ± 3.8	8.1% ± 3.2	1.6% ± 1.2	3.8% ± 2.0
Suburban Areas						
Total	3,669	73.3% ± 2.1	11.1% ± 1.5	7.4% ± 1.2	3.7% ± 1.0	4.7% ± 1.0
Northwest Suburbs	1,456	73.9% ± 3.3	10.1% ± 2.4	6.9% ± 2.2	4.7% ± 1.9	4.4% ± 1.6
Northwest - Inner Ring	762	69.1% ± 5.1	12.1% ± 4.1	9.3% ± 3.8	4.8% ± 3.5	4.6% ± 2.1
Northwest - Outer Ring	694	76.6% ± 4.4	9.0% ± 3.2	5.6% ± 2.9	4.6% ± 2.6	4.3% ± 2.3
West Suburbs	997	72.2% ± 4.2	11.6% ± 2.8	6.8% ± 2.2	4.2% ± 2.4	5.4% ± 2.8
West - Inner Ring	705	64.7% ± 5.0	17.4% ± 4.4	10.5% ± 3.7	2.9% ± 2.1	4.6% ± 2.1
West - Outer Ring	292	77.2% ± 6.2	7.7% ± 3.9	4.2% ± 3.2	5.0% ± 4.1	5.9% ± 4.9
South Suburbs	1,216	73.2% ± 3.6	12.0% ± 3.1	8.5% ± 2.3	1.8% ± 1.2	4.5% ± 1.8
South - Inner Ring	687	74.9% ± 4.7	11.7% ± 4.2	7.1% ± 2.8	2.1% ± 1.9	4.3% ± 1.9
South - Outer Ring	529	72.1% ± 5.3	12.2% ± 4.5	9.4% ± 3.6	1.7% ± 1.7	4.7% ± 2.8
Gender						
Male	2,228	73.0% ± 2.7	11.0% ± 2.1	7.4% ± 1.7	3.6% ± 1.3	5.0% ± 1.3
Female	4,609	68.5% ± 1.9	12.7% ± 1.5	9.1% ± 1.3	3.9% ± 0.9	5.8% ± 1.0
Age						
18-24	242	63.5% ± 8.0	14.5% ± 6.2	11.7% ± 6.1	6.9% ± 5.9	3.4% ± 4.7
25-44	2,293	68.0% ± 2.6	15.1% ± 2.1	8.8% ± 1.7	3.5% ± 1.1	4.5% ± 1.3
45-54	1,298	73.0% ± 3.4	9.6% ± 2.5	8.4% ± 2.3	3.4% ± 1.8	5.5% ± 1.9
55-64	1,382	74.6% ± 3.2	7.0% ± 1.8	7.8% ± 2.2	3.5% ± 1.8	7.1% ± 1.7
65 and older	1,622	77.2% ± 2.7	6.3% ± 1.7	5.2% ± 1.4	3.4% ± 1.5	8.0% ± 1.7
Household Income						
< 200% of FPL	1,561	54.5% ± 3.9	11.4% ± 2.8	12.6% ± 2.8	8.7% ± 2.5	12.9% ± 2.6
≥ 200% of FPL	4,973	74.4% ± 1.8	12.4% ± 1.4	7.3% ± 1.1	2.5% ± 0.7	3.4% ± 0.8

NOTE: Definitions for the indicators are provided in Appendix D.

Overall Health



Average number of unhealthy days during the past 30 days

TABLE 6	Unhealthy physical health days		Unhealthy mental health days		Unhealthy physical and unhealthy mental health days		Days when poor health interfered with usual activities	
	N	Ave. ± 95% C.I.	N	Ave. ± 95% C.I.	N	Ave. ± 95% C.I.	N	Ave. ± 95% C.I.
Hennepin County Total	6838	3.0 ± 0.2	6847	3.8 ± 0.2	6805	6.0 ± 0.3	6837	2.1 ± 0.2
Minneapolis								
Total	3167	3.2 ± 0.3	3175	4.4 ± 0.3	3156	6.7 ± 0.4	3168	2.5 ± 0.3
Camden, Near North	861	4.7 ± 0.8	865	5.8 ± 0.8	856	8.9 ± 1.1	865	4.1 ± 0.7
Longfellow, NE, University	721	3.2 ± 0.7	721	4.0 ± 0.7	719	6.4 ± 0.9	718	2.2 ± 0.5
Central, Phillips, Powderhorn	785	3.4 ± 0.7	791	4.4 ± 0.6	785	7.0 ± 0.9	788	2.7 ± 0.5
Calhoun-Isles, Nokomis, SW	800	2.2 ± 0.5	798	3.7 ± 0.6	796	5.4 ± 0.7	797	1.5 ± 0.4
Suburban Areas								
Total	3671	2.9 ± 0.3	3672	3.5 ± 0.3	3649	5.6 ± 0.4	3669	1.9 ± 0.2
Northwest Suburbs	1459	3.1 ± 0.5	1461	3.7 ± 0.5	1454	5.9 ± 0.6	1456	1.9 ± 0.3
Northwest - Inner Ring	767	3.5 ± 0.8	767	3.8 ± 0.7	763	6.5 ± 0.9	762	2.2 ± 0.5
Northwest - Outer Ring	692	2.8 ± 0.6	694	3.6 ± 0.7	691	5.6 ± 0.8	694	1.8 ± 0.4
West Suburbs	1004	3.2 ± 0.6	999	3.8 ± 0.7	995	5.9 ± 0.8	997	2.1 ± 0.6
West - Inner Ring	711	2.9 ± 0.5	708	3.9 ± 0.8	705	6.1 ± 0.9	705	2.0 ± 0.4
West - Outer Ring	293	3.3 ± 1.0	291	3.6 ± 1.0	290	5.7 ± 1.2	292	2.2 ± 0.9
South Suburbs	1208	2.5 ± 0.4	1212	3.0 ± 0.4	1200	4.9 ± 0.6	1216	1.7 ± 0.3
South - Inner Ring	680	2.6 ± 0.5	683	3.1 ± 0.6	675	4.9 ± 0.7	687	1.7 ± 0.4
South - Outer Ring	528	2.5 ± 0.5	529	2.9 ± 0.6	525	4.9 ± 0.8	529	1.8 ± 0.5
Gender								
Male	2228	2.5 ± 0.3	2230	3.3 ± 0.4	2223	5.0 ± 0.4	2228	1.9 ± 0.3
Female	4610	3.5 ± 0.3	4617	4.2 ± 0.3	4582	6.8 ± 0.4	4609	2.3 ± 0.2
Age								
18-24	242	3.3 ± 1.2	241	5.5 ± 1.3	240	7.7 ± 1.5	242	2.1 ± 0.8
25-44	2294	2.3 ± 0.3	2296	4.0 ± 0.3	2292	5.8 ± 0.4	2293	1.9 ± 0.3
45-54	1294	3.3 ± 0.6	1298	3.9 ± 0.5	1292	6.1 ± 0.7	1298	2.1 ± 0.4
55-64	1381	3.8 ± 0.5	1380	3.3 ± 0.5	1373	5.9 ± 0.6	1382	2.4 ± 0.4
65 and older	1627	4.4 ± 0.5	1632	2.3 ± 0.3	1608	5.8 ± 0.6	1622	2.6 ± 0.4
Household Income								
< 200% of FPL	1558	5.5 ± 0.6	1569	6.7 ± 0.7	1545	10.3 ± 0.8	1561	4.5 ± 0.5
≥ 200% of FPL	4976	2.4 ± 0.2	4977	3.1 ± 0.2	4962	4.9 ± 0.3	4973	1.5 ± 0.2

NOTE: Definitions for the indicators are provided in Appendix D.

Overall Health



Have you ever been told by a doctor or other health professional that you had ... ?
Asthma

TABLE 7	Sample Size	Ever had asthma	Currently has asthma
	N	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,926	14.4% ± 1.3	6.7% ± 0.9
Minneapolis			
Total	3,203	15.7% ± 1.9	7.7% ± 1.5
Camden, Near North	869	18.9% ± 4.8	11.4% ± 4.4
Longfellow, NE, University	726	15.7% ± 4.2	7.6% ± 3.2
Central, Phillips, Powderhorn	799	16.0% ± 3.9	7.4% ± 2.9
Calhoun-Isles, Nokomis, SW	809	13.3% ± 3.9	5.8% ± 2.8
Suburban Areas			
Total	3,723	13.7% ± 1.7	6.2% ± 1.2
Northwest Suburbs	1,468	14.5% ± 2.8	6.6% ± 2.0
Northwest - Inner Ring	770	15.3% ± 4.2	7.5% ± 3.1
Northwest - Outer Ring	698	14.1% ± 3.8	6.1% ± 2.8
West Suburbs	1,017	12.6% ± 3.5	5.0% ± 2.1
West - Inner Ring	720	13.8% ± 3.4	5.5% ± 2.0
West - Outer Ring	297	11.9% ± 5.7	4.6% ± 3.6
South Suburbs	1,238	13.5% ± 2.9	6.6% ± 2.2
South - Inner Ring	700	14.7% ± 4.1	8.9% ± 3.9
South - Outer Ring	538	12.7% ± 4.2	5.1% ± 2.8
Gender			
Male	2,246	13.8% ± 2.3	5.7% ± 1.6
Female	4,680	14.9% ± 1.5	7.6% ± 1.1
Age			
18-24	244	18.9% ± 6.9	12.0% ± 6.2
25-44	2,308	15.6% ± 2.0	6.6% ± 1.4
45-54	1,309	13.3% ± 3.1	5.8% ± 1.8
55-64	1,390	11.5% ± 2.4	6.2% ± 1.8
65 and older	1,675	11.7% ± 2.1	6.4% ± 1.6
Household Income			
< 200% of FPL	1,602	15.5% ± 2.8	7.8% ± 2.1
≥ 200% of FPL	5,013	14.2% ± 1.5	6.5% ± 1.0

NOTE: Definitions for the indicators are provided in Appendix D.

Overall Health



Have you ever been told by a doctor or other health professional that you have ... ?
Diabetes or sugar disease

TABLE 8	Sample Size	Diabetes or sugar disease	Border-line diabetes, pre-diabetes or high blood sugar
	N	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,915	5.3% ± 0.7	4.2% ± 0.6
Minneapolis			
Total	3,198	4.9% ± 0.9	4.0% ± 1.1
Camden, Near North	874	7.9% ± 2.5	5.9% ± 3.7
Longfellow, NE, University	721	4.2% ± 1.8	2.9% ± 2.4
Central, Phillips, Powderhorn	796	5.3% ± 2.3	3.6% ± 1.7
Calhoun-Isles, Nokomis, SW	807	3.3% ± 1.6	4.5% ± 2.3
Suburban Areas			
Total	3,717	5.5% ± 1.0	4.2% ± 0.9
Northwest Suburbs	1,467	4.8% ± 1.5	3.9% ± 1.2
Northwest - Inner Ring	769	5.7% ± 2.7	4.2% ± 1.8
Northwest - Outer Ring	698	4.3% ± 2.0	3.7% ± 1.8
West Suburbs	1,015	6.4% ± 2.3	3.2% ± 1.7
West - Inner Ring	718	5.5% ± 2.1	4.2% ± 1.7
West - Outer Ring	297	7.0% ± 3.9	2.6% ± 3.1
South Suburbs	1,235	5.9% ± 1.9	5.4% ± 2.0
South - Inner Ring	699	5.1% ± 2.1	3.9% ± 2.0
South - Outer Ring	536	6.5% ± 3.0	6.4% ± 3.2
Gender			
Male	2,243	6.1% ± 1.4	4.3% ± 1.2
Female	4,672	4.6% ± 0.7	4.0% ± 0.8
Age			
18-24	242	0.3% ± 1.5	0.7% ± 2.0
25-44	2,302	1.8% ± 0.8	2.5% ± 1.1
45-54	1,307	6.6% ± 2.5	4.2% ± 1.8
55-64	1,388	9.6% ± 2.4	8.5% ± 2.4
65 and older	1,676	15.2% ± 2.3	8.2% ± 1.8
Household Income			
< 200% of FPL	1,600	9.2% ± 2.1	4.1% ± 1.3
≥ 200% of FPL	5,006	4.1% ± 0.7	4.2% ± 0.8

NOTE: Definitions for the indicators are provided in Appendix D.

Overall Health



About how many times in the past 12 months have you seen a doctor, nurse, diabetes educator, or other health professional for your diabetes or sugar disease?

Among those who have ever had diabetes or sugar disease:

TABLE 9

	Sample Size	0 times	1 time	2 or more times
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	522	6.2% ± 5.0	11.4% ± 4.9	82.4% ± 5.9
Minneapolis				
Total	245	6.3% ± 5.3	10.1% ± 6.0	83.6% ± 7.0
Camden, Near North	93	12.9% ± 16.0	15.5% ± 14.2	71.6% ± 15.7
Longfellow, NE, University	52	7.0% ± 13.5	9.1% ± 12.2	84.0% ± 14.6
Central, Phillips, Powderhorn	58	3.6% ± 7.5	7.3% ± 13.5	89.2% ± 13.1
Calhoun-Isles, Nokomis, SW	42	0.5% ± 2.9	8.0% ± 19.8	91.6% ± 19.3
Suburban Areas				
Total	277	6.2% ± 7.6	12.0% ± 7.0	81.9% ± 8.4
Northwest Suburbs	109	9.3% ± 20.1	7.1% ± 9.4	83.6% ± 16.7
Northwest - Inner Ring	59	6.6% ± 13.2	7.1% ± 9.1	86.3% ± 13.3
Northwest - Outer Ring	50	11.4% ± 36.0	7.1% ± 18.8	81.5% ± 28.6
West Suburbs	82	6.1% ± 11.5	16.8% ± 21.7	77.1% ± 19.8
West - Inner Ring	56	4.7% ± 12.0	16.7% ± 17.7	78.6% ± 17.4
West - Outer Ring	<30			
South Suburbs	86	2.7% ± 4.6	13.7% ± 9.8	83.7% ± 10.1
South - Inner Ring	43	6.5% ± 12.4	15.7% ± 15.6	77.8% ± 16.2
South - Outer Ring	43	0.7% ± 4.2	12.6% ± 13.9	86.8% ± 13.9
Gender				
Male	210	5.7% ± 10.5	13.3% ± 8.8	81.1% ± 10.5
Female	312	6.9% ± 4.6	9.1% ± 4.5	84.0% ± 5.7
Age				
18-24	<30			
25-44	46	14.8% ± 27.7	8.3% ± 12.8	76.9% ± 23.3
45-54	86	4.2% ± 7.4	14.9% ± 19.1	80.9% ± 17.9
55-64	155	1.5% ± 2.3	12.1% ± 7.4	86.5% ± 7.6
65 and older	234	6.3% ± 5.4	10.3% ± 5.2	83.5% ± 6.5
Household Income				
< 200% of FPL	203	11.4% ± 13.0	7.8% ± 5.7	80.8% ± 11.5
≥ 200% of FPL	289	3.7% ± 3.6	13.6% ± 7.7	82.7% ± 7.7

NOTE: Definitions for the indicators are provided in Appendix D.

Overall Health



When was the last time you had an eye exam in which the pupils were dilated?

Among those who have ever had diabetes or sugar disease:

TABLE 10

	Sample Size N	Within the past year % ± 95% C.I.
Hennepin County Total	533	78.0% ± 5.4
Minneapolis		
Total	253	73.6% ± 9.5
Camden, Near North	97	64.2% ± 15.1
Longfellow, NE, University	54	88.2% ± 13.1
Central, Phillips, Powderhorn	59	64.4% ± 22.2
Calhoun-Isles, Nokomis, SW	43	83.7% ± 15.9
Suburban Areas		
Total	280	80.1% ± 6.7
Northwest Suburbs	110	81.7% ± 11.2
Northwest - Inner Ring	59	81.8% ± 14.9
Northwest - Outer Ring	51	81.7% ± 17.8
West Suburbs	84	85.4% ± 10.5
West - Inner Ring	57	73.6% ± 15.7
West - Outer Ring	<30	
South Suburbs	86	73.9% ± 13.6
South - Inner Ring	43	73.3% ± 16.8
South - Outer Ring	43	74.2% ± 19.5
Gender		
Male	214	75.2% ± 9.1
Female	319	81.3% ± 5.8
Age		
18-24	<30	
25-44	47	78.3% ± 17.0
45-54	86	71.7% ± 16.0
55-64	157	71.2% ± 10.7
65 and older	242	85.4% ± 6.0
Household Income		
< 200% of FPL	209	74.4% ± 8.9
≥ 200% of FPL	291	79.2% ± 7.7

NOTE: Definitions for the indicators are provided in Appendix D

Overall Health



Have you ever been told by a doctor or other health professional that you had ... ?
Heart attack, angina, stroke

TABLE 11	Sample Size	Heart attack	Angina or coronary heart disease	Stroke	Any of these three
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,957	2.3% ± 0.5	2.8% ± 0.5	1.3% ± 0.3	4.9% ± 0.7
Minneapolis					
Total	3,218	2.0% ± 0.6	2.3% ± 0.6	1.2% ± 0.4	4.7% ± 0.8
Camden, Near North	872	2.9% ± 1.4	2.5% ± 1.2	2.1% ± 1.2	6.3% ± 2.0
Longfellow, NE, University	728	1.1% ± 1.1	2.4% ± 1.6	1.3% ± 1.1	4.5% ± 2.0
Central, Phillips, Powderhorn	804	2.3% ± 1.9	2.2% ± 1.4	0.6% ± 0.5	4.0% ± 2.0
Calhoun-Isles, Nokomis, SW	814	1.9% ± 1.3	2.1% ± 1.2	1.2% ± 0.9	4.5% ± 1.7
Suburban Areas					
Total	3,739	2.4% ± 0.7	3.0% ± 0.8	1.4% ± 0.4	5.0% ± 1.0
Northwest Suburbs	1,476	2.7% ± 1.4	2.5% ± 1.0	1.0% ± 0.5	4.6% ± 1.4
Northwest - Inner Ring	774	4.2% ± 2.5	4.4% ± 2.5	1.8% ± 1.2	7.3% ± 2.6
Northwest - Outer Ring	702	1.9% ± 1.9	1.4% ± 0.8	0.5% ± 0.5	3.0% ± 1.8
West Suburbs	1,027	1.7% ± 0.9	3.1% ± 1.9	1.6% ± 1.2	4.7% ± 2.0
West - Inner Ring	725	1.7% ± 0.9	2.3% ± 1.2	1.3% ± 1.2	3.8% ± 1.5
West - Outer Ring	302	1.7% ± 1.6	3.7% ± 3.2	1.8% ± 2.0	5.3% ± 3.4
South Suburbs	1,236	2.5% ± 1.4	3.7% ± 1.9	1.9% ± 1.0	5.9% ± 2.0
South - Inner Ring	704	2.3% ± 1.3	3.3% ± 2.0	2.5% ± 1.3	6.4% ± 2.3
South - Outer Ring	532	2.6% ± 2.4	4.1% ± 3.1	1.5% ± 1.8	5.5% ± 3.2
Gender					
Male	2,255	3.5% ± 1.1	3.6% ± 1.1	1.3% ± 0.5	6.2% ± 1.3
Female	4,702	1.2% ± 0.3	2.0% ± 0.5	1.4% ± 0.4	3.8% ± 0.6
Age					
18-24	245	0.0% ± 0.0	0.0% ± 0.0	0.0% ± 0.0	0.0% ± 0.0
25-44	2,310	0.5% ± 0.7	0.7% ± 0.7	0.3% ± 0.5	1.2% ± 0.9
45-54	1,318	2.6% ± 2.2	2.7% ± 2.2	0.6% ± 0.6	4.5% ± 2.4
55-64	1,396	3.0% ± 1.2	3.5% ± 1.3	2.4% ± 1.5	6.7% ± 1.8
65 and older	1,688	8.4% ± 1.8	10.9% ± 2.1	5.7% ± 1.4	19.1% ± 2.4
Household Income					
< 200% of FPL	1,608	3.1% ± 0.8	3.7% ± 1.1	1.9% ± 0.7	6.4% ± 1.3
≥ 200% of FPL	5,035	2.0% ± 0.6	2.5% ± 0.7	1.1% ± 0.3	4.3% ± 0.8

NOTE: Definitions for the indicators are provided in Appendix D.

Overall Health



Have you ever been told by a doctor or other health professional that you have ... ?
Hypertension or high blood pressure

TABLE 12	Sample Size	Hypertension	Borderline high or pre-hypertension
	N	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,969	16.8% ± 1.1	8.6% ± 1.1
Minneapolis			
Total	3,225	14.6% ± 1.5	7.8% ± 1.4
Camden, Near North	878	22.0% ± 3.7	7.7% ± 2.9
Longfellow, NE, University	727	14.6% ± 3.4	5.2% ± 2.2
Central, Phillips, Powderhorn	806	11.2% ± 2.9	9.8% ± 3.5
Calhoun-Isles, Nokomis, SW	814	13.3% ± 2.9	8.3% ± 3.2
Suburban Areas			
Total	3,744	18.0% ± 1.5	9.1% ± 1.4
Northwest Suburbs	1,480	17.6% ± 2.5	8.6% ± 2.3
Northwest - Inner Ring	778	19.9% ± 3.4	8.7% ± 3.7
Northwest - Outer Ring	702	16.3% ± 3.4	8.5% ± 3.2
West Suburbs	1,029	16.9% ± 3.2	9.1% ± 3.1
West - Inner Ring	728	18.1% ± 3.5	7.8% ± 3.0
West - Outer Ring	301	16.0% ± 5.0	10.1% ± 4.9
South Suburbs	1,235	19.4% ± 2.8	9.7% ± 2.6
South - Inner Ring	704	21.6% ± 3.8	9.8% ± 2.9
South - Outer Ring	531	17.9% ± 4.0	9.6% ± 4.0
Gender			
Male	2,261	17.0% ± 2.0	11.8% ± 2.0
Female	4,708	16.6% ± 1.3	5.8% ± 1.0
Age			
18-24	245	3.2% ± 5.5	4.0% ± 4.9
25-44	2,313	4.7% ± 1.2	6.9% ± 1.7
45-54	1,320	18.3% ± 3.2	10.9% ± 2.7
55-64	1,395	31.4% ± 3.4	12.3% ± 2.7
65 and older	1,696	52.8% ± 2.9	11.4% ± 2.0
Household Income			
< 200% of FPL	1,615	20.1% ± 2.5	6.9% ± 2.1
≥ 200% of FPL	5,039	15.3% ± 1.4	9.1% ± 1.2

NOTE: Definitions for the indicators are provided in Appendix D.

Overall Health



Have you ever been told by a doctor or other health professional that you have ... ?
High blood cholesterol

TABLE 13

	Sample Size N	Yes % ± 95% C.I.
Hennepin County Total	6,933	32.4% ± 1.7
Minneapolis		
Total	3,201	25.1% ± 2.2
Camden, Near North	867	31.4% ± 5.2
Longfellow, NE, University	721	23.6% ± 4.4
Central, Phillips, Powderhorn	800	22.1% ± 3.9
Calhoun-Isles, Nokomis, SW	813	25.8% ± 4.1
Suburban Areas		
Total	3,732	36.4% ± 2.2
Northwest Suburbs	1,471	34.8% ± 3.5
Northwest - Inner Ring	772	34.8% ± 4.7
Northwest - Outer Ring	699	34.8% ± 4.8
West Suburbs	1,024	37.1% ± 4.5
West - Inner Ring	725	29.1% ± 4.3
West - Outer Ring	299	42.4% ± 6.9
South Suburbs	1,237	38.1% ± 3.7
South - Inner Ring	703	38.6% ± 4.7
South - Outer Ring	534	37.7% ± 5.4
Gender		
Male	2,253	35.9% ± 2.8
Female	4,680	29.4% ± 1.8
Age		
18-24	245	6.3% ± 6.4
25-44	2,305	20.7% ± 2.4
45-54	1,310	41.3% ± 3.9
55-64	1,391	54.2% ± 3.7
65 and older	1,682	59.3% ± 2.9
Household Income		
< 200% of FPL	1,602	28.2% ± 3.3
≥ 200% of FPL	5,019	33.1% ± 1.9

NOTE: Definitions for the indicators are provided in Appendix D

Overall Health



Have you ever been told by a doctor or other health professional that you have ... ?
Arthritis or rheumatism

TABLE 14

	N	Among persons aged 55 and older:	N	Among persons aged 65 and older:
		Yes % ± 95% C.I.		Yes % ± 95% C.I.
Hennepin County Total	3,055	40.9% ± 2.3	1,670	48.7% ± 3.0
Minneapolis				
Total	1,218	41.9% ± 3.7	587	46.7% ± 5.1
Camden, Near North	350	48.2% ± 6.8	156	51.0% ± 9.6
Longfellow, NE, University	285	43.1% ± 7.7	145	50.6% ± 10.0
Central, Phillips, Powderhorn	248	35.8% ± 8.0	133	38.8% ± 10.8
Calhoun-Isles, Nokomis, SW	335	42.0% ± 6.6	153	46.5% ± 9.2
Suburban Areas				
Total	1,837	40.5% ± 2.8	1,083	49.4% ± 3.6
Northwest Suburbs	696	39.3% ± 4.3	403	50.7% ± 5.6
Northwest - Inner Ring	405	46.4% ± 5.8	255	53.0% ± 7.1
Northwest - Outer Ring	291	32.6% ± 6.3	148	47.6% ± 9.0
West Suburbs	480	44.0% ± 6.0	268	51.7% ± 7.6
West - Inner Ring	321	45.3% ± 7.0	180	54.0% ± 9.1
West - Outer Ring	159	43.3% ± 8.5	88	50.2% ± 11.2
South Suburbs	661	39.5% ± 4.5	412	46.6% ± 5.8
South - Inner Ring	398	42.7% ± 5.7	261	47.5% ± 6.9
South - Outer Ring	263	36.7% ± 6.9	151	45.6% ± 9.4
Gender				
Male	1,095	30.4% ± 3.5	612	36.0% ± 4.6
Female	1,960	48.9% ± 2.9	1,058	57.2% ± 3.7
Age				
18-24	n/a		n/a	
25-44	n/a		n/a	
45-54	n/a		n/a	
55-64	1,385	30.3% ± 3.3	n/a	
65 and older	1,670	48.7% ± 3.0	1,670	48.7% ± 3.0
Household Income				
< 200% of FPL	702	48.0% ± 5.0	429	50.1% ± 6.0
≥ 200% of FPL	2,129	39.3% ± 2.7	1,065	48.6% ± 3.7

NOTE: Definitions for the indicators are provided in Appendix D.

Overall Health



Are you limited in any activities because of physical, mental or emotional problems?

TABLE 15

	Yes		Among persons aged 55 and older:		Among persons aged 65 and older:	
	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.
Hennepin County Total	6,882	20.2% ± 1.3	3,043	31.8% ± 2.1	1,661	37.1% ± 2.9
Minneapolis						
Total	3,185	22.1% ± 2.1	1,212	37.2% ± 3.7	582	40.6% ± 5.1
Camden, Near North	861	28.0% ± 4.6	348	38.3% ± 6.6	154	33.2% ± 9.2
Longfellow, NE, University	721	24.9% ± 4.9	285	44.3% ± 7.7	145	49.9% ± 10.0
Central, Phillips, Powderhorn	796	22.0% ± 4.0	245	39.2% ± 8.3	132	46.7% ± 11.0
Calhoun-Isles, Nokomis, SW	807	15.8% ± 3.4	334	28.4% ± 6.4	151	30.8% ± 8.9
Suburban Areas						
Total	3,697	19.2% ± 1.7	1,831	29.9% ± 2.5	1,079	35.9% ± 3.4
Northwest Suburbs	1,457	17.1% ± 2.6	696	28.5% ± 3.9	405	35.5% ± 5.5
Northwest - Inner Ring	763	20.7% ± 4.0	404	33.7% ± 5.5	255	38.7% ± 7.1
Northwest - Outer Ring	694	15.1% ± 3.4	292	23.6% ± 5.8	150	31.1% ± 8.8
West Suburbs	1,017	19.9% ± 3.7	476	30.7% ± 5.7	265	37.7% ± 7.8
West - Inner Ring	721	20.7% ± 3.9	319	37.0% ± 7.1	178	44.2% ± 9.3
West - Outer Ring	296	19.4% ± 5.8	157	27.1% ± 8.1	87	33.3% ± 11.6
South Suburbs	1,223	21.6% ± 3.2	659	30.7% ± 4.4	409	34.9% ± 5.6
South - Inner Ring	691	21.8% ± 3.9	395	33.4% ± 5.5	257	36.7% ± 6.9
South - Outer Ring	532	21.4% ± 4.8	264	28.6% ± 6.6	152	33.0% ± 9.3
Gender						
Male	2,228	19.4% ± 2.3	1,092	29.0% ± 3.4	610	35.4% ± 4.7
Female	4,654	20.9% ± 1.5	1,951	33.9% ± 2.8	1,051	38.3% ± 3.7
Age						
18-24	242	14.0% ± 7.1	n/a		n/a	
25-44	2,291	13.7% ± 1.9	n/a		n/a	
45-54	1,306	24.5% ± 3.4	n/a		n/a	
55-64	1,382	24.5% ± 3.1	1,382	24.5% ± 3.1	n/a	
65 and older	1,661	37.1% ± 2.9	1,661	37.1% ± 2.9	1,661	37.1% ± 2.9
Household Income						
< 200% of FPL	1,587	35.0% ± 3.6	701	49.2% ± 5.0	426	49.8% ± 6.0
≥ 200% of FPL	4,989	16.1% ± 1.4	2,119	28.0% ± 2.5	1,061	33.7% ± 3.5

NOTE: Definitions for the indicators are provided in Appendix D.

Overall Health

Q Because of any impairment or health problem, do you have any difficulty in getting, keeping, or working at a job or business?

TABLE 16	Yes		Among persons aged 55 and older:		Among persons aged 65 and older:	
	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.
Hennepin County Total	6,731	8.3% ± 0.9	2,890	12.5% ± 1.5	1,511	13.5% ± 2.2
Minneapolis						
Total	3,135	10.0% ± 1.5	1,157	16.4% ± 2.9	525	16.4% ± 4.4
Camden, Near North	845	16.9% ± 3.8	331	26.9% ± 6.8	136	22.9% ± 9.9
Longfellow, NE, University	706	8.9% ± 3.5	269	16.1% ± 6.9	128	17.0% ± 10.4
Central, Phillips, Powderhorn	786	11.1% ± 3.3	236	19.4% ± 7.3	122	23.3% ± 11.5
Calhoun-Isles, Nokomis, SW	798	5.5% ± 2.7	321	8.7% ± 4.0	139	7.3% ± 5.8
Suburban Areas						
Total	3,596	7.4% ± 1.2	1,733	11.0% ± 1.9	986	12.4% ± 2.6
Northwest Suburbs	1,428	6.7% ± 1.8	668	11.0% ± 2.9	377	12.0% ± 4.2
Northwest - Inner Ring	747	10.1% ± 3.1	388	14.7% ± 4.6	238	14.5% ± 6.1
Northwest - Outer Ring	681	4.8% ± 2.4	280	7.4% ± 4.3	139	8.5% ± 6.4
West Suburbs	992	9.4% ± 3.2	452	12.0% ± 4.2	240	14.0% ± 6.2
West - Inner Ring	699	8.8% ± 2.6	297	17.5% ± 6.3	156	20.3% ± 9.6
West - Outer Ring	293	9.8% ± 5.3	155	9.2% ± 5.8	84	10.2% ± 8.9
South Suburbs	1,176	6.7% ± 1.9	613	10.4% ± 3.2	369	11.7% ± 4.5
South - Inner Ring	664	7.4% ± 2.7	368	11.7% ± 4.7	234	11.5% ± 6.0
South - Outer Ring	512	6.2% ± 2.8	245	9.4% ± 4.7	135	12.0% ± 7.5
Gender						
Male	2,197	8.6% ± 1.6	1,057	12.1% ± 2.5	578	13.8% ± 3.7
Female	4,534	8.0% ± 1.1	1,833	12.8% ± 1.9	933	13.2% ± 2.9
Age						
18-24	242	7.4% ± 6.2	n/a		n/a	
25-44	2,296	5.0% ± 1.3	n/a		n/a	
45-54	1,303	11.8% ± 2.6	n/a		n/a	
55-64	1,379	11.2% ± 2.1	1,379	11.2% ± 2.1	n/a	
65 and older	1,511	13.5% ± 2.2	1,511	13.5% ± 2.2	1,511	13.5% ± 2.2
Household Income						
< 200% of FPL	1,536	23.3% ± 3.1	651	32.6% ± 5.0	380	29.8% ± 6.2
≥ 200% of FPL	4,915	4.2% ± 0.9	2,039	7.7% ± 1.5	980	8.0% ± 2.3

NOTE: Definitions for the indicators are provided in Appendix D.

Overall Health



Because of any impairment or health problem, do you need help from another person with personal care needs such as eating, bathing, dressing, or getting around your home?

TABLE 17	Among persons aged 55 and older:		Among persons aged 65 and older:	
	N	Yes % ± 95% C.I.	N	Yes % ± 95% C.I.
Hennepin County Total	3,064	4.4% ± 1.0	1,675	6.0% ± 1.6
Minneapolis				
Total	1,224	6.3% ± 2.4	589	7.8% ± 3.7
Camden, Near North	352	9.8% ± 5.9	156	10.2% ± 8.8
Longfellow, NE, University	288	7.5% ± 6.3	147	10.3% ± 9.5
Central, Phillips, Powderhorn	248	5.8% ± 6.0	133	7.8% ± 10.2
Calhoun-Isles, Nokomis, SW	336	3.7% ± 3.8	153	4.3% ± 6.2
Suburban Areas				
Total	1,840	3.7% ± 1.1	1,086	5.3% ± 1.8
Northwest Suburbs	695	3.2% ± 1.8	402	4.9% ± 3.0
Northwest - Inner Ring	403	4.1% ± 2.7	253	5.2% ± 4.0
Northwest - Outer Ring	292	2.4% ± 2.7	149	4.4% ± 5.8
West Suburbs	480	3.2% ± 2.6	268	4.0% ± 4.3
West - Inner Ring	321	5.2% ± 4.3	180	5.9% ± 6.4
West - Outer Ring	159	2.1% ± 4.1	88	2.7% ± 8.3
South Suburbs	665	4.4% ± 2.2	416	6.6% ± 3.5
South - Inner Ring	400	4.2% ± 3.0	262	5.1% ± 4.1
South - Outer Ring	265	4.5% ± 3.6	154	8.2% ± 6.3
Gender				
Male	1,096	4.4% ± 1.6	611	6.6% ± 2.9
Female	1,968	4.4% ± 1.3	1,064	5.6% ± 2.0
Age				
18-24	n/a		n/a	
25-44	n/a		n/a	
45-54	n/a		n/a	
55-64	1,389	2.1% ± 1.0	n/a	
65 and older	1,675	6.0% ± 1.6	1,675	6.0% ± 1.6
Household Income				
< 200% of FPL	705	12.5% ± 3.8	428	13.3% ± 5.0
≥ 200% of FPL	2,133	2.3% ± 0.9	1,070	3.7% ± 1.6

NOTE: Definitions for the indicators are provided in Appendix D.

Overall Health



Because of any impairment or health problem, do you need help from another person in handling routine needs such as everyday household chores, doing necessary business, shopping, or getting around for other purposes?

TABLE 18	Among persons aged 55 and older:		Among persons aged 65 and older:	
	N	Yes % ± 95% C.I.	N	Yes % ± 95% C.I.
Hennepin County Total	3,056	11.6% ± 1.4	1,670	15.0% ± 2.2
Minneapolis				
Total	1,219	14.4% ± 2.8	587	17.0% ± 4.1
Camden, Near North	351	17.1% ± 5.7	157	19.1% ± 8.5
Longfellow, NE, University	287	15.4% ± 6.2	147	18.2% ± 8.6
Central, Phillips, Powderhorn	248	17.4% ± 6.9	133	24.0% ± 10.8
Calhoun-Isles, Nokomis, SW	333	9.6% ± 5.1	150	9.6% ± 6.7
Suburban Areas				
Total	1,837	10.5% ± 1.8	1,083	14.3% ± 2.6
Northwest Suburbs	694	9.6% ± 2.7	402	13.3% ± 4.3
Northwest - Inner Ring	403	11.2% ± 3.9	254	13.7% ± 5.4
Northwest - Outer Ring	291	8.0% ± 4.4	148	12.9% ± 7.3
West Suburbs	479	12.7% ± 4.3	267	17.0% ± 6.3
West - Inner Ring	320	16.6% ± 5.8	179	20.1% ± 8.3
West - Outer Ring	159	10.6% ± 6.2	88	14.9% ± 9.6
South Suburbs	664	10.1% ± 2.8	414	13.3% ± 4.0
South - Inner Ring	399	11.6% ± 4.0	261	14.1% ± 5.3
South - Outer Ring	265	8.7% ± 4.3	153	12.4% ± 6.6
Gender				
Male	1,097	7.7% ± 2.0	612	10.5% ± 3.0
Female	1,959	14.5% ± 2.1	1,058	18.1% ± 3.0
Age				
18-24	n/a		n/a	
25-44	n/a		n/a	
45-54	n/a		n/a	
55-64	1,386	6.8% ± 1.9	n/a	
65 and older	1,670	15.0% ± 2.2	1,670	15.0% ± 2.2
Household Income				
< 200% of FPL	700	24.5% ± 4.2	426	26.4% ± 5.3
≥ 200% of FPL	2,132	8.2% ± 1.6	1,069	11.0% ± 2.5

NOTE: Definitions for the indicators are provided in Appendix D.

Overall Health



During the past 30 days, about how often did you feel ... ?
So sad that nothing could cheer you up

TABLE 19	Sample Size N	None of the time	A little of the time	Some of the time	Most of the time	All of the time
		% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,981	65.6% ± 1.7	23.7% ± 1.5	8.6% ± 1.0	1.7% ± 0.4	0.4% ± 0.2
Minneapolis						
Total	3,232	60.7% ± 2.5	25.8% ± 2.3	9.7% ± 1.6	2.9% ± 0.9	0.9% ± 0.7
Camden, Near North	878	50.1% ± 5.4	26.5% ± 5.6	17.2% ± 4.3	4.4% ± 1.9	1.8% ± 2.1
Longfellow, NE, University	729	63.9% ± 5.3	24.0% ± 4.6	8.2% ± 3.4	3.4% ± 2.7	0.6% ± 1.9
Central, Phillips, Powderhorn	807	61.9% ± 4.7	25.6% ± 4.4	8.9% ± 3.0	3.1% ± 1.9	0.5% ± 0.8
Calhoun-Isles, Nokomis, SW	818	63.0% ± 4.9	27.2% ± 4.5	7.4% ± 3.5	1.3% ± 1.7	1.2% ± 2.2
Suburban Areas						
Total	3,749	68.2% ± 2.1	22.6% ± 2.0	7.9% ± 1.4	1.1% ± 0.4	0.1% ± 0.1
Northwest Suburbs	1,479	67.3% ± 3.5	23.3% ± 3.2	8.2% ± 2.2	1.2% ± 0.6	0.0% ± 0.1
Northwest - Inner Ring	778	64.0% ± 5.0	25.1% ± 4.8	9.3% ± 3.5	1.6% ± 1.2	0.1% ± 0.2
Northwest - Outer Ring	701	69.1% ± 4.6	22.3% ± 4.3	7.6% ± 2.9	1.0% ± 0.7	0.0% ± 0.2
West Suburbs	1,029	69.1% ± 4.3	20.7% ± 3.7	9.2% ± 3.2	1.1% ± 0.9	0.0% ± 0.2
West - Inner Ring	727	65.5% ± 4.6	25.1% ± 4.3	8.2% ± 2.7	1.1% ± 1.1	0.1% ± 0.3
West - Outer Ring	302	71.5% ± 6.7	17.7% ± 5.8	9.8% ± 5.4	1.0% ± 1.7	0.0% ± 0.0
South Suburbs	1,241	69.0% ± 3.7	23.2% ± 3.5	6.6% ± 2.1	1.0% ± 1.0	0.3% ± 0.4
South - Inner Ring	704	68.4% ± 4.7	22.8% ± 4.3	6.9% ± 2.9	1.3% ± 1.5	0.7% ± 1.1
South - Outer Ring	537	69.4% ± 5.4	23.4% ± 5.2	6.4% ± 3.0	0.7% ± 2.0	0.0% ± 0.0
Gender						
Male	2,260	67.4% ± 2.8	22.3% ± 2.6	8.2% ± 1.7	1.7% ± 0.7	0.5% ± 0.4
Female	4,721	64.1% ± 2.0	24.9% ± 1.8	8.9% ± 1.2	1.8% ± 0.5	0.4% ± 0.3
Age						
18-24	246	61.9% ± 7.9	23.1% ± 7.2	12.7% ± 6.3	1.6% ± 3.4	0.8% ± 3.0
25-44	2,315	63.3% ± 2.7	26.5% ± 2.5	8.3% ± 1.6	1.7% ± 0.6	0.2% ± 0.3
45-54	1,322	64.4% ± 3.7	22.5% ± 3.1	10.2% ± 2.6	2.2% ± 1.0	0.7% ± 1.0
55-64	1,396	69.2% ± 3.4	20.7% ± 3.0	7.1% ± 1.9	2.4% ± 1.2	0.7% ± 0.9
65 and older	1,702	74.4% ± 2.6	18.4% ± 2.3	6.2% ± 1.5	0.9% ± 0.6	0.2% ± 0.2
Household Income						
< 200% of FPL	1,621	47.3% ± 3.8	29.4% ± 3.6	16.5% ± 2.9	5.5% ± 1.7	1.3% ± 1.0
≥ 200% of FPL	5,046	70.3% ± 1.9	22.4% ± 1.8	6.5% ± 1.1	0.7% ± 0.3	0.1% ± 0.1

NOTE: Definitions for the indicators are provided in Appendix D.

Overall Health



During the past 30 days, about how often did you feel ... ?

Nervous

TABLE 20	Sample Size	None of the time	A little of the time	Some of the time	Most of the time	All of the time
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,973	35.0% ± 1.7	45.4% ± 1.8	16.0% ± 1.3	3.3% ± 0.6	0.4% ± 0.2
Minneapolis						
Total	3,226	31.3% ± 2.4	43.6% ± 2.6	20.8% ± 2.3	3.5% ± 1.0	0.8% ± 0.6
Camden, Near North	877	30.1% ± 5.2	40.5% ± 5.5	21.9% ± 4.7	4.8% ± 2.3	2.7% ± 3.1
Longfellow, NE, University	728	27.5% ± 4.7	44.6% ± 5.4	24.6% ± 5.3	3.3% ± 1.7	0.1% ± 0.3
Central, Phillips, Powderhorn	807	32.2% ± 4.8	41.7% ± 4.8	21.4% ± 4.4	3.9% ± 1.9	0.8% ± 1.2
Calhoun-Isles, Nokomis, SW	814	34.7% ± 4.7	46.5% ± 4.8	15.9% ± 3.8	2.7% ± 2.3	0.3% ± 0.5
Suburban Areas						
Total	3,747	37.0% ± 2.3	46.3% ± 2.3	13.4% ± 1.6	3.1% ± 1.0	0.2% ± 0.1
Northwest Suburbs	1,479	37.6% ± 3.6	45.2% ± 3.6	13.3% ± 2.6	3.8% ± 1.6	0.1% ± 0.4
Northwest - Inner Ring	777	35.6% ± 4.9	44.7% ± 5.1	13.9% ± 3.5	5.7% ± 3.4	0.1% ± 0.3
Northwest - Outer Ring	702	38.7% ± 4.9	45.5% ± 4.9	12.9% ± 3.7	2.7% ± 1.8	0.2% ± 0.5
West Suburbs	1,027	35.0% ± 4.4	48.0% ± 4.6	13.3% ± 3.7	3.5% ± 2.0	0.3% ± 0.4
West - Inner Ring	725	35.4% ± 4.9	45.9% ± 5.0	14.6% ± 3.9	3.4% ± 1.9	0.7% ± 1.1
West - Outer Ring	302	34.7% ± 6.6	49.4% ± 6.9	12.5% ± 6.0	3.5% ± 3.6	0.0% ± 0.0
South Suburbs	1,241	37.8% ± 3.8	46.6% ± 3.9	13.5% ± 2.7	2.0% ± 1.6	0.1% ± 0.4
South - Inner Ring	703	39.4% ± 4.9	43.7% ± 4.9	14.8% ± 3.7	2.0% ± 1.9	0.1% ± 0.8
South - Outer Ring	538	36.8% ± 5.5	48.5% ± 5.6	12.6% ± 3.9	2.0% ± 2.8	0.1% ± 0.6
Gender						
Male	2,258	37.4% ± 2.9	43.8% ± 3.0	15.4% ± 2.2	3.1% ± 1.1	0.4% ± 0.4
Female	4,715	33.0% ± 1.9	46.7% ± 2.0	16.5% ± 1.5	3.5% ± 0.7	0.4% ± 0.2
Age						
18-24	246	25.1% ± 7.8	51.6% ± 8.0	18.7% ± 7.0	4.6% ± 3.6	0.1% ± 0.8
25-44	2,315	30.0% ± 2.7	47.8% ± 2.7	18.5% ± 2.2	3.2% ± 1.1	0.5% ± 0.4
45-54	1,322	38.1% ± 3.8	41.8% ± 3.9	14.8% ± 2.8	4.9% ± 1.8	0.5% ± 0.5
55-64	1,392	40.6% ± 3.7	44.2% ± 3.7	12.2% ± 2.4	2.8% ± 1.4	0.1% ± 0.2
65 and older	1,698	49.3% ± 2.9	39.4% ± 2.9	10.1% ± 1.9	1.1% ± 0.6	0.2% ± 0.4
Household Income						
< 200% of FPL	1,618	28.2% ± 3.4	43.0% ± 3.8	21.6% ± 3.1	5.8% ± 1.6	1.5% ± 0.9
≥ 200% of FPL	5,043	36.0% ± 2.0	46.7% ± 2.0	14.6% ± 1.5	2.7% ± 0.8	0.1% ± 0.1

NOTE: Definitions for the indicators are provided in Appendix D.

Overall Health



During the past 30 days, about how often did you feel ... ?
So restless or fidgety that you could not sit still

TABLE 21	Sample Size N	None of the time	A little of the time	Some of the time	Most of the time	All of the time
		% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,976	63.2% ± 1.7	25.2% ± 1.5	8.8% ± 1.2	2.3% ± 0.6	0.5% ± 0.3
Minneapolis						
Total	3,229	59.3% ± 2.6	27.3% ± 2.4	9.1% ± 1.6	3.2% ± 1.3	1.1% ± 0.6
Camden, Near North	877	51.7% ± 5.4	26.2% ± 5.1	13.9% ± 3.8	5.2% ± 3.1	3.0% ± 3.4
Longfellow, NE, University	728	56.5% ± 5.5	30.6% ± 5.3	8.9% ± 4.2	3.2% ± 3.0	0.9% ± 1.4
Central, Phillips, Powderhorn	807	60.8% ± 4.8	25.9% ± 4.2	9.2% ± 3.4	3.1% ± 2.7	1.0% ± 1.5
Calhoun-Isles, Nokomis, SW	817	65.3% ± 4.8	26.3% ± 4.6	6.3% ± 2.1	2.1% ± 3.2	0.1% ± 0.3
Suburban Areas						
Total	3,747	65.3% ± 2.3	24.0% ± 2.0	8.7% ± 1.5	1.8% ± 0.8	0.3% ± 0.2
Northwest Suburbs	1,478	64.9% ± 3.5	24.1% ± 3.1	9.1% ± 2.5	1.7% ± 1.3	0.3% ± 0.5
Northwest - Inner Ring	776	61.1% ± 5.1	24.6% ± 4.5	11.5% ± 4.7	2.3% ± 1.6	0.5% ± 1.3
Northwest - Outer Ring	702	67.1% ± 4.8	23.7% ± 4.3	7.7% ± 3.1	1.4% ± 2.2	0.1% ± 0.8
West Suburbs	1,029	65.9% ± 4.6	24.1% ± 4.3	7.6% ± 2.8	2.1% ± 1.8	0.3% ± 0.8
West - Inner Ring	727	61.8% ± 5.0	26.9% ± 4.7	9.3% ± 3.6	1.6% ± 1.1	0.4% ± 1.1
West - Outer Ring	302	68.6% ± 6.9	22.3% ± 6.6	6.4% ± 4.5	2.4% ± 3.4	0.3% ± 1.6
South Suburbs	1,240	65.4% ± 4.0	23.7% ± 3.7	9.0% ± 3.0	1.7% ± 1.6	0.2% ± 0.4
South - Inner Ring	702	67.7% ± 5.1	22.1% ± 4.8	8.4% ± 3.6	1.6% ± 1.6	0.2% ± 0.7
South - Outer Ring	538	63.9% ± 5.7	24.8% ± 5.3	9.4% ± 4.5	1.8% ± 2.9	0.2% ± 0.9
Gender						
Male	2,260	61.1% ± 3.0	25.4% ± 2.7	9.9% ± 2.0	3.0% ± 1.3	0.7% ± 0.5
Female	4,716	65.0% ± 1.9	25.0% ± 1.7	7.9% ± 1.2	1.7% ± 0.5	0.4% ± 0.3
Age						
18-24	246	47.0% ± 8.0	32.9% ± 7.7	12.2% ± 6.7	6.9% ± 5.9	1.0% ± 1.9
25-44	2,315	58.5% ± 2.8	28.3% ± 2.6	10.5% ± 1.9	2.1% ± 0.8	0.6% ± 0.5
45-54	1,320	67.5% ± 3.6	21.4% ± 3.1	8.3% ± 2.3	2.3% ± 1.6	0.5% ± 0.5
55-64	1,394	70.2% ± 3.4	22.1% ± 3.1	5.7% ± 1.7	1.6% ± 0.9	0.4% ± 1.1
65 and older	1,701	77.0% ± 2.6	17.4% ± 2.4	4.3% ± 1.3	1.2% ± 0.9	0.2% ± 0.2
Household Income						
< 200% of FPL	1,620	53.8% ± 3.7	26.0% ± 3.4	13.9% ± 3.0	4.8% ± 1.9	1.5% ± 1.1
≥ 200% of FPL	5,043	65.3% ± 2.0	25.1% ± 1.9	7.6% ± 1.3	1.7% ± 0.7	0.2% ± 0.2

NOTE: Definitions for the indicators are provided in Appendix D.

Overall Health



During the past 30 days, about how often did you feel ... ?

Hopeless

TABLE 22	Sample Size N	None of the time	A little of the time	Some of the time	Most of the time	All of the time
		% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,977	73.4% ± 1.5	18.1% ± 1.4	6.1% ± 0.9	2.0% ± 0.5	0.4% ± 0.2
Minneapolis						
Total	3,228	68.7% ± 2.5	20.2% ± 2.2	7.3% ± 1.3	3.2% ± 1.0	0.7% ± 0.6
Camden, Near North	877	59.6% ± 5.4	19.2% ± 4.8	15.5% ± 4.7	4.5% ± 2.2	1.2% ± 1.2
Longfellow, NE, University	728	69.3% ± 5.2	21.6% ± 5.0	5.8% ± 2.1	3.2% ± 2.6	0.2% ± 0.4
Central, Phillips, Powderhorn	806	68.9% ± 4.5	20.6% ± 4.1	6.5% ± 2.3	3.5% ± 2.7	0.5% ± 1.0
Calhoun-Isles, Nokomis, SW	817	73.3% ± 4.6	19.2% ± 4.2	4.5% ± 2.5	2.0% ± 2.0	0.9% ± 3.4
Suburban Areas						
Total	3,749	76.0% ± 2.0	17.0% ± 1.8	5.5% ± 1.2	1.3% ± 0.6	0.2% ± 0.2
Northwest Suburbs	1,479	76.1% ± 3.2	17.1% ± 2.9	5.4% ± 1.8	1.4% ± 1.0	0.1% ± 0.2
Northwest - Inner Ring	777	70.9% ± 4.9	18.8% ± 4.4	7.3% ± 3.2	2.9% ± 2.8	0.0% ± 0.3
Northwest - Outer Ring	702	79.0% ± 4.2	16.1% ± 4.0	4.3% ± 2.3	0.6% ± 0.5	0.1% ± 0.4
West Suburbs	1,029	73.7% ± 4.3	18.0% ± 3.7	6.7% ± 3.0	1.3% ± 1.3	0.4% ± 0.9
West - Inner Ring	727	72.6% ± 4.7	18.8% ± 4.0	5.6% ± 2.8	2.5% ± 3.2	0.5% ± 1.5
West - Outer Ring	302	74.4% ± 6.6	17.4% ± 5.9	7.4% ± 5.1	0.5% ± 1.4	0.3% ± 1.9
South Suburbs	1,241	77.7% ± 3.4	16.0% ± 3.1	4.8% ± 2.4	1.1% ± 0.9	0.3% ± 0.4
South - Inner Ring	703	80.0% ± 4.1	14.9% ± 3.8	2.9% ± 2.0	1.5% ± 1.8	0.7% ± 1.1
South - Outer Ring	538	76.2% ± 5.1	16.8% ± 4.5	6.1% ± 3.9	0.9% ± 1.3	0.0% ± 0.2
Gender						
Male	2,260	73.9% ± 2.6	17.2% ± 2.3	6.3% ± 1.7	2.3% ± 0.9	0.3% ± 0.3
Female	4,717	73.0% ± 1.8	18.9% ± 1.7	6.0% ± 0.9	1.7% ± 0.5	0.5% ± 0.4
Age						
18-24	246	63.4% ± 8.0	24.9% ± 7.6	7.8% ± 5.4	2.6% ± 4.1	1.3% ± 4.2
25-44	2,314	71.6% ± 2.5	20.0% ± 2.3	6.4% ± 1.4	1.7% ± 0.7	0.3% ± 0.2
45-54	1,320	73.4% ± 3.5	15.9% ± 2.8	7.2% ± 2.1	3.1% ± 1.7	0.5% ± 0.5
55-64	1,394	76.6% ± 3.1	15.2% ± 2.8	5.7% ± 1.5	2.1% ± 1.2	0.5% ± 0.5
65 and older	1,703	82.7% ± 2.3	13.2% ± 2.1	3.4% ± 1.1	0.7% ± 0.6	0.0% ± 0.2
Household Income						
< 200% of FPL	1,619	56.6% ± 3.8	24.0% ± 3.4	12.0% ± 2.6	6.3% ± 2.0	1.1% ± 0.7
≥ 200% of FPL	5,044	77.6% ± 1.7	16.9% ± 1.5	4.6% ± 1.0	0.8% ± 0.3	0.2% ± 0.4

NOTE: Definitions for the indicators are provided in Appendix D.

Overall Health



During the past 30 days, about how often did you feel ... ?
That everything was an effort

TABLE 23	Sample Size N	None of the time	A little of the time	Some of the time	Most of the time	All of the time
		% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,962	46.8% ± 1.8	34.5% ± 1.7	12.1% ± 1.2	4.8% ± 0.8	1.8% ± 0.5
Minneapolis						
Total	3,218	41.0% ± 2.5	36.0% ± 2.6	13.7% ± 1.9	6.5% ± 1.2	2.9% ± 1.2
Camden, Near North	872	35.2% ± 5.1	30.3% ± 5.3	22.0% ± 5.4	8.5% ± 2.9	4.0% ± 3.4
Longfellow, NE, University	726	39.8% ± 5.3	39.5% ± 5.6	11.8% ± 3.8	6.5% ± 3.0	2.3% ± 2.8
Central, Phillips, Powderhorn	805	42.4% ± 4.9	35.1% ± 4.7	10.4% ± 3.4	8.2% ± 3.0	3.9% ± 3.2
Calhoun-Isles, Nokomis, SW	815	44.1% ± 4.8	37.0% ± 4.8	13.7% ± 3.8	3.4% ± 1.8	1.7% ± 2.7
Suburban Areas						
Total	3,744	50.0% ± 2.3	33.6% ± 2.2	11.3% ± 1.5	3.9% ± 1.1	1.2% ± 0.5
Northwest Suburbs	1,478	49.1% ± 3.6	35.2% ± 3.6	10.6% ± 2.3	3.8% ± 1.7	1.3% ± 0.8
Northwest - Inner Ring	777	43.9% ± 5.0	35.2% ± 5.0	14.1% ± 4.3	4.7% ± 3.0	2.1% ± 2.1
Northwest - Outer Ring	701	52.1% ± 4.9	35.3% ± 4.8	8.6% ± 2.8	3.3% ± 2.3	0.8% ± 0.8
West Suburbs	1,027	51.3% ± 4.6	31.7% ± 4.3	11.2% ± 3.4	4.5% ± 2.6	1.3% ± 1.5
West - Inner Ring	725	50.0% ± 5.0	31.8% ± 4.6	12.2% ± 3.5	5.1% ± 3.0	1.0% ± 1.0
West - Outer Ring	302	52.1% ± 6.8	31.6% ± 6.7	10.5% ± 5.6	4.1% ± 4.4	1.6% ± 2.6
South Suburbs	1,239	50.3% ± 3.9	32.8% ± 3.7	12.3% ± 3.0	3.7% ± 1.6	0.9% ± 1.0
South - Inner Ring	702	48.6% ± 4.9	35.6% ± 4.6	9.7% ± 3.4	4.3% ± 2.5	1.9% ± 2.2
South - Outer Ring	537	51.4% ± 5.6	31.0% ± 5.3	14.0% ± 4.6	3.3% ± 2.3	0.3% ± 0.9
Gender						
Male	2,259	47.6% ± 3.0	33.3% ± 2.9	12.4% ± 2.1	4.5% ± 1.3	2.2% ± 0.9
Female	4,703	46.1% ± 2.0	35.5% ± 2.0	11.8% ± 1.4	5.1% ± 1.0	1.4% ± 0.7
Age						
18-24	246	32.8% ± 7.7	43.2% ± 8.2	14.9% ± 6.5	4.0% ± 4.2	5.1% ± 5.5
25-44	2,311	45.5% ± 2.8	35.1% ± 2.7	12.7% ± 1.9	5.3% ± 1.3	1.4% ± 0.7
45-54	1,315	49.7% ± 3.9	32.0% ± 3.6	11.5% ± 2.8	4.9% ± 1.8	2.0% ± 1.3
55-64	1,392	52.6% ± 3.7	31.5% ± 3.4	10.4% ± 2.3	4.0% ± 1.6	1.6% ± 1.0
65 and older	1,698	50.9% ± 3.0	33.2% ± 2.8	10.9% ± 1.9	4.1% ± 1.3	1.0% ± 0.9
Household Income						
< 200% of FPL	1,612	31.1% ± 3.6	32.8% ± 3.7	19.6% ± 3.2	11.3% ± 2.5	5.1% ± 2.1
≥ 200% of FPL	5,038	50.7% ± 2.1	35.2% ± 2.0	10.1% ± 1.3	3.1% ± 0.8	0.9% ± 0.4

NOTE: Definitions for the indicators are provided in Appendix D.

Overall Health



During the past 30 days, about how often did you feel ... ?
Worthless

TABLE 24	Sample Size N	None of the time	A little of the time	Some of the time	Most of the time	All of the time
		% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,963	76.6% ± 1.5	15.6% ± 1.4	5.5% ± 0.8	2.0% ± 0.5	0.3% ± 0.2
Minneapolis						
Total	3,220	71.8% ± 2.4	16.7% ± 2.1	7.9% ± 1.3	3.1% ± 1.0	0.6% ± 0.3
Camden, Near North	876	61.5% ± 5.5	17.6% ± 4.9	14.8% ± 4.3	5.0% ± 3.4	1.0% ± 1.2
Longfellow, NE, University	727	70.8% ± 5.3	18.6% ± 4.9	7.8% ± 3.6	2.4% ± 1.9	0.5% ± 0.5
Central, Phillips, Powderhorn	803	74.6% ± 4.1	15.3% ± 3.6	6.2% ± 2.3	2.9% ± 1.9	1.0% ± 1.0
Calhoun-Isles, Nokomis, SW	814	76.3% ± 4.6	15.8% ± 4.2	5.2% ± 2.3	2.7% ± 2.7	0.0% ± 0.3
Suburban Areas						
Total	3,743	79.1% ± 1.9	15.0% ± 1.8	4.2% ± 1.0	1.4% ± 0.7	0.2% ± 0.2
Northwest Suburbs	1,479	78.9% ± 3.0	15.2% ± 2.9	4.1% ± 1.2	1.6% ± 1.1	0.2% ± 0.4
Northwest - Inner Ring	776	77.5% ± 4.7	14.8% ± 4.2	4.7% ± 2.2	2.8% ± 3.1	0.2% ± 0.5
Northwest - Outer Ring	703	79.7% ± 4.1	15.4% ± 4.0	3.7% ± 1.7	0.9% ± 0.9	0.2% ± 0.8
West Suburbs	1,028	78.8% ± 4.0	14.7% ± 3.6	4.7% ± 2.6	1.7% ± 1.6	0.0% ± 0.2
West - Inner Ring	727	74.5% ± 4.6	17.8% ± 4.1	4.5% ± 2.0	3.1% ± 3.1	0.1% ± 0.4
West - Outer Ring	301	81.7% ± 6.3	12.7% ± 5.6	4.9% ± 4.5	0.8% ± 2.8	0.0% ± 0.0
South Suburbs	1,236	79.6% ± 3.3	14.9% ± 3.1	4.1% ± 1.9	1.0% ± 1.1	0.3% ± 0.5
South - Inner Ring	700	80.3% ± 4.1	13.5% ± 3.7	4.6% ± 2.5	0.8% ± 1.1	0.8% ± 1.1
South - Outer Ring	536	79.2% ± 5.0	15.9% ± 4.6	3.8% ± 2.9	1.1% ± 1.9	0.0% ± 0.0
Gender						
Male	2,256	76.7% ± 2.6	15.5% ± 2.4	5.6% ± 1.4	1.9% ± 1.0	0.3% ± 0.2
Female	4,707	76.4% ± 1.7	15.7% ± 1.5	5.4% ± 0.9	2.1% ± 0.6	0.4% ± 0.2
Age						
18-24	246	67.1% ± 7.9	27.0% ± 8.0	3.9% ± 3.3	1.6% ± 2.7	0.4% ± 1.1
25-44	2,310	76.3% ± 2.4	15.4% ± 2.1	5.9% ± 1.4	2.1% ± 0.8	0.4% ± 0.3
45-54	1,321	75.3% ± 3.4	15.4% ± 3.0	6.3% ± 1.7	2.6% ± 1.7	0.5% ± 0.4
55-64	1,390	79.0% ± 3.0	13.0% ± 2.7	5.4% ± 1.7	2.4% ± 1.1	0.2% ± 0.4
65 and older	1,696	82.4% ± 2.3	12.4% ± 2.0	4.1% ± 1.1	1.1% ± 0.8	0.1% ± 0.4
Household Income						
< 200% of FPL	1,615	62.8% ± 3.7	20.5% ± 3.4	10.0% ± 2.1	5.6% ± 1.8	1.1% ± 0.7
≥ 200% of FPL	5,038	80.0% ± 1.6	14.5% ± 1.5	4.3% ± 0.9	1.1% ± 0.5	0.1% ± 0.1

NOTE: Definitions for the indicators are provided in Appendix D.

Overall Health



Experienced serious psychological distress during the past 30 days

TABLE 25

	Sample Size	Yes
	N	% ± 95% C.I.
Hennepin County Total	6,924	2.8% ± 0.6
Minneapolis		
Total	3,195	4.9% ± 1.2
Camden, Near North	867	9.0% ± 3.4
Longfellow, NE, University	722	3.6% ± 2.5
Central, Phillips, Powderhorn	800	5.7% ± 2.8
Calhoun-Isles, Nokomis, SW	806	2.7% ± 2.5
Suburban Areas		
Total	3,729	1.7% ± 0.6
Northwest Suburbs	1,473	1.6% ± 0.7
Northwest - Inner Ring	773	2.3% ± 1.6
Northwest - Outer Ring	700	1.2% ± 0.8
West Suburbs	1,023	2.4% ± 1.6
West - Inner Ring	722	3.9% ± 3.0
West - Outer Ring	301	1.4% ± 2.4
South Suburbs	1,233	1.4% ± 1.0
South - Inner Ring	699	1.9% ± 1.3
South - Outer Ring	534	1.1% ± 1.7
Gender		
Male	2,247	2.5% ± 0.9
Female	4,677	3.1% ± 0.7
Age		
18-24	246	3.7% ± 4.7
25-44	2,306	2.9% ± 0.8
45-54	1,313	3.4% ± 1.2
55-64	1,381	2.8% ± 1.1
65 and older	1,678	1.5% ± 0.9
Household Income		
< 200% of FPL	1,596	8.4% ± 2.0
≥ 200% of FPL	5,021	1.4% ± 0.4

NOTE: Definitions for the indicators are provided in Appendix D

Overall Health



Have you ever been told by a doctor or other health professional that you have ... ?
Depression

TABLE 26	N	Ever had depression	Are you currently taking any medication that was prescribed for you to treat depression?	
		% ± 95% C.I.	Yes	% ± 95% C.I.
Hennepin County Total	6,969	24.3% ± 1.5	6,930	11.2% ± 1.1
Minneapolis				
Total	3,227	28.7% ± 2.3	3,204	12.6% ± 1.6
Camden, Near North	875	31.8% ± 5.3	867	14.1% ± 3.4
Longfellow, NE, University	727	27.8% ± 4.9	723	11.8% ± 3.7
Central, Phillips, Powderhorn	807	30.6% ± 4.5	802	13.6% ± 3.4
Calhoun-Isles, Nokomis, SW	818	25.8% ± 4.3	812	11.4% ± 3.0
Suburban Areas				
Total	3,742	22.0% ± 1.9	3,726	10.5% ± 1.4
Northwest Suburbs	1,475	20.7% ± 2.9	1,467	9.3% ± 2.1
Northwest - Inner Ring	772	21.5% ± 4.4	767	8.2% ± 2.2
Northwest - Outer Ring	703	20.2% ± 4.0	700	9.9% ± 3.1
West Suburbs	1,027	22.2% ± 3.9	1,023	12.1% ± 3.5
West - Inner Ring	725	22.5% ± 3.9	721	10.1% ± 2.7
West - Outer Ring	302	22.1% ± 6.1	302	13.5% ± 5.6
South Suburbs	1,240	23.7% ± 3.3	1,236	11.0% ± 2.4
South - Inner Ring	704	22.1% ± 4.0	701	12.0% ± 3.4
South - Outer Ring	536	24.7% ± 5.0	535	10.3% ± 3.5
Gender				
Male	2,261	20.5% ± 2.5	2,250	9.0% ± 1.8
Female	4,708	27.7% ± 1.7	4,680	13.2% ± 1.2
Age				
18-24	246	23.9% ± 7.2	245	10.6% ± 6.3
25-44	2,313	24.4% ± 2.3	2,301	10.1% ± 1.6
45-54	1,321	30.2% ± 3.5	1,315	15.7% ± 2.7
55-64	1,393	25.0% ± 3.0	1,380	11.8% ± 2.0
65 and older	1,696	16.1% ± 2.3	1,689	9.0% ± 1.8
Household Income				
< 200% of FPL	1,617	33.1% ± 3.5	1,598	15.9% ± 2.7
≥ 200% of FPL	5,040	22.6% ± 1.6	5,021	10.3% ± 1.2

NOTE: Definitions for the indicators are provided in Appendix D.

Overall Health



Among those who have ever had depression:

TABLE 27	Are you currently under the care of a doctor or other health care professional for your depression?		Do you still have depression?	
	N	Yes % ± 95% C.I.	N	Yes % ± 95% C.I.
Hennepin County Total	1,964	51.4% ± 3.4	1,948	66.1% ± 3.4
Minneapolis				
Total	1,041	49.1% ± 4.6	1,033	67.8% ± 4.7
Camden, Near North	289	49.2% ± 9.7	287	69.5% ± 11.8
Longfellow, NE, University	230	47.2% ± 9.7	230	62.6% ± 9.9
Central, Phillips, Powderhorn	294	48.1% ± 8.3	290	67.6% ± 8.7
Calhoun-Isles, Nokomis, SW	228	52.2% ± 9.0	226	72.2% ± 8.0
Suburban Areas				
Total	923	53.0% ± 4.7	915	64.9% ± 4.7
Northwest Suburbs	337	51.2% ± 7.6	335	64.0% ± 8.0
Northwest - Inner Ring	182	46.3% ± 10.7	180	65.9% ± 12.6
Northwest - Outer Ring	155	54.0% ± 10.1	155	62.9% ± 10.5
West Suburbs	271	56.3% ± 9.1	267	69.1% ± 8.7
West - Inner Ring	203	49.3% ± 8.8	201	66.8% ± 9.0
West - Outer Ring	68	61.0% ± 13.9	66	70.6% ± 13.4
South Suburbs	315	53.0% ± 7.8	313	63.0% ± 8.0
South - Inner Ring	172	60.8% ± 9.3	171	69.8% ± 8.7
South - Outer Ring	143	48.4% ± 10.6	142	59.0% ± 11.3
Gender				
Male	497	47.8% ± 6.5	494	63.7% ± 6.6
Female	1,467	53.7% ± 3.6	1,454	67.6% ± 3.6
Age				
18-24	74	48.8% ± 15.1	73	69.3% ± 14.5
25-44	679	47.8% ± 5.2	677	63.1% ± 5.3
45-54	476	56.5% ± 6.6	473	72.3% ± 6.6
55-64	446	51.2% ± 6.4	442	61.6% ± 6.8
65 and older	289	59.0% ± 7.4	283	68.2% ± 7.5
Household Income				
< 200% of FPL	628	53.5% ± 6.1	618	78.4% ± 5.4
≥ 200% of FPL	1,297	50.8% ± 4.1	1,292	61.2% ± 4.1

NOTE: Definitions for the indicators are provided in Appendix D.

Overall Health



Have you ever been told by a doctor or other health professional that you have ... ?
Anxiety or panic attacks

Among those who have ever had anxiety or panic attacks:

TABLE 28

	Ever had anxiety or panic attacks		Still have anxiety or panic attacks	
	N	% ± 95% C.I.	N	% ± 95% C.I.
Hennepin County Total	6,947	16.7% ± 1.3	1,278	59.3% ± 4.1
Minneapolis				
Total	3,208	18.8% ± 2.0	669	63.1% ± 5.6
Camden, Near North	866	18.4% ± 4.1	170	71.7% ± 11.9
Longfellow, NE, University	723	19.6% ± 4.7	150	58.7% ± 13.1
Central, Phillips, Powderhorn	802	21.1% ± 4.0	192	71.2% ± 8.9
Calhoun-Isles, Nokomis, SW	817	16.1% ± 3.3	157	51.9% ± 9.9
Suburban Areas				
Total	3,739	15.6% ± 1.7	609	56.9% ± 5.8
Northwest Suburbs	1,474	13.9% ± 2.6	228	55.1% ± 9.1
Northwest - Inner Ring	773	14.9% ± 3.5	135	60.9% ± 11.7
Northwest - Outer Ring	701	13.4% ± 3.5	93	51.5% ± 12.7
West Suburbs	1,027	16.9% ± 3.7	176	66.1% ± 11.0
West - Inner Ring	727	17.8% ± 4.2	131	65.7% ± 11.8
West - Outer Ring	300	16.3% ± 5.8	45	66.4% ± 17.4
South Suburbs	1,238	16.9% ± 3.2	205	51.9% ± 9.8
South - Inner Ring	702	16.7% ± 3.8	118	62.0% ± 11.8
South - Outer Ring	536	17.1% ± 4.8	87	45.6% ± 14.0
Gender				
Male	2,253	13.1% ± 2.1	309	59.4% ± 8.2
Female	4,694	19.9% ± 1.6	969	59.3% ± 4.5
Age				
18-24	246	18.6% ± 6.9	50	60.1% ± 18.4
25-44	2,311	18.2% ± 2.0	519	64.0% ± 5.9
45-54	1,321	19.1% ± 3.1	304	54.7% ± 8.5
55-64	1,386	13.7% ± 2.4	247	55.4% ± 8.6
65 and older	1,683	9.7% ± 1.9	158	44.2% ± 10.3
Household Income				
< 200% of FPL	1,609	22.1% ± 3.2	406	69.6% ± 8.1
≥ 200% of FPL	5,028	15.6% ± 1.5	843	55.3% ± 4.9

NOTE: Definitions for the indicators are provided in Appendix D.

Overall Health



SHAPE 2010

Health Care Access and Utilization

Health Care Access and Utilization



Do you have any of the following types of health coverage ... ?

TABLE 29

	Sample Size	Public	Private	Uninsured
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,959	21.1% ± 1.3	72.0% ± 1.5	6.7% ± 1.0
Minneapolis				
Total	3,214	23.5% ± 2.1	67.7% ± 2.4	8.5% ± 1.6
Camden, Near North	867	36.8% ± 5.4	52.5% ± 5.5	10.3% ± 3.5
Longfellow, NE, University	727	20.7% ± 4.1	70.6% ± 4.7	8.6% ± 3.7
Central, Phillips, Powderhorn	804	24.4% ± 4.2	63.8% ± 4.7	11.1% ± 3.6
Calhoun-Isles, Nokomis, SW	816	17.3% ± 3.7	77.9% ± 4.2	4.8% ± 2.9
Suburban Areas				
Total	3,745	19.8% ± 1.6	74.3% ± 1.9	5.7% ± 1.3
Northwest Suburbs	1,478	18.4% ± 2.5	73.9% ± 3.0	7.6% ± 2.4
Northwest - Inner Ring	778	26.4% ± 4.2	65.1% ± 4.9	8.5% ± 4.2
Northwest - Outer Ring	700	13.9% ± 3.1	79.0% ± 3.9	7.1% ± 0.0
West Suburbs	1,028	20.4% ± 3.2	74.7% ± 3.7	4.9% ± 0.0
West - Inner Ring	728	24.1% ± 4.0	68.7% ± 4.6	7.2% ± 0.0
West - Outer Ring	300	17.9% ± 4.8	78.7% ± 5.4	3.4% ± 0.0
South Suburbs	1,239	21.3% ± 2.7	74.4% ± 3.0	3.7% ± 1.8
South - Inner Ring	705	26.8% ± 3.8	68.9% ± 4.1	3.9% ± 2.7
South - Outer Ring	534	17.7% ± 3.7	78.0% ± 4.3	3.5% ± 2.8
Gender				
Male	2,261	19.9% ± 2.1	71.6% ± 2.5	8.1% ± 1.8
Female	4,698	22.2% ± 1.5	72.2% ± 1.7	5.5% ± 1.1
Age				
18-24	244	20.3% ± 7.7	66.8% ± 8.2	11.8% ± 6.0
25-44	2,305	8.4% ± 1.5	83.1% ± 2.1	8.4% ± 1.7
45-54	1,317	11.4% ± 2.5	82.0% ± 2.9	6.3% ± 1.9
55-64	1,392	14.7% ± 2.5	80.2% ± 2.9	5.0% ± 1.9
65 and older	1,701	82.3% ± 2.5	17.5% ± 2.4	0.2% ± 0.3
Household Income				
< 200% of FPL	1,602	48.4% ± 3.8	33.9% ± 3.8	16.7% ± 3.2
≥ 200% of FPL	5,043	13.1% ± 1.1	82.9% ± 1.4	4.0% ± 0.0

NOTE: Definitions for the indicators are provided in Appendix D.

Health Care Access and Utilization



Do you have any of the following types of health coverage ... ?

Public coverage

TABLE 30	Sample Size N	MinnesotaCare % ± 95% C.I.	Medicaid, MA, GAMC, PMAP, or MCHA	Medicare or railroad retirement plan	Veteran's Affairs, Military Health, TRICARE or CHAMPUS
			% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,972	3.3% ± 0.7	5.7% ± 0.8	12.3% ± 0.8	2.1% ± 0.5
Minneapolis					
Total	3,225	5.2% ± 1.3	9.4% ± 1.6	10.0% ± 1.2	1.9% ± 0.9
Camden, Near North	872	10.4% ± 5.0	19.0% ± 4.6	10.1% ± 2.7	1.8% ± 1.3
Longfellow, NE, University	727	5.0% ± 2.5	6.3% ± 2.9	10.4% ± 2.6	2.6% ± 2.5
Central, Phillips, Powderhorn	808	6.1% ± 3.0	11.2% ± 3.3	9.1% ± 2.1	1.4% ± 1.6
Calhoun-Isles, Nokomis, SW	818	1.2% ± 1.2	4.8% ± 3.4	10.5% ± 2.3	1.9% ± 2.4
Suburban Areas					
Total	3,747	2.4% ± 0.8	3.7% ± 0.9	13.5% ± 1.1	2.2% ± 0.6
Northwest Suburbs	1,480	3.4% ± 1.8	3.5% ± 1.5	10.8% ± 1.4	2.6% ± 1.1
Northwest - Inner Ring	778	4.8% ± 4.0	5.6% ± 2.5	17.4% ± 2.9	2.4% ± 1.8
Northwest - Outer Ring	702	2.6% ± 2.1	2.3% ± 2.3	6.9% ± 1.6	2.7% ± 1.5
West Suburbs	1,028	1.8% ± 1.3	4.4% ± 2.2	15.4% ± 2.7	1.3% ± 0.8
West - Inner Ring	728	3.1% ± 2.3	5.8% ± 2.4	16.6% ± 3.3	1.4% ± 0.9
West - Outer Ring	300	1.0% ± 2.1	3.4% ± 4.1	14.6% ± 4.1	1.2% ± 1.5
South Suburbs	1,239	1.3% ± 0.8	3.6% ± 1.5	15.9% ± 2.2	2.4% ± 1.2
South - Inner Ring	705	2.2% ± 1.7	3.4% ± 1.7	20.5% ± 3.3	2.8% ± 1.5
South - Outer Ring	534	0.7% ± 0.9	3.7% ± 2.5	12.9% ± 2.9	2.2% ± 1.9
Gender					
Male	2,265	3.2% ± 1.3	5.2% ± 1.4	11.0% ± 1.2	3.5% ± 0.9
Female	4,707	3.4% ± 0.8	6.2% ± 1.0	13.4% ± 1.1	0.9% ± 0.5
Age					
18-24	245	4.9% ± 5.1	13.0% ± 7.0	0.9% ± 2.3	1.9% ± 4.5
25-44	2,309	3.1% ± 1.1	4.5% ± 1.0	0.8% ± 0.5	0.6% ± 0.6
45-54	1,318	4.5% ± 2.0	5.8% ± 1.9	1.9% ± 0.8	1.1% ± 1.4
55-64	1,394	2.8% ± 1.1	5.6% ± 1.5	4.1% ± 1.3	4.4% ± 2.1
65 and older	1,706	2.1% ± 1.1	6.0% ± 1.6	77.0% ± 2.6	6.9% ± 1.6
Household Income					
< 200% of FPL	1,611	13.2% ± 2.8	23.7% ± 3.2	16.5% ± 2.2	2.6% ± 1.5
≥ 200% of FPL	5,046	0.8% ± 0.5	1.1% ± 0.4	10.2% ± 0.9	1.9% ± 0.6

NOTE: Definitions for the indicators are provided in Appendix D.

Health Care Access and Utilization



Do you have any of the following types of health coverage ... ?

Private coverage

TABLE 31	Sample Size N	Health insurance through your or someone else's employer or union	Health insurance bought directly by you or someone else
		% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,972	67.8% ± 1.6	14.0% ± 1.1
Minneapolis			
Total	3,225	64.2% ± 2.4	10.6% ± 1.4
Camden, Near North	872	49.0% ± 5.4	9.2% ± 2.6
Longfellow, NE, University	727	66.1% ± 5.0	11.6% ± 3.3
Central, Phillips, Powderhorn	808	60.2% ± 4.7	9.8% ± 2.9
Calhoun-Isles, Nokomis, SW	818	75.4% ± 4.1	11.3% ± 2.5
Suburban Areas			
Total	3,747	69.8% ± 2.0	15.9% ± 1.5
Northwest Suburbs	1,480	70.2% ± 3.3	13.7% ± 2.3
Northwest - Inner Ring	778	64.8% ± 4.9	15.1% ± 3.2
Northwest - Outer Ring	702	73.3% ± 4.4	12.9% ± 3.3
West Suburbs	1,028	69.7% ± 3.9	17.3% ± 3.1
West - Inner Ring	728	66.9% ± 4.7	15.4% ± 3.3
West - Outer Ring	300	71.7% ± 6.0	18.5% ± 5.0
South Suburbs	1,239	69.2% ± 3.4	18.0% ± 2.6
South - Inner Ring	705	65.3% ± 4.4	20.0% ± 3.5
South - Outer Ring	534	71.8% ± 4.8	16.6% ± 3.8
Gender			
Male	2,265	68.2% ± 2.7	12.9% ± 1.8
Female	4,707	67.5% ± 1.8	15.0% ± 1.3
Age			
18-24	245	62.1% ± 8.1	5.5% ± 4.6
25-44	2,309	77.6% ± 2.3	6.7% ± 1.5
45-54	1,318	76.8% ± 3.2	8.1% ± 2.4
55-64	1,394	71.0% ± 3.3	14.2% ± 2.7
65 and older	1,706	23.2% ± 2.6	51.3% ± 2.9
Household Income			
< 200% of FPL	1,611	31.1% ± 3.8	12.4% ± 2.2
≥ 200% of FPL	5,046	78.4% ± 1.6	13.9% ± 1.3

NOTE: Definitions for the indicators are provided in Appendix D.

Health Care Access and Utilization

Q During the past 12 months, did you have health insurance for the entire year, only part of the year, or were you uninsured for the entire year?

TABLE 32	Sample Size	Insured entire year	Insured part of the year	Uninsured entire year
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,963	87.5% ± 1.3	7.0% ± 1.0	5.5% ± 0.9
Minneapolis				
Total	3,219	84.0% ± 2.1	9.1% ± 1.7	6.9% ± 1.5
Camden, Near North	870	77.6% ± 5.1	12.5% ± 3.9	10.0% ± 4.3
Longfellow, NE, University	727	84.1% ± 4.6	9.9% ± 3.8	6.0% ± 3.6
Central, Phillips, Powderhorn	804	79.4% ± 4.5	12.8% ± 3.9	7.9% ± 3.1
Calhoun-Isles, Nokomis, SW	818	92.3% ± 3.1	2.8% ± 1.6	4.9% ± 3.0
Suburban Areas				
Total	3,744	89.4% ± 1.6	5.9% ± 1.3	4.7% ± 1.2
Northwest Suburbs	1,474	87.6% ± 2.9	6.7% ± 2.3	5.8% ± 2.2
Northwest - Inner Ring	777	84.9% ± 4.9	9.4% ± 4.1	5.7% ± 3.9
Northwest - Outer Ring	697	89.1% ± 3.8	5.1% ± 3.1	5.8% ± 3.0
West Suburbs	1,029	89.7% ± 3.2	6.2% ± 2.6	4.1% ± 2.4
West - Inner Ring	727	86.5% ± 4.3	8.1% ± 3.8	5.4% ± 3.1
West - Outer Ring	302	91.9% ± 4.9	4.9% ± 4.0	3.2% ± 4.2
South Suburbs	1,241	91.8% ± 2.6	4.6% ± 2.1	3.6% ± 2.0
South - Inner Ring	707	91.0% ± 3.7	5.3% ± 3.3	3.7% ± 2.7
South - Outer Ring	534	92.3% ± 3.9	4.2% ± 3.1	3.5% ± 3.2
Gender				
Male	2,259	85.8% ± 2.2	7.0% ± 1.7	7.2% ± 1.8
Female	4,704	89.0% ± 1.5	7.1% ± 1.2	4.0% ± 0.9
Age				
18-24	246	72.5% ± 7.9	19.9% ± 7.4	7.7% ± 5.6
25-44	2,307	85.3% ± 2.1	7.9% ± 1.5	6.8% ± 1.7
45-54	1,317	88.6% ± 2.6	6.1% ± 2.2	5.2% ± 1.9
55-64	1,390	91.9% ± 2.1	3.5% ± 1.6	4.6% ± 1.6
65 and older	1,703	98.3% ± 0.6	1.0% ± 0.6	0.7% ± 0.4
Household Income				
< 200% of FPL	1,610	68.1% ± 3.8	18.5% ± 3.3	13.4% ± 3.1
≥ 200% of FPL	5,042	92.7% ± 1.2	4.1% ± 0.9	3.2% ± 0.9

NOTE: Definitions for the indicators are provided in Appendix D.

Health Care Access and Utilization

Q During the past 12 months, how difficult has it been for you and your family to pay for health insurance premiums, co-pays, and deductibles?

TABLE 33	Sample Size	Very difficult	Somewhat difficult	Not too difficult	Not at all difficult
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,904	11.7% ± 1.2	17.5% ± 1.3	26.8% ± 1.6	44.1% ± 1.8
Minneapolis					
Total	3,180	13.4% ± 1.9	17.5% ± 2.0	26.2% ± 2.4	42.9% ± 2.6
Camden, Near North	858	23.4% ± 5.2	23.2% ± 5.0	21.0% ± 5.2	32.4% ± 5.0
Longfellow, NE, University	720	11.1% ± 3.6	19.0% ± 4.7	25.7% ± 4.9	44.3% ± 5.4
Central, Phillips, Powderhorn	793	13.9% ± 3.7	17.9% ± 3.9	27.8% ± 5.0	40.5% ± 4.8
Calhoun-Isles, Nokomis, SW	809	9.2% ± 3.7	12.1% ± 3.3	28.3% ± 4.4	50.5% ± 4.8
Suburban Areas					
Total	3,724	10.8% ± 1.6	17.5% ± 1.8	27.1% ± 2.1	44.7% ± 2.3
Northwest Suburbs	1,466	12.4% ± 2.6	19.8% ± 3.1	25.3% ± 3.3	42.6% ± 3.6
Northwest - Inner Ring	769	13.4% ± 4.1	20.1% ± 4.9	23.6% ± 4.4	43.0% ± 5.0
Northwest - Outer Ring	697	11.8% ± 3.5	19.6% ± 4.1	26.3% ± 4.5	42.4% ± 4.8
West Suburbs	1,022	8.8% ± 2.8	15.7% ± 3.4	29.5% ± 4.4	46.1% ± 4.6
West - Inner Ring	721	11.1% ± 3.6	17.1% ± 4.1	26.4% ± 4.3	45.4% ± 5.0
West - Outer Ring	301	7.2% ± 4.5	14.7% ± 5.3	31.5% ± 6.9	46.6% ± 6.9
South Suburbs	1,236	10.2% ± 2.8	15.6% ± 2.9	27.7% ± 3.6	46.5% ± 4.0
South - Inner Ring	701	9.6% ± 3.5	14.0% ± 3.5	27.8% ± 4.6	48.7% ± 4.9
South - Outer Ring	535	10.5% ± 4.3	16.7% ± 4.3	27.7% ± 5.2	45.2% ± 5.6
Gender					
Male	2,247	11.5% ± 2.1	16.0% ± 2.2	26.0% ± 2.8	46.5% ± 3.0
Female	4,657	11.9% ± 1.4	18.8% ± 1.6	27.4% ± 1.8	41.9% ± 2.0
Age					
18-24	243	10.5% ± 5.2	17.4% ± 7.2	25.1% ± 7.9	47.0% ± 8.0
25-44	2,287	13.5% ± 2.1	18.0% ± 2.2	26.2% ± 2.5	42.3% ± 2.8
45-54	1,301	13.5% ± 2.8	18.1% ± 3.2	26.7% ± 3.7	41.6% ± 3.9
55-64	1,380	11.3% ± 2.4	18.4% ± 3.0	26.8% ± 3.3	43.6% ± 3.7
65 and older	1,693	4.0% ± 1.4	14.1% ± 2.2	29.7% ± 2.8	52.2% ± 3.0
Household Income					
< 200% of FPL	1,574	28.6% ± 3.5	25.7% ± 3.5	21.9% ± 3.3	23.9% ± 3.3
≥ 200% of FPL	5,022	7.4% ± 1.1	15.3% ± 1.5	27.9% ± 1.8	49.5% ± 2.0

NOTE: Definitions for the indicators are provided in Appendix D.

Health Care Access and Utilization

Q Do you take any prescription medication on a regular basis, other than birth control pills?

TABLE 34	Among persons aged 18 and older:		Among persons aged 65 and older:	
	N	Yes % ± 95% C.I.	N	Yes % ± 95% C.I.
Hennepin County Total	6,946	47.5% ± 1.8	1,685	88.0% ± 2.0
Minneapolis				
Total	3,218	44.6% ± 2.5	597	87.4% ± 3.3
Camden, Near North	871	49.3% ± 5.5	159	82.7% ± 8.0
Longfellow, NE, University	728	44.6% ± 5.3	147	93.0% ± 5.9
Central, Phillips, Powderhorn	802	39.0% ± 4.6	136	81.5% ± 8.9
Calhoun-Isles, Nokomis, SW	817	47.2% ± 4.8	155	89.2% ± 6.9
Suburban Areas				
Total	3,728	49.1% ± 2.3	1,088	88.2% ± 2.5
Northwest Suburbs	1,469	46.8% ± 3.6	408	86.4% ± 4.6
Northwest - Inner Ring	768	50.7% ± 5.1	256	86.1% ± 6.0
Northwest - Outer Ring	701	44.6% ± 4.8	152	86.7% ± 7.9
West Suburbs	1,021	48.2% ± 4.6	264	92.2% ± 4.6
West - Inner Ring	720	45.2% ± 4.9	176	90.0% ± 7.0
West - Outer Ring	301	50.1% ± 6.9	88	93.6% ± 6.9
South Suburbs	1,238	53.2% ± 3.9	416	87.2% ± 4.3
South - Inner Ring	705	56.9% ± 5.0	265	86.2% ± 5.5
South - Outer Ring	533	50.8% ± 5.7	151	88.3% ± 7.4
Gender				
Male	2,259	44.6% ± 2.9	620	87.4% ± 3.4
Female	4,687	50.1% ± 2.0	1,065	88.4% ± 2.6
Age				
18-24	245	28.2% ± 7.9	n/a	
25-44	2,306	30.4% ± 2.5	n/a	
45-54	1,318	57.0% ± 3.9	n/a	
55-64	1,392	68.9% ± 3.6	n/a	
65 and older	1,685	88.0% ± 2.0	1,685	88.0% ± 2.0
Household Income				
< 200% of FPL	1,601	48.5% ± 3.8	432	87.6% ± 4.5
≥ 200% of FPL	5,036	46.5% ± 2.0	1,076	88.0% ± 2.4

NOTE: Definitions for the indicators are provided in Appendix D.

Health Care Access and Utilization



How difficult is it to pay for your prescription medications each month?

TABLE 35	Sample Size N	Among those who take prescription medications on a regular basis:			
		Very difficult % ± 95% C.I.	Somewhat difficult % ± 95% C.I.	Not too difficult % ± 95% C.I.	Not at all difficult % ± 95% C.I.
Hennepin County Total	4,067	7.5% ± 1.4	18.1% ± 1.9	29.4% ± 2.1	45.0% ± 2.3
Minneapolis					
Total	1,788	9.9% ± 2.5	19.1% ± 2.9	25.0% ± 3.0	46.0% ± 3.5
Camden, Near North	521	19.8% ± 7.0	20.6% ± 5.1	24.3% ± 6.5	35.3% ± 6.3
Longfellow, NE, University	410	7.2% ± 4.8	19.2% ± 7.2	29.1% ± 6.8	44.6% ± 7.4
Central, Phillips, Powderhorn	399	10.3% ± 6.6	23.3% ± 6.3	22.0% ± 6.0	44.4% ± 6.9
Calhoun-Isles, Nokomis, SW	458	5.8% ± 3.9	14.7% ± 4.9	24.1% ± 5.5	55.4% ± 6.3
Suburban Areas					
Total	2,279	6.4% ± 1.7	17.6% ± 2.4	31.6% ± 2.7	44.5% ± 2.9
Northwest Suburbs	881	7.1% ± 3.0	19.3% ± 4.2	33.2% ± 4.5	40.4% ± 4.6
Northwest - Inner Ring	476	10.3% ± 6.2	16.8% ± 5.6	32.0% ± 6.0	40.9% ± 6.3
Northwest - Outer Ring	405	5.1% ± 3.3	20.9% ± 6.0	34.0% ± 6.3	40.0% ± 6.5
West Suburbs	590	6.4% ± 4.8	15.7% ± 4.8	29.6% ± 5.7	48.3% ± 6.1
West - Inner Ring	415	5.3% ± 2.8	20.7% ± 5.7	32.4% ± 6.2	41.6% ± 6.5
West - Outer Ring	175	7.1% ± 8.5	12.6% ± 7.5	27.8% ± 8.7	52.6% ± 9.1
South Suburbs	808	5.3% ± 2.5	16.7% ± 3.9	30.9% ± 4.4	47.1% ± 4.7
South - Inner Ring	477	3.9% ± 3.1	15.9% ± 4.9	31.1% ± 5.7	49.0% ± 5.8
South - Outer Ring	331	6.4% ± 3.9	17.2% ± 6.2	30.7% ± 6.6	45.7% ± 7.0
Gender					
Male	1,287	6.3% ± 2.6	19.0% ± 3.5	26.7% ± 3.7	47.9% ± 4.1
Female	2,780	8.4% ± 1.7	17.4% ± 2.1	31.4% ± 2.4	42.8% ± 2.5
Age					
18-24	67	13.8% ± 14.4	16.2% ± 17.2	18.8% ± 13.1	51.2% ± 15.0
25-44	807	10.1% ± 3.0	20.1% ± 4.1	28.4% ± 4.4	41.4% ± 4.7
45-54	765	9.0% ± 3.6	18.3% ± 4.3	30.2% ± 4.9	42.5% ± 5.2
55-64	998	4.7% ± 1.8	17.1% ± 3.2	28.7% ± 4.0	49.5% ± 4.4
65 and older	1,430	3.8% ± 1.6	16.4% ± 2.5	32.2% ± 3.0	47.6% ± 3.2
Household Income					
< 200% of FPL	1,003	20.4% ± 4.5	34.6% ± 5.0	22.4% ± 3.7	22.6% ± 3.9
≥ 200% of FPL	2,849	4.2% ± 1.3	13.4% ± 1.9	30.8% ± 2.5	51.7% ± 2.7

NOTE: Definitions for the indicators are provided in Appendix D.

Health Care Access and Utilization



During the past 12 months, was there any time you skipped doses, took smaller amounts of your prescription, or did not fill a prescription because you could not afford it?

Among those who take prescription medications on a regular basis:

TABLE 36

	Sample Size	Yes
	N	% ± 95% C.I.
Hennepin County Total	4,060	16.9% ± 1.8
Minneapolis		
Total	1,787	22.6% ± 3.2
Camden, Near North	520	34.1% ± 6.9
Longfellow, NE, University	410	18.8% ± 6.6
Central, Phillips, Powderhorn	397	27.7% ± 7.2
Calhoun-Isles, Nokomis, SW	460	14.7% ± 5.5
Suburban Areas		
Total	2,273	14.0% ± 2.3
Northwest Suburbs	877	16.6% ± 4.0
Northwest - Inner Ring	475	17.5% ± 6.1
Northwest - Outer Ring	402	16.1% ± 5.3
West Suburbs	589	11.5% ± 4.9
West - Inner Ring	415	12.9% ± 4.4
West - Outer Ring	174	10.6% ± 8.3
South Suburbs	807	12.4% ± 3.8
South - Inner Ring	477	9.6% ± 4.3
South - Outer Ring	330	14.5% ± 6.0
Gender		
Male	1,284	14.3% ± 3.2
Female	2,776	18.9% ± 2.2
Age		
18-24	67	24.2% ± 15.8
25-44	805	24.6% ± 4.2
45-54	766	18.6% ± 4.1
55-64	995	12.2% ± 2.8
65 and older	1,427	7.6% ± 2.0
Household Income		
< 200% of FPL	1,002	37.7% ± 5.0
≥ 200% of FPL	2,843	11.5% ± 1.9

NOTE: Definitions for the indicators are provided in Appendix D

Health Care Access and Utilization



Do you have a personal doctor or health care provider?

TABLE 37

	Sample Size	Yes
	N	% ± 95% C.I.
Hennepin County Total	6,936	71.6% ± 1.8
Minneapolis		
Total	3,214	65.0% ± 2.6
Camden, Near North	868	70.9% ± 5.7
Longfellow, NE, University	725	61.3% ± 5.6
Central, Phillips, Powderhorn	803	61.6% ± 4.9
Calhoun-Isles, Nokomis, SW	818	68.3% ± 5.0
Suburban Areas		
Total	3,722	75.1% ± 2.3
Northwest Suburbs	1,472	74.1% ± 3.6
Northwest - Inner Ring	772	76.2% ± 5.3
Northwest - Outer Ring	700	72.9% ± 4.9
West Suburbs	1,020	71.6% ± 4.6
West - Inner Ring	720	65.8% ± 5.2
West - Outer Ring	300	75.5% ± 7.1
South Suburbs	1,230	79.2% ± 3.9
South - Inner Ring	698	80.7% ± 4.7
South - Outer Ring	532	78.2% ± 5.7
Gender		
Male	2,254	64.3% ± 3.0
Female	4,682	77.8% ± 1.8
Age		
18-24	244	49.4% ± 8.0
25-44	2,306	61.1% ± 2.7
45-54	1,317	81.0% ± 3.3
55-64	1,392	87.7% ± 2.6
65 and older	1,677	94.6% ± 1.6
Household Income		
< 200% of FPL	1,597	63.3% ± 3.8
≥ 200% of FPL	5,031	73.4% ± 2.0

NOTE: Definitions for the indicators are provided in Appendix D

Health Care Access and Utilization



When you are sick or need medical care, where do you usually go?

TABLE 38	Sample Size	Doctor's office, clinic, public health or community clinic	Hospital emergency room	Urgent care center	Clinic located in a drug or grocery store	No usual place
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,954	77.4 ± 1.5	2.6 ± 0.5	8.4 ± 1.1	3.1 ± 0.8	6.0 ± 0.9
Minneapolis						
Total	3,221	73.7 ± 2.5	4.7 ± 1.2	6.0 ± 1.4	3.2 ± 1.2	9.3 ± 1.9
Camden, Near North	872	69.7 ± 5.7	10.8 ± 4.8	5.4 ± 2.6	4.2 ± 4.0	7.0 ± 4.3
Longfellow, NE, University	727	75.0 ± 5.3	3.5 ± 2.4	5.1 ± 3.0	3.4 ± 3.1	9.5 ± 4.4
Central, Phillips, Powderhorn	805	70.3 ± 4.9	4.5 ± 2.6	7.5 ± 3.3	1.8 ± 1.7	13.1 ± 4.1
Calhoun-Isles, Nokomis, SW	817	78.3 ± 4.5	2.2 ± 1.8	5.8 ± 2.5	3.8 ± 2.5	6.7 ± 3.4
Suburban Areas						
Total	3,733	79.4 ± 2.0	1.4 ± 0.6	9.7 ± 1.6	3.1 ± 1.0	4.2 ± 1.1
Northwest Suburbs	1,473	76.7 ± 3.4	1.8 ± 1.2	11.3 ± 2.7	4.0 ± 1.8	3.7 ± 1.8
Northwest - Inner Ring	773	74.8 ± 5.0	3.1 ± 2.3	9.3 ± 3.6	4.0 ± 3.5	6.1 ± 3.6
Northwest - Outer Ring	700	77.7 ± 4.5	1.0 ± 1.8	12.4 ± 3.9	3.9 ± 2.5	2.4 ± 2.1
West Suburbs	1,022	79.1 ± 4.1	1.1 ± 0.9	10.9 ± 3.5	1.8 ± 1.4	5.5 ± 2.5
West - Inner Ring	721	76.1 ± 4.7	1.4 ± 1.3	9.3 ± 3.3	1.9 ± 1.8	8.4 ± 4.0
West - Outer Ring	301	81.0 ± 6.1	1.0 ± 1.4	11.9 ± 5.8	1.7 ± 2.4	3.6 ± 3.8
South Suburbs	1,238	83.6 ± 3.0	1.1 ± 0.7	6.5 ± 2.2	3.0 ± 1.8	4.0 ± 1.7
South - Inner Ring	705	80.0 ± 4.4	2.0 ± 1.5	7.0 ± 2.9	3.2 ± 3.3	6.1 ± 3.2
South - Outer Ring	533	86.0 ± 4.3	0.5 ± 0.9	6.1 ± 3.4	2.8 ± 2.5	2.5 ± 2.3
Gender						
Male	2,258	72.4 ± 2.8	3.1 ± 1.1	9.2 ± 2.0	3.0 ± 1.3	8.8 ± 1.8
Female	4,696	81.8 ± 1.7	2.1 ± 0.5	7.7 ± 1.3	3.3 ± 0.9	3.6 ± 0.8
Age						
18-24	245	68.5 ± 7.7	4.5 ± 4.1	10.6 ± 6.0	4.0 ± 4.3	11.0 ± 5.8
25-44	2,307	72.4 ± 2.5	2.1 ± 0.9	10.1 ± 2.0	4.8 ± 1.3	8.3 ± 1.6
45-54	1,319	82.2 ± 3.0	2.6 ± 1.3	7.8 ± 2.4	2.0 ± 1.1	3.3 ± 1.5
55-64	1,395	85.8 ± 2.7	1.3 ± 0.7	5.3 ± 1.9	0.9 ± 1.0	2.9 ± 1.5
65 and older	1,688	86.6 ± 2.2	3.8 ± 1.3	4.3 ± 1.5	0.3 ± 0.9	1.5 ± 0.9
Household Income						
< 200% of FPL	1,607	64.8 ± 3.7	9.2 ± 2.3	9.1 ± 2.5	3.8 ± 2.4	9.2 ± 2.5
≥ 200% of FPL	5,036	80.6 ± 1.7	0.7 ± 0.4	8.3 ± 1.3	3.1 ± 0.8	5.1 ± 1.0

NOTE: Definitions for the indicators are provided in Appendix D.

Health Care Access and Utilization



During the past 12 months, when you were seeking health care, have you felt you were discriminated against?

Among those who sought care:

TABLE 39

	Sample Size N	Yes % ± 95% C.I.
Hennepin County Total	6,408	2.8% ± 0.5
Minneapolis		
Total	2,941	4.2% ± 1.2
Camden, Near North	784	8.0% ± 4.8
Longfellow, NE, University	667	3.8% ± 2.8
Central, Phillips, Powderhorn	725	3.4% ± 1.9
Calhoun-Isles, Nokomis, SW	765	3.0% ± 2.2
Suburban Areas		
Total	3,467	2.0% ± 0.7
Northwest Suburbs	1,348	1.9% ± 1.1
Northwest - Inner Ring	703	2.1% ± 1.8
Northwest - Outer Ring	645	1.8% ± 1.5
West Suburbs	948	2.1% ± 1.7
West - Inner Ring	669	1.8% ± 1.7
West - Outer Ring	279	2.4% ± 2.8
South Suburbs	1,171	2.1% ± 1.3
South - Inner Ring	661	1.4% ± 1.6
South - Outer Ring	510	2.5% ± 2.2
Gender		
Male	2,014	2.5% ± 1.0
Female	4,394	3.0% ± 0.7
Age		
18-24	210	3.8% ± 3.7
25-44	2,104	3.0% ± 1.0
45-54	1,205	3.2% ± 1.4
55-64	1,290	2.9% ± 1.4
65 and older	1,599	0.8% ± 0.6
Household Income		
< 200% of FPL	1,430	7.5% ± 2.1
≥ 200% of FPL	4,691	1.5% ± 0.6

NOTE: Definitions for the indicators are provided in Appendix D

Health Care Access and Utilization



During the past 12 months, was there a time when you needed medical care?

TABLE 40

	Yes		Among those who needed care: Delayed or did not get the needed care		Among those who delayed or did not get care: Was that due to cost or lack of insurance?	
	N	% ± 95% C.I.	N	% ± 95% C.I.	N	% ± 95% C.I.
Hennepin County Total	6,963	68.2% ± 1.7	4,803	23.9% ± 1.8	1,059	75.2% ± 3.9
Minneapolis						
Total	3,223	68.3% ± 2.5	2,243	28.6% ± 2.8	593	76.9% ± 5.1
Camden, Near North	870	68.7% ± 5.1	600	36.7% ± 6.5	203	78.1% ± 9.4
Longfellow, NE, University	728	68.7% ± 5.4	507	29.4% ± 6.2	124	72.6% ± 12.6
Central, Phillips, Powderhorn	808	65.3% ± 5.0	563	28.8% ± 5.6	148	82.8% ± 8.3
Calhoun-Isles, Nokomis, SW	817	70.7% ± 4.7	573	22.8% ± 5.2	118	73.7% ± 11.1
Suburban Areas						
Total	3,740	68.1% ± 2.2	2,560	21.3% ± 2.5	466	74.0% ± 5.7
Northwest Suburbs	1,474	67.8% ± 3.6	1,012	23.0% ± 4.0	191	73.8% ± 9.5
Northwest - Inner Ring	775	68.6% ± 5.1	539	23.3% ± 5.8	94	64.5% ± 15.2
Northwest - Outer Ring	699	67.4% ± 4.9	473	22.8% ± 5.5	97	79.3% ± 12.1
West Suburbs	1,027	68.8% ± 4.5	706	19.1% ± 4.8	137	69.9% ± 12.4
West - Inner Ring	725	67.5% ± 4.9	497	20.4% ± 5.2	104	76.2% ± 11.3
West - Outer Ring	302	69.7% ± 6.9	209	18.3% ± 7.3	33	65.5% ± 19.6
South Suburbs	1,239	68.0% ± 3.9	842	20.6% ± 4.3	138	77.4% ± 8.8
South - Inner Ring	704	69.9% ± 4.8	474	19.6% ± 5.3	76	68.1% ± 14.2
South - Outer Ring	535	66.7% ± 5.6	368	21.3% ± 6.4	62	83.5% ± 11.1
Gender						
Male	2,258	62.4% ± 3.0	1,417	22.4% ± 3.3	298	76.6% ± 6.9
Female	4,705	73.2% ± 1.8	3,386	25.0% ± 2.1	761	74.3% ± 4.7
Age						
18-24	246	57.1% ± 8.1	153	35.6% ± 10.2	49	77.6% ± 17.0
25-44	2,312	68.1% ± 2.7	1,608	27.8% ± 3.1	456	77.5% ± 5.7
45-54	1,318	68.6% ± 3.8	906	25.7% ± 4.1	254	79.7% ± 6.5
55-64	1,392	68.7% ± 3.6	969	16.3% ± 3.0	205	72.5% ± 8.6
65 and older	1,695	73.5% ± 2.6	1,167	8.9% ± 2.2	95	29.7% ± 12.9
Household Income						
< 200% of FPL	1,616	67.3% ± 3.8	1,144	44.0% ± 4.4	437	81.3% ± 6.1
≥ 200% of FPL	5,038	68.7% ± 2.0	3,465	18.5% ± 2.1	590	72.5% ± 5.4

NOTE: Definitions for the indicators are provided in Appendix D.

Health Care Access and Utilization



During the past 12 months, was there a time when you wanted to talk with or seek help from a health professional about stress, depression, a problem with emotions, excessive worrying, or troubling thoughts?

TABLE 41	N	Yes		Among those who needed care: Delayed or did not get the needed care		Among those who delayed or did not get care: Was that due to cost or lack of insurance?	
		% ± 95% C.I.		N	% ± 95% C.I.	N	% ± 95% C.I.
Hennepin County Total	6,958	24.9% ± 1.5		1,783	60.8% ± 3.4	1,016	54.8% ± 4.7
Minneapolis							
Total	3,220	30.4% ± 2.5		972	62.8% ± 4.5	570	55.8% ± 6.3
Camden, Near North	872	34.1% ± 5.3		272	66.2% ± 8.7	171	59.9% ± 12.9
Longfellow, NE, University	728	33.5% ± 5.4		234	67.5% ± 9.1	131	52.2% ± 12.8
Central, Phillips, Powderhorn	802	27.7% ± 4.4		252	67.0% ± 8.2	158	55.2% ± 11.3
Calhoun-Isles, Nokomis, SW	818	27.9% ± 4.6		214	51.0% ± 9.4	110	58.2% ± 12.9
Suburban Areas							
Total	3,738	21.9% ± 1.9		811	59.2% ± 4.9	446	53.9% ± 6.7
Northwest Suburbs	1,471	22.7% ± 3.1		324	60.6% ± 7.5	185	53.4% ± 9.8
Northwest - Inner Ring	771	25.2% ± 4.7		184	60.8% ± 10.8	102	47.6% ± 13.4
Northwest - Outer Ring	700	21.3% ± 4.2		140	60.5% ± 10.4	83	57.3% ± 13.7
West Suburbs	1,026	21.4% ± 3.9		237	59.8% ± 9.6	134	59.5% ± 13.5
West - Inner Ring	724	23.8% ± 4.4		183	60.7% ± 9.8	106	56.2% ± 13.9
West - Outer Ring	302	19.8% ± 6.0		54	59.0% ± 15.6	<30	
South Suburbs	1,241	21.1% ± 3.3		250	56.5% ± 8.4	127	50.1% ± 11.9
South - Inner Ring	705	22.2% ± 4.6		140	58.0% ± 11.1	73	44.0% ± 15.5
South - Outer Ring	536	20.4% ± 4.7		110	55.4% ± 12.1	54	54.8% ± 17.6
Gender							
Male	2,253	21.0% ± 2.6		456	60.8% ± 6.5	255	51.5% ± 8.8
Female	4,705	28.2% ± 1.8		1,327	60.8% ± 3.7	761	56.8% ± 5.1
Age							
18-24	246	35.4% ± 8.0		85	70.1% ± 13.6	57	39.5% ± 16.2
25-44	2,309	28.7% ± 2.5		782	65.1% ± 4.6	485	57.1% ± 6.2
45-54	1,317	25.5% ± 3.2		422	53.9% ± 6.8	232	59.5% ± 8.7
55-64	1,395	18.2% ± 2.7		323	49.8% ± 7.6	170	63.6% ± 10.1
65 and older	1,691	10.2% ± 1.9		171	37.4% ± 9.5	72	30.5% ± 15.5
Household Income							
< 200% of FPL	1,611	35.3% ± 3.7		568	67.5% ± 6.2	356	66.2% ± 7.6
≥ 200% of FPL	5,039	22.6% ± 1.7		1,178	58.2% ± 4.1	642	48.9% ± 5.8

NOTE: Definitions for the indicators are provided in Appendix D.

Health Care Access and Utilization



How long has it been since you last visited a dentist or dental clinic for any reason?

TABLE 42	Sample Size N	Within the	Within the	Within the	5 or more	Never
		past year	past 2 years	past 5 years	years ago	
		% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,962	75.1% ± 1.6	11.2% ± 1.1	6.5% ± 0.9	6.2% ± 1.0	1.1% ± 0.6
Minneapolis						
Total	3,224	70.1% ± 2.5	13.5% ± 1.9	7.6% ± 1.6	8.1% ± 1.6	0.8% ± 0.6
Camden, Near North	876	62.4% ± 5.6	16.5% ± 4.7	9.3% ± 4.7	10.7% ± 3.9	1.1% ± 1.6
Longfellow, NE, University	729	70.2% ± 5.3	13.7% ± 4.2	6.0% ± 3.2	9.4% ± 4.1	0.7% ± 1.9
Central, Phillips, Powderhorn	806	64.4% ± 4.9	14.1% ± 3.8	11.6% ± 3.8	8.8% ± 3.3	1.2% ± 2.1
Calhoun-Isles, Nokomis, SW	813	80.3% ± 4.2	10.9% ± 3.8	4.2% ± 2.2	4.5% ± 2.1	0.1% ± 0.6
Suburban Areas						
Total	3,738	77.8% ± 2.0	9.9% ± 1.5	5.8% ± 1.2	5.2% ± 1.2	1.3% ± 0.9
Northwest Suburbs	1,474	76.7% ± 3.2	9.2% ± 2.2	6.9% ± 2.2	5.7% ± 1.9	1.5% ± 1.7
Northwest - Inner Ring	773	73.7% ± 4.8	8.1% ± 2.9	8.8% ± 3.6	8.6% ± 3.7	0.8% ± 1.6
Northwest - Outer Ring	701	78.5% ± 4.4	9.9% ± 3.1	5.8% ± 3.0	4.0% ± 2.5	1.9% ± 2.7
West Suburbs	1,024	76.2% ± 4.1	12.5% ± 3.3	4.8% ± 2.0	6.3% ± 2.9	0.2% ± 0.5
West - Inner Ring	724	70.8% ± 4.7	15.4% ± 4.3	6.8% ± 2.8	6.5% ± 2.6	0.5% ± 1.2
West - Outer Ring	300	79.9% ± 6.4	10.6% ± 5.1	3.4% ± 3.4	6.1% ± 5.1	0.0% ± 0.0
South Suburbs	1,240	80.4% ± 3.4	8.9% ± 2.6	5.1% ± 1.9	3.8% ± 1.9	1.7% ± 2.2
South - Inner Ring	707	78.6% ± 4.6	10.0% ± 3.7	6.7% ± 3.2	3.7% ± 2.1	1.0% ± 2.7
South - Outer Ring	533	81.7% ± 5.0	8.2% ± 3.7	4.0% ± 2.8	3.9% ± 3.0	2.2% ± 3.7
Gender						
Male	2,257	71.7% ± 2.8	11.6% ± 2.0	7.6% ± 1.8	7.5% ± 1.7	1.7% ± 1.0
Female	4,705	78.0% ± 1.7	10.8% ± 1.3	5.5% ± 0.9	5.1% ± 1.0	0.6% ± 0.8
Age						
18-24	245	66.0% ± 7.9	16.8% ± 6.9	8.8% ± 5.6	6.9% ± 5.0	1.6% ± 5.0
25-44	2,305	72.3% ± 2.6	12.3% ± 1.9	7.2% ± 1.6	7.0% ± 1.6	1.2% ± 1.2
45-54	1,317	78.0% ± 3.3	10.3% ± 2.5	5.5% ± 2.0	5.1% ± 1.8	1.1% ± 1.4
55-64	1,398	81.6% ± 2.8	8.4% ± 2.2	4.4% ± 1.4	4.6% ± 1.5	1.0% ± 1.6
65 and older	1,697	80.6% ± 2.4	7.5% ± 1.6	5.5% ± 1.6	6.1% ± 1.4	0.3% ± 0.4
Household Income						
< 200% of FPL	1,611	55.7% ± 3.8	18.9% ± 3.1	9.8% ± 2.2	12.4% ± 2.6	3.3% ± 2.1
≥ 200% of FPL	5,035	80.2% ± 1.7	9.3% ± 1.2	5.6% ± 1.1	4.5% ± 1.0	0.5% ± 0.7

NOTE: Definitions for the indicators are provided in Appendix D.

Health Care Access and Utilization



Do you currently have insurance that pays for all or part of your dental care?

TABLE 43

	Sample Size	Yes
	N	% ± 95% C.I.
Hennepin County Total	6,943	73.1% ± 1.5
Minneapolis		
Total	3,217	71.4% ± 2.3
Camden, Near North	873	69.8% ± 5.1
Longfellow, NE, University	727	69.1% ± 5.2
Central, Phillips, Powderhorn	805	67.0% ± 4.7
Calhoun-Isles, Nokomis, SW	812	79.0% ± 3.7
Suburban Areas		
Total	3,726	74.0% ± 2.0
Northwest Suburbs	1,470	76.2% ± 3.1
Northwest - Inner Ring	771	72.7% ± 4.5
Northwest - Outer Ring	699	78.2% ± 4.2
West Suburbs	1,023	70.2% ± 4.1
West - Inner Ring	723	68.8% ± 4.8
West - Outer Ring	300	71.2% ± 6.2
South Suburbs	1,233	73.7% ± 3.3
South - Inner Ring	701	69.7% ± 4.4
South - Outer Ring	532	76.3% ± 4.7
Gender		
Male	2,251	71.3% ± 2.5
Female	4,692	74.6% ± 1.8
Age		
18-24	245	71.8% ± 7.7
25-44	2,304	79.1% ± 2.3
45-54	1,314	80.1% ± 3.1
55-64	1,398	72.1% ± 3.4
65 and older	1,682	44.3% ± 2.9
Household Income		
< 200% of FPL	1,600	58.2% ± 3.7
≥ 200% of FPL	5,031	77.7% ± 1.7

NOTE: Definitions for the indicators are provided in Appendix D

Health Care Access and Utilization



During the past 12 months, have you seen a doctor or other health care professional for your own health?

TABLE 44

	Sample Size N	Yes % ± 95% C.I.
Hennepin County Total	6,936	80.0% ± 1.5
Minneapolis		
Total	3,215	76.6% ± 2.5
Camden, Near North	875	75.1% ± 5.3
Longfellow, NE, University	724	75.3% ± 5.4
Central, Phillips, Powderhorn	805	73.3% ± 4.7
Calhoun-Isles, Nokomis, SW	811	82.1% ± 4.7
Suburban Areas		
Total	3,721	81.9% ± 2.0
Northwest Suburbs	1,466	80.7% ± 3.3
Northwest - Inner Ring	772	79.9% ± 5.1
Northwest - Outer Ring	694	81.2% ± 4.5
West Suburbs	1,018	81.1% ± 4.1
West - Inner Ring	718	78.4% ± 4.7
West - Outer Ring	300	82.9% ± 6.4
South Suburbs	1,237	84.2% ± 3.4
South - Inner Ring	707	81.3% ± 4.7
South - Outer Ring	530	86.1% ± 4.9
Gender		
Male	2,251	71.9% ± 2.8
Female	4,685	87.0% ± 1.4
Age		
18-24	245	66.0% ± 8.1
25-44	2,297	76.1% ± 2.5
45-54	1,312	83.1% ± 3.2
55-64	1,393	87.6% ± 2.7
65 and older	1,689	91.1% ± 1.7
Household Income		
< 200% of FPL	1,602	72.5% ± 3.6
≥ 200% of FPL	5,022	81.9% ± 1.7

NOTE: Definitions for the indicators are provided in Appendix D

Health Care Access and Utilization



Did the doctor or other health care professional discuss or ask you about your ... ?
Physical activity, diet, weight

Among those who have seen a provider for their own health during the past 12 months:

TABLE 45	Sample Size	Physical activity or exercise	Diet or nutrition	Weight
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	5,817	70.4% ± 1.7	52.8% ± 1.9	43.8% ± 1.9
Minneapolis				
Total	2,632	68.8% ± 2.7	50.4% ± 2.9	41.4% ± 2.8
Camden, Near North	704	65.0% ± 6.0	48.7% ± 6.1	40.1% ± 5.9
Longfellow, NE, University	591	63.7% ± 5.9	47.8% ± 6.0	39.0% ± 5.9
Central, Phillips, Powderhorn	630	68.9% ± 5.6	49.6% ± 5.5	42.1% ± 5.5
Calhoun-Isles, Nokomis, SW	707	75.6% ± 4.5	54.5% ± 5.1	43.8% ± 5.1
Suburban Areas				
Total	3,185	71.3% ± 2.3	54.0% ± 2.5	45.1% ± 2.5
Northwest Suburbs	1,250	70.1% ± 3.6	53.1% ± 3.9	43.3% ± 3.9
Northwest - Inner Ring	659	67.0% ± 5.2	52.7% ± 5.3	43.0% ± 5.3
Northwest - Outer Ring	591	71.9% ± 4.9	53.2% ± 5.3	43.4% ± 5.3
West Suburbs	855	73.8% ± 4.5	56.8% ± 5.0	48.9% ± 5.0
West - Inner Ring	598	70.9% ± 5.1	55.1% ± 5.4	47.1% ± 5.5
West - Outer Ring	257	75.6% ± 6.7	57.8% ± 7.3	49.9% ± 7.4
South Suburbs	1,080	70.9% ± 3.9	53.1% ± 4.1	44.7% ± 4.2
South - Inner Ring	606	70.3% ± 5.1	50.3% ± 5.2	41.7% ± 5.2
South - Outer Ring	474	71.3% ± 5.7	54.9% ± 5.9	46.6% ± 6.0
Gender				
Male	1,744	69.3% ± 3.2	50.6% ± 3.5	43.8% ± 3.4
Female	4,073	71.2% ± 1.9	54.3% ± 2.2	43.9% ± 2.1
Age				
18-24	167	65.4% ± 9.8	42.4% ± 9.8	33.0% ± 9.3
25-44	1,818	70.9% ± 2.9	55.5% ± 3.1	46.0% ± 3.1
45-54	1,084	73.6% ± 3.8	59.4% ± 4.3	48.9% ± 4.3
55-64	1,227	73.9% ± 3.4	51.4% ± 3.9	45.5% ± 3.9
65 and older	1,521	64.7% ± 3.0	41.9% ± 3.1	34.7% ± 3.0
Household Income				
< 200% of FPL	1,263	65.2% ± 4.1	48.6% ± 4.3	42.0% ± 4.3
≥ 200% of FPL	4,289	72.1% ± 2.0	54.1% ± 2.2	44.6% ± 2.2

NOTE: Definitions for the indicators are provided in Appendix D.

Health Care Access and Utilization



Did the doctor or other health care professional discuss or ask you about your ... ?
Smoking, stress, alcohol use

Among those who have seen a provider for their own health during the past 12 months:

TABLE 46	Sample Size	Smoking or other tobacco use	Stress	Alcohol use
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	5,817	45.0% ± 1.9	40.2% ± 1.9	42.0% ± 1.9
Minneapolis				
Total	2,632	46.8% ± 2.9	42.7% ± 2.8	42.6% ± 2.9
Camden, Near North	704	45.7% ± 6.1	41.8% ± 6.1	35.6% ± 6.0
Longfellow, NE, University	591	43.1% ± 5.9	38.3% ± 5.9	39.6% ± 6.0
Central, Phillips, Powderhorn	630	46.5% ± 5.5	42.9% ± 5.6	43.5% ± 5.5
Calhoun-Isles, Nokomis, SW	707	50.8% ± 5.1	46.7% ± 5.1	48.5% ± 5.1
Suburban Areas				
Total	3,185	44.1% ± 2.5	38.9% ± 2.5	41.6% ± 2.5
Northwest Suburbs	1,250	45.7% ± 3.9	36.6% ± 3.8	40.8% ± 3.9
Northwest - Inner Ring	659	49.6% ± 5.3	38.7% ± 5.3	41.6% ± 5.4
Northwest - Outer Ring	591	43.5% ± 5.3	35.4% ± 5.2	40.4% ± 5.3
West Suburbs	855	47.1% ± 5.0	45.0% ± 5.0	47.7% ± 5.0
West - Inner Ring	598	44.6% ± 5.5	43.2% ± 5.4	42.2% ± 5.5
West - Outer Ring	257	48.6% ± 7.4	46.2% ± 7.4	51.2% ± 7.3
South Suburbs	1,080	39.7% ± 4.2	37.6% ± 4.2	38.2% ± 4.1
South - Inner Ring	606	38.0% ± 5.2	37.3% ± 5.3	37.0% ± 5.2
South - Outer Ring	474	40.8% ± 6.0	37.8% ± 5.9	38.9% ± 6.0
Gender				
Male	1,744	43.1% ± 3.4	36.1% ± 3.3	40.9% ± 3.4
Female	4,073	46.3% ± 2.2	43.1% ± 2.2	42.7% ± 2.2
Age				
18-24	167	47.6% ± 9.8	45.4% ± 9.8	43.9% ± 9.8
25-44	1,818	52.6% ± 3.1	44.5% ± 3.1	48.3% ± 3.1
45-54	1,084	46.8% ± 4.2	45.0% ± 4.3	41.6% ± 4.2
55-64	1,227	39.5% ± 3.8	38.6% ± 3.8	39.2% ± 3.8
65 and older	1,521	24.1% ± 2.8	21.1% ± 2.8	25.6% ± 2.8
Household Income				
< 200% of FPL	1,263	44.3% ± 4.3	37.8% ± 4.2	35.4% ± 4.1
≥ 200% of FPL	4,289	46.0% ± 2.2	41.3% ± 2.2	44.1% ± 2.2

NOTE: Definitions for the indicators are provided in Appendix D.

Health Care Access and Utilization



During the past 12 months, have you seen a psychiatrist, psychologist, therapist, counselor, or other mental health provider about your own health?

TABLE 47

	Sample Size N	Yes % ± 95% C.I.
Hennepin County Total	6,953	13.6% ± 1.2
Minneapolis		
Total	3,217	17.6% ± 1.9
Camden, Near North	875	18.1% ± 4.2
Longfellow, NE, University	727	18.8% ± 4.4
Central, Phillips, Powderhorn	802	17.8% ± 3.8
Calhoun-Isles, Nokomis, SW	813	15.8% ± 3.7
Suburban Areas		
Total	3,736	11.5% ± 1.4
Northwest Suburbs	1,474	10.4% ± 2.2
Northwest - Inner Ring	773	11.4% ± 3.2
Northwest - Outer Ring	701	9.8% ± 3.2
West Suburbs	1,025	12.9% ± 3.4
West - Inner Ring	726	14.2% ± 3.5
West - Outer Ring	299	12.1% ± 5.4
South Suburbs	1,237	11.9% ± 2.6
South - Inner Ring	704	14.9% ± 4.3
South - Outer Ring	533	9.9% ± 3.4
Gender		
Male	2,252	12.5% ± 2.1
Female	4,701	14.5% ± 1.4
Age		
18-24	245	14.9% ± 6.2
25-44	2,302	15.1% ± 1.9
45-54	1,316	16.4% ± 2.7
55-64	1,394	10.5% ± 2.2
65 and older	1,696	6.4% ± 1.5
Household Income		
< 200% of FPL	1,612	18.0% ± 2.8
≥ 200% of FPL	5,027	12.8% ± 1.3

NOTE: Definitions for the indicators are provided in Appendix D

Health Care Access and Utilization



How long has it been since your last complete physical exam?

TABLE 48	Sample Size N	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never
		% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,971	54.8% ± 1.8	22.6% ± 1.6	11.7% ± 1.3	9.2% ± 1.1	1.7% ± 0.6
Minneapolis						
Total	3,227	49.4% ± 2.6	23.3% ± 2.4	14.0% ± 2.0	11.1% ± 1.8	2.2% ± 0.9
Camden, Near North	874	54.7% ± 5.5	20.8% ± 4.5	12.6% ± 4.7	9.7% ± 3.6	2.3% ± 2.1
Longfellow, NE, University	727	44.4% ± 5.3	26.0% ± 5.5	14.5% ± 4.6	12.3% ± 4.5	2.9% ± 2.2
Central, Phillips, Powderhorn	808	48.0% ± 4.9	21.7% ± 4.4	14.3% ± 3.8	13.3% ± 3.7	2.8% ± 2.6
Calhoun-Isles, Nokomis, SW	818	52.5% ± 4.9	23.9% ± 4.9	14.0% ± 4.2	8.7% ± 3.0	0.9% ± 1.6
Suburban Areas						
Total	3,744	57.8% ± 2.4	22.2% ± 2.1	10.5% ± 1.7	8.1% ± 1.5	1.4% ± 0.8
Northwest Suburbs	1,475	56.3% ± 3.7	22.3% ± 3.3	11.0% ± 2.8	9.0% ± 2.5	1.5% ± 1.5
Northwest - Inner Ring	773	57.4% ± 5.2	19.9% ± 4.5	10.1% ± 3.9	11.2% ± 4.2	1.4% ± 3.3
Northwest - Outer Ring	702	55.6% ± 4.9	23.7% ± 4.5	11.5% ± 3.9	7.7% ± 3.4	1.5% ± 2.2
West Suburbs	1,026	57.2% ± 4.7	22.3% ± 4.2	11.5% ± 3.7	8.0% ± 2.5	1.1% ± 2.2
West - Inner Ring	725	55.2% ± 5.0	21.6% ± 4.4	12.1% ± 4.1	10.4% ± 4.0	0.7% ± 1.1
West - Outer Ring	301	58.5% ± 7.0	22.8% ± 6.6	11.0% ± 6.0	6.3% ± 3.5	1.3% ± 4.4
South Suburbs	1,243	60.4% ± 4.0	22.0% ± 3.5	9.2% ± 2.7	7.0% ± 2.7	1.5% ± 1.6
South - Inner Ring	705	60.2% ± 5.1	22.4% ± 4.7	9.8% ± 3.4	5.8% ± 3.0	1.8% ± 2.4
South - Outer Ring	538	60.5% ± 5.7	21.7% ± 5.1	8.8% ± 4.1	7.7% ± 4.4	1.3% ± 2.7
Gender						
Male	2,261	43.2% ± 2.9	27.0% ± 2.8	14.9% ± 2.3	12.7% ± 2.1	2.3% ± 1.1
Female	4,710	64.9% ± 2.0	18.8% ± 1.7	9.0% ± 1.3	6.1% ± 1.1	1.2% ± 0.5
Age						
18-24	245	38.9% ± 8.0	27.6% ± 7.8	21.6% ± 7.6	10.1% ± 5.7	1.8% ± 4.7
25-44	2,309	49.1% ± 2.8	24.0% ± 2.5	13.4% ± 2.0	11.5% ± 2.0	2.1% ± 1.0
45-54	1,319	55.6% ± 3.9	24.2% ± 3.7	11.6% ± 2.8	7.1% ± 2.0	1.6% ± 1.6
55-64	1,398	65.5% ± 3.5	18.7% ± 3.1	7.0% ± 2.0	8.1% ± 2.1	0.7% ± 0.7
65 and older	1,700	74.2% ± 2.6	16.0% ± 2.2	4.7% ± 1.3	4.3% ± 1.2	0.9% ± 0.8
Household Income						
< 200% of FPL	1,614	50.0% ± 3.8	21.5% ± 3.2	13.6% ± 2.9	11.5% ± 2.7	3.4% ± 1.9
≥ 200% of FPL	5,043	55.9% ± 2.1	23.0% ± 1.8	11.3% ± 1.5	8.6% ± 1.3	1.2% ± 0.7

NOTE: Definitions for the indicators are provided in Appendix D.

Health Care Access and Utilization



When was the last time you had an eye exam in which the pupils were dilated?

TABLE 49	Sample Size N	Within the past month	Within the past year	Within the past 2 years	2 or more years ago	Never
		% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,932	6.4% ± 0.9	36.0% ± 1.7	19.3% ± 1.3	24.4% ± 1.6	13.9% ± 1.4
Minneapolis						
Total	3,204	5.4% ± 0.9	32.8% ± 2.4	20.2% ± 2.1	24.6% ± 2.2	17.1% ± 2.4
Camden, Near North	874	5.8% ± 2.1	29.3% ± 4.6	21.0% ± 5.0	22.6% ± 4.6	21.2% ± 6.2
Longfellow, NE, University	725	4.4% ± 1.8	37.0% ± 5.3	18.5% ± 4.1	22.5% ± 4.7	17.6% ± 5.5
Central, Phillips, Powderhorn	796	5.9% ± 2.2	30.3% ± 4.4	17.5% ± 3.8	26.2% ± 4.6	20.2% ± 4.9
Calhoun-Isles, Nokomis, SW	809	5.5% ± 2.0	33.3% ± 4.3	24.2% ± 4.5	26.1% ± 4.5	11.0% ± 4.0
Suburban Areas						
Total	3,728	7.0% ± 1.2	37.8% ± 2.2	18.8% ± 1.8	24.3% ± 2.1	12.1% ± 1.8
Northwest Suburbs	1,470	7.8% ± 1.9	36.1% ± 3.5	17.2% ± 2.7	25.4% ± 3.3	13.5% ± 3.1
Northwest - Inner Ring	771	8.5% ± 2.9	34.6% ± 4.8	17.6% ± 4.1	25.0% ± 4.9	14.2% ± 4.7
Northwest - Outer Ring	699	7.4% ± 2.7	36.9% ± 4.8	17.0% ± 3.6	25.6% ± 4.5	13.1% ± 4.2
West Suburbs	1,020	7.7% ± 2.9	37.6% ± 4.5	22.7% ± 4.1	22.1% ± 4.2	9.9% ± 3.1
West - Inner Ring	723	5.5% ± 2.4	33.4% ± 4.5	22.9% ± 4.5	24.4% ± 4.3	14.0% ± 4.5
West - Outer Ring	297	9.2% ± 4.8	40.5% ± 6.9	22.6% ± 6.4	20.6% ± 6.6	7.1% ± 4.6
South Suburbs	1,238	5.4% ± 1.6	40.3% ± 3.8	18.0% ± 3.0	24.5% ± 3.7	11.9% ± 3.2
South - Inner Ring	702	5.5% ± 1.9	38.9% ± 4.8	20.6% ± 4.0	21.6% ± 4.6	13.4% ± 4.7
South - Outer Ring	536	5.3% ± 2.6	41.2% ± 5.5	16.3% ± 4.3	26.4% ± 5.5	10.9% ± 4.5
Gender						
Male	2,248	6.4% ± 1.5	31.7% ± 2.7	17.8% ± 2.4	27.5% ± 2.8	16.6% ± 2.5
Female	4,684	6.5% ± 0.9	39.8% ± 2.0	20.5% ± 1.7	21.7% ± 1.7	11.5% ± 1.6
Age						
18-24	243	2.9% ± 4.7	29.3% ± 8.1	19.2% ± 6.8	18.3% ± 6.4	30.3% ± 8.2
25-44	2,304	3.1% ± 1.0	28.7% ± 2.5	19.5% ± 2.2	29.6% ± 2.6	19.2% ± 2.4
45-54	1,306	6.8% ± 2.5	39.0% ± 3.9	21.2% ± 3.2	25.3% ± 3.5	7.8% ± 2.1
55-64	1,392	11.2% ± 2.7	43.7% ± 3.7	21.9% ± 3.1	19.4% ± 3.0	3.8% ± 1.8
65 and older	1,687	15.8% ± 2.4	55.3% ± 3.0	14.1% ± 2.2	12.5% ± 2.1	2.4% ± 1.0
Household Income						
< 200% of FPL	1,601	8.0% ± 2.0	28.4% ± 3.4	14.0% ± 2.5	23.8% ± 3.2	25.8% ± 3.9
≥ 200% of FPL	5,017	5.7% ± 0.9	38.0% ± 2.0	20.9% ± 1.6	24.7% ± 1.8	10.8% ± 1.5

NOTE: Definitions for the indicators are provided in Appendix D.

Health Care Access and Utilization



Have you ever had a pneumonia shot?

TABLE 50

	Among persons aged 18 and older:		Among persons aged 65 and older:	
	N	Yes % ± 95% C.I.	N	Yes % ± 95% C.I.
Hennepin County Total	6,758	29.8% ± 1.6	1,649	78.1% ± 2.6
Minneapolis				
Total	3,109	29.1% ± 2.3	578	75.7% ± 4.6
Camden, Near North	837	29.9% ± 5.1	153	70.8% ± 9.4
Longfellow, NE, University	709	34.6% ± 5.5	145	77.4% ± 9.4
Central, Phillips, Powderhorn	773	23.7% ± 4.0	129	74.7% ± 10.6
Calhoun-Isles, Nokomis, SW	790	28.5% ± 4.5	151	77.2% ± 8.8
Suburban Areas				
Total	3,649	30.2% ± 2.1	1,071	79.0% ± 3.2
Northwest Suburbs	1,438	30.7% ± 3.4	399	78.0% ± 4.9
Northwest - Inner Ring	758	33.2% ± 4.8	251	75.2% ± 6.7
Northwest - Outer Ring	680	29.2% ± 4.6	148	81.9% ± 7.8
West Suburbs	999	28.2% ± 3.9	262	78.0% ± 7.4
West - Inner Ring	705	31.4% ± 4.6	176	79.5% ± 8.5
West - Outer Ring	294	26.1% ± 5.9	86	77.0% ± 11.5
South Suburbs	1,212	31.2% ± 3.5	410	80.6% ± 5.3
South - Inner Ring	686	36.0% ± 4.6	262	83.1% ± 5.8
South - Outer Ring	526	28.0% ± 5.0	148	77.9% ± 9.4
Gender				
Male	2,179	31.4% ± 2.7	598	75.8% ± 4.4
Female	4,579	28.5% ± 1.8	1,051	79.6% ± 3.3
Age				
18-24	234	25.9% ± 8.1	n/a	
25-44	2,225	20.4% ± 2.4	n/a	
45-54	1,278	19.5% ± 3.4	n/a	
55-64	1,372	29.4% ± 3.5	n/a	
65 and older	1,649	78.1% ± 2.6	1,649	78.1% ± 2.6
Household Income				
< 200% of FPL	1,552	33.8% ± 3.6	429	75.3% ± 5.6
≥ 200% of FPL	4,909	28.3% ± 1.8	1,052	78.4% ± 3.2

NOTE: Definitions for the indicators are provided in Appendix D.

Health Care Access and Utilization



Q: About how long has it been since you last had your blood cholesterol checked?

TABLE 51	Sample Size N	Within the	Within the	Within the	5 or more	Never
		past year	past 2 years	past 5 years	years ago	
		% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,963	52.4% ± 1.8	21.8% ± 1.5	10.2% ± 1.1	4.6% ± 0.8	11.0% ± 1.3
Minneapolis						
Total	3,223	45.0% ± 2.5	22.2% ± 2.2	11.8% ± 1.7	5.5% ± 1.4	15.6% ± 2.3
Camden, Near North	872	48.0% ± 5.4	20.9% ± 4.9	7.4% ± 2.5	6.7% ± 4.2	17.0% ± 5.3
Longfellow, NE, University	727	42.9% ± 5.3	20.0% ± 4.7	14.3% ± 4.1	4.5% ± 2.4	18.3% ± 5.6
Central, Phillips, Powderhorn	807	41.8% ± 4.7	21.2% ± 4.3	12.9% ± 3.7	6.2% ± 3.2	17.8% ± 4.3
Calhoun-Isles, Nokomis, SW	817	48.3% ± 4.8	26.0% ± 4.5	10.8% ± 3.2	5.1% ± 2.3	9.9% ± 4.3
Suburban Areas						
Total	3,740	56.4% ± 2.4	21.6% ± 2.0	9.4% ± 1.4	4.1% ± 1.1	8.6% ± 1.6
Northwest Suburbs	1,474	53.7% ± 3.6	21.5% ± 3.1	10.3% ± 2.6	4.4% ± 1.9	10.1% ± 2.8
Northwest - Inner Ring	773	54.7% ± 5.2	21.8% ± 4.7	7.8% ± 3.0	5.5% ± 3.6	10.3% ± 3.9
Northwest - Outer Ring	701	53.2% ± 5.0	21.3% ± 4.3	11.8% ± 3.7	3.8% ± 2.3	10.0% ± 4.0
West Suburbs	1,027	59.3% ± 4.5	19.6% ± 3.9	10.7% ± 3.0	4.0% ± 2.0	6.4% ± 2.7
West - Inner Ring	726	52.5% ± 5.0	21.8% ± 4.6	11.6% ± 3.7	5.5% ± 3.3	8.7% ± 3.2
West - Outer Ring	301	63.9% ± 6.8	18.2% ± 5.8	10.0% ± 4.8	3.0% ± 2.9	4.8% ± 4.8
South Suburbs	1,239	57.9% ± 4.0	23.3% ± 3.6	7.0% ± 2.4	3.8% ± 1.9	8.1% ± 2.9
South - Inner Ring	702	58.8% ± 5.1	20.6% ± 4.6	7.9% ± 3.8	3.8% ± 2.1	9.0% ± 3.8
South - Outer Ring	537	57.3% ± 5.8	25.0% ± 5.4	6.4% ± 3.5	3.8% ± 3.3	7.5% ± 4.5
Gender						
Male	2,258	50.7% ± 3.0	21.3% ± 2.6	10.2% ± 2.0	5.8% ± 1.5	12.0% ± 2.3
Female	4,705	53.8% ± 2.0	22.2% ± 1.7	10.2% ± 1.2	3.6% ± 0.8	10.2% ± 1.5
Age						
18-24	245	25.4% ± 7.5	17.7% ± 6.8	12.6% ± 6.6	5.6% ± 5.5	38.7% ± 8.1
25-44	2,307	40.1% ± 2.8	27.5% ± 2.6	12.1% ± 1.8	5.5% ± 1.3	14.8% ± 2.1
45-54	1,320	61.1% ± 3.8	20.5% ± 3.2	10.9% ± 2.6	4.3% ± 1.8	3.2% ± 1.3
55-64	1,395	70.8% ± 3.3	16.7% ± 2.7	6.4% ± 1.9	4.4% ± 1.8	1.8% ± 0.9
65 and older	1,696	83.3% ± 2.2	9.9% ± 1.7	4.3% ± 1.4	1.7% ± 0.7	0.9% ± 0.7
Household Income						
< 200% of FPL	1,612	45.3% ± 3.7	16.5% ± 3.0	9.2% ± 2.2	6.2% ± 2.1	22.8% ± 3.7
≥ 200% of FPL	5,037	53.9% ± 2.1	23.5% ± 1.8	10.5% ± 1.4	4.2% ± 0.9	7.9% ± 1.3

NOTE: Definitions for the indicators are provided in Appendix D.

Health Care Access and Utilization



How long has it been since you had your last blood stool test using a home kit?

Among persons aged 50 and older:

TABLE 52

	Sample Size	Ever	Within previous 2 years
	N	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	3,779	57.9% ± 2.2	19.7% ± 1.8
Minneapolis			
Total	1,554	57.9% ± 3.4	20.5% ± 2.7
Camden, Near North	457	54.2% ± 6.6	25.5% ± 6.2
Longfellow, NE, University	356	56.3% ± 6.8	21.7% ± 6.0
Central, Phillips, Powderhorn	323	54.5% ± 7.2	20.0% ± 6.6
Calhoun-Isles, Nokomis, SW	418	63.9% ± 6.0	16.7% ± 4.7
Suburban Areas			
Total	2,225	57.9% ± 2.8	19.3% ± 2.4
Northwest Suburbs	844	57.4% ± 4.6	20.9% ± 3.9
Northwest - Inner Ring	475	65.9% ± 5.6	26.6% ± 6.0
Northwest - Outer Ring	369	51.0% ± 6.6	16.6% ± 5.3
West Suburbs	574	57.5% ± 6.2	16.7% ± 4.6
West - Inner Ring	389	56.8% ± 6.5	19.6% ± 5.4
West - Outer Ring	185	57.8% ± 8.8	15.2% ± 6.6
South Suburbs	807	58.8% ± 4.5	19.4% ± 4.0
South - Inner Ring	468	60.1% ± 5.7	20.4% ± 4.7
South - Outer Ring	339	57.9% ± 6.8	18.7% ± 6.2
Gender			
Male	1,321	58.3% ± 3.9	21.1% ± 3.2
Female	2,458	57.6% ± 2.6	18.5% ± 2.0
Age			
18-24	n/a		
25-44	n/a		
45-54	693	38.0% ± 5.6	14.1% ± 4.6
55-64	1,394	55.9% ± 3.6	19.0% ± 3.0
65 and older	1,692	73.2% ± 2.7	24.0% ± 2.5
Household Income			
< 200% of FPL	878	55.5% ± 4.7	23.8% ± 4.5
≥ 200% of FPL	2,649	58.5% ± 2.7	18.7% ± 2.1

NOTE: Definitions for the indicators are provided in Appendix D.

Health Care Access and Utilization



How long has it been since you had your last sigmoidoscopy or colonoscopy?

Among persons aged 50 and older:

TABLE 53	Sample Size N	Within the	Within the	Within the	10 or more	Never
		past 2 years	past 5 years	past 10 years	years ago	
		% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	3,786	35.9% ± 2.2	30.2% ± 2.1	11.0% ± 1.4	3.5% ± 0.7	19.5% ± 1.9
Minneapolis						
Total	1,559	33.7% ± 3.3	25.4% ± 2.9	11.1% ± 2.3	4.6% ± 1.7	25.1% ± 3.1
Camden, Near North	459	39.9% ± 7.0	19.4% ± 4.9	7.7% ± 3.6	5.1% ± 4.7	28.0% ± 5.7
Longfellow, NE, University	356	30.5% ± 6.6	28.8% ± 6.5	11.9% ± 5.5	3.6% ± 2.6	25.2% ± 6.0
Central, Phillips, Powderhorn	324	31.6% ± 7.0	21.8% ± 5.9	11.2% ± 5.6	5.0% ± 4.6	30.4% ± 7.2
Calhoun-Isles, Nokomis, SW	420	34.5% ± 6.0	28.8% ± 5.5	12.4% ± 3.9	4.9% ± 3.8	19.5% ± 5.5
Suburban Areas						
Total	2,227	36.7% ± 2.8	32.1% ± 2.6	10.9% ± 1.8	3.0% ± 0.9	17.3% ± 2.5
Northwest Suburbs	844	35.4% ± 4.5	33.0% ± 4.3	10.2% ± 2.6	2.9% ± 1.5	18.6% ± 4.3
Northwest - Inner Ring	476	35.2% ± 6.1	34.4% ± 6.0	12.5% ± 4.2	3.2% ± 2.1	14.7% ± 3.9
Northwest - Outer Ring	368	35.6% ± 6.5	31.9% ± 6.1	8.5% ± 3.6	2.6% ± 2.5	21.5% ± 7.1
West Suburbs	574	37.1% ± 6.2	30.5% ± 5.6	12.1% ± 4.2	3.2% ± 2.3	17.1% ± 5.0
West - Inner Ring	389	29.4% ± 6.1	36.3% ± 6.5	11.7% ± 4.3	4.0% ± 3.2	18.7% ± 5.4
West - Outer Ring	185	41.3% ± 8.7	27.4% ± 8.0	12.3% ± 6.3	2.8% ± 3.6	16.3% ± 7.5
South Suburbs	809	37.7% ± 4.4	32.1% ± 4.4	11.0% ± 3.0	3.1% ± 1.4	16.1% ± 4.0
South - Inner Ring	469	35.7% ± 5.4	32.8% ± 5.3	12.3% ± 3.8	4.2% ± 2.4	15.1% ± 4.6
South - Outer Ring	340	39.2% ± 6.6	31.7% ± 6.6	10.0% ± 4.7	2.3% ± 1.8	16.9% ± 6.1
Gender						
Male	1,323	37.9% ± 3.9	30.9% ± 3.5	10.1% ± 2.4	2.2% ± 0.9	18.9% ± 3.5
Female	2,463	34.1% ± 2.5	29.7% ± 2.4	11.7% ± 1.7	4.5% ± 1.2	19.9% ± 2.2
Age						
18-24	n/a					
25-44	n/a					
45-54	693	39.2% ± 5.5	19.7% ± 4.9	5.1% ± 2.9	2.1% ± 1.4	34.0% ± 5.2
55-64	1,396	35.0% ± 3.6	33.7% ± 3.6	11.3% ± 2.5	2.0% ± 1.0	18.0% ± 2.8
65 and older	1,697	34.2% ± 2.8	35.0% ± 2.8	14.8% ± 2.3	5.5% ± 1.5	10.5% ± 1.8
Household Income						
< 200% of FPL	886	35.6% ± 4.8	21.2% ± 4.2	10.8% ± 3.0	4.6% ± 2.1	27.8% ± 4.2
≥ 200% of FPL	2,648	36.4% ± 2.7	32.2% ± 2.5	11.1% ± 1.7	3.1% ± 0.9	17.1% ± 2.2

NOTE: Definitions for the indicators are provided in Appendix D.

Health Care Access and Utilization



Q: About how long has it been since you had your last Pap smear?

Among FEMALES aged 18 and older who have not had a hysterectomy:

TABLE 54	Sample Size	Ever	Within previous 3 years
	N	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	3,882	96.0% ± 1.3	87.0% ± 1.5
Minneapolis			
Total	1,818	93.9% ± 2.5	84.2% ± 2.7
Camden, Near North	487	91.2% ± 5.7	76.9% ± 6.4
Longfellow, NE, University	407	88.5% ± 8.1	78.2% ± 7.5
Central, Phillips, Powderhorn	436	96.8% ± 3.7	88.3% ± 4.1
Calhoun-Isles, Nokomis, SW	488	97.7% ± 2.6	90.1% ± 3.5
Suburban Areas			
Total	2,064	97.0% ± 1.4	88.5% ± 1.9
Northwest Suburbs	835	96.5% ± 3.0	88.0% ± 3.3
Northwest - Inner Ring	433	96.9% ± 4.7	86.5% ± 4.4
Northwest - Outer Ring	402	96.3% ± 4.4	88.8% ± 4.6
West Suburbs	550	97.8% ± 1.9	89.4% ± 3.9
West - Inner Ring	394	94.9% ± 4.3	85.1% ± 5.0
West - Outer Ring	156	99.6% ± 2.5	92.1% ± 6.3
South Suburbs	679	97.3% ± 2.7	88.7% ± 3.1
South - Inner Ring	374	97.8% ± 2.6	86.5% ± 4.1
South - Outer Ring	305	96.9% ± 4.4	90.0% ± 4.6
Gender			
Male	n/a		
Female	3,882	96.0% ± 1.3	87.0% ± 1.5
Age			
18-24	176	75.5% ± 9.6	72.0% ± 9.6
25-44	1,581	97.6% ± 1.3	93.1% ± 1.8
45-54	779	98.8% ± 1.7	90.3% ± 2.9
55-64	679	98.2% ± 2.3	88.0% ± 3.4
65 and older	667	98.5% ± 1.3	64.2% ± 4.6
Household Income			
< 200% of FPL	906	89.9% ± 3.9	77.1% ± 4.3
≥ 200% of FPL	2,813	97.7% ± 1.2	90.7% ± 1.6

NOTE: Definitions for the indicators are provided in Appendix D.

Health Care Access and Utilization



About how long has it been since you had your last mammogram?

Among FEMALES aged 40 and older:

TABLE 55

	Sample Size	Ever	Within previous year
	N	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	3,277	93.5% ± 1.4	64.3% ± 2.3
Minneapolis			
Total	1,370	90.7% ± 2.2	60.9% ± 3.4
Camden, Near North	428	83.8% ± 6.7	53.1% ± 6.6
Longfellow, NE, University	298	93.3% ± 4.3	58.0% ± 7.3
Central, Phillips, Powderhorn	263	89.3% ± 5.4	58.3% ± 7.5
Calhoun-Isles, Nokomis, SW	381	93.9% ± 3.6	69.1% ± 6.0
Suburban Areas			
Total	1,907	94.5% ± 1.7	65.6% ± 2.9
Northwest Suburbs	747	95.6% ± 2.2	64.5% ± 4.4
Northwest - Inner Ring	406	94.5% ± 3.4	64.7% ± 5.6
Northwest - Outer Ring	341	96.3% ± 3.4	64.5% ± 6.4
West Suburbs	479	92.0% ± 5.5	68.5% ± 6.4
West - Inner Ring	327	90.9% ± 5.9	66.1% ± 6.9
West - Outer Ring	152	92.5% ± 8.6	69.7% ± 9.1
South Suburbs	681	95.0% ± 2.4	64.6% ± 4.5
South - Inner Ring	390	91.2% ± 4.5	61.5% ± 6.0
South - Outer Ring	291	97.8% ± 3.3	67.0% ± 6.7
Gender			
Male	n/a		
Female	3,277	93.5% ± 1.4	64.3% ± 2.3
Age			
18-24	n/a		
25-44	388	79.4% ± 5.6	52.0% ± 6.5
45-54	922	96.3% ± 1.6	64.9% ± 4.1
55-64	900	98.0% ± 1.5	71.9% ± 4.1
65 and older	1,067	96.8% ± 1.5	67.0% ± 3.4
Household Income			
< 200% of FPL	765	89.6% ± 3.2	51.5% ± 5.0
≥ 200% of FPL	2,316	94.3% ± 1.5	67.0% ± 2.6

NOTE: Definitions for the indicators are provided in Appendix D.



SHAPE 2010

Healthy Lifestyle and Behaviors

Healthy Lifestyle and Behaviors



Weight status based on Body Mass Index calculation

TABLE 56	Sample Size	Underweight	Normal	Overweight	Obese
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,891	1.2% ± 0.3	45.7% ± 1.8	32.8% ± 1.7	20.4% ± 1.4
Minneapolis					
Total	3,186	1.2% ± 0.5	48.4% ± 2.6	31.7% ± 2.5	18.7% ± 1.9
Camden, Near North	857	0.6% ± 0.7	36.1% ± 5.5	33.1% ± 5.4	30.3% ± 5.0
Longfellow, NE, University	718	2.1% ± 1.6	50.6% ± 5.4	31.6% ± 5.2	15.7% ± 4.1
Central, Phillips, Powderhorn	798	0.9% ± 0.9	49.5% ± 4.9	33.0% ± 4.8	16.7% ± 3.5
Calhoun-Isles, Nokomis, SW	813	0.9% ± 1.0	52.8% ± 4.8	29.8% ± 4.6	16.5% ± 3.8
Suburban Areas					
Total	3,705	1.2% ± 0.5	44.2% ± 2.3	33.4% ± 2.2	21.3% ± 1.9
Northwest Suburbs	1,462	0.9% ± 0.9	41.3% ± 3.6	33.9% ± 3.5	23.9% ± 3.2
Northwest - Inner Ring	764	0.6% ± 1.2	38.0% ± 5.0	37.3% ± 5.1	24.2% ± 4.6
Northwest - Outer Ring	698	1.2% ± 1.3	43.2% ± 4.8	32.0% ± 4.7	23.7% ± 4.4
West Suburbs	1,020	1.5% ± 1.1	47.2% ± 4.6	32.9% ± 4.4	18.4% ± 3.9
West - Inner Ring	720	2.2% ± 1.8	45.7% ± 4.9	34.9% ± 5.0	17.2% ± 3.7
West - Outer Ring	300	1.0% ± 2.2	48.3% ± 6.8	31.6% ± 6.7	19.2% ± 6.2
South Suburbs	1,223	1.4% ± 0.8	45.9% ± 4.0	32.9% ± 3.8	19.8% ± 3.1
South - Inner Ring	694	1.7% ± 1.1	45.7% ± 4.9	32.6% ± 4.9	20.0% ± 4.1
South - Outer Ring	529	1.1% ± 1.5	46.1% ± 5.7	33.1% ± 5.5	19.6% ± 4.6
Gender					
Male	2,241	0.2% ± 0.2	37.9% ± 2.9	41.2% ± 3.0	20.7% ± 2.6
Female	4,650	2.1% ± 0.6	52.4% ± 2.0	25.5% ± 1.8	20.0% ± 1.6
Age					
18-24	243	1.2% ± 1.9	66.4% ± 8.0	19.0% ± 7.1	13.4% ± 6.6
25-44	2,296	1.3% ± 0.6	48.8% ± 2.8	31.5% ± 2.7	18.5% ± 2.2
45-54	1,299	1.1% ± 0.8	41.2% ± 3.9	36.4% ± 3.9	21.3% ± 3.4
55-64	1,384	0.6% ± 0.5	34.3% ± 3.4	38.0% ± 3.7	27.1% ± 3.3
65 and older	1,669	1.5% ± 0.8	38.3% ± 2.9	35.8% ± 2.9	24.4% ± 2.7
Household Income					
< 200% of FPL	1,574	1.6% ± 0.9	42.8% ± 3.9	29.2% ± 3.5	26.4% ± 3.4
≥ 200% of FPL	5,018	1.1% ± 0.4	46.4% ± 2.1	33.5% ± 1.9	19.1% ± 1.6

NOTE: Definitions for the indicators are provided in Appendix D.

Healthy Lifestyle and Behaviors



Has a doctor or other health care professional ever told you that you should lose weight?

TABLE 57	Sample Size	Yes, within the past year	Yes, more than 1 year ago	No
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,919	16.2% ± 1.3	14.2% ± 1.3	69.6% ± 1.6
Minneapolis				
Total	3,209	12.4% ± 1.5	13.0% ± 1.8	74.6% ± 2.1
Camden, Near North	870	18.1% ± 3.7	15.5% ± 4.4	66.5% ± 5.1
Longfellow, NE, University	723	9.9% ± 2.8	13.2% ± 4.0	76.9% ± 4.4
Central, Phillips, Powderhorn	802	12.1% ± 3.2	12.5% ± 3.7	75.4% ± 4.3
Calhoun-Isles, Nokomis, SW	814	11.5% ± 3.3	11.9% ± 3.3	76.6% ± 4.1
Suburban Areas				
Total	3,710	18.3% ± 1.8	14.8% ± 1.7	66.9% ± 2.2
Northwest Suburbs	1,457	18.6% ± 2.9	16.4% ± 3.0	65.0% ± 3.5
Northwest - Inner Ring	763	17.6% ± 4.0	16.0% ± 3.8	66.4% ± 4.8
Northwest - Outer Ring	694	19.1% ± 4.0	16.6% ± 4.3	64.2% ± 4.8
West Suburbs	1,022	17.1% ± 3.7	13.4% ± 3.5	69.5% ± 4.4
West - Inner Ring	724	14.4% ± 3.6	14.6% ± 3.5	71.1% ± 4.5
West - Outer Ring	298	18.9% ± 6.0	12.7% ± 5.5	68.4% ± 6.7
South Suburbs	1,231	18.8% ± 3.2	13.6% ± 2.8	67.7% ± 3.7
South - Inner Ring	695	19.0% ± 4.0	12.9% ± 3.4	68.2% ± 4.6
South - Outer Ring	536	18.7% ± 4.7	14.0% ± 4.2	67.3% ± 5.3
Gender				
Male	2,240	16.3% ± 2.3	15.8% ± 2.3	68.0% ± 2.9
Female	4,679	16.1% ± 1.5	12.8% ± 1.3	71.1% ± 1.8
Age				
18-24	244	7.7% ± 5.5	10.5% ± 6.1	81.8% ± 7.1
25-44	2,299	13.0% ± 1.9	13.7% ± 2.1	73.3% ± 2.5
45-54	1,311	23.0% ± 3.6	13.3% ± 2.8	63.8% ± 3.9
55-64	1,392	23.2% ± 3.2	18.2% ± 3.0	58.7% ± 3.7
65 and older	1,673	17.6% ± 2.4	16.1% ± 2.2	66.3% ± 2.8
Household Income				
< 200% of FPL	1,599	17.3% ± 2.8	12.6% ± 2.6	70.1% ± 3.4
≥ 200% of FPL	5,015	16.1% ± 1.5	14.8% ± 1.5	69.2% ± 1.9

NOTE: Definitions for the indicators are provided in Appendix D.

Healthy Lifestyle and Behaviors



Do you consider yourself ... ?
Weight status

TABLE 58

	Sample Size N	Underweight % ± 95% C.I.	About right % ± 95% C.I.	Overweight % ± 95% C.I.
Hennepin County Total	6,928	2.7% ± 0.6	53.8% ± 1.8	43.5% ± 1.8
Minneapolis				
Total	3,205	3.2% ± 1.0	57.8% ± 2.5	39.0% ± 2.5
Camden, Near North	864	4.4% ± 3.2	45.9% ± 5.5	49.6% ± 5.5
Longfellow, NE, University	724	3.8% ± 2.2	56.4% ± 5.4	39.9% ± 5.3
Central, Phillips, Powderhorn	806	2.9% ± 1.7	61.4% ± 4.7	35.7% ± 4.7
Calhoun-Isles, Nokomis, SW	811	2.4% ± 2.1	62.8% ± 4.7	34.9% ± 4.5
Suburban Areas				
Total	3,723	2.4% ± 0.9	51.6% ± 2.3	46.0% ± 2.3
Northwest Suburbs	1,469	2.2% ± 1.7	49.9% ± 3.7	47.9% ± 3.6
Northwest - Inner Ring	769	1.8% ± 2.8	47.7% ± 5.1	50.5% ± 5.1
Northwest - Outer Ring	700	2.4% ± 2.4	51.2% ± 4.9	46.4% ± 4.8
West Suburbs	1,021	3.3% ± 1.8	52.8% ± 4.6	43.9% ± 4.6
West - Inner Ring	721	5.3% ± 3.3	53.8% ± 5.0	40.9% ± 4.9
West - Outer Ring	300	2.0% ± 2.6	52.2% ± 6.8	45.8% ± 6.9
South Suburbs	1,233	2.2% ± 1.0	52.9% ± 3.9	45.0% ± 3.9
South - Inner Ring	699	2.6% ± 1.5	52.8% ± 5.0	44.7% ± 4.9
South - Outer Ring	534	1.9% ± 1.5	52.9% ± 5.5	45.2% ± 5.6
Gender				
Male	2,257	3.1% ± 1.1	56.0% ± 3.0	40.9% ± 2.9
Female	4,671	2.4% ± 0.7	51.8% ± 2.0	45.8% ± 2.0
Age				
18-24	244	4.3% ± 4.6	67.8% ± 7.7	27.9% ± 7.6
25-44	2,304	2.8% ± 1.0	57.1% ± 2.8	40.2% ± 2.7
45-54	1,309	1.9% ± 1.1	47.8% ± 3.9	50.3% ± 3.9
55-64	1,387	1.7% ± 1.1	44.5% ± 3.7	53.8% ± 3.7
65 and older	1,684	3.7% ± 1.1	49.6% ± 3.0	46.8% ± 3.0
Household Income				
< 200% of FPL	1,591	5.5% ± 2.1	51.3% ± 3.8	43.2% ± 3.7
≥ 200% of FPL	5,036	2.0% ± 0.6	54.3% ± 2.0	43.7% ± 2.0

NOTE: Definitions for the indicators are provided in Appendix D.

Healthy Lifestyle and Behaviors



Yesterday, how many servings of vegetables did you eat?

TABLE 59	Sample Size	0 servings	1 serving	2 servings	3 or more servings
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,941	11.6% ± 1.2	26.8% ± 1.6	32.1% ± 1.7	29.5% ± 1.6
Minneapolis					
Total	3,217	10.7% ± 1.7	26.5% ± 2.4	30.8% ± 2.5	32.0% ± 2.4
Camden, Near North	866	15.4% ± 4.3	32.9% ± 5.5	28.4% ± 5.4	23.3% ± 4.4
Longfellow, NE, University	727	10.7% ± 3.8	24.8% ± 5.1	31.8% ± 5.3	32.8% ± 5.1
Central, Phillips, Powderhorn	807	10.9% ± 3.2	25.2% ± 4.6	31.2% ± 4.8	32.7% ± 4.7
Calhoun-Isles, Nokomis, SW	817	7.8% ± 3.1	25.5% ± 4.7	31.1% ± 4.5	35.7% ± 4.6
Suburban Areas					
Total	3,724	12.1% ± 1.7	27.0% ± 2.1	32.7% ± 2.2	28.2% ± 2.1
Northwest Suburbs	1,469	14.6% ± 2.9	28.6% ± 3.3	30.6% ± 3.4	26.3% ± 3.2
Northwest - Inner Ring	769	15.6% ± 4.8	27.2% ± 4.6	32.2% ± 4.8	24.9% ± 4.6
Northwest - Outer Ring	700	14.0% ± 3.9	29.4% ± 4.5	29.6% ± 4.7	27.1% ± 4.4
West Suburbs	1,025	11.0% ± 3.3	26.6% ± 4.2	34.9% ± 4.5	27.6% ± 4.1
West - Inner Ring	724	12.2% ± 3.8	28.5% ± 4.7	30.4% ± 4.6	28.9% ± 4.6
West - Outer Ring	301	10.1% ± 5.4	25.3% ± 6.5	37.8% ± 7.0	26.7% ± 6.2
South Suburbs	1,230	9.5% ± 2.6	25.1% ± 3.4	34.1% ± 3.9	31.3% ± 3.8
South - Inner Ring	696	7.6% ± 2.5	28.2% ± 4.5	34.5% ± 5.0	29.8% ± 4.6
South - Outer Ring	534	10.7% ± 4.1	23.2% ± 4.8	33.8% ± 5.6	32.4% ± 5.4
Gender					
Male	2,264	14.4% ± 2.3	28.8% ± 2.7	32.0% ± 2.9	24.8% ± 2.6
Female	4,677	9.2% ± 1.2	25.1% ± 1.8	32.1% ± 1.9	33.6% ± 1.9
Age					
18-24	244	11.1% ± 6.6	30.5% ± 7.7	34.0% ± 8.2	24.4% ± 7.4
25-44	2,304	12.6% ± 2.0	25.3% ± 2.4	31.4% ± 2.7	30.8% ± 2.5
45-54	1,316	11.5% ± 2.7	26.5% ± 3.7	31.9% ± 3.8	30.1% ± 3.6
55-64	1,391	11.4% ± 2.4	27.7% ± 3.3	31.1% ± 3.5	29.8% ± 3.6
65 and older	1,686	9.0% ± 1.8	30.1% ± 2.8	34.0% ± 2.9	26.8% ± 2.7
Household Income					
< 200% of FPL	1,593	15.5% ± 2.9	34.0% ± 3.7	29.3% ± 3.6	21.2% ± 3.2
≥ 200% of FPL	5,039	10.9% ± 1.4	24.6% ± 1.7	32.9% ± 1.9	31.7% ± 1.9

NOTE: Definitions for the indicators are provided in Appendix D.

Healthy Lifestyle and Behaviors



Yesterday, how many servings of fruit did you eat, including 100% fruit juice?

TABLE 60	Sample Size	0 servings	1 serving	2 servings	3 or more servings
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,945	11.8% ± 1.2	25.5% ± 1.6	30.8% ± 1.6	31.9% ± 1.7
Minneapolis					
Total	3,218	12.6% ± 1.7	24.4% ± 2.4	29.3% ± 2.4	33.8% ± 2.4
Camden, Near North	867	19.3% ± 4.6	29.5% ± 5.8	24.1% ± 4.6	27.1% ± 4.8
Longfellow, NE, University	727	9.5% ± 3.2	21.0% ± 4.5	33.5% ± 5.4	36.0% ± 5.4
Central, Phillips, Powderhorn	807	12.2% ± 3.1	25.6% ± 4.3	30.7% ± 4.9	31.6% ± 4.7
Calhoun-Isles, Nokomis, SW	817	11.8% ± 3.8	23.6% ± 4.6	26.8% ± 4.3	37.8% ± 4.6
Suburban Areas					
Total	3,727	11.4% ± 1.7	26.0% ± 2.1	31.6% ± 2.2	30.9% ± 2.2
Northwest Suburbs	1,469	12.8% ± 2.8	25.2% ± 3.3	32.4% ± 3.4	29.7% ± 3.4
Northwest - Inner Ring	770	13.4% ± 4.3	27.2% ± 4.8	33.1% ± 4.8	26.3% ± 4.6
Northwest - Outer Ring	699	12.4% ± 3.9	24.0% ± 4.5	32.0% ± 4.6	31.7% ± 4.6
West Suburbs	1,026	10.2% ± 2.9	24.2% ± 4.2	34.2% ± 4.5	31.4% ± 4.4
West - Inner Ring	725	13.4% ± 4.2	25.7% ± 4.4	33.5% ± 4.8	27.4% ± 4.6
West - Outer Ring	301	8.1% ± 4.2	23.2% ± 6.6	34.7% ± 6.8	34.0% ± 6.8
South Suburbs	1,232	10.5% ± 2.7	28.7% ± 3.8	28.5% ± 3.6	32.3% ± 3.8
South - Inner Ring	699	8.2% ± 2.6	29.7% ± 4.9	31.1% ± 4.6	31.1% ± 4.7
South - Outer Ring	533	12.0% ± 4.3	28.0% ± 5.5	26.8% ± 5.2	33.2% ± 5.4
Gender					
Male	2,264	13.5% ± 2.1	29.3% ± 2.8	29.7% ± 2.8	27.4% ± 2.8
Female	4,681	10.4% ± 1.3	22.1% ± 1.7	31.7% ± 1.9	35.8% ± 2.0
Age					
18-24	243	10.4% ± 5.9	19.4% ± 6.7	30.4% ± 7.8	39.9% ± 8.3
25-44	2,303	13.1% ± 2.0	26.7% ± 2.6	30.2% ± 2.7	30.0% ± 2.5
45-54	1,316	13.8% ± 2.9	25.0% ± 3.7	28.7% ± 3.5	32.6% ± 3.7
55-64	1,391	10.1% ± 2.2	25.8% ± 3.3	33.1% ± 3.5	31.0% ± 3.5
65 and older	1,692	6.8% ± 1.7	24.9% ± 2.6	34.0% ± 2.8	34.2% ± 2.9
Household Income					
< 200% of FPL	1,594	14.4% ± 2.6	29.7% ± 3.6	30.3% ± 3.7	25.6% ± 3.4
≥ 200% of FPL	5,041	11.3% ± 1.4	24.5% ± 1.8	30.8% ± 1.9	33.5% ± 1.9

NOTE: Definitions for the indicators are provided in Appendix D.

Healthy Lifestyle and Behaviors



Total servings of fruits and vegetables consumed yesterday

TABLE 61	Sample Size	0 servings	1 serving	2 servings	3 or 4 servings	5 or more servings
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,938	4.2% ± 0.8	7.7% ± 1.1	15.0% ± 1.3	35.8% ± 1.7	37.3% ± 1.7
Minneapolis						
Total	3,217	3.8% ± 1.0	7.1% ± 1.4	15.5% ± 2.0	34.7% ± 2.6	39.0% ± 2.5
Camden, Near North	866	5.5% ± 2.5	12.7% ± 4.3	22.3% ± 5.7	30.0% ± 5.2	29.5% ± 4.8
Longfellow, NE, University	727	3.4% ± 2.4	4.6% ± 3.0	14.7% ± 4.1	35.5% ± 5.3	41.8% ± 5.4
Central, Phillips, Powderhorn	807	4.1% ± 1.7	8.4% ± 3.2	13.3% ± 3.3	36.5% ± 4.9	37.8% ± 4.8
Calhoun-Isles, Nokomis, SW	817	2.8% ± 2.5	4.7% ± 1.9	14.2% ± 4.4	35.1% ± 4.8	43.2% ± 4.7
Suburban Areas						
Total	3,721	4.4% ± 1.1	8.1% ± 1.4	14.8% ± 1.7	36.4% ± 2.2	36.4% ± 2.2
Northwest Suburbs	1,467	5.1% ± 2.1	9.6% ± 2.5	15.8% ± 2.9	35.7% ± 3.5	33.8% ± 3.4
Northwest - Inner Ring	769	5.6% ± 4.0	9.8% ± 3.5	17.1% ± 4.3	36.1% ± 4.8	31.5% ± 4.8
Northwest - Outer Ring	698	4.8% ± 2.7	9.6% ± 3.5	15.1% ± 3.9	35.5% ± 4.8	35.1% ± 4.7
West Suburbs	1,025	4.0% ± 2.2	7.7% ± 2.9	13.4% ± 3.2	38.0% ± 4.6	37.0% ± 4.4
West - Inner Ring	724	4.9% ± 2.8	8.4% ± 3.7	15.1% ± 3.8	38.7% ± 4.9	32.8% ± 4.8
West - Outer Ring	301	3.4% ± 3.8	7.2% ± 4.5	12.2% ± 5.1	37.5% ± 6.9	39.7% ± 6.8
South Suburbs	1,229	3.6% ± 1.9	6.2% ± 2.0	14.5% ± 2.9	36.0% ± 3.9	39.7% ± 3.9
South - Inner Ring	696	3.0% ± 1.6	5.9% ± 2.4	13.4% ± 3.6	39.7% ± 5.1	38.0% ± 4.9
South - Outer Ring	533	4.0% ± 3.3	6.4% ± 3.2	15.2% ± 4.4	33.6% ± 5.5	40.8% ± 5.6
Gender						
Male	2,263	5.1% ± 1.5	9.6% ± 1.9	16.8% ± 2.3	37.1% ± 2.9	31.5% ± 2.8
Female	4,675	3.3% ± 0.8	6.1% ± 1.0	13.5% ± 1.5	34.7% ± 1.9	42.4% ± 2.0
Age						
18-24	243	4.9% ± 5.5	3.5% ± 3.8	16.2% ± 6.7	36.3% ± 8.1	39.1% ± 8.2
25-44	2,303	4.2% ± 1.3	9.0% ± 1.8	14.5% ± 2.1	36.0% ± 2.7	36.3% ± 2.7
45-54	1,316	5.1% ± 2.1	7.3% ± 2.0	15.1% ± 3.2	34.8% ± 3.8	37.8% ± 3.8
55-64	1,391	4.2% ± 1.6	8.3% ± 2.2	14.9% ± 2.6	35.6% ± 3.5	37.1% ± 3.6
65 and older	1,685	2.3% ± 1.1	5.9% ± 1.5	16.3% ± 2.4	36.2% ± 2.9	39.3% ± 2.9
Household Income						
< 200% of FPL	1,590	6.8% ± 2.0	8.6% ± 2.2	20.6% ± 3.2	36.1% ± 3.8	27.9% ± 3.4
≥ 200% of FPL	5,039	3.6% ± 0.9	7.5% ± 1.2	13.6% ± 1.5	35.5% ± 2.0	39.8% ± 2.0

NOTE: Definitions for the indicators are provided in Appendix D.

Healthy Lifestyle and Behaviors



Yesterday, how many meals did you eat out?

TABLE 62	Sample Size	0 meals	1 meal	2 or more meals
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,939	52.0% ± 1.8	34.2% ± 1.7	13.9% ± 1.3
Minneapolis				
Total	3,214	50.5% ± 2.6	34.1% ± 2.5	15.5% ± 2.0
Camden, Near North	866	53.1% ± 5.5	28.2% ± 5.1	18.7% ± 5.0
Longfellow, NE, University	727	49.3% ± 5.4	35.7% ± 5.4	15.0% ± 4.2
Central, Phillips, Powderhorn	804	49.4% ± 4.9	36.8% ± 4.9	13.9% ± 3.6
Calhoun-Isles, Nokomis, SW	817	51.1% ± 4.8	33.3% ± 4.7	15.6% ± 4.5
Suburban Areas				
Total	3,725	52.8% ± 2.3	34.2% ± 2.2	13.1% ± 1.6
Northwest Suburbs	1,467	51.4% ± 3.6	34.6% ± 3.6	14.0% ± 2.9
Northwest - Inner Ring	767	51.0% ± 5.1	34.6% ± 5.1	14.4% ± 4.0
Northwest - Outer Ring	700	51.6% ± 4.9	34.6% ± 4.9	13.7% ± 4.1
West Suburbs	1,025	54.9% ± 4.6	32.3% ± 4.5	12.8% ± 3.3
West - Inner Ring	724	51.8% ± 4.9	34.0% ± 4.9	14.2% ± 3.8
West - Outer Ring	301	57.0% ± 7.0	31.3% ± 6.8	11.8% ± 5.2
South Suburbs	1,233	53.1% ± 3.9	35.0% ± 3.8	11.9% ± 2.8
South - Inner Ring	699	53.1% ± 4.9	35.9% ± 4.9	11.0% ± 3.3
South - Outer Ring	534	53.0% ± 5.6	34.4% ± 5.5	12.6% ± 4.1
Gender				
Male	2,263	47.1% ± 3.0	36.3% ± 2.9	16.7% ± 2.3
Female	4,676	56.2% ± 2.0	32.3% ± 1.9	11.5% ± 1.3
Age				
18-24	244	55.7% ± 8.0	31.9% ± 8.0	12.4% ± 6.1
25-44	2,303	47.7% ± 2.8	38.7% ± 2.7	13.7% ± 2.0
45-54	1,316	53.7% ± 3.9	29.7% ± 3.5	16.6% ± 3.4
55-64	1,389	54.8% ± 3.7	29.9% ± 3.5	15.4% ± 2.8
65 and older	1,687	60.2% ± 2.9	28.9% ± 2.8	10.9% ± 1.8
Household Income				
< 200% of FPL	1,593	53.3% ± 3.8	29.5% ± 3.8	17.2% ± 3.2
≥ 200% of FPL	5,036	51.3% ± 2.0	35.6% ± 1.9	13.1% ± 1.5

NOTE: Definitions for the indicators are provided in Appendix D.

Healthy Lifestyle and Behaviors



If you ate out yesterday, how many meals were at fast food restaurants?

TABLE 63	Sample Size N	Did not eat out	0 meals	1 meal	2 or more meals
		% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,903	52.2% ± 1.8	32.5% ± 1.7	14.5% ± 1.3	0.9% ± 0.5
Minneapolis					
Total	3,201	50.7% ± 2.6	35.0% ± 2.5	13.0% ± 1.9	1.4% ± 0.9
Camden, Near North	863	53.2% ± 5.5	25.5% ± 4.4	19.1% ± 5.5	2.2% ± 4.2
Longfellow, NE, University	723	49.5% ± 5.5	38.1% ± 5.3	10.8% ± 4.2	1.5% ± 2.5
Central, Phillips, Powderhorn	802	49.8% ± 4.9	35.4% ± 4.9	13.7% ± 4.0	1.1% ± 1.1
Calhoun-Isles, Nokomis, SW	813	51.2% ± 4.8	37.3% ± 4.9	10.6% ± 3.3	0.9% ± 2.4
Suburban Areas					
Total	3,702	52.9% ± 2.3	31.1% ± 2.2	15.3% ± 1.8	0.7% ± 0.5
Northwest Suburbs	1,458	51.5% ± 3.6	30.2% ± 3.4	17.5% ± 3.2	0.8% ± 1.3
Northwest - Inner Ring	761	51.2% ± 5.1	32.4% ± 4.9	16.1% ± 4.6	0.4% ± 1.1
Northwest - Outer Ring	697	51.7% ± 4.9	28.9% ± 4.7	18.4% ± 4.3	1.1% ± 2.0
West Suburbs	1,015	55.3% ± 4.6	31.9% ± 4.4	12.7% ± 3.6	0.1% ± 0.2
West - Inner Ring	717	52.5% ± 5.0	32.7% ± 4.9	14.6% ± 4.0	0.2% ± 0.6
West - Outer Ring	298	57.2% ± 7.0	31.4% ± 6.7	11.4% ± 5.8	0.0% ± 0.0
South Suburbs	1,229	53.2% ± 3.9	32.0% ± 3.7	14.0% ± 3.0	0.9% ± 1.2
South - Inner Ring	697	53.2% ± 4.9	33.4% ± 5.0	13.0% ± 3.4	0.3% ± 0.8
South - Outer Ring	532	53.1% ± 5.6	31.0% ± 5.4	14.7% ± 4.5	1.2% ± 2.1
Gender					
Male	2,252	47.3% ± 3.0	34.6% ± 2.9	16.5% ± 2.5	1.6% ± 1.0
Female	4,651	56.4% ± 2.0	30.7% ± 1.9	12.7% ± 1.4	0.3% ± 0.2
Age					
18-24	244	55.7% ± 8.0	29.7% ± 7.8	13.5% ± 6.4	1.1% ± 3.5
25-44	2,297	47.8% ± 2.8	33.5% ± 2.7	17.6% ± 2.3	1.1% ± 0.9
45-54	1,312	53.8% ± 3.9	31.4% ± 3.8	13.8% ± 2.8	1.0% ± 1.0
55-64	1,379	55.1% ± 3.7	32.7% ± 3.6	11.6% ± 2.7	0.6% ± 0.6
65 and older	1,671	60.8% ± 3.0	31.8% ± 2.8	7.2% ± 1.5	0.3% ± 0.4
Household Income					
< 200% of FPL	1,579	53.8% ± 3.9	28.4% ± 3.7	16.4% ± 3.4	1.5% ± 1.3
≥ 200% of FPL	5,016	51.4% ± 2.1	33.7% ± 1.9	14.1% ± 1.6	0.8% ± 0.5

NOTE: Definitions for the indicators are provided in Appendix D.

Healthy Lifestyle and Behaviors



During the past 30 days, other than your regular job, did you participate in any physical activity or exercise such as running, calisthenics, golf, gardening, or walking for exercise?

TABLE 64

	Sample Size N	Yes % ± 95% C.I.
Hennepin County Total	6,935	88.1% ± 1.1
Minneapolis		
Total	3,208	87.2% ± 1.7
Camden, Near North	862	74.6% ± 4.9
Longfellow, NE, University	725	89.1% ± 3.5
Central, Phillips, Powderhorn	804	86.9% ± 3.2
Calhoun-Isles, Nokomis, SW	817	93.2% ± 2.5
Suburban Areas		
Total	3,727	88.6% ± 1.4
Northwest Suburbs	1,467	87.9% ± 2.3
Northwest - Inner Ring	768	82.8% ± 4.2
Northwest - Outer Ring	699	90.8% ± 2.9
West Suburbs	1,025	90.5% ± 2.4
West - Inner Ring	725	88.0% ± 3.4
West - Outer Ring	300	92.2% ± 3.6
South Suburbs	1,235	88.2% ± 2.7
South - Inner Ring	701	87.4% ± 3.2
South - Outer Ring	534	88.8% ± 4.2
Gender		
Male	2,260	89.2% ± 1.9
Female	4,675	87.2% ± 1.3
Age		
18-24	245	90.9% ± 5.2
25-44	2,306	90.0% ± 1.7
45-54	1,312	90.3% ± 2.2
55-64	1,392	88.1% ± 2.4
65 and older	1,680	77.2% ± 2.5
Household Income		
< 200% of FPL	1,593	76.6% ± 3.2
≥ 200% of FPL	5,034	91.6% ± 1.1

NOTE: Definitions for the indicators are provided in Appendix D

Healthy Lifestyle and Behaviors

Q During an average week, whether at work, home or anywhere else, how many days do you get at least 30 minutes of moderate physical activity?

TABLE 65	Sample Size	0 days	1 or 2 days	3 or 4 days	5 to 7 days
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,906	6.7% ± 0.8	23.7% ± 1.5	34.8% ± 1.7	34.8% ± 1.7
Minneapolis					
Total	3,196	6.8% ± 1.1	22.1% ± 2.2	33.2% ± 2.4	38.0% ± 2.6
Camden, Near North	858	8.3% ± 2.4	30.1% ± 5.2	34.0% ± 5.2	27.6% ± 5.8
Longfellow, NE, University	720	5.9% ± 2.2	23.1% ± 5.0	31.3% ± 5.2	39.7% ± 5.5
Central, Phillips, Powderhorn	802	7.5% ± 2.8	18.5% ± 3.9	32.9% ± 4.7	41.1% ± 5.0
Calhoun-Isles, Nokomis, SW	816	6.0% ± 2.5	20.0% ± 4.1	34.8% ± 4.8	39.3% ± 4.7
Suburban Areas					
Total	3,710	6.7% ± 1.1	24.6% ± 2.0	35.6% ± 2.3	33.2% ± 2.2
Northwest Suburbs	1,465	6.7% ± 1.7	25.2% ± 3.3	36.6% ± 3.6	31.5% ± 3.5
Northwest - Inner Ring	767	10.1% ± 3.4	26.9% ± 4.9	31.8% ± 4.6	31.3% ± 5.0
Northwest - Outer Ring	698	4.8% ± 2.0	24.2% ± 4.4	39.3% ± 4.9	31.7% ± 4.6
West Suburbs	1,019	6.7% ± 2.5	21.7% ± 3.9	39.0% ± 4.6	32.6% ± 4.5
West - Inner Ring	721	7.0% ± 2.7	23.3% ± 4.4	39.9% ± 5.0	29.8% ± 4.7
West - Outer Ring	298	6.5% ± 4.0	20.7% ± 6.0	38.4% ± 6.9	34.4% ± 7.0
South Suburbs	1,226	6.5% ± 2.0	25.9% ± 3.7	31.7% ± 3.6	35.9% ± 3.9
South - Inner Ring	693	8.3% ± 2.9	25.4% ± 4.8	32.9% ± 4.8	33.3% ± 4.8
South - Outer Ring	533	5.4% ± 3.0	26.1% ± 5.6	30.9% ± 5.2	37.6% ± 5.6
Gender					
Male	2,255	5.7% ± 1.4	23.7% ± 2.7	33.1% ± 2.9	37.5% ± 2.9
Female	4,651	7.5% ± 1.0	23.7% ± 1.8	36.2% ± 2.0	32.6% ± 1.9
Age					
18-24	245	1.7% ± 2.0	20.5% ± 6.8	42.2% ± 8.1	35.6% ± 8.2
25-44	2,305	5.0% ± 1.3	26.2% ± 2.6	35.3% ± 2.7	33.5% ± 2.6
45-54	1,309	7.0% ± 2.4	22.0% ± 3.4	32.5% ± 3.7	38.4% ± 3.9
55-64	1,388	7.6% ± 2.0	21.4% ± 3.1	33.1% ± 3.6	37.9% ± 3.7
65 and older	1,659	14.1% ± 2.1	20.6% ± 2.5	33.3% ± 2.9	32.0% ± 2.8
Household Income					
< 200% of FPL	1,573	10.9% ± 2.3	26.2% ± 3.5	31.5% ± 3.6	31.4% ± 3.7
≥ 200% of FPL	5,034	5.5% ± 0.8	23.0% ± 1.8	35.9% ± 2.0	35.7% ± 2.0

NOTE: Definitions for the indicators are provided in Appendix D.

Healthy Lifestyle and Behaviors



Would you say you get this moderate physical activity at work or outside work?

Among persons getting 30 minutes of moderate physical activity at least one day during an average week:

TABLE 66	Sample Size	At work	Outside of work
	N	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,098	13.7% ± 1.4	86.3% ± 1.4
Minneapolis			
Total	2,821	15.2% ± 2.2	84.8% ± 2.2
Camden, Near North	740	23.0% ± 5.4	77.1% ± 5.5
Longfellow, NE, University	631	16.4% ± 5.2	83.6% ± 5.2
Central, Phillips, Powderhorn	714	16.0% ± 4.5	84.0% ± 4.5
Calhoun-Isles, Nokomis, SW	736	8.7% ± 3.6	91.3% ± 3.6
Suburban Areas			
Total	3,277	12.9% ± 1.8	87.1% ± 1.8
Northwest Suburbs	1,290	15.5% ± 3.1	84.5% ± 3.1
Northwest - Inner Ring	657	17.5% ± 5.1	82.6% ± 5.2
Northwest - Outer Ring	633	14.4% ± 4.1	85.6% ± 4.1
West Suburbs	908	11.8% ± 3.4	88.2% ± 3.4
West - Inner Ring	635	13.6% ± 4.3	86.4% ± 4.3
West - Outer Ring	273	10.6% ± 5.2	89.4% ± 5.2
South Suburbs	1,079	10.1% ± 3.0	89.9% ± 3.0
South - Inner Ring	598	8.2% ± 3.4	91.8% ± 3.4
South - Outer Ring	481	11.3% ± 4.6	88.8% ± 4.7
Gender			
Male	2,027	15.2% ± 2.4	84.8% ± 2.4
Female	4,071	12.4% ± 1.6	87.6% ± 1.6
Age			
18-24	235	13.9% ± 6.6	86.2% ± 6.7
25-44	2,142	15.3% ± 2.3	84.7% ± 2.3
45-54	1,174	16.0% ± 3.3	84.0% ± 3.3
55-64	1,240	12.0% ± 2.7	88.0% ± 2.7
65 and older	1,307	5.2% ± 1.7	94.8% ± 1.7
Household Income			
< 200% of FPL	1,267	23.2% ± 4.0	76.8% ± 4.0
≥ 200% of FPL	4,581	11.6% ± 1.4	88.5% ± 1.5

NOTE: Definitions for the indicators are provided in Appendix D.

Healthy Lifestyle and Behaviors

Q During an average week, whether at work, home or anywhere else, how many days do you get at least 20 minutes of vigorous physical activity?

TABLE 67	Sample Size	0 days	1 or 2 days	3 or 4 days	5 to 7 days
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,887	26.2% ± 1.5	31.8% ± 1.7	25.4% ± 1.5	16.7% ± 1.4
Minneapolis					
Total	3,191	23.9% ± 2.1	30.8% ± 2.4	28.3% ± 2.5	17.0% ± 2.2
Camden, Near North	854	33.5% ± 5.1	31.1% ± 5.2	19.7% ± 4.4	15.8% ± 5.8
Longfellow, NE, University	723	22.1% ± 4.5	32.4% ± 5.3	27.2% ± 5.0	18.3% ± 5.0
Central, Phillips, Powderhorn	797	21.9% ± 3.8	27.0% ± 4.3	34.0% ± 5.0	17.2% ± 4.3
Calhoun-Isles, Nokomis, SW	817	21.9% ± 4.1	32.8% ± 4.7	28.9% ± 4.6	16.4% ± 3.9
Suburban Areas					
Total	3,696	27.5% ± 2.0	32.3% ± 2.2	23.7% ± 2.1	16.5% ± 1.9
Northwest Suburbs	1,456	28.0% ± 3.2	33.4% ± 3.5	23.5% ± 3.2	15.2% ± 2.8
Northwest - Inner Ring	760	33.3% ± 4.8	32.9% ± 4.9	20.1% ± 4.3	13.8% ± 4.3
Northwest - Outer Ring	696	25.0% ± 4.3	33.7% ± 4.8	25.4% ± 4.5	16.0% ± 3.8
West Suburbs	1,017	26.1% ± 4.0	31.3% ± 4.5	26.1% ± 4.2	16.5% ± 4.0
West - Inner Ring	721	30.5% ± 4.6	28.4% ± 4.6	26.5% ± 4.7	14.6% ± 4.1
West - Outer Ring	296	23.2% ± 6.0	33.3% ± 6.9	25.8% ± 6.5	17.8% ± 6.2
South Suburbs	1,223	27.7% ± 3.5	31.6% ± 3.7	22.3% ± 3.5	18.4% ± 3.4
South - Inner Ring	695	30.7% ± 4.4	30.7% ± 4.8	22.2% ± 4.6	16.4% ± 4.3
South - Outer Ring	528	25.7% ± 5.1	32.2% ± 5.4	22.4% ± 5.0	19.8% ± 5.0
Gender					
Male	2,255	22.3% ± 2.5	32.6% ± 2.9	26.0% ± 2.7	19.1% ± 2.5
Female	4,632	29.6% ± 1.8	31.0% ± 1.9	24.8% ± 1.8	14.5% ± 1.6
Age					
18-24	244	18.1% ± 6.6	30.4% ± 7.7	34.8% ± 8.1	16.7% ± 7.4
25-44	2,304	20.6% ± 2.3	35.2% ± 2.7	27.8% ± 2.5	16.4% ± 2.2
45-54	1,306	25.0% ± 3.6	29.2% ± 3.6	23.6% ± 3.4	22.2% ± 3.5
55-64	1,386	29.3% ± 3.3	33.0% ± 3.6	23.1% ± 3.3	14.6% ± 2.9
65 and older	1,647	49.7% ± 3.0	23.0% ± 2.6	15.7% ± 2.4	11.6% ± 2.1
Household Income					
< 200% of FPL	1,564	32.0% ± 3.4	29.7% ± 3.7	22.5% ± 3.4	15.8% ± 3.2
≥ 200% of FPL	5,028	24.3% ± 1.7	32.3% ± 2.0	26.5% ± 1.8	16.9% ± 1.7

NOTE: Definitions for the indicators are provided in Appendix D.

Healthy Lifestyle and Behaviors



Would you say you get this vigorous physical activity at work or outside work?

Among persons getting 20 minutes of vigorous physical activity at least one day during an average week:

TABLE 68

	Sample Size	At work	Outside of work
	N	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	4,628	8.6% ± 1.3	91.4% ± 1.3
Minneapolis			
Total	2,214	9.1% ± 2.1	90.9% ± 2.1
Camden, Near North	537	14.4% ± 6.3	85.6% ± 6.2
Longfellow, NE, University	512	8.6% ± 4.7	91.4% ± 4.7
Central, Phillips, Powderhorn	571	11.5% ± 4.5	88.5% ± 4.5
Calhoun-Isles, Nokomis, SW	594	4.6% ± 3.5	95.4% ± 3.5
Suburban Areas			
Total	2,414	8.3% ± 1.8	91.7% ± 1.8
Northwest Suburbs	954	9.3% ± 3.1	90.8% ± 3.2
Northwest - Inner Ring	475	12.5% ± 6.0	87.5% ± 6.0
Northwest - Outer Ring	479	7.6% ± 4.0	92.4% ± 4.0
West Suburbs	672	6.5% ± 3.1	93.5% ± 3.1
West - Inner Ring	461	6.3% ± 3.4	93.7% ± 3.4
West - Outer Ring	211	6.7% ± 4.9	93.3% ± 4.9
South Suburbs	788	8.3% ± 3.5	91.7% ± 3.5
South - Inner Ring	425	6.3% ± 3.9	93.7% ± 3.9
South - Outer Ring	363	9.5% ± 5.4	90.5% ± 5.3
Gender			
Male	1,600	11.2% ± 2.3	88.8% ± 2.3
Female	3,028	6.1% ± 1.4	93.9% ± 1.4
Age			
18-24	193	8.4% ± 7.3	91.6% ± 7.3
25-44	1,807	8.4% ± 2.0	91.6% ± 2.0
45-54	936	11.4% ± 3.2	88.7% ± 3.3
55-64	910	9.2% ± 2.9	90.8% ± 2.9
65 and older	782	3.7% ± 1.8	96.3% ± 1.8
Household Income			
< 200% of FPL	922	17.5% ± 4.4	82.5% ± 4.4
≥ 200% of FPL	3,532	6.6% ± 1.3	93.5% ± 1.4

NOTE: Definitions for the indicators are provided in Appendix D.

Healthy Lifestyle and Behaviors



Healthy People 2010 nutrition and exercise guidelines

TABLE 69

	2 or more servings of fruit per day			3 or more servings of vegetables per day			30 minutes of moderate physical activity at least 5 days per week			20 minutes of vigorous physical activity at least 3 days per week		
	N	%	± 95% C.I.	N	%	± 95% C.I.	N	%	± 95% C.I.	N	%	± 95% C.I.
Hennepin County Total	6,945	62.7%	± 1.7	6941	29.5%	± 1.6	6906	34.8%	± 1.7	6887	42.0%	± 1.8
Minneapolis												
Total	3,218	63.0%	± 2.5	3217	32.0%	± 2.4	3196	38.0%	± 2.6	3191	45.4%	± 2.6
Camden, Near North	867	51.2%	± 5.5	866	23.3%	± 4.4	858	27.6%	± 5.8	854	35.5%	± 5.7
Longfellow, NE, University	727	69.5%	± 4.9	727	32.8%	± 5.1	720	39.7%	± 5.5	723	45.5%	± 5.5
Central, Phillips, Powderhorn	807	62.3%	± 4.7	807	32.7%	± 4.7	802	41.1%	± 5.0	797	51.2%	± 4.9
Calhoun-Isles, Nokomis, SW	817	64.6%	± 4.9	817	35.7%	± 4.6	816	39.3%	± 4.7	817	45.3%	± 4.8
Suburban Areas												
Total	3,727	62.5%	± 2.3	3724	28.2%	± 2.1	3710	33.2%	± 2.2	3696	40.2%	± 2.3
Northwest Suburbs	1,469	62.1%	± 3.6	1469	26.3%	± 3.2	1465	31.5%	± 3.5	1456	38.7%	± 3.5
Northwest - Inner Ring	770	59.4%	± 5.1	769	24.9%	± 4.6	767	31.3%	± 5.0	760	33.9%	± 5.1
Northwest - Outer Ring	699	63.6%	± 4.9	700	27.1%	± 4.4	698	31.7%	± 4.6	696	41.3%	± 4.9
West Suburbs	1,026	65.6%	± 4.5	1025	27.6%	± 4.1	1019	32.6%	± 4.5	1017	42.6%	± 4.6
West - Inner Ring	725	60.9%	± 4.9	724	28.9%	± 4.6	721	29.8%	± 4.7	721	41.1%	± 5.0
West - Outer Ring	301	68.7%	± 6.8	301	26.7%	± 6.2	298	34.4%	± 7.0	296	43.6%	± 7.0
South Suburbs	1,232	60.8%	± 3.9	1230	31.3%	± 3.8	1226	35.9%	± 3.9	1223	40.7%	± 4.0
South - Inner Ring	699	62.1%	± 4.9	696	29.8%	± 4.6	693	33.3%	± 4.8	695	38.6%	± 5.0
South - Outer Ring	533	60.0%	± 5.7	534	32.4%	± 5.4	533	37.6%	± 5.6	528	42.1%	± 5.7
Gender												
Male	2,264	57.2%	± 3.0	2264	24.8%	± 2.6	2255	37.5%	± 2.9	2255	45.1%	± 3.0
Female	4,681	67.5%	± 1.9	4677	33.6%	± 1.9	4651	32.6%	± 1.9	4632	39.4%	± 2.0
Age												
18-24	243	70.2%	± 7.6	244	24.4%	± 7.4	245	35.6%	± 8.2	244	51.6%	± 8.0
25-44	2,303	60.2%	± 2.8	2304	30.8%	± 2.5	2305	33.5%	± 2.6	2304	44.2%	± 2.8
45-54	1,316	61.2%	± 3.9	1316	30.1%	± 3.6	1309	38.4%	± 3.9	1306	45.8%	± 3.9
55-64	1,391	64.1%	± 3.5	1391	29.8%	± 3.6	1388	37.9%	± 3.7	1386	37.7%	± 3.7
65 and older	1,692	68.3%	± 2.8	1686	26.8%	± 2.7	1659	32.0%	± 2.8	1647	27.3%	± 2.8
Household Income												
< 200% of FPL	1,594	55.9%	± 3.8	1593	21.2%	± 3.2	1573	31.4%	± 3.7	1564	38.3%	± 3.9
≥ 200% of FPL	5,041	64.2%	± 2.0	5039	31.7%	± 1.9	5034	35.7%	± 2.0	5028	43.4%	± 2.0

NOTE: Definitions for the indicators are provided in Appendix D.

Healthy Lifestyle and Behaviors



In my neighborhood, most residents can walk to ...
Grocery stores or markets

TABLE 70	Sample Size	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,897	25.1% ± 1.5	24.6% ± 1.5	19.9% ± 1.5	30.4% ± 1.6
Minneapolis					
Total	3,194	39.5% ± 2.6	28.5% ± 2.4	14.9% ± 1.9	17.0% ± 1.9
Camden, Near North	863	17.0% ± 4.1	20.9% ± 4.6	22.1% ± 5.5	40.0% ± 5.4
Longfellow, NE, University	719	42.0% ± 5.4	29.4% ± 5.3	15.0% ± 4.0	13.6% ± 4.0
Central, Phillips, Powderhorn	801	39.3% ± 4.7	35.6% ± 5.0	13.6% ± 3.7	11.5% ± 3.0
Calhoun-Isles, Nokomis, SW	811	51.1% ± 4.8	25.2% ± 4.1	11.8% ± 3.0	11.9% ± 3.6
Suburban Areas					
Total	3,703	17.3% ± 1.8	22.5% ± 2.0	22.5% ± 2.1	37.7% ± 2.2
Northwest Suburbs	1,464	17.1% ± 3.0	22.9% ± 3.3	21.4% ± 3.2	38.6% ± 3.4
Northwest - Inner Ring	765	19.8% ± 4.9	25.7% ± 4.9	19.0% ± 4.0	35.5% ± 4.8
Northwest - Outer Ring	699	15.5% ± 4.0	21.3% ± 4.5	22.9% ± 4.4	40.3% ± 4.8
West Suburbs	1,019	19.1% ± 3.4	23.2% ± 4.0	18.4% ± 4.0	39.3% ± 4.6
West - Inner Ring	720	33.6% ± 4.9	30.6% ± 4.6	18.8% ± 4.5	17.0% ± 3.7
West - Outer Ring	299	9.5% ± 4.7	18.2% ± 6.2	18.2% ± 6.2	54.1% ± 6.9
South Suburbs	1,220	16.2% ± 2.9	21.3% ± 3.3	27.3% ± 3.9	35.2% ± 3.8
South - Inner Ring	689	24.9% ± 4.6	24.6% ± 4.6	20.9% ± 4.4	29.6% ± 4.5
South - Outer Ring	531	10.5% ± 3.7	19.2% ± 4.6	31.4% ± 5.9	38.9% ± 5.5
Gender					
Male	2,246	25.1% ± 2.6	25.5% ± 2.7	21.6% ± 2.7	27.8% ± 2.7
Female	4,651	25.1% ± 1.7	23.8% ± 1.8	18.3% ± 1.6	32.8% ± 1.9
Age					
18-24	243	36.9% ± 8.0	33.2% ± 8.2	13.3% ± 5.9	16.6% ± 7.0
25-44	2,304	29.0% ± 2.4	25.8% ± 2.5	21.1% ± 2.5	24.1% ± 2.5
45-54	1,311	21.6% ± 2.9	23.2% ± 3.5	19.8% ± 3.5	35.5% ± 3.8
55-64	1,386	17.6% ± 2.7	20.5% ± 3.1	21.0% ± 3.3	40.9% ± 3.7
65 and older	1,653	15.9% ± 2.1	20.8% ± 2.4	18.2% ± 2.4	45.1% ± 3.0
Household Income					
< 200% of FPL	1,575	30.9% ± 3.7	28.3% ± 3.6	17.2% ± 3.1	23.6% ± 3.1
≥ 200% of FPL	5,028	24.0% ± 1.7	23.6% ± 1.7	20.4% ± 1.8	32.0% ± 1.9

NOTE: Definitions for the indicators are provided in Appendix D.

Healthy Lifestyle and Behaviors



In my neighborhood, most residents can walk to ...
Restaurants, shops, stores, or malls

TABLE 71	Sample Size	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,884	24.6% ± 1.4	27.7% ± 1.6	20.2% ± 1.5	27.6% ± 1.5
Minneapolis					
Total	3,192	40.4% ± 2.6	30.7% ± 2.4	14.8% ± 1.9	14.1% ± 1.6
Camden, Near North	863	8.3% ± 3.5	23.0% ± 5.1	27.6% ± 5.8	41.0% ± 5.3
Longfellow, NE, University	719	42.3% ± 5.5	34.8% ± 5.5	12.0% ± 3.4	10.9% ± 3.7
Central, Phillips, Powderhorn	802	50.9% ± 4.9	28.9% ± 4.6	14.6% ± 3.8	5.7% ± 2.4
Calhoun-Isles, Nokomis, SW	808	47.6% ± 4.9	33.2% ± 4.6	10.0% ± 2.7	9.2% ± 3.3
Suburban Areas					
Total	3,692	16.0% ± 1.7	26.1% ± 2.0	23.1% ± 2.1	34.9% ± 2.2
Northwest Suburbs	1,463	13.6% ± 2.8	25.4% ± 3.3	23.8% ± 3.3	37.2% ± 3.5
Northwest - Inner Ring	764	16.9% ± 4.2	30.0% ± 4.9	21.7% ± 4.3	31.5% ± 4.8
Northwest - Outer Ring	699	11.8% ± 3.8	22.8% ± 4.4	24.9% ± 4.7	40.5% ± 4.7
West Suburbs	1,014	19.0% ± 3.6	25.6% ± 4.1	19.8% ± 4.0	35.6% ± 4.6
West - Inner Ring	716	31.5% ± 4.8	33.7% ± 4.9	20.4% ± 4.2	14.5% ± 3.3
West - Outer Ring	298	10.7% ± 5.6	20.2% ± 6.2	19.5% ± 6.1	49.6% ± 6.9
South Suburbs	1,215	17.0% ± 3.0	27.4% ± 3.6	24.7% ± 3.9	30.9% ± 3.6
South - Inner Ring	685	27.3% ± 5.0	29.1% ± 4.6	17.5% ± 4.0	26.1% ± 4.4
South - Outer Ring	530	10.2% ± 3.6	26.2% ± 5.4	29.5% ± 5.7	34.1% ± 5.3
Gender					
Male	2,243	25.9% ± 2.6	28.0% ± 2.8	20.7% ± 2.6	25.4% ± 2.6
Female	4,641	23.4% ± 1.7	27.4% ± 1.8	19.8% ± 1.7	29.5% ± 1.8
Age					
18-24	243	34.9% ± 7.9	40.1% ± 8.2	14.2% ± 6.5	10.8% ± 6.1
25-44	2,302	29.4% ± 2.4	28.1% ± 2.4	20.8% ± 2.4	21.8% ± 2.5
45-54	1,311	19.2% ± 2.8	27.4% ± 3.6	20.9% ± 3.5	32.6% ± 3.8
55-64	1,384	16.9% ± 2.6	24.3% ± 3.3	20.5% ± 3.2	38.3% ± 3.6
65 and older	1,644	15.3% ± 2.1	22.5% ± 2.5	20.4% ± 2.5	41.9% ± 3.0
Household Income					
< 200% of FPL	1,572	27.3% ± 3.5	30.6% ± 3.8	19.8% ± 3.2	22.2% ± 3.1
≥ 200% of FPL	5,021	24.3% ± 1.7	26.8% ± 1.8	20.3% ± 1.8	28.6% ± 1.9

NOTE: Definitions for the indicators are provided in Appendix D.

Healthy Lifestyle and Behaviors



In my neighborhood, most residents can walk to ...

Community or recreation center, park, trails, or playgrounds

TABLE 72	Sample Size	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,875	62.8% ± 1.7	25.0% ± 1.6	6.4% ± 0.9	5.8% ± 0.8
Minneapolis					
Total	3,184	71.0% ± 2.3	20.0% ± 2.1	5.4% ± 1.3	3.5% ± 1.0
Camden, Near North	857	51.3% ± 5.5	31.0% ± 5.6	9.8% ± 3.2	7.9% ± 3.4
Longfellow, NE, University	718	70.3% ± 5.1	20.7% ± 4.7	6.2% ± 3.2	2.7% ± 1.7
Central, Phillips, Powderhorn	798	69.4% ± 4.6	22.0% ± 4.2	5.6% ± 3.0	3.0% ± 1.6
Calhoun-Isles, Nokomis, SW	811	85.2% ± 3.3	10.7% ± 2.8	1.9% ± 1.3	2.2% ± 2.2
Suburban Areas					
Total	3,691	58.3% ± 2.3	27.7% ± 2.1	7.0% ± 1.1	7.0% ± 1.1
Northwest Suburbs	1,460	60.1% ± 3.5	27.9% ± 3.3	6.5% ± 1.7	5.6% ± 1.4
Northwest - Inner Ring	761	56.6% ± 5.0	29.8% ± 4.7	8.2% ± 3.0	5.5% ± 2.0
Northwest - Outer Ring	699	62.0% ± 4.7	26.8% ± 4.5	5.5% ± 2.3	5.7% ± 1.9
West Suburbs	1,014	56.3% ± 4.6	29.9% ± 4.3	5.8% ± 1.8	8.1% ± 2.8
West - Inner Ring	717	64.4% ± 4.7	26.7% ± 4.5	5.6% ± 2.4	3.2% ± 1.5
West - Outer Ring	297	50.9% ± 6.9	31.9% ± 6.8	5.8% ± 2.9	11.4% ± 4.6
South Suburbs	1,217	57.3% ± 3.8	25.9% ± 3.5	8.6% ± 2.4	8.2% ± 2.3
South - Inner Ring	687	60.8% ± 4.8	25.7% ± 4.3	7.2% ± 2.4	6.3% ± 2.4
South - Outer Ring	530	55.1% ± 5.6	26.0% ± 5.1	9.5% ± 3.8	9.4% ± 3.7
Gender					
Male	2,241	62.9% ± 2.9	26.0% ± 2.6	6.1% ± 1.5	5.1% ± 1.3
Female	4,634	62.7% ± 1.9	24.2% ± 1.7	6.7% ± 1.0	6.4% ± 1.0
Age					
18-24	243	70.8% ± 7.6	21.5% ± 7.0	4.5% ± 5.1	3.3% ± 3.3
25-44	2,302	71.3% ± 2.6	22.4% ± 2.4	3.7% ± 1.1	2.7% ± 1.1
45-54	1,308	61.0% ± 4.0	26.7% ± 3.7	7.0% ± 2.5	5.4% ± 2.1
55-64	1,382	54.5% ± 3.7	27.4% ± 3.5	8.7% ± 2.4	9.4% ± 2.4
65 and older	1,640	37.3% ± 2.9	32.1% ± 2.9	14.6% ± 2.3	16.0% ± 2.4
Household Income					
< 200% of FPL	1,564	52.8% ± 3.8	31.1% ± 3.6	8.6% ± 2.1	7.6% ± 1.7
≥ 200% of FPL	5,017	66.0% ± 1.9	23.1% ± 1.7	5.7% ± 1.0	5.2% ± 0.9

NOTE: Definitions for the indicators are provided in Appendix D.

Healthy Lifestyle and Behaviors



**In my neighborhood, most residents can walk to ...
Bus stops, public transit stops, or stations**

TABLE 73	Sample Size	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,886	61.7% ± 1.7	22.0% ± 1.6	6.9% ± 1.1	9.4% ± 1.1
Minneapolis					
Total	3,195	85.3% ± 1.9	12.0% ± 1.8	1.7% ± 1.0	1.0% ± 0.5
Camden, Near North	861	76.4% ± 4.6	18.8% ± 4.4	2.9% ± 1.8	1.9% ± 2.0
Longfellow, NE, University	720	85.5% ± 4.1	11.9% ± 3.7	2.0% ± 3.2	0.5% ± 0.8
Central, Phillips, Powderhorn	802	87.3% ± 4.2	10.4% ± 3.8	1.5% ± 3.4	0.8% ± 0.9
Calhoun-Isles, Nokomis, SW	812	88.6% ± 3.4	9.7% ± 3.1	0.8% ± 0.8	1.0% ± 2.1
Suburban Areas					
Total	3,691	48.8% ± 2.3	27.5% ± 2.1	9.8% ± 1.6	14.0% ± 1.6
Northwest Suburbs	1,458	49.1% ± 3.6	29.3% ± 3.4	9.9% ± 2.5	11.7% ± 2.5
Northwest - Inner Ring	763	63.5% ± 4.9	27.4% ± 4.6	5.9% ± 2.7	3.3% ± 1.6
Northwest - Outer Ring	695	41.0% ± 4.8	30.4% ± 4.7	12.2% ± 3.7	16.5% ± 3.7
West Suburbs	1,016	48.8% ± 4.5	24.9% ± 4.5	9.2% ± 3.4	17.1% ± 3.9
West - Inner Ring	720	73.6% ± 4.4	20.9% ± 4.1	3.4% ± 2.3	2.1% ± 1.2
West - Outer Ring	296	32.1% ± 6.7	27.7% ± 6.9	13.0% ± 5.6	27.2% ± 6.3
South Suburbs	1,217	48.4% ± 3.9	26.8% ± 3.6	10.2% ± 2.8	14.7% ± 3.2
South - Inner Ring	690	64.5% ± 4.7	21.2% ± 4.1	6.1% ± 2.7	8.2% ± 2.9
South - Outer Ring	527	37.8% ± 5.5	30.5% ± 5.3	12.8% ± 4.5	19.0% ± 5.0
Gender					
Male	2,245	61.1% ± 2.9	23.2% ± 2.7	7.5% ± 1.9	8.2% ± 2.0
Female	4,641	62.2% ± 2.0	21.0% ± 1.7	6.5% ± 1.1	10.4% ± 1.4
Age					
18-24	242	74.2% ± 8.2	18.7% ± 7.8	4.3% ± 5.1	2.9% ± 4.9
25-44	2,298	67.4% ± 2.7	19.5% ± 2.4	6.2% ± 1.8	6.9% ± 1.8
45-54	1,307	55.2% ± 3.9	24.6% ± 3.7	7.6% ± 2.8	12.6% ± 3.2
55-64	1,386	55.1% ± 3.7	22.9% ± 3.3	8.9% ± 2.6	13.2% ± 3.0
65 and older	1,653	48.7% ± 3.0	28.5% ± 2.8	8.7% ± 1.8	14.1% ± 2.4
Household Income					
< 200% of FPL	1,570	65.4% ± 3.8	25.3% ± 3.6	4.7% ± 1.8	4.7% ± 1.7
≥ 200% of FPL	5,022	61.2% ± 2.0	21.0% ± 1.8	7.4% ± 1.3	10.5% ± 1.4

NOTE: Definitions for the indicators are provided in Appendix D.

Healthy Lifestyle and Behaviors

Q During an average week, how many days do you bike, walk, or skate for recreation, health, or fitness?

TABLE 74	Sample Size	0 days	1 or 2 days	3 or 4 days	5 to 7 days
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,895	21.1% ± 1.5	30.4% ± 1.7	25.8% ± 1.6	22.7% ± 1.5
Minneapolis					
Total	3,190	18.8% ± 2.1	27.6% ± 2.4	26.9% ± 2.4	26.7% ± 2.3
Camden, Near North	859	32.9% ± 5.3	29.1% ± 5.2	21.1% ± 4.7	16.9% ± 4.9
Longfellow, NE, University	719	17.5% ± 4.4	27.9% ± 5.1	25.4% ± 5.2	29.2% ± 5.1
Central, Phillips, Powderhorn	804	16.6% ± 3.8	24.4% ± 4.5	29.5% ± 4.7	29.5% ± 4.6
Calhoun-Isles, Nokomis, SW	808	13.9% ± 3.6	29.5% ± 4.7	29.3% ± 4.7	27.3% ± 4.3
Suburban Areas					
Total	3,705	22.3% ± 2.0	31.9% ± 2.2	25.2% ± 2.1	20.6% ± 1.8
Northwest Suburbs	1,460	23.9% ± 3.2	31.5% ± 3.5	25.6% ± 3.3	19.1% ± 2.9
Northwest - Inner Ring	762	27.5% ± 4.8	34.6% ± 5.1	22.0% ± 4.7	15.9% ± 3.5
Northwest - Outer Ring	698	21.9% ± 4.3	29.7% ± 4.7	27.5% ± 4.6	20.9% ± 4.1
West Suburbs	1,019	21.6% ± 3.8	31.7% ± 4.5	26.6% ± 4.1	20.2% ± 4.0
West - Inner Ring	719	21.0% ± 4.2	31.7% ± 4.8	26.9% ± 4.6	20.4% ± 4.4
West - Outer Ring	300	21.9% ± 5.9	31.7% ± 6.9	26.3% ± 6.4	20.1% ± 6.2
South Suburbs	1,226	20.7% ± 3.3	32.7% ± 3.9	23.7% ± 3.4	22.9% ± 3.4
South - Inner Ring	694	23.2% ± 4.4	30.3% ± 4.7	25.0% ± 4.6	21.6% ± 4.2
South - Outer Ring	532	19.1% ± 4.8	34.3% ± 5.7	22.8% ± 4.9	23.8% ± 4.9
Gender					
Male	2,250	22.1% ± 2.5	29.5% ± 2.8	26.1% ± 2.7	22.3% ± 2.5
Female	4,645	20.3% ± 1.6	31.1% ± 2.0	25.6% ± 1.8	23.0% ± 1.8
Age					
18-24	244	15.7% ± 6.6	35.5% ± 8.1	29.1% ± 7.9	19.6% ± 7.3
25-44	2,303	18.2% ± 2.3	34.6% ± 2.7	26.4% ± 2.5	20.8% ± 2.3
45-54	1,307	20.2% ± 3.4	26.5% ± 3.5	26.4% ± 3.6	27.0% ± 3.5
55-64	1,383	24.2% ± 3.2	27.3% ± 3.4	23.2% ± 3.2	25.3% ± 3.4
65 and older	1,658	33.2% ± 2.9	20.5% ± 2.5	23.1% ± 2.7	23.1% ± 2.6
Household Income					
< 200% of FPL	1,577	26.1% ± 3.3	28.5% ± 3.6	24.4% ± 3.5	21.0% ± 3.2
≥ 200% of FPL	5,023	19.5% ± 1.7	31.3% ± 2.0	26.2% ± 1.8	22.9% ± 1.8

NOTE: Definitions for the indicators are provided in Appendix D.

Healthy Lifestyle and Behaviors

Q During an average week (when weather permits), how many days do you walk for the purpose of going to a destination?

TABLE 75	Sample Size	0 days	1 or 2 days	3 or 4 days	5 to 7 days
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,921	51.9% ± 1.7	26.2% ± 1.5	11.3% ± 1.0	10.7% ± 1.1
Minneapolis					
Total	3,203	27.2% ± 2.2	34.1% ± 2.5	18.8% ± 2.1	20.0% ± 2.2
Camden, Near North	863	47.1% ± 5.5	30.0% ± 5.5	11.7% ± 3.9	11.3% ± 3.5
Longfellow, NE, University	724	23.4% ± 4.5	34.5% ± 5.2	18.4% ± 4.3	23.7% ± 5.6
Central, Phillips, Powderhorn	804	20.4% ± 4.3	30.5% ± 4.6	22.0% ± 4.3	27.2% ± 4.4
Calhoun-Isles, Nokomis, SW	812	25.6% ± 4.2	39.8% ± 4.8	20.3% ± 4.2	14.4% ± 3.9
Suburban Areas					
Total	3,718	65.3% ± 2.2	21.9% ± 1.9	7.2% ± 1.2	5.7% ± 1.1
Northwest Suburbs	1,465	68.4% ± 3.5	19.4% ± 3.0	7.2% ± 2.1	5.0% ± 1.9
Northwest - Inner Ring	765	61.6% ± 5.1	23.8% ± 4.7	9.0% ± 3.6	5.6% ± 3.2
Northwest - Outer Ring	700	72.2% ± 4.5	16.9% ± 4.0	6.2% ± 2.7	4.7% ± 2.6
West Suburbs	1,024	62.4% ± 4.4	23.8% ± 4.0	6.5% ± 2.3	7.2% ± 3.0
West - Inner Ring	724	51.2% ± 5.0	29.3% ± 4.7	11.0% ± 3.8	8.5% ± 3.1
West - Outer Ring	300	69.9% ± 6.7	20.2% ± 6.0	3.5% ± 3.3	6.4% ± 4.9
South Suburbs	1,229	63.2% ± 3.9	23.9% ± 3.6	7.6% ± 2.4	5.3% ± 2.0
South - Inner Ring	696	53.9% ± 5.0	28.4% ± 4.7	12.1% ± 4.4	5.6% ± 2.6
South - Outer Ring	533	69.3% ± 5.6	20.9% ± 5.4	4.7% ± 2.9	5.1% ± 3.0
Gender					
Male	2,257	47.9% ± 2.9	28.7% ± 2.7	11.4% ± 1.9	12.0% ± 1.9
Female	4,664	55.3% ± 1.9	24.0% ± 1.6	11.1% ± 1.3	9.6% ± 1.2
Age					
18-24	245	32.8% ± 8.2	24.8% ± 7.3	13.4% ± 5.7	29.0% ± 7.9
25-44	2,305	49.1% ± 2.7	29.5% ± 2.5	12.1% ± 1.7	9.3% ± 1.6
45-54	1,313	53.2% ± 3.9	25.3% ± 3.4	11.4% ± 2.4	10.2% ± 2.4
55-64	1,389	57.6% ± 3.6	25.8% ± 3.3	8.5% ± 2.1	8.1% ± 2.1
65 and older	1,669	65.6% ± 2.9	17.0% ± 2.2	9.3% ± 1.9	8.2% ± 1.8
Household Income					
< 200% of FPL	1,588	40.2% ± 3.7	24.8% ± 3.5	17.3% ± 3.0	17.6% ± 3.2
≥ 200% of FPL	5,034	54.5% ± 2.0	26.8% ± 1.8	9.8% ± 1.1	9.0% ± 1.1

NOTE: Definitions for the indicators are provided in Appendix D.

Healthy Lifestyle and Behaviors



During an average week (when weather permits), how many days do you bike for the purpose of going to a destination?

TABLE 76	Sample Size	0 days	1 or 2 days	3 or 4 days	5 to 7 days
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,911	79.6% ± 1.4	12.2% ± 1.2	4.5% ± 0.8	3.7% ± 0.7
Minneapolis					
Total	3,198	68.0% ± 2.5	15.9% ± 2.0	8.0% ± 1.6	8.2% ± 1.6
Camden, Near North	863	81.7% ± 4.7	11.2% ± 4.5	4.5% ± 2.1	2.6% ± 2.2
Longfellow, NE, University	725	63.2% ± 5.4	15.9% ± 4.5	8.1% ± 3.7	12.8% ± 4.3
Central, Phillips, Powderhorn	800	61.4% ± 4.9	16.9% ± 3.8	11.7% ± 3.9	10.1% ± 3.3
Calhoun-Isles, Nokomis, SW	810	71.1% ± 4.8	17.7% ± 3.9	6.2% ± 3.2	5.1% ± 3.6
Suburban Areas					
Total	3,713	86.0% ± 1.8	10.2% ± 1.5	2.6% ± 1.0	1.3% ± 0.6
Northwest Suburbs	1,462	85.7% ± 2.9	10.9% ± 2.6	2.4% ± 1.8	1.0% ± 1.2
Northwest - Inner Ring	764	87.2% ± 4.0	8.9% ± 3.0	2.9% ± 3.8	1.0% ± 1.9
Northwest - Outer Ring	698	84.8% ± 4.1	12.0% ± 3.8	2.1% ± 2.3	1.0% ± 1.9
West Suburbs	1,022	85.1% ± 3.7	9.8% ± 3.2	2.8% ± 2.2	2.4% ± 1.8
West - Inner Ring	723	79.6% ± 4.6	12.4% ± 3.8	3.7% ± 2.1	4.4% ± 3.7
West - Outer Ring	299	88.7% ± 5.7	8.1% ± 5.1	2.2% ± 4.6	1.1% ± 2.5
South Suburbs	1,229	87.0% ± 3.0	9.4% ± 2.7	2.9% ± 1.7	0.7% ± 1.1
South - Inner Ring	695	83.2% ± 4.7	11.9% ± 4.1	4.4% ± 3.5	0.6% ± 0.8
South - Outer Ring	534	89.5% ± 4.1	7.8% ± 3.8	1.8% ± 2.4	0.9% ± 1.9
Gender					
Male	2,257	75.1% ± 2.6	13.6% ± 2.2	6.4% ± 1.6	4.9% ± 1.3
Female	4,654	83.6% ± 1.6	10.9% ± 1.4	2.9% ± 0.7	2.6% ± 0.8
Age					
18-24	244	68.4% ± 8.0	12.9% ± 6.6	10.3% ± 6.7	8.4% ± 5.3
25-44	2,302	77.5% ± 2.3	13.8% ± 2.0	4.2% ± 1.0	4.6% ± 1.1
45-54	1,313	77.6% ± 3.5	14.4% ± 2.9	5.6% ± 2.5	2.5% ± 1.4
55-64	1,389	85.2% ± 2.8	9.4% ± 2.5	3.7% ± 1.6	1.7% ± 1.0
65 and older	1,663	92.0% ± 1.8	5.0% ± 1.5	1.8% ± 0.9	1.3% ± 0.7
Household Income					
< 200% of FPL	1,584	72.7% ± 3.7	13.6% ± 3.0	6.6% ± 2.5	7.1% ± 2.3
≥ 200% of FPL	5,030	81.5% ± 1.7	11.8% ± 1.3	4.0% ± 0.9	2.8% ± 0.7

NOTE: Definitions for the indicators are provided in Appendix D.

Healthy Lifestyle and Behaviors



Current smoking status

TABLE 77	Sample Size	Every day smoker	Some days smoker	Former smoker	Never smoked
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,925	7.2% ± 0.9	4.9% ± 0.8	26.6% ± 1.5	61.4% ± 1.7
Minneapolis					
Total	3,203	9.8% ± 1.6	6.6% ± 1.4	24.0% ± 2.2	59.6% ± 2.6
Camden, Near North	863	18.5% ± 4.7	5.3% ± 2.4	24.0% ± 5.0	52.2% ± 5.5
Longfellow, NE, University	723	7.6% ± 2.8	6.2% ± 3.5	22.4% ± 4.2	63.8% ± 5.0
Central, Phillips, Powderhorn	804	9.2% ± 3.0	8.2% ± 2.9	24.8% ± 4.4	57.8% ± 4.8
Calhoun-Isles, Nokomis, SW	813	7.4% ± 3.3	6.0% ± 3.2	25.0% ± 4.2	61.6% ± 4.8
Suburban Areas					
Total	3,722	5.7% ± 1.2	4.0% ± 1.1	27.9% ± 2.0	62.4% ± 2.2
Northwest Suburbs	1,464	6.2% ± 1.9	4.3% ± 1.8	25.0% ± 3.0	64.5% ± 3.4
Northwest - Inner Ring	766	10.0% ± 4.3	6.4% ± 3.4	27.9% ± 4.5	55.7% ± 5.1
Northwest - Outer Ring	698	4.0% ± 2.0	3.2% ± 2.2	23.3% ± 4.1	69.5% ± 4.4
West Suburbs	1,023	5.5% ± 2.3	3.8% ± 2.6	33.3% ± 4.4	57.4% ± 4.6
West - Inner Ring	722	7.2% ± 3.2	3.8% ± 2.9	26.6% ± 4.4	62.5% ± 4.9
West - Outer Ring	301	4.4% ± 3.7	3.9% ± 4.3	37.7% ± 6.8	54.0% ± 6.8
South Suburbs	1,235	5.3% ± 2.0	3.5% ± 2.4	28.0% ± 3.4	63.2% ± 3.8
South - Inner Ring	701	4.8% ± 2.3	3.0% ± 2.6	28.6% ± 4.3	63.7% ± 4.7
South - Outer Ring	534	5.6% ± 3.2	3.9% ± 3.9	27.6% ± 5.0	62.8% ± 5.5
Gender					
Male	2,253	7.8% ± 1.7	6.2% ± 1.6	28.8% ± 2.6	57.3% ± 3.0
Female	4,672	6.6% ± 0.9	3.8% ± 0.8	24.7% ± 1.6	65.0% ± 1.9
Age					
18-24	245	6.7% ± 5.2	11.0% ± 6.3	11.2% ± 6.3	71.2% ± 7.9
25-44	2,304	6.9% ± 1.4	6.1% ± 1.4	20.6% ± 2.4	66.5% ± 2.7
45-54	1,312	10.7% ± 2.5	3.4% ± 1.3	27.0% ± 3.7	58.9% ± 3.8
55-64	1,390	7.2% ± 1.7	3.0% ± 1.2	38.2% ± 3.6	51.7% ± 3.7
65 and older	1,674	3.9% ± 1.1	1.0% ± 0.6	45.9% ± 3.0	49.2% ± 3.0
Household Income					
< 200% of FPL	1,590	15.9% ± 2.9	8.8% ± 2.8	21.9% ± 3.0	53.4% ± 3.8
≥ 200% of FPL	5,034	4.9% ± 0.9	4.0% ± 0.9	27.8% ± 1.8	63.3% ± 1.9

NOTE: Definitions for the indicators are provided in Appendix D.

Healthy Lifestyle and Behaviors



During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit?

Among current smokers:

TABLE 78

	Sample Size	Yes
	N	% ± 95% C.I.
Hennepin County Total	950	49.2% ± 4.9
Minneapolis		
Total	572	53.9% ± 6.3
Camden, Near North	209	52.7% ± 11.0
Longfellow, NE, University	109	61.6% ± 13.5
Central, Phillips, Powderhorn	153	57.6% ± 10.8
Calhoun-Isles, Nokomis, SW	101	42.2% ± 14.3
Suburban Areas		
Total	378	44.9% ± 7.6
Northwest Suburbs	167	49.7% ± 10.9
Northwest - Inner Ring	107	51.0% ± 14.5
Northwest - Outer Ring	60	48.0% ± 16.2
West Suburbs	111	42.9% ± 15.4
West - Inner Ring	86	41.9% ± 16.9
West - Outer Ring	<30	
South Suburbs	100	38.5% ± 14.7
South - Inner Ring	57	49.7% ± 17.4
South - Outer Ring	43	32.5% ± 20.9
Gender		
Male	326	46.8% ± 7.9
Female	624	52.0% ± 5.5
Age		
18-24	41	35.4% ± 19.7
25-44	361	55.1% ± 7.4
45-54	242	44.6% ± 9.4
55-64	199	53.3% ± 9.4
65 and older	107	33.9% ± 11.3
Household Income		
< 200% of FPL	410	55.4% ± 7.9
≥ 200% of FPL	522	45.0% ± 6.4

NOTE: Definitions for the indicators are provided in Appendix D

Healthy Lifestyle and Behaviors



How long ago did you quit?

Among former smokers:

TABLE 79	Sample Size N	Within the past year	Within the past 2 years	Within the past 5 years	Within the past 10 years	More than 10 years ago
		% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	2,009	7.3% ± 2.1	6.0% ± 2.0	12.8% ± 2.5	14.1% ± 2.6	59.8% ± 3.3
Minneapolis						
Total	867	9.2% ± 3.1	10.1% ± 4.3	16.9% ± 4.6	14.1% ± 4.1	49.7% ± 5.1
Camden, Near North	231	12.6% ± 8.5	11.7% ± 8.4	16.2% ± 14.3	14.5% ± 8.1	45.1% ± 11.8
Longfellow, NE, University	201	8.8% ± 7.0	14.2% ± 12.8	9.8% ± 6.2	16.1% ± 9.1	51.2% ± 10.0
Central, Phillips, Powderhorn	216	13.8% ± 7.5	9.1% ± 8.8	25.9% ± 10.5	12.5% ± 7.0	38.7% ± 9.5
Calhoun-Isles, Nokomis, SW	219	3.2% ± 4.4	6.9% ± 7.2	14.5% ± 8.2	13.7% ± 10.6	61.7% ± 10.1
Suburban Areas						
Total	1,142	6.4% ± 2.9	4.1% ± 2.2	10.8% ± 3.2	14.1% ± 3.5	64.5% ± 4.3
Northwest Suburbs	440	6.4% ± 4.8	4.1% ± 2.7	12.2% ± 5.3	15.0% ± 6.7	62.4% ± 7.0
Northwest - Inner Ring	231	5.6% ± 7.7	6.3% ± 6.2	12.8% ± 8.0	11.0% ± 8.7	64.3% ± 9.5
Northwest - Outer Ring	209	6.8% ± 7.3	2.7% ± 3.0	11.8% ± 7.8	17.5% ± 9.8	61.3% ± 9.8
West Suburbs	319	8.0% ± 7.5	4.3% ± 6.0	7.6% ± 4.2	13.8% ± 5.6	66.4% ± 8.0
West - Inner Ring	198	7.2% ± 6.1	7.1% ± 7.8	10.7% ± 6.7	16.9% ± 8.9	58.2% ± 9.5
West - Outer Ring	121	8.4% ± 11.6	3.0% ± 11.8	6.2% ± 6.0	12.3% ± 7.5	70.1% ± 11.1
South Suburbs	383	5.1% ± 4.7	4.0% ± 5.5	12.1% ± 7.1	13.4% ± 6.0	65.5% ± 7.7
South - Inner Ring	213	4.7% ± 6.7	2.3% ± 3.5	11.9% ± 9.1	16.1% ± 8.4	65.0% ± 9.5
South - Outer Ring	170	5.3% ± 7.7	5.1% ± 9.7	12.2% ± 11.2	11.7% ± 9.1	65.8% ± 11.2
Gender						
Male	758	7.7% ± 3.7	5.9% ± 3.4	11.8% ± 4.2	14.0% ± 4.6	60.6% ± 5.5
Female	1,251	6.9% ± 2.3	6.2% ± 2.3	13.8% ± 3.0	14.2% ± 2.9	59.0% ± 3.8
Age						
18-24	<30					
25-44	442	12.0% ± 4.5	7.6% ± 3.6	24.2% ± 5.8	24.8% ± 5.9	31.5% ± 6.3
45-54	331	9.0% ± 6.3	4.1% ± 3.2	7.7% ± 4.8	11.1% ± 5.8	68.1% ± 7.6
55-64	488	1.3% ± 1.3	3.2% ± 3.6	6.8% ± 3.6	7.3% ± 3.4	81.4% ± 5.0
65 and older	723	1.0% ± 1.1	2.1% ± 1.5	2.8% ± 1.5	6.7% ± 2.7	87.5% ± 3.2
Household Income						
< 200% of FPL	394	13.9% ± 6.5	11.5% ± 6.4	12.5% ± 5.7	13.5% ± 6.2	48.7% ± 7.4
≥ 200% of FPL	1,533	6.2% ± 2.3	5.0% ± 2.2	13.1% ± 3.0	14.4% ± 3.0	61.3% ± 3.8

NOTE: Definitions for the indicators are provided in Appendix D.

Healthy Lifestyle and Behaviors



During the past 30 days, have you had at least one drink of any alcoholic beverage?

TABLE 80

	Sample Size	Yes
	N	% ± 95% C.I.
Hennepin County Total	6,940	72.5% ± 1.6
Minneapolis		
Total	3,216	73.7% ± 2.2
Camden, Near North	864	64.9% ± 5.0
Longfellow, NE, University	727	74.1% ± 4.7
Central, Phillips, Powderhorn	808	69.8% ± 4.7
Calhoun-Isles, Nokomis, SW	817	82.5% ± 3.8
Suburban Areas		
Total	3,724	71.8% ± 2.1
Northwest Suburbs	1,467	68.5% ± 3.5
Northwest - Inner Ring	766	66.6% ± 4.9
Northwest - Outer Ring	701	69.6% ± 4.8
West Suburbs	1,025	74.2% ± 4.1
West - Inner Ring	724	73.1% ± 4.3
West - Outer Ring	301	75.0% ± 6.4
South Suburbs	1,232	74.7% ± 3.4
South - Inner Ring	699	75.9% ± 4.1
South - Outer Ring	533	74.0% ± 5.1
Gender		
Male	2,260	76.2% ± 2.6
Female	4,680	69.2% ± 1.9
Age		
18-24	245	66.2% ± 8.2
25-44	2,305	76.5% ± 2.5
45-54	1,317	73.8% ± 3.5
55-64	1,391	72.0% ± 3.3
65 and older	1,682	60.7% ± 2.9
Household Income		
< 200% of FPL	1,593	55.0% ± 3.8
≥ 200% of FPL	5,039	77.7% ± 1.7

NOTE: Definitions for the indicators are provided in Appendix D

Healthy Lifestyle and Behaviors

Q During the past 30 days, on how many days have you had at least one drink of any alcoholic beverage?

TABLE 81	Sample Size N	0 days	1 to 3 days	4 to 9 days	10 to 19 days	20 or more days
		% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,909	27.6% ± 1.6	19.5% ± 1.4	21.6% ± 1.5	16.3% ± 1.4	15.0% ± 1.2
Minneapolis						
Total	3,201	26.4% ± 2.2	16.6% ± 2.1	22.8% ± 2.4	16.6% ± 2.0	17.6% ± 2.0
Camden, Near North	859	35.3% ± 5.1	23.1% ± 5.7	19.0% ± 5.0	10.6% ± 3.2	12.1% ± 4.1
Longfellow, NE, University	725	25.9% ± 4.8	16.8% ± 4.4	23.7% ± 5.3	17.0% ± 4.8	16.5% ± 3.8
Central, Phillips, Powderhorn	803	30.4% ± 4.7	13.9% ± 4.0	21.7% ± 4.2	15.1% ± 3.5	19.0% ± 4.1
Calhoun-Isles, Nokomis, SW	814	17.5% ± 3.8	15.2% ± 3.8	25.5% ± 4.4	21.2% ± 4.3	20.6% ± 4.1
Suburban Areas						
Total	3,708	28.3% ± 2.1	21.0% ± 1.9	21.0% ± 1.9	16.2% ± 1.8	13.6% ± 1.6
Northwest Suburbs	1,460	31.6% ± 3.5	22.7% ± 3.1	21.4% ± 3.1	13.9% ± 2.9	10.4% ± 2.1
Northwest - Inner Ring	763	33.6% ± 4.9	21.0% ± 4.4	19.9% ± 4.5	12.2% ± 3.9	13.3% ± 3.9
Northwest - Outer Ring	697	30.6% ± 4.7	23.6% ± 4.4	22.3% ± 4.2	14.9% ± 4.0	8.7% ± 2.7
West Suburbs	1,024	25.8% ± 4.1	16.0% ± 3.4	23.6% ± 4.3	17.4% ± 3.9	17.1% ± 3.8
West - Inner Ring	723	27.0% ± 4.3	17.0% ± 4.1	25.2% ± 4.6	16.7% ± 4.6	14.1% ± 3.6
West - Outer Ring	301	25.0% ± 6.4	15.4% ± 5.1	22.6% ± 6.5	17.9% ± 6.0	19.2% ± 5.9
South Suburbs	1,224	25.4% ± 3.4	22.5% ± 3.4	18.2% ± 3.2	18.4% ± 3.6	15.6% ± 2.8
South - Inner Ring	693	24.3% ± 4.1	21.5% ± 4.3	16.6% ± 4.0	19.0% ± 4.9	18.6% ± 4.0
South - Outer Ring	531	26.1% ± 5.0	23.2% ± 5.0	19.2% ± 4.8	18.0% ± 5.2	13.6% ± 4.1
Gender						
Male	2,244	23.9% ± 2.6	16.8% ± 2.5	22.2% ± 2.6	18.3% ± 2.5	18.9% ± 2.2
Female	4,665	30.9% ± 1.9	21.8% ± 1.7	21.1% ± 1.7	14.6% ± 1.5	11.7% ± 1.2
Age						
18-24	245	33.8% ± 8.2	11.8% ± 6.0	26.0% ± 7.4	20.6% ± 7.6	7.7% ± 4.9
25-44	2,302	23.6% ± 2.4	20.3% ± 2.3	24.6% ± 2.5	19.0% ± 2.3	12.5% ± 1.9
45-54	1,309	26.2% ± 3.6	21.9% ± 3.4	20.1% ± 3.4	14.6% ± 3.0	17.2% ± 3.1
55-64	1,386	28.1% ± 3.4	19.1% ± 3.1	21.5% ± 3.3	11.2% ± 2.5	20.1% ± 3.1
65 and older	1,667	39.7% ± 2.9	17.7% ± 2.4	10.9% ± 2.1	10.7% ± 2.1	20.9% ± 2.6
Household Income						
< 200% of FPL	1,588	45.1% ± 3.8	19.7% ± 3.2	16.6% ± 3.2	10.5% ± 2.9	8.1% ± 2.0
≥ 200% of FPL	5,018	22.4% ± 1.7	19.3% ± 1.6	23.1% ± 1.7	18.1% ± 1.7	17.2% ± 1.5

NOTE: Definitions for the indicators are provided in Appendix D.

Healthy Lifestyle and Behaviors



On the days when you drank, about how many drinks did you drink on average?

TABLE 82	Sample Size	0 drinks	1 or 2 drinks	3 or 4 drinks	5 or more drinks
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,904	27.6% ± 1.6	55.3% ± 1.8	12.6% ± 1.2	4.5% ± 0.9
Minneapolis					
Total	3,202	26.4% ± 2.2	53.6% ± 2.6	14.2% ± 2.0	5.8% ± 1.5
Camden, Near North	860	35.4% ± 5.0	41.7% ± 5.4	15.9% ± 5.5	7.1% ± 4.2
Longfellow, NE, University	725	25.9% ± 4.8	52.1% ± 5.4	15.0% ± 4.3	7.0% ± 4.2
Central, Phillips, Powderhorn	803	30.4% ± 4.7	49.7% ± 4.9	14.9% ± 4.0	5.1% ± 2.6
Calhoun-Isles, Nokomis, SW	814	17.5% ± 3.8	66.2% ± 4.7	11.9% ± 3.3	4.4% ± 3.1
Suburban Areas					
Total	3,702	28.3% ± 2.1	56.2% ± 2.3	11.7% ± 1.6	3.8% ± 1.1
Northwest Suburbs	1,458	31.6% ± 3.5	53.7% ± 3.7	10.1% ± 2.3	4.6% ± 2.1
Northwest - Inner Ring	763	33.5% ± 4.9	51.4% ± 5.1	8.8% ± 3.5	6.4% ± 3.5
Northwest - Outer Ring	695	30.6% ± 4.8	55.0% ± 5.0	10.8% ± 3.3	3.6% ± 2.9
West Suburbs	1,022	25.8% ± 4.2	57.8% ± 4.5	13.0% ± 3.3	3.3% ± 2.1
West - Inner Ring	721	27.1% ± 4.3	51.4% ± 5.0	16.2% ± 4.1	5.3% ± 3.3
West - Outer Ring	301	25.0% ± 6.4	62.1% ± 6.9	10.9% ± 5.1	2.0% ± 3.6
South Suburbs	1,222	25.4% ± 3.4	58.6% ± 4.0	13.0% ± 3.2	3.1% ± 1.8
South - Inner Ring	691	24.4% ± 4.1	58.3% ± 5.0	13.8% ± 4.3	3.5% ± 2.9
South - Outer Ring	531	26.1% ± 5.0	58.7% ± 5.6	12.4% ± 4.9	2.8% ± 2.8
Gender					
Male	2,243	23.9% ± 2.6	53.2% ± 3.0	15.9% ± 2.2	7.1% ± 1.7
Female	4,661	30.9% ± 1.9	57.1% ± 2.0	9.8% ± 1.2	2.3% ± 0.7
Age					
18-24	245	33.8% ± 8.2	37.0% ± 7.9	18.9% ± 6.8	10.2% ± 6.6
25-44	2,302	23.6% ± 2.4	55.8% ± 2.8	15.4% ± 2.0	5.3% ± 1.4
45-54	1,306	26.3% ± 3.5	59.7% ± 3.8	10.9% ± 2.5	3.1% ± 1.7
55-64	1,384	28.2% ± 3.3	59.9% ± 3.6	8.6% ± 2.1	3.3% ± 1.7
65 and older	1,667	39.7% ± 2.9	54.1% ± 3.0	4.8% ± 1.4	1.5% ± 0.8
Household Income					
< 200% of FPL	1,582	45.3% ± 3.8	32.9% ± 3.6	16.0% ± 3.3	5.8% ± 2.1
≥ 200% of FPL	5,019	22.3% ± 1.8	61.7% ± 2.0	11.8% ± 1.4	4.1% ± 1.1

NOTE: Definitions for the indicators are provided in Appendix D.

Healthy Lifestyle and Behaviors



On the days when you drank, about how many drinks did you drink on average?

Among current drinkers:

TABLE 83	Sample Size N	1 or 2 drinks	3 or 4 drinks	5 or more drinks
		% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	4,747	76.4% ± 1.9	17.4% ± 1.6	6.2% ± 1.2
Minneapolis				
Total	2,207	72.9% ± 3.0	19.3% ± 2.7	7.8% ± 2.1
Camden, Near North	520	64.5% ± 7.9	24.6% ± 7.8	10.9% ± 6.2
Longfellow, NE, University	493	70.4% ± 6.4	20.3% ± 5.5	9.4% ± 5.5
Central, Phillips, Powderhorn	550	71.3% ± 5.7	21.4% ± 5.4	7.3% ± 3.7
Calhoun-Isles, Nokomis, SW	644	80.3% ± 4.8	14.4% ± 4.0	5.4% ± 3.7
Suburban Areas				
Total	2,540	78.4% ± 2.5	16.3% ± 2.2	5.4% ± 1.5
Northwest Suburbs	969	78.5% ± 3.9	14.8% ± 3.3	6.8% ± 2.9
Northwest - Inner Ring	477	77.2% ± 6.1	13.2% ± 5.0	9.6% ± 5.1
Northwest - Outer Ring	492	79.2% ± 5.2	15.6% ± 4.5	5.2% ± 4.1
West Suburbs	710	78.0% ± 4.7	17.6% ± 4.3	4.5% ± 2.8
West - Inner Ring	486	70.6% ± 5.9	22.2% ± 5.4	7.2% ± 4.5
West - Outer Ring	224	82.7% ± 6.9	14.6% ± 6.5	2.7% ± 4.7
South Suburbs	861	78.5% ± 4.4	17.4% ± 4.2	4.1% ± 2.5
South - Inner Ring	488	77.0% ± 5.7	18.3% ± 5.4	4.7% ± 3.7
South - Outer Ring	373	79.5% ± 6.6	16.7% ± 6.4	3.8% ± 3.8
Gender				
Male	1,629	69.9% ± 3.3	20.8% ± 2.9	9.3% ± 2.3
Female	3,118	82.6% ± 1.9	14.1% ± 1.7	3.3% ± 1.0
Age				
18-24	175	56.0% ± 9.8	28.6% ± 9.3	15.5% ± 9.2
25-44	1,774	73.0% ± 2.9	20.1% ± 2.6	6.9% ± 1.9
45-54	912	81.0% ± 3.6	14.8% ± 3.3	4.2% ± 2.3
55-64	939	83.4% ± 3.3	12.0% ± 2.9	4.6% ± 2.3
65 and older	947	89.7% ± 2.6	7.9% ± 2.3	2.5% ± 1.4
Household Income				
< 200% of FPL	794	60.1% ± 5.4	29.3% ± 5.2	10.7% ± 3.6
≥ 200% of FPL	3,789	79.4% ± 2.0	15.2% ± 1.8	5.3% ± 1.3

NOTE: Definitions for the indicators are provided in Appendix D.

Healthy Lifestyle and Behaviors

Q Considering all types of alcoholic beverages, how many times during the past 30 days did you have 5 or more drinks on one occasion?

Among MALES:

TABLE 84	Sample Size N	Among MALES:				
		0 times % ± 95% C.I.	1 time % ± 95% C.I.	2 times % ± 95% C.I.	3 to 5 times % ± 95% C.I.	6 or more times % ± 95% C.I.
Hennepin County Total	2,236	66.1% ± 2.9	12.1% ± 2.2	8.0% ± 1.9	7.0% ± 1.8	6.8% ± 1.6
Minneapolis						
Total	1,062	61.5% ± 4.3	12.7% ± 3.3	7.3% ± 2.6	8.7% ± 3.0	9.9% ± 2.9
Camden, Near North	253	60.9% ± 10.4	14.8% ± 11.3	4.3% ± 7.6	7.6% ± 8.2	12.4% ± 6.7
Longfellow, NE, University	252	64.9% ± 8.9	14.0% ± 7.3	4.9% ± 5.7	4.5% ± 4.9	11.8% ± 7.6
Central, Phillips, Powderhorn	304	60.6% ± 7.6	11.2% ± 5.9	7.0% ± 4.6	12.2% ± 6.7	9.0% ± 5.0
Calhoun-Isles, Nokomis, SW	253	59.3% ± 8.5	11.9% ± 6.5	11.6% ± 7.3	9.6% ± 7.1	7.5% ± 6.5
Suburban Areas						
Total	1,174	68.9% ± 4.0	11.7% ± 3.0	8.4% ± 2.7	6.1% ± 2.3	5.0% ± 1.9
Northwest Suburbs	455	68.2% ± 6.2	13.9% ± 5.2	7.7% ± 4.3	6.5% ± 4.2	3.7% ± 2.8
Northwest - Inner Ring	239	67.9% ± 9.1	13.8% ± 7.9	9.2% ± 7.9	3.5% ± 4.1	5.7% ± 5.3
Northwest - Outer Ring	216	68.4% ± 8.5	13.9% ± 7.3	6.8% ± 5.8	8.3% ± 6.5	2.6% ± 4.0
West Suburbs	336	66.5% ± 7.7	13.9% ± 6.7	8.3% ± 6.1	3.9% ± 3.1	7.4% ± 4.6
West - Inner Ring	229	57.2% ± 8.7	15.7% ± 7.5	9.5% ± 7.5	6.5% ± 5.4	11.0% ± 7.1
West - Outer Ring	107	72.7% ± 12.0	12.7% ± 11.0	7.5% ± 10.4	2.1% ± 5.3	4.9% ± 7.6
South Suburbs	383	71.6% ± 6.9	6.8% ± 4.5	9.5% ± 5.5	7.2% ± 4.6	4.9% ± 4.7
South - Inner Ring	224	67.6% ± 9.1	8.7% ± 6.7	7.4% ± 7.0	11.0% ± 7.1	5.2% ± 8.5
South - Outer Ring	159	74.2% ± 10.1	5.4% ± 7.4	11.0% ± 8.4	4.6% ± 7.8	4.8% ± 6.7
Gender						
Male	2,236	66.1% ± 2.9	12.1% ± 2.2	8.0% ± 1.9	7.0% ± 1.8	6.8% ± 1.6
Female	n/a					
Age						
18-24	67	55.2% ± 13.9	13.0% ± 11.7	11.4% ± 11.5	10.4% ± 12.1	10.1% ± 13.0
25-44	682	55.6% ± 4.6	16.9% ± 3.8	10.3% ± 3.3	9.5% ± 3.0	7.7% ± 2.5
45-54	387	76.2% ± 5.8	7.4% ± 4.1	6.2% ± 4.0	4.8% ± 3.0	5.5% ± 3.5
55-64	487	77.9% ± 5.3	7.7% ± 3.9	4.2% ± 3.4	3.3% ± 2.7	6.9% ± 3.5
65 and older	613	87.9% ± 3.5	3.5% ± 2.4	3.1% ± 2.4	2.3% ± 2.1	3.2% ± 1.7
Household Income						
< 200% of FPL	472	66.2% ± 6.8	12.4% ± 5.8	8.7% ± 4.9	5.0% ± 3.6	7.7% ± 4.4
≥ 200% of FPL	1,673	65.5% ± 3.3	12.2% ± 2.5	7.9% ± 2.2	7.7% ± 2.0	6.7% ± 1.8

NOTE: Definitions for the indicators are provided in Appendix D.

Healthy Lifestyle and Behaviors

Q Considering all types of alcoholic beverages, how many times during the past 30 days did you have 5 or more drinks on one occasion?

Among MALES who are current drinkers:

TABLE 85	Sample Size N	Among MALES who are current drinkers:				
		0 times % ± 95% C.I.	1 time % ± 95% C.I.	2 times % ± 95% C.I.	3 to 5 times % ± 95% C.I.	6 or more times % ± 95% C.I.
Hennepin County Total	1,622	55.4% ± 3.4	15.9% ± 2.8	10.5% ± 2.5	9.3% ± 2.2	8.9% ± 2.1
Minneapolis						
Total	771	50.5% ± 4.9	16.4% ± 4.1	9.3% ± 3.4	11.2% ± 3.7	12.7% ± 3.7
Camden, Near North	176	48.9% ± 11.8	19.4% ± 13.8	5.6% ± 9.7	9.9% ± 10.4	16.2% ± 8.7
Longfellow, NE, University	180	54.6% ± 10.1	18.1% ± 9.1	6.3% ± 7.2	5.8% ± 6.2	15.2% ± 9.5
Central, Phillips, Powderhorn	207	44.3% ± 8.9	15.8% ± 8.0	9.9% ± 6.3	17.2% ± 9.0	12.7% ± 6.9
Calhoun-Isles, Nokomis, SW	208	53.2% ± 9.0	13.7% ± 7.4	13.4% ± 8.1	11.1% ± 7.9	8.6% ± 7.4
Suburban Areas						
Total	851	58.5% ± 4.7	15.6% ± 3.8	11.2% ± 3.5	8.1% ± 3.0	6.6% ± 2.6
Northwest Suburbs	320	55.6% ± 7.5	19.4% ± 6.8	10.7% ± 5.9	9.1% ± 5.6	5.2% ± 3.9
Northwest - Inner Ring	163	55.7% ± 10.6	19.1% ± 10.1	12.7% ± 10.3	4.8% ± 5.6	7.8% ± 7.2
Northwest - Outer Ring	157	55.6% ± 10.2	19.6% ± 9.6	9.5% ± 8.0	11.7% ± 8.7	3.6% ± 5.6
West Suburbs	242	55.8% ± 9.1	18.4% ± 8.4	11.0% ± 7.7	5.1% ± 4.1	9.7% ± 6.1
West - Inner Ring	163	46.5% ± 9.8	19.6% ± 9.1	11.9% ± 9.1	8.2% ± 6.6	13.8% ± 8.6
West - Outer Ring	79	62.6% ± 14.3	17.5% ± 14.0	10.3% ± 13.5	2.9% ± 7.1	6.7% ± 10.2
South Suburbs	289	64.2% ± 8.1	8.5% ± 5.6	12.0% ± 6.7	9.1% ± 5.7	6.2% ± 5.8
South - Inner Ring	168	58.9% ± 10.5	11.1% ± 8.3	9.4% ± 8.6	14.0% ± 8.7	6.6% ± 10.5
South - Outer Ring	121	67.7% ± 11.7	6.8% ± 9.0	13.8% ± 10.2	5.8% ± 9.6	6.0% ± 8.2
Gender						
Male	1,622	55.4% ± 3.4	15.9% ± 2.8	10.5% ± 2.5	9.3% ± 2.2	8.9% ± 2.1
Female	n/a					
Age						
18-24	49	32.9% ± 16.5	19.4% ± 15.9	17.1% ± 15.6	15.5% ± 16.5	15.1% ± 17.6
25-44	554	45.0% ± 5.2	21.0% ± 4.5	12.7% ± 4.0	11.8% ± 3.6	9.6% ± 3.0
45-54	278	67.1% ± 7.4	10.3% ± 5.4	8.5% ± 5.4	6.6% ± 4.1	7.5% ± 4.9
55-64	356	71.4% ± 6.5	9.9% ± 5.0	5.4% ± 4.3	4.3% ± 3.4	9.0% ± 4.5
65 and older	385	82.0% ± 5.0	5.3% ± 3.5	4.6% ± 3.6	3.4% ± 3.1	4.7% ± 2.6
Household Income						
< 200% of FPL	264	42.9% ± 8.7	20.9% ± 8.9	14.6% ± 7.8	8.5% ± 5.8	13.1% ± 6.9
≥ 200% of FPL	1,303	56.9% ± 3.8	15.3% ± 3.0	9.9% ± 2.7	9.6% ± 2.5	8.4% ± 2.2

NOTE: Definitions for the indicators are provided in Appendix D.

Healthy Lifestyle and Behaviors

Q Considering all types of alcoholic beverages, how many times during the past 30 days did you have 4 or more drinks on one occasion?

Among FEMALES:

TABLE 86	Sample Size N	Among FEMALES:				
		0 times % ± 95% C.I.	1 time % ± 95% C.I.	2 times % ± 95% C.I.	3 to 5 times % ± 95% C.I.	6 or more times % ± 95% C.I.
Hennepin County Total	4,643	75.3% ± 1.8	10.8% ± 1.4	5.0% ± 1.0	5.6% ± 1.0	3.2% ± 0.8
Minneapolis						
Total	2,130	71.4% ± 3.0	12.0% ± 2.2	5.2% ± 1.7	6.9% ± 1.9	4.6% ± 1.3
Camden, Near North	603	76.8% ± 5.7	9.0% ± 4.0	4.3% ± 2.9	5.4% ± 5.0	4.5% ± 3.0
Longfellow, NE, University	471	67.4% ± 6.8	12.0% ± 5.1	5.1% ± 5.0	8.6% ± 5.7	6.9% ± 3.7
Central, Phillips, Powderhorn	496	69.9% ± 5.6	11.3% ± 3.7	7.2% ± 4.5	8.3% ± 3.3	3.4% ± 2.0
Calhoun-Isles, Nokomis, SW	560	72.9% ± 5.4	14.4% ± 5.2	4.0% ± 2.3	5.1% ± 2.5	3.7% ± 2.7
Suburban Areas						
Total	2,513	77.4% ± 2.4	10.3% ± 1.8	5.0% ± 1.3	4.9% ± 1.2	2.6% ± 1.0
Northwest Suburbs	997	77.9% ± 3.6	9.8% ± 2.8	4.7% ± 1.9	5.4% ± 2.0	2.3% ± 1.7
Northwest - Inner Ring	518	77.4% ± 4.7	9.0% ± 3.4	5.3% ± 3.3	5.5% ± 2.8	2.7% ± 2.8
Northwest - Outer Ring	479	78.1% ± 4.9	10.2% ± 4.1	4.3% ± 2.6	5.3% ± 2.9	2.1% ± 2.4
West Suburbs	681	76.7% ± 4.9	10.1% ± 3.8	6.0% ± 3.7	3.8% ± 2.0	3.4% ± 2.8
West - Inner Ring	488	76.3% ± 5.0	9.8% ± 3.9	4.7% ± 3.0	5.7% ± 3.1	3.5% ± 2.8
West - Outer Ring	193	77.0% ± 7.7	10.2% ± 6.2	6.9% ± 6.1	2.6% ± 3.1	3.4% ± 4.8
South Suburbs	835	77.1% ± 4.2	11.1% ± 3.6	4.5% ± 2.2	5.0% ± 2.8	2.3% ± 1.6
South - Inner Ring	466	78.0% ± 5.3	10.8% ± 4.4	3.7% ± 2.9	5.8% ± 4.0	1.7% ± 1.9
South - Outer Ring	369	76.5% ± 6.2	11.4% ± 5.3	5.1% ± 3.4	4.5% ± 4.3	2.6% ± 2.7
Gender						
Male	n/a					
Female	4,643	75.3% ± 1.8	10.8% ± 1.4	5.0% ± 1.0	5.6% ± 1.0	3.2% ± 0.8
Age						
18-24	177	51.6% ± 9.4	17.5% ± 8.4	8.6% ± 7.1	13.2% ± 7.5	9.1% ± 6.5
25-44	1,612	69.7% ± 2.9	14.6% ± 2.3	6.4% ± 1.6	6.5% ± 1.5	2.9% ± 1.0
45-54	917	80.8% ± 3.4	7.4% ± 2.3	4.4% ± 2.2	3.8% ± 1.8	3.6% ± 1.9
55-64	892	86.1% ± 3.2	5.3% ± 2.2	3.0% ± 1.9	3.6% ± 2.1	2.1% ± 1.3
65 and older	1,045	91.5% ± 2.5	3.6% ± 1.8	1.1% ± 0.8	2.2% ± 1.5	1.6% ± 1.5
Household Income						
< 200% of FPL	1,104	74.3% ± 4.1	10.5% ± 3.2	4.4% ± 2.4	6.8% ± 2.8	4.0% ± 2.0
≥ 200% of FPL	3,327	75.1% ± 2.1	11.3% ± 1.6	5.3% ± 1.2	5.4% ± 1.1	3.0% ± 0.9

NOTE: Definitions for the indicators are provided in Appendix D.

Healthy Lifestyle and Behaviors

Q Considering all types of alcoholic beverages, how many times during the past 30 days did you have 4 or more drinks on one occasion?

Among FEMALES who are current drinkers:

TABLE 87	Sample Size N	0 times	1 time	2 times	3 to 5 times	6 or more times
		% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	3,100	64.3% ± 2.4	15.7% ± 1.9	7.3% ± 1.4	8.1% ± 1.4	4.7% ± 1.1
Minneapolis						
Total	1,426	58.8% ± 3.7	17.2% ± 3.1	7.4% ± 2.5	10.0% ± 2.6	6.6% ± 1.9
Camden, Near North	340	58.0% ± 8.4	16.2% ± 6.8	7.8% ± 5.1	9.9% ± 8.3	8.2% ± 5.3
Longfellow, NE, University	311	54.0% ± 8.1	17.0% ± 6.8	7.1% ± 7.0	12.2% ± 7.6	9.8% ± 5.0
Central, Phillips, Powderhorn	340	55.7% ± 7.1	16.5% ± 5.3	10.6% ± 6.2	12.2% ± 4.7	4.9% ± 3.0
Calhoun-Isles, Nokomis, SW	435	65.5% ± 6.2	18.3% ± 6.3	5.1% ± 2.9	6.4% ± 3.2	4.7% ± 3.3
Suburban Areas						
Total	1,674	67.1% ± 3.1	14.9% ± 2.6	7.2% ± 1.9	7.1% ± 1.8	3.7% ± 1.4
Northwest Suburbs	643	66.2% ± 4.8	14.9% ± 4.1	7.1% ± 2.9	8.2% ± 3.0	3.5% ± 2.5
Northwest - Inner Ring	308	63.0% ± 6.8	14.7% ± 5.4	8.7% ± 5.2	9.1% ± 4.3	4.5% ± 4.4
Northwest - Outer Ring	335	67.8% ± 6.5	15.0% ± 5.8	6.4% ± 3.7	7.8% ± 4.1	3.0% ± 3.6
West Suburbs	463	67.9% ± 6.3	13.9% ± 5.1	8.3% ± 5.0	5.2% ± 2.7	4.7% ± 3.7
West - Inner Ring	319	64.0% ± 6.6	14.9% ± 5.6	7.1% ± 4.4	8.7% ± 4.4	5.3% ± 4.1
West - Outer Ring	144	70.0% ± 9.2	13.3% ± 7.8	8.9% ± 7.9	3.4% ± 4.0	4.4% ± 6.2
South Suburbs	568	67.5% ± 5.4	15.8% ± 4.8	6.4% ± 3.1	7.1% ± 3.8	3.2% ± 2.3
South - Inner Ring	319	69.8% ± 6.7	14.8% ± 5.8	5.0% ± 4.0	8.0% ± 5.4	2.3% ± 2.6
South - Outer Ring	249	66.0% ± 7.8	16.4% ± 7.3	7.3% ± 4.8	6.4% ± 6.1	3.8% ± 3.8
Gender						
Male	n/a					
Female	3,100	64.3% ± 2.4	15.7% ± 1.9	7.3% ± 1.4	8.1% ± 1.4	4.7% ± 1.1
Age						
18-24	125	26.1% ± 11.3	26.8% ± 11.4	13.2% ± 10.1	20.2% ± 10.6	13.9% ± 9.4
25-44	1,212	58.1% ± 3.6	20.1% ± 3.2	8.8% ± 2.3	8.9% ± 2.2	4.1% ± 1.3
45-54	632	74.3% ± 4.4	9.9% ± 3.1	5.9% ± 2.9	5.1% ± 2.3	4.8% ± 2.5
55-64	578	79.3% ± 4.6	7.9% ± 3.2	4.4% ± 2.9	5.4% ± 3.0	3.1% ± 2.0
65 and older	553	84.6% ± 4.1	6.6% ± 3.1	2.1% ± 1.3	4.0% ± 2.7	2.8% ± 2.8
Household Income						
< 200% of FPL	524	49.6% ± 6.3	20.6% ± 5.7	8.6% ± 4.5	13.3% ± 5.3	7.9% ± 3.8
≥ 200% of FPL	2,467	66.9% ± 2.6	14.9% ± 2.2	7.0% ± 1.6	7.2% ± 1.4	4.0% ± 1.1

NOTE: Definitions for the indicators are provided in Appendix D.

Healthy Lifestyle and Behaviors



SHAPE 2010

Social-Environmental Factors

Social-Environment Factors



Please rate your agreement with the following statement ...

This is a good community to raise children in

TABLE 88	Sample Size	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,908	54.8% ± 1.7	32.8% ± 1.6	9.0% ± 1.0	3.5% ± 0.5
Minneapolis					
Total	3,198	35.4% ± 2.5	41.7% ± 2.6	15.9% ± 2.0	7.0% ± 1.3
Camden, Near North	864	11.6% ± 3.8	43.9% ± 5.6	25.9% ± 4.9	18.6% ± 4.4
Longfellow, NE, University	723	38.8% ± 5.3	41.7% ± 5.5	15.7% ± 4.7	3.8% ± 2.9
Central, Phillips, Powderhorn	798	24.7% ± 4.6	47.3% ± 4.9	19.5% ± 4.0	8.5% ± 2.9
Calhoun-Isles, Nokomis, SW	813	57.3% ± 4.8	34.8% ± 4.7	6.3% ± 3.6	1.6% ± 2.2
Suburban Areas					
Total	3,710	65.3% ± 2.2	27.9% ± 2.1	5.2% ± 1.2	1.5% ± 0.6
Northwest Suburbs	1,466	58.4% ± 3.5	31.7% ± 3.3	7.8% ± 2.1	2.2% ± 1.1
Northwest - Inner Ring	766	47.2% ± 5.1	38.6% ± 4.9	10.5% ± 3.8	3.8% ± 2.5
Northwest - Outer Ring	700	64.7% ± 4.7	27.8% ± 4.5	6.2% ± 2.8	1.3% ± 1.1
West Suburbs	1,019	70.5% ± 4.2	25.8% ± 4.1	2.7% ± 1.7	1.0% ± 0.8
West - Inner Ring	724	62.7% ± 4.8	30.9% ± 4.7	4.5% ± 2.3	1.9% ± 1.5
West - Outer Ring	295	75.8% ± 6.5	22.4% ± 6.3	1.5% ± 3.8	0.4% ± 1.2
South Suburbs	1,225	71.4% ± 3.8	24.2% ± 3.6	3.5% ± 1.8	1.0% ± 0.7
South - Inner Ring	697	67.7% ± 4.8	26.3% ± 4.7	4.6% ± 2.9	1.4% ± 1.0
South - Outer Ring	528	73.8% ± 5.4	22.7% ± 5.3	2.7% ± 2.7	0.8% ± 1.2
Gender					
Male	2,253	53.9% ± 3.0	33.2% ± 2.8	9.5% ± 1.8	3.4% ± 1.0
Female	4,655	55.6% ± 1.9	32.4% ± 1.9	8.5% ± 1.1	3.5% ± 0.7
Age					
18-24	243	39.6% ± 8.4	35.2% ± 7.7	19.8% ± 7.0	5.4% ± 4.3
25-44	2,301	51.1% ± 2.7	35.2% ± 2.7	9.8% ± 1.6	3.9% ± 0.9
45-54	1,308	60.9% ± 3.8	30.4% ± 3.6	6.7% ± 1.9	2.1% ± 0.8
55-64	1,387	63.9% ± 3.4	28.4% ± 3.2	4.9% ± 1.4	2.9% ± 1.1
65 and older	1,669	60.5% ± 2.9	29.7% ± 2.7	6.5% ± 1.4	3.4% ± 1.0
Household Income					
< 200% of FPL	1,586	37.7% ± 3.8	37.9% ± 3.7	16.1% ± 3.1	8.2% ± 2.0
≥ 200% of FPL	5,022	59.3% ± 1.9	31.4% ± 1.9	7.1% ± 1.1	2.2% ± 0.5

NOTE: Definitions for the indicators are provided in Appendix D.

Social-Environment Factors



Please rate your agreement with the following statement ...

People in this neighborhood know each other

TABLE 89	Sample Size	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,925	17.8% ± 1.3	52.1% ± 1.8	21.7% ± 1.5	8.4% ± 1.1
Minneapolis					
Total	3,208	13.7% ± 1.8	49.8% ± 2.6	26.4% ± 2.4	10.1% ± 1.8
Camden, Near North	866	12.0% ± 4.2	49.6% ± 5.5	28.8% ± 5.4	9.7% ± 2.9
Longfellow, NE, University	725	13.8% ± 3.8	50.0% ± 5.4	26.3% ± 5.2	9.8% ± 4.6
Central, Phillips, Powderhorn	804	8.6% ± 3.2	45.2% ± 4.9	30.2% ± 4.6	16.1% ± 4.0
Calhoun-Isles, Nokomis, SW	813	19.7% ± 3.9	54.3% ± 4.8	21.3% ± 4.4	4.6% ± 2.6
Suburban Areas					
Total	3,717	20.0% ± 1.9	53.4% ± 2.3	19.1% ± 1.9	7.5% ± 1.4
Northwest Suburbs	1,466	18.0% ± 2.9	54.4% ± 3.6	20.5% ± 3.0	7.2% ± 2.1
Northwest - Inner Ring	767	17.1% ± 3.8	52.5% ± 5.1	21.4% ± 4.4	9.1% ± 3.7
Northwest - Outer Ring	699	18.6% ± 4.0	55.4% ± 4.8	19.9% ± 4.3	6.1% ± 2.7
West Suburbs	1,020	20.2% ± 4.0	53.8% ± 4.6	17.9% ± 3.5	8.1% ± 3.2
West - Inner Ring	719	17.0% ± 4.1	50.4% ± 5.0	24.4% ± 4.4	8.3% ± 3.2
West - Outer Ring	301	22.4% ± 6.1	56.1% ± 6.9	13.6% ± 5.4	7.9% ± 5.4
South Suburbs	1,231	22.6% ± 3.4	51.7% ± 3.9	18.2% ± 3.2	7.6% ± 2.5
South - Inner Ring	700	25.1% ± 4.7	52.0% ± 4.9	16.6% ± 3.9	6.3% ± 2.9
South - Outer Ring	531	20.9% ± 4.9	51.5% ± 5.7	19.2% ± 5.0	8.4% ± 4.0
Gender					
Male	2,261	17.1% ± 2.4	51.1% ± 3.0	22.3% ± 2.5	9.6% ± 1.9
Female	4,664	18.3% ± 1.6	53.1% ± 2.0	21.2% ± 1.7	7.4% ± 1.1
Age					
18-24	243	11.4% ± 6.3	39.3% ± 8.2	33.9% ± 7.9	15.4% ± 6.7
25-44	2,299	15.3% ± 2.2	52.2% ± 2.8	22.7% ± 2.3	9.8% ± 1.8
45-54	1,306	21.9% ± 3.5	53.2% ± 3.9	19.4% ± 3.1	5.5% ± 1.9
55-64	1,397	22.1% ± 3.3	53.1% ± 3.6	17.8% ± 2.8	7.0% ± 1.9
65 and older	1,680	20.6% ± 2.5	56.4% ± 2.9	18.0% ± 2.3	5.0% ± 1.4
Household Income					
< 200% of FPL	1,600	13.5% ± 2.8	48.8% ± 3.8	25.3% ± 3.3	12.4% ± 2.9
≥ 200% of FPL	5,024	18.8% ± 1.6	52.9% ± 2.1	20.8% ± 1.7	7.5% ± 1.2

NOTE: Definitions for the indicators are provided in Appendix D.

Social-Environment Factors



Please rate your agreement with the following statement ...

People in this neighborhood are willing to help one another

TABLE 90	Sample Size	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,897	25.3% ± 1.5	54.8% ± 1.8	16.0% ± 1.3	4.0% ± 0.7
Minneapolis					
Total	3,195	21.0% ± 2.1	54.1% ± 2.6	19.4% ± 2.2	5.5% ± 1.3
Camden, Near North	863	13.8% ± 3.8	53.9% ± 5.5	21.5% ± 5.1	10.8% ± 3.3
Longfellow, NE, University	723	21.4% ± 4.4	54.2% ± 5.4	20.0% ± 5.1	4.5% ± 2.7
Central, Phillips, Powderhorn	800	15.9% ± 4.1	54.3% ± 4.9	23.8% ± 4.3	6.1% ± 2.8
Calhoun-Isles, Nokomis, SW	809	30.3% ± 4.4	53.8% ± 4.8	13.1% ± 3.8	2.8% ± 2.5
Suburban Areas					
Total	3,702	27.5% ± 2.1	55.2% ± 2.3	14.1% ± 1.8	3.2% ± 0.9
Northwest Suburbs	1,465	25.4% ± 3.1	55.2% ± 3.6	15.0% ± 2.8	4.4% ± 1.8
Northwest - Inner Ring	766	24.7% ± 4.5	53.3% ± 5.1	15.8% ± 4.4	6.1% ± 3.5
Northwest - Outer Ring	699	25.8% ± 4.2	56.3% ± 4.9	14.5% ± 3.8	3.4% ± 2.2
West Suburbs	1,015	30.9% ± 4.5	53.7% ± 4.6	13.5% ± 3.6	1.9% ± 1.5
West - Inner Ring	717	22.4% ± 4.3	58.5% ± 4.9	16.4% ± 3.8	2.7% ± 2.0
West - Outer Ring	298	36.5% ± 6.8	50.6% ± 6.9	11.6% ± 5.8	1.4% ± 2.6
South Suburbs	1,222	28.0% ± 3.5	56.2% ± 3.9	13.4% ± 3.1	2.4% ± 1.3
South - Inner Ring	692	32.9% ± 4.8	52.2% ± 5.0	12.9% ± 3.8	2.0% ± 1.4
South - Outer Ring	530	24.8% ± 4.8	58.9% ± 5.6	13.6% ± 4.9	2.7% ± 2.0
Gender					
Male	2,250	23.7% ± 2.6	56.6% ± 3.0	16.5% ± 2.4	3.2% ± 1.1
Female	4,647	26.6% ± 1.7	53.2% ± 2.0	15.5% ± 1.6	4.7% ± 1.0
Age					
18-24	243	13.6% ± 6.8	53.2% ± 8.1	26.4% ± 7.7	6.9% ± 5.0
25-44	2,296	21.4% ± 2.3	55.8% ± 2.8	18.7% ± 2.3	4.1% ± 1.1
45-54	1,300	31.0% ± 3.8	53.7% ± 3.9	11.8% ± 2.6	3.5% ± 1.6
55-64	1,393	31.7% ± 3.5	53.2% ± 3.7	11.7% ± 2.3	3.4% ± 1.4
65 and older	1,665	32.2% ± 2.9	54.6% ± 3.0	9.8% ± 1.7	3.4% ± 1.1
Household Income					
< 200% of FPL	1,588	17.4% ± 3.1	50.0% ± 3.8	22.7% ± 3.5	9.8% ± 2.4
≥ 200% of FPL	5,010	27.2% ± 1.8	56.1% ± 2.0	14.2% ± 1.5	2.5% ± 0.7

NOTE: Definitions for the indicators are provided in Appendix D.

Social-Environment Factors



Please rate your agreement with the following statement ...

People in this neighborhood can be trusted

TABLE 91	Sample Size	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,875	30.5% ± 1.6	52.4% ± 1.8	12.9% ± 1.2	4.2% ± 0.7
Minneapolis					
Total	3,184	20.9% ± 2.1	53.0% ± 2.6	18.7% ± 2.1	7.4% ± 1.4
Camden, Near North	862	10.0% ± 3.9	49.1% ± 5.5	25.4% ± 5.1	15.6% ± 3.8
Longfellow, NE, University	719	23.1% ± 4.5	52.0% ± 5.5	21.7% ± 5.4	3.3% ± 2.9
Central, Phillips, Powderhorn	796	10.5% ± 3.1	57.8% ± 4.8	21.4% ± 4.0	10.4% ± 3.6
Calhoun-Isles, Nokomis, SW	807	36.1% ± 4.6	51.7% ± 4.8	8.9% ± 3.1	3.2% ± 2.9
Suburban Areas					
Total	3,691	35.7% ± 2.2	52.1% ± 2.3	9.8% ± 1.4	2.5% ± 0.7
Northwest Suburbs	1,457	31.0% ± 3.3	53.1% ± 3.6	12.2% ± 2.4	3.7% ± 1.5
Northwest - Inner Ring	760	28.2% ± 4.5	52.0% ± 5.1	14.9% ± 4.2	5.0% ± 3.0
Northwest - Outer Ring	697	32.6% ± 4.6	53.7% ± 4.9	10.7% ± 3.1	3.0% ± 1.9
West Suburbs	1,014	39.7% ± 4.7	51.8% ± 4.6	7.2% ± 2.0	1.3% ± 1.1
West - Inner Ring	715	29.1% ± 4.8	55.9% ± 5.0	12.4% ± 3.4	2.6% ± 2.2
West - Outer Ring	299	46.7% ± 6.9	49.2% ± 6.9	3.7% ± 2.9	0.4% ± 2.5
South Suburbs	1,220	39.2% ± 3.8	50.9% ± 3.9	8.4% ± 2.6	1.5% ± 1.0
South - Inner Ring	692	44.8% ± 4.9	44.4% ± 4.9	8.7% ± 3.5	2.2% ± 1.9
South - Outer Ring	528	35.5% ± 5.4	55.2% ± 5.6	8.2% ± 4.0	1.1% ± 1.3
Gender					
Male	2,245	29.9% ± 2.8	54.3% ± 3.0	12.3% ± 2.0	3.5% ± 1.2
Female	4,630	31.0% ± 1.8	50.8% ± 2.0	13.5% ± 1.4	4.8% ± 0.9
Age					
18-24	244	11.2% ± 6.4	55.5% ± 8.1	23.0% ± 7.3	10.3% ± 6.2
25-44	2,288	25.0% ± 2.6	55.5% ± 2.8	15.2% ± 2.0	4.2% ± 1.0
45-54	1,296	35.4% ± 3.9	51.7% ± 3.9	9.4% ± 2.2	3.5% ± 1.3
55-64	1,389	41.0% ± 3.7	47.3% ± 3.7	8.2% ± 1.9	3.5% ± 1.6
65 and older	1,658	45.0% ± 3.0	44.8% ± 3.0	7.9% ± 1.6	2.3% ± 1.0
Household Income					
< 200% of FPL	1,586	15.2% ± 2.8	47.7% ± 3.8	25.7% ± 3.5	11.5% ± 2.5
≥ 200% of FPL	4,996	34.3% ± 1.9	53.9% ± 2.0	9.5% ± 1.1	2.3% ± 0.6

NOTE: Definitions for the indicators are provided in Appendix D.

Social-Environment Factors



Please rate your agreement with the following statement ...

People in this neighborhood are afraid to go out at night due to violence

TABLE 92	Sample Size	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,903	5.5% ± 0.7	15.1% ± 1.1	25.5% ± 1.5	54.0% ± 1.7
Minneapolis					
Total	3,194	10.9% ± 1.7	27.2% ± 2.3	30.2% ± 2.4	31.7% ± 2.4
Camden, Near North	862	28.8% ± 5.0	40.0% ± 5.5	20.6% ± 5.1	10.6% ± 3.6
Longfellow, NE, University	721	7.0% ± 3.8	23.9% ± 5.1	31.2% ± 4.9	37.9% ± 5.4
Central, Phillips, Powderhorn	800	13.2% ± 3.9	33.8% ± 4.6	34.0% ± 4.7	19.1% ± 4.3
Calhoun-Isles, Nokomis, SW	811	1.6% ± 1.6	16.0% ± 3.8	31.4% ± 4.6	51.0% ± 4.8
Suburban Areas					
Total	3,709	2.5% ± 0.8	8.5% ± 1.1	22.9% ± 1.9	66.2% ± 2.1
Northwest Suburbs	1,465	3.5% ± 1.7	11.0% ± 2.2	26.1% ± 3.1	59.5% ± 3.5
Northwest - Inner Ring	764	4.6% ± 2.8	17.5% ± 4.4	33.7% ± 4.9	44.2% ± 5.1
Northwest - Outer Ring	701	2.9% ± 2.3	7.3% ± 2.4	21.7% ± 4.2	68.1% ± 4.5
West Suburbs	1,018	1.2% ± 0.8	5.5% ± 1.5	19.6% ± 3.6	73.7% ± 3.7
West - Inner Ring	717	2.6% ± 1.8	10.7% ± 2.9	27.8% ± 4.6	58.9% ± 4.9
West - Outer Ring	301	0.3% ± 0.8	2.1% ± 1.9	14.3% ± 5.2	83.4% ± 5.3
South Suburbs	1,226	2.0% ± 1.1	7.2% ± 1.8	20.9% ± 3.3	69.9% ± 3.5
South - Inner Ring	694	2.4% ± 1.7	11.0% ± 2.9	21.9% ± 4.1	64.8% ± 4.6
South - Outer Ring	532	1.7% ± 1.8	4.7% ± 2.5	20.3% ± 4.9	73.3% ± 5.1
Gender					
Male	2,255	5.2% ± 1.3	13.6% ± 1.9	24.3% ± 2.4	57.0% ± 2.8
Female	4,648	5.7% ± 0.9	16.3% ± 1.4	26.5% ± 1.8	51.4% ± 2.0
Age					
18-24	245	13.2% ± 6.7	20.9% ± 6.7	27.5% ± 7.3	38.4% ± 8.3
25-44	2,301	5.0% ± 1.1	14.7% ± 1.8	25.8% ± 2.3	54.7% ± 2.7
45-54	1,301	4.1% ± 1.3	10.9% ± 2.1	24.3% ± 3.4	60.7% ± 3.6
55-64	1,395	3.6% ± 1.0	11.9% ± 1.9	24.4% ± 3.2	60.1% ± 3.4
65 and older	1,661	6.2% ± 1.4	21.3% ± 2.4	25.8% ± 2.7	46.6% ± 3.0
Household Income					
< 200% of FPL	1,598	14.8% ± 2.9	26.5% ± 3.1	26.5% ± 3.5	32.3% ± 3.7
≥ 200% of FPL	5,006	2.9% ± 0.7	11.9% ± 1.2	25.1% ± 1.7	60.1% ± 1.9

NOTE: Definitions for the indicators are provided in Appendix D.

Social-Environment Factors



Please rate your agreement with the following statement ...

Gangs are a serious issue in this neighborhood

TABLE 93	Sample Size	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,890	3.8% ± 0.6	8.4% ± 0.9	18.3% ± 1.4	69.5% ± 1.5
Minneapolis					
Total	3,183	8.4% ± 1.3	16.1% ± 1.8	29.4% ± 2.5	46.1% ± 2.5
Camden, Near North	858	29.2% ± 5.1	27.9% ± 4.7	27.4% ± 5.9	15.5% ± 4.0
Longfellow, NE, University	718	2.4% ± 1.6	11.1% ± 3.8	30.3% ± 5.3	56.2% ± 5.4
Central, Phillips, Powderhorn	798	8.1% ± 2.6	24.6% ± 4.3	34.7% ± 4.9	32.7% ± 4.7
Calhoun-Isles, Nokomis, SW	809	1.8% ± 1.7	5.2% ± 2.4	24.4% ± 4.6	68.6% ± 4.7
Suburban Areas					
Total	3,707	1.4% ± 0.7	4.2% ± 1.0	12.4% ± 1.4	82.1% ± 1.7
Northwest Suburbs	1,469	2.2% ± 1.4	6.3% ± 2.1	15.0% ± 2.7	76.5% ± 3.1
Northwest - Inner Ring	769	3.2% ± 2.8	8.0% ± 3.7	24.3% ± 4.8	64.5% ± 5.2
Northwest - Outer Ring	700	1.6% ± 1.8	5.4% ± 2.6	9.8% ± 3.1	83.3% ± 3.8
West Suburbs	1,017	1.0% ± 2.0	2.0% ± 0.7	7.6% ± 1.9	89.4% ± 2.2
West - Inner Ring	717	1.1% ± 1.1	4.9% ± 1.8	16.3% ± 3.7	77.8% ± 4.0
West - Outer Ring	300	0.9% ± 5.1	0.1% ± 0.5	2.0% ± 1.9	97.1% ± 3.2
South Suburbs	1,221	0.6% ± 0.6	2.8% ± 1.3	12.1% ± 2.7	84.6% ± 2.9
South - Inner Ring	688	0.8% ± 1.1	4.0% ± 1.7	16.1% ± 3.9	79.1% ± 4.0
South - Outer Ring	533	0.5% ± 1.0	1.9% ± 2.3	9.5% ± 4.0	88.1% ± 4.2
Gender					
Male	2,251	4.2% ± 1.2	8.5% ± 1.6	18.7% ± 2.3	68.6% ± 2.6
Female	4,639	3.5% ± 0.6	8.2% ± 1.1	18.0% ± 1.6	70.2% ± 1.7
Age					
18-24	244	4.1% ± 3.4	10.5% ± 5.9	24.9% ± 7.0	60.5% ± 7.8
25-44	2,295	4.3% ± 1.0	8.3% ± 1.5	19.7% ± 2.2	67.8% ± 2.5
45-54	1,305	4.2% ± 1.5	8.1% ± 1.8	16.0% ± 2.8	71.8% ± 3.3
55-64	1,389	3.2% ± 1.0	7.1% ± 1.5	15.3% ± 2.6	74.4% ± 2.9
65 and older	1,657	2.3% ± 0.8	8.7% ± 1.7	15.6% ± 2.0	73.4% ± 2.5
Household Income					
< 200% of FPL	1,589	9.9% ± 2.2	16.7% ± 2.8	24.0% ± 3.5	49.3% ± 3.8
≥ 200% of FPL	5,008	2.2% ± 0.5	6.2% ± 0.9	16.8% ± 1.5	74.8% ± 1.6

NOTE: Definitions for the indicators are provided in Appendix D.

Social-Environment Factors



Please rate your agreement with the following statement ...

Children are safe in this neighborhood

TABLE 94	Sample Size	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,866	45.2% ± 1.7	43.5% ± 1.7	8.3% ± 0.9	3.1% ± 0.5
Minneapolis					
Total	3,184	26.7% ± 2.3	51.9% ± 2.6	15.7% ± 1.9	5.7% ± 1.2
Camden, Near North	863	9.6% ± 3.6	45.8% ± 5.5	27.9% ± 4.8	16.8% ± 4.1
Longfellow, NE, University	714	30.0% ± 5.2	56.6% ± 5.4	12.1% ± 4.1	1.3% ± 2.6
Central, Phillips, Powderhorn	797	14.1% ± 4.0	56.1% ± 4.9	22.1% ± 4.4	7.8% ± 2.7
Calhoun-Isles, Nokomis, SW	810	46.5% ± 4.8	47.0% ± 4.8	5.3% ± 2.9	1.2% ± 1.5
Suburban Areas					
Total	3,682	55.2% ± 2.3	38.9% ± 2.2	4.3% ± 1.0	1.6% ± 0.6
Northwest Suburbs	1,459	50.1% ± 3.6	42.4% ± 3.6	6.1% ± 1.7	1.5% ± 1.0
Northwest - Inner Ring	762	39.5% ± 5.1	51.1% ± 5.1	8.3% ± 3.1	1.1% ± 1.1
Northwest - Outer Ring	697	56.1% ± 4.9	37.4% ± 4.9	4.8% ± 2.3	1.7% ± 1.6
West Suburbs	1,011	59.0% ± 4.4	37.7% ± 4.4	1.9% ± 1.1	1.4% ± 1.0
West - Inner Ring	714	43.8% ± 5.0	50.7% ± 5.0	3.7% ± 2.1	1.9% ± 1.9
West - Outer Ring	297	69.1% ± 6.6	29.1% ± 6.6	0.8% ± 1.2	1.0% ± 1.6
South Suburbs	1,212	59.7% ± 3.9	34.7% ± 3.8	3.6% ± 1.9	2.1% ± 1.3
South - Inner Ring	684	58.0% ± 4.9	35.2% ± 4.8	4.2% ± 2.6	2.6% ± 2.6
South - Outer Ring	528	60.8% ± 5.6	34.3% ± 5.6	3.1% ± 3.2	1.7% ± 1.8
Gender					
Male	2,247	48.1% ± 3.0	41.4% ± 2.9	7.7% ± 1.6	2.8% ± 1.0
Female	4,619	42.6% ± 2.0	45.3% ± 2.0	8.8% ± 1.1	3.3% ± 0.7
Age					
18-24	245	33.9% ± 8.4	46.6% ± 8.0	15.5% ± 6.3	4.1% ± 3.6
25-44	2,301	40.5% ± 2.7	47.8% ± 2.8	8.6% ± 1.4	3.2% ± 0.8
45-54	1,304	51.6% ± 3.9	38.7% ± 3.7	6.7% ± 1.8	3.1% ± 1.4
55-64	1,386	57.7% ± 3.5	33.6% ± 3.3	6.4% ± 1.9	2.4% ± 0.9
65 and older	1,630	49.8% ± 3.0	40.6% ± 2.9	7.0% ± 1.7	2.6% ± 1.1
Household Income					
< 200% of FPL	1,579	30.2% ± 3.7	47.6% ± 3.8	15.4% ± 2.9	6.9% ± 1.7
≥ 200% of FPL	4,999	49.3% ± 2.0	42.3% ± 2.0	6.4% ± 1.0	2.0% ± 0.5

NOTE: Definitions for the indicators are provided in Appendix D.

Social-Environment Factors



Please rate your agreement with the following statement ...

People in this neighborhood generally get along with each other

TABLE 95	Sample Size	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,880	46.8% ± 1.7	47.7% ± 1.8	4.5% ± 0.7	1.1% ± 0.4
Minneapolis					
Total	3,189	36.3% ± 2.4	54.8% ± 2.6	7.3% ± 1.5	1.6% ± 0.6
Camden, Near North	863	19.9% ± 4.8	58.7% ± 5.4	16.7% ± 4.3	4.6% ± 2.6
Longfellow, NE, University	720	41.6% ± 5.4	54.3% ± 5.5	4.0% ± 2.6	0.1% ± 0.4
Central, Phillips, Powderhorn	796	22.5% ± 4.2	66.0% ± 4.8	9.5% ± 3.6	2.0% ± 1.3
Calhoun-Isles, Nokomis, SW	810	54.9% ± 4.8	41.8% ± 4.7	2.6% ± 2.8	0.8% ± 1.8
Suburban Areas					
Total	3,691	52.5% ± 2.3	43.8% ± 2.3	2.9% ± 0.9	0.8% ± 0.5
Northwest Suburbs	1,461	48.4% ± 3.6	46.8% ± 3.6	3.9% ± 1.7	0.9% ± 0.9
Northwest - Inner Ring	765	42.8% ± 5.0	52.7% ± 5.0	3.0% ± 2.5	1.5% ± 1.9
Northwest - Outer Ring	696	51.6% ± 4.9	43.4% ± 4.9	4.4% ± 2.5	0.6% ± 1.1
West Suburbs	1,009	56.9% ± 4.5	40.7% ± 4.6	2.2% ± 1.2	0.2% ± 0.1
West - Inner Ring	712	45.7% ± 5.0	49.6% ± 5.0	4.3% ± 2.5	0.4% ± 0.5
West - Outer Ring	297	64.3% ± 6.8	34.9% ± 6.8	0.8% ± 1.7	0.0% ± 0.0
South Suburbs	1,221	55.0% ± 3.9	41.8% ± 3.9	2.1% ± 1.4	1.1% ± 1.3
South - Inner Ring	693	59.6% ± 4.8	36.5% ± 4.7	3.0% ± 2.2	0.9% ± 2.0
South - Outer Ring	528	52.0% ± 5.7	45.3% ± 5.7	1.4% ± 2.4	1.3% ± 2.1
Gender					
Male	2,247	48.4% ± 3.0	46.7% ± 3.0	4.1% ± 1.3	0.9% ± 0.6
Female	4,633	45.4% ± 2.0	48.5% ± 2.0	4.8% ± 0.9	1.3% ± 0.5
Age					
18-24	244	34.0% ± 8.3	57.5% ± 8.3	6.6% ± 5.1	2.0% ± 3.6
25-44	2,295	43.2% ± 2.8	51.1% ± 2.8	5.0% ± 1.3	0.8% ± 0.4
45-54	1,301	52.0% ± 3.9	42.2% ± 3.9	4.2% ± 1.8	1.5% ± 1.3
55-64	1,391	54.9% ± 3.6	40.5% ± 3.5	3.2% ± 1.1	1.5% ± 1.2
65 and older	1,649	53.0% ± 3.0	43.4% ± 2.9	2.7% ± 1.0	0.8% ± 0.7
Household Income					
< 200% of FPL	1,587	29.4% ± 3.6	56.3% ± 3.8	10.9% ± 2.8	3.4% ± 1.4
≥ 200% of FPL	4,999	51.5% ± 2.0	45.3% ± 2.0	2.7% ± 0.7	0.5% ± 0.4

NOTE: Definitions for the indicators are provided in Appendix D.

Social-Environment Factors



How often are you involved in school, community, or neighborhood activities?

TABLE 96	Sample Size N	Weekly	Monthly	Several times a year	About once a year or less	Never
		% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,918	15.7% ± 1.3	12.3% ± 1.2	22.6% ± 1.5	25.7% ± 1.6	23.7% ± 1.5
Minneapolis						
Total	3,201	13.1% ± 1.9	11.5% ± 1.8	23.6% ± 2.4	26.9% ± 2.4	24.8% ± 2.2
Camden, Near North	867	11.8% ± 3.5	11.1% ± 3.4	21.4% ± 5.1	26.6% ± 5.4	29.1% ± 5.0
Longfellow, NE, University	718	12.5% ± 4.2	11.8% ± 4.4	21.2% ± 4.7	29.5% ± 5.2	25.1% ± 4.7
Central, Phillips, Powderhorn	802	11.6% ± 3.4	10.7% ± 3.6	26.9% ± 4.9	24.5% ± 4.3	26.4% ± 4.2
Calhoun-Isles, Nokomis, SW	814	16.0% ± 4.1	12.4% ± 3.3	24.1% ± 4.4	27.2% ± 4.3	20.4% ± 4.2
Suburban Areas						
Total	3,717	17.1% ± 1.8	12.7% ± 1.6	22.0% ± 2.0	25.1% ± 2.0	23.1% ± 2.0
Northwest Suburbs	1,468	16.2% ± 3.0	12.8% ± 2.6	22.1% ± 3.1	25.2% ± 3.3	23.7% ± 3.1
Northwest - Inner Ring	769	14.8% ± 4.0	11.0% ± 3.7	16.8% ± 3.7	28.3% ± 4.9	29.1% ± 4.8
Northwest - Outer Ring	699	17.0% ± 4.1	13.8% ± 3.6	25.1% ± 4.5	23.4% ± 4.4	20.7% ± 4.1
West Suburbs	1,020	20.4% ± 4.2	12.4% ± 3.4	22.1% ± 4.1	23.1% ± 4.0	22.1% ± 3.7
West - Inner Ring	723	14.8% ± 3.6	9.7% ± 3.5	20.5% ± 4.4	27.7% ± 4.8	27.3% ± 4.4
West - Outer Ring	297	24.2% ± 6.6	14.2% ± 5.4	23.2% ± 6.3	20.0% ± 6.1	18.5% ± 5.8
South Suburbs	1,229	15.8% ± 2.8	12.7% ± 2.6	21.9% ± 3.5	26.4% ± 3.7	23.2% ± 3.5
South - Inner Ring	699	18.5% ± 3.7	17.8% ± 4.1	18.3% ± 4.3	22.1% ± 4.5	23.4% ± 4.4
South - Outer Ring	530	14.0% ± 4.2	9.4% ± 3.4	24.3% ± 5.2	29.3% ± 5.4	23.0% ± 5.3
Gender						
Male	2,259	14.4% ± 2.4	10.1% ± 1.9	23.3% ± 2.6	27.3% ± 2.7	25.0% ± 2.5
Female	4,659	16.8% ± 1.5	14.2% ± 1.5	22.0% ± 1.8	24.4% ± 1.8	22.6% ± 1.7
Age						
18-24	244	14.7% ± 6.9	14.0% ± 7.1	23.0% ± 7.6	21.3% ± 7.0	27.0% ± 7.4
25-44	2,302	15.2% ± 2.1	12.2% ± 1.9	21.7% ± 2.4	26.6% ± 2.6	24.3% ± 2.4
45-54	1,312	21.8% ± 3.5	14.6% ± 3.0	24.6% ± 3.5	22.0% ± 3.5	17.0% ± 2.8
55-64	1,386	12.1% ± 2.4	11.5% ± 2.5	23.4% ± 3.3	31.2% ± 3.5	21.9% ± 3.0
65 and older	1,674	12.4% ± 2.1	8.8% ± 1.7	22.4% ± 2.6	25.9% ± 2.7	30.6% ± 2.7
Household Income						
< 200% of FPL	1,592	11.5% ± 2.5	11.8% ± 2.9	22.7% ± 3.5	24.3% ± 3.4	29.8% ± 3.3
≥ 200% of FPL	5,029	16.8% ± 1.6	12.4% ± 1.3	22.6% ± 1.7	26.3% ± 1.8	22.0% ± 1.8

NOTE: Definitions for the indicators are provided in Appendix D.

Social-Environment Factors



How often do you go to a church, temple, synagogue, mosque, or other place for worship or other activities?

TABLE 97	Sample Size N	Daily	Weekly	Monthly	Less often than monthly	Never
		% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,936	0.9% ± 0.3	32.0% ± 1.6	10.5% ± 1.2	25.5% ± 1.6	31.2% ± 1.6
Minneapolis						
Total	3,207	1.2% ± 0.5	24.5% ± 2.2	8.5% ± 1.5	22.1% ± 2.2	43.8% ± 2.6
Camden, Near North	867	2.1% ± 1.6	28.0% ± 4.8	9.2% ± 3.4	19.3% ± 4.7	41.4% ± 5.6
Longfellow, NE, University	722	1.3% ± 1.4	22.5% ± 4.8	7.7% ± 3.5	21.4% ± 4.7	47.1% ± 5.5
Central, Phillips, Powderhorn	806	1.2% ± 1.3	25.3% ± 4.5	6.6% ± 2.6	23.7% ± 4.7	43.2% ± 4.8
Calhoun-Isles, Nokomis, SW	812	0.4% ± 1.0	23.3% ± 4.3	10.8% ± 3.4	22.7% ± 4.2	42.8% ± 4.8
Suburban Areas						
Total	3,729	0.8% ± 0.3	36.0% ± 2.2	11.6% ± 1.6	27.3% ± 2.2	24.3% ± 2.0
Northwest Suburbs	1,472	0.5% ± 0.5	36.5% ± 3.5	11.3% ± 2.6	27.1% ± 3.4	24.6% ± 3.2
Northwest - Inner Ring	772	1.3% ± 1.3	36.5% ± 4.8	8.1% ± 2.9	27.1% ± 5.0	26.9% ± 4.9
Northwest - Outer Ring	700	0.1% ± 0.2	36.5% ± 4.8	13.2% ± 3.7	27.1% ± 4.5	23.2% ± 4.4
West Suburbs	1,023	1.2% ± 0.9	33.2% ± 4.5	11.0% ± 3.1	29.2% ± 4.4	25.4% ± 4.0
West - Inner Ring	725	2.2% ± 1.9	28.5% ± 4.7	12.2% ± 3.7	29.5% ± 4.8	27.6% ± 4.4
West - Outer Ring	298	0.5% ± 1.2	36.4% ± 6.9	10.2% ± 4.9	29.0% ± 6.7	23.9% ± 6.2
South Suburbs	1,234	0.8% ± 0.6	37.5% ± 3.8	12.5% ± 3.0	26.2% ± 3.7	23.0% ± 3.6
South - Inner Ring	703	0.8% ± 0.7	41.2% ± 4.9	13.1% ± 4.1	25.4% ± 4.6	19.6% ± 3.9
South - Outer Ring	531	0.8% ± 1.1	35.0% ± 5.4	12.1% ± 4.4	26.8% ± 5.3	25.3% ± 5.4
Gender						
Male	2,255	1.2% ± 0.5	30.1% ± 2.8	9.6% ± 2.0	26.0% ± 2.8	33.1% ± 2.8
Female	4,681	0.7% ± 0.2	33.6% ± 1.9	11.3% ± 1.4	25.0% ± 1.8	29.5% ± 1.8
Age						
18-24	244	0.5% ± 1.0	23.7% ± 7.3	11.1% ± 6.4	24.0% ± 8.0	40.8% ± 7.9
25-44	2,303	0.4% ± 0.3	25.8% ± 2.5	11.2% ± 1.9	26.7% ± 2.5	36.0% ± 2.6
45-54	1,312	0.8% ± 0.7	36.3% ± 4.0	11.0% ± 2.4	23.7% ± 3.4	28.2% ± 3.6
55-64	1,388	1.2% ± 1.4	36.1% ± 3.7	8.7% ± 2.4	30.5% ± 3.5	23.5% ± 3.0
65 and older	1,689	2.8% ± 1.1	48.6% ± 3.0	8.7% ± 1.9	21.0% ± 2.4	18.9% ± 2.4
Household Income						
< 200% of FPL	1,599	1.6% ± 0.9	32.2% ± 3.5	8.8% ± 2.4	24.0% ± 3.6	33.4% ± 3.6
≥ 200% of FPL	5,036	0.6% ± 0.3	31.3% ± 1.9	11.1% ± 1.4	25.9% ± 1.9	31.0% ± 1.9

NOTE: Definitions for the indicators are provided in Appendix D.

Health Care Access and Utilization



● How often do you get together or talk with friends or neighbors?
● Including on the telephone or online

TABLE 98	Sample Size N	Daily	Weekly	Monthly	Less often than monthly	Never
		% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,947	43.1% ± 1.7	41.5% ± 1.7	7.9% ± 1.1	5.6% ± 0.9	1.9% ± 0.5
Minneapolis						
Total	3,212	46.2% ± 2.6	39.2% ± 2.5	6.8% ± 1.5	5.5% ± 1.2	2.3% ± 0.9
Camden, Near North	871	45.0% ± 5.5	35.7% ± 5.4	7.7% ± 3.8	8.3% ± 2.9	3.4% ± 2.1
Longfellow, NE, University	723	44.8% ± 5.4	41.5% ± 5.5	5.6% ± 2.8	5.2% ± 2.5	2.9% ± 3.0
Central, Phillips, Powderhorn	803	52.2% ± 4.9	33.1% ± 4.8	8.1% ± 3.2	5.0% ± 2.9	1.6% ± 1.0
Calhoun-Isles, Nokomis, SW	815	42.4% ± 4.8	45.0% ± 4.8	6.2% ± 3.3	4.6% ± 2.0	1.8% ± 2.4
Suburban Areas						
Total	3,735	41.4% ± 2.3	42.8% ± 2.3	8.5% ± 1.5	5.7% ± 1.1	1.7% ± 0.7
Northwest Suburbs	1,473	36.4% ± 3.4	45.9% ± 3.6	9.8% ± 2.4	5.8% ± 1.9	2.2% ± 1.5
Northwest - Inner Ring	772	36.9% ± 5.0	44.7% ± 5.1	10.0% ± 3.6	5.9% ± 3.0	2.5% ± 2.1
Northwest - Outer Ring	701	36.1% ± 4.7	46.6% ± 4.9	9.6% ± 3.5	5.8% ± 2.6	2.0% ± 2.5
West Suburbs	1,023	46.0% ± 4.6	40.0% ± 4.5	6.8% ± 2.5	6.2% ± 2.8	1.0% ± 0.8
West - Inner Ring	725	42.2% ± 4.8	41.4% ± 5.0	8.8% ± 3.5	5.6% ± 2.9	2.0% ± 1.9
West - Outer Ring	298	48.7% ± 6.9	39.0% ± 7.0	5.4% ± 3.9	6.6% ± 4.6	0.3% ± 1.0
South Suburbs	1,239	44.9% ± 3.9	40.4% ± 4.0	8.1% ± 2.6	5.1% ± 1.9	1.5% ± 0.8
South - Inner Ring	705	47.0% ± 5.0	38.2% ± 4.9	7.3% ± 2.9	5.4% ± 2.8	2.1% ± 1.3
South - Outer Ring	534	43.5% ± 5.5	41.9% ± 5.7	8.7% ± 4.1	4.9% ± 2.8	1.0% ± 1.4
Gender						
Male	2,259	38.0% ± 2.9	45.2% ± 3.0	9.3% ± 1.9	5.6% ± 1.4	2.0% ± 1.0
Female	4,688	47.5% ± 2.0	38.3% ± 2.0	6.8% ± 1.1	5.7% ± 1.0	1.8% ± 0.6
Age						
18-24	244	53.3% ± 8.1	35.8% ± 8.1	3.9% ± 4.4	4.1% ± 4.8	2.9% ± 3.9
25-44	2,307	41.2% ± 2.7	43.0% ± 2.7	8.5% ± 1.8	5.3% ± 1.4	2.1% ± 0.9
45-54	1,315	38.1% ± 3.8	45.8% ± 4.0	8.2% ± 2.6	6.6% ± 1.8	1.3% ± 0.9
55-64	1,388	40.0% ± 3.6	41.8% ± 3.7	10.0% ± 2.6	7.1% ± 2.1	1.1% ± 0.7
65 and older	1,693	53.0% ± 2.9	33.4% ± 2.9	6.3% ± 1.7	5.3% ± 1.5	2.1% ± 0.9
Household Income						
< 200% of FPL	1,603	47.3% ± 3.8	33.5% ± 3.7	9.4% ± 2.8	7.0% ± 1.9	2.8% ± 0.9
≥ 200% of FPL	5,038	41.9% ± 2.0	43.7% ± 2.0	7.6% ± 1.1	5.3% ± 1.0	1.5% ± 0.7

NOTE: Definitions for the indicators are provided in Appendix D.

Health Care Access and Utilization

Q How often are you in situations where you feel unaccepted because of your race, ethnicity or culture?

TABLE 99	Sample Size N	At least	Once or	A few	Less often	Never
		once a week	twice a month	times a year	than that	
		% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,915	2.5% ± 0.7	3.5% ± 0.7	10.0% ± 1.2	15.3% ± 1.3	68.7% ± 1.7
Minneapolis						
Total	3,208	4.0% ± 1.4	5.4% ± 1.4	13.8% ± 2.0	19.5% ± 2.1	57.3% ± 2.6
Camden, Near North	866	9.0% ± 4.0	12.0% ± 4.7	22.1% ± 4.7	17.2% ± 3.9	39.8% ± 5.4
Longfellow, NE, University	724	2.4% ± 3.4	3.1% ± 3.1	11.5% ± 4.5	21.2% ± 4.7	61.7% ± 5.5
Central, Phillips, Powderhorn	803	4.0% ± 2.9	6.6% ± 3.3	17.8% ± 4.4	23.2% ± 4.5	48.4% ± 4.8
Calhoun-Isles, Nokomis, SW	815	2.6% ± 3.3	2.3% ± 2.6	7.0% ± 3.3	15.3% ± 3.8	72.8% ± 4.8
Suburban Areas						
Total	3,707	1.7% ± 0.9	2.4% ± 0.9	7.9% ± 1.5	13.0% ± 1.7	75.0% ± 2.2
Northwest Suburbs	1,469	2.0% ± 1.6	2.6% ± 1.5	9.0% ± 2.5	14.8% ± 3.0	71.5% ± 3.5
Northwest - Inner Ring	770	2.4% ± 3.6	3.1% ± 2.9	11.2% ± 4.3	16.4% ± 4.2	66.9% ± 5.3
Northwest - Outer Ring	699	1.8% ± 1.9	2.4% ± 1.9	7.8% ± 3.2	14.0% ± 4.0	74.1% ± 4.7
West Suburbs	1,015	1.9% ± 2.1	1.9% ± 1.6	7.4% ± 3.4	10.7% ± 3.0	78.1% ± 4.2
West - Inner Ring	715	3.0% ± 3.3	4.0% ± 2.9	8.4% ± 3.6	11.2% ± 3.7	73.4% ± 4.9
West - Outer Ring	300	1.1% ± 4.5	0.6% ± 3.5	6.8% ± 5.7	10.3% ± 4.7	81.2% ± 6.4
South Suburbs	1,223	1.2% ± 1.7	2.4% ± 1.9	6.7% ± 2.5	12.2% ± 2.8	77.5% ± 3.6
South - Inner Ring	693	0.5% ± 0.7	2.8% ± 2.6	7.3% ± 3.4	15.3% ± 4.3	74.1% ± 4.9
South - Outer Ring	530	1.7% ± 3.0	2.2% ± 3.1	6.2% ± 3.9	10.2% ± 3.9	79.8% ± 5.3
Gender						
Male	2,253	3.1% ± 1.4	3.5% ± 1.2	10.3% ± 2.1	15.1% ± 2.2	68.0% ± 2.9
Female	4,662	2.1% ± 0.7	3.4% ± 0.9	9.7% ± 1.4	15.5% ± 1.5	69.4% ± 1.9
Age						
18-24	244	2.4% ± 2.4	7.8% ± 5.3	17.1% ± 7.0	22.4% ± 7.3	50.4% ± 8.0
25-44	2,304	3.1% ± 1.4	4.5% ± 1.2	11.5% ± 1.9	16.1% ± 2.1	64.9% ± 2.7
45-54	1,304	3.0% ± 1.5	2.1% ± 1.2	9.4% ± 2.6	16.6% ± 3.2	68.9% ± 3.7
55-64	1,392	1.7% ± 0.8	1.8% ± 1.1	6.8% ± 2.3	12.8% ± 2.5	76.9% ± 3.1
65 and older	1,671	0.8% ± 0.7	0.7% ± 0.6	4.4% ± 1.5	8.7% ± 1.9	85.4% ± 2.2
Household Income						
< 200% of FPL	1,594	5.4% ± 2.0	7.6% ± 2.3	18.2% ± 3.3	16.9% ± 3.0	51.9% ± 3.8
≥ 200% of FPL	5,023	1.8% ± 0.8	2.4% ± 0.8	8.0% ± 1.3	15.2% ± 1.5	72.7% ± 1.9

NOTE: Definitions for the indicators are provided in Appendix D.

Social-Environment Factors

Q ● During the past 12 months, how often did you worry that your food would run out before you had money to buy more?

TABLE 100

	Sample Size	Often	Sometimes	Rarely	Never
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,931	5.0% ± 0.9	9.2% ± 1.1	12.2% ± 1.2	73.6% ± 1.6
Minneapolis					
Total	3,213	7.1% ± 1.5	11.9% ± 1.9	13.0% ± 1.9	67.9% ± 2.4
Camden, Near North	870	19.0% ± 5.4	17.1% ± 4.3	17.7% ± 5.0	46.3% ± 5.3
Longfellow, NE, University	722	5.5% ± 3.7	9.1% ± 3.4	12.0% ± 3.9	73.4% ± 5.1
Central, Phillips, Powderhorn	804	6.1% ± 2.9	14.4% ± 4.0	16.4% ± 4.2	63.1% ± 4.9
Calhoun-Isles, Nokomis, SW	817	2.4% ± 1.6	9.0% ± 4.3	7.9% ± 2.7	80.7% ± 4.5
Suburban Areas					
Total	3,718	3.8% ± 1.2	7.8% ± 1.3	11.8% ± 1.6	76.6% ± 2.0
Northwest Suburbs	1,470	5.7% ± 2.3	9.1% ± 2.2	14.1% ± 2.7	71.2% ± 3.4
Northwest - Inner Ring	770	7.2% ± 4.1	10.1% ± 3.3	15.8% ± 4.8	67.0% ± 5.3
Northwest - Outer Ring	700	4.8% ± 3.1	8.6% ± 3.0	13.1% ± 3.4	73.6% ± 4.5
West Suburbs	1,018	2.4% ± 1.5	6.1% ± 2.2	10.4% ± 3.0	81.2% ± 3.6
West - Inner Ring	718	5.4% ± 3.4	8.3% ± 2.9	11.7% ± 3.3	74.6% ± 4.5
West - Outer Ring	300	0.4% ± 1.5	4.6% ± 3.6	9.5% ± 4.8	85.5% ± 5.3
South Suburbs	1,230	2.2% ± 1.6	7.2% ± 2.4	9.7% ± 2.6	80.9% ± 3.3
South - Inner Ring	698	2.2% ± 1.6	6.5% ± 3.1	9.7% ± 3.2	81.7% ± 4.1
South - Outer Ring	532	2.2% ± 2.8	7.6% ± 3.7	9.7% ± 4.0	80.4% ± 4.9
Gender					
Male	2,256	4.3% ± 1.6	7.4% ± 1.6	10.9% ± 2.0	77.5% ± 2.6
Female	4,675	5.5% ± 1.1	10.9% ± 1.4	13.4% ± 1.5	70.2% ± 2.0
Age					
18-24	245	5.4% ± 5.4	19.4% ± 6.9	15.9% ± 6.6	59.3% ± 8.0
25-44	2,304	6.4% ± 1.5	9.8% ± 1.7	14.0% ± 2.0	69.8% ± 2.6
45-54	1,307	5.1% ± 1.7	9.0% ± 2.2	10.9% ± 2.6	75.0% ± 3.3
55-64	1,395	2.9% ± 1.4	6.3% ± 1.7	9.6% ± 2.2	81.3% ± 2.8
65 and older	1,680	1.2% ± 0.9	4.2% ± 1.4	8.0% ± 1.6	86.6% ± 2.1
Household Income					
< 200% of FPL	1,605	17.7% ± 3.3	26.5% ± 3.4	19.4% ± 3.1	36.4% ± 3.7
≥ 200% of FPL	5,024	1.6% ± 0.7	4.8% ± 1.0	10.3% ± 1.3	83.3% ± 1.6

NOTE: Definitions for the indicators are provided in Appendix D.

Social-Environment Factors



How many times have you moved in the past 2 years?

TABLE 101	Sample Size	0 times	1 time	2 or more times
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,903	72.4% ± 1.7	18.0% ± 1.5	9.6% ± 1.2
Minneapolis				
Total	3,193	62.9% ± 2.7	23.3% ± 2.5	13.8% ± 2.2
Camden, Near North	860	62.5% ± 5.7	23.5% ± 5.3	14.1% ± 5.0
Longfellow, NE, University	719	62.8% ± 5.8	22.5% ± 5.1	14.7% ± 5.5
Central, Phillips, Powderhorn	802	53.1% ± 5.0	30.2% ± 5.0	16.8% ± 4.0
Calhoun-Isles, Nokomis, SW	812	73.1% ± 5.1	17.2% ± 4.5	9.7% ± 4.1
Suburban Areas				
Total	3,710	77.5% ± 2.1	15.2% ± 1.8	7.4% ± 1.4
Northwest Suburbs	1,467	78.3% ± 3.5	15.4% ± 3.1	6.3% ± 2.4
Northwest - Inner Ring	770	75.5% ± 5.5	14.7% ± 4.6	9.8% ± 4.8
Northwest - Outer Ring	697	79.8% ± 4.5	15.8% ± 4.3	4.4% ± 2.7
West Suburbs	1,019	75.4% ± 4.2	14.0% ± 3.3	10.6% ± 3.5
West - Inner Ring	719	68.6% ± 4.8	18.2% ± 4.1	13.2% ± 4.1
West - Outer Ring	300	79.9% ± 6.4	11.2% ± 5.1	9.0% ± 5.4
South Suburbs	1,224	78.0% ± 3.7	15.7% ± 3.3	6.3% ± 2.5
South - Inner Ring	692	78.2% ± 4.9	16.2% ± 4.4	5.6% ± 3.3
South - Outer Ring	532	77.9% ± 5.4	15.4% ± 4.8	6.8% ± 3.8
Gender				
Male	2,234	71.9% ± 2.9	18.0% ± 2.5	10.2% ± 2.1
Female	4,669	72.8% ± 2.0	18.1% ± 1.7	9.2% ± 1.4
Age				
18-24	245	21.8% ± 7.8	36.2% ± 7.8	42.0% ± 8.1
25-44	2,296	65.2% ± 2.7	23.6% ± 2.4	11.2% ± 1.9
45-54	1,307	87.6% ± 2.7	10.0% ± 2.5	2.4% ± 1.4
55-64	1,386	89.8% ± 2.3	8.2% ± 2.2	2.0% ± 1.1
65 and older	1,669	90.9% ± 1.8	7.2% ± 1.6	1.9% ± 1.1
Household Income				
< 200% of FPL	1,606	56.2% ± 3.8	23.7% ± 3.5	20.1% ± 3.5
≥ 200% of FPL	5,045	76.4% ± 1.9	16.7% ± 1.7	6.9% ± 1.3

NOTE: Definitions for the indicators are provided in Appendix D.

Social-Environment Factors



During the past 12 months, did you miss a rent or mortgage payment because you didn't have enough money?

TABLE 102

	Sample Size N	Yes % ± 95% C.I.
Hennepin County Total	6,918	8.7% ± 1.1
Minneapolis		
Total	3,205	10.5% ± 1.6
Camden, Near North	865	23.5% ± 4.8
Longfellow, NE, University	722	9.8% ± 3.8
Central, Phillips, Powderhorn	803	10.7% ± 3.6
Calhoun-Isles, Nokomis, SW	815	3.0% ± 1.6
Suburban Areas		
Total	3,713	7.7% ± 1.4
Northwest Suburbs	1,464	9.6% ± 2.6
Northwest - Inner Ring	765	10.4% ± 4.0
Northwest - Outer Ring	699	9.2% ± 3.5
West Suburbs	1,018	5.8% ± 2.4
West - Inner Ring	719	7.8% ± 3.5
West - Outer Ring	299	4.4% ± 3.9
South Suburbs	1,231	6.4% ± 2.5
South - Inner Ring	700	6.2% ± 3.2
South - Outer Ring	531	6.6% ± 3.7
Gender		
Male	2,252	7.4% ± 1.7
Female	4,666	9.8% ± 1.4
Age		
18-24	245	8.2% ± 5.3
25-44	2,298	11.4% ± 1.9
45-54	1,309	8.8% ± 2.1
55-64	1,393	5.8% ± 1.8
65 and older	1,673	1.6% ± 1.1
Household Income		
< 200% of FPL	1,598	23.4% ± 3.5
≥ 200% of FPL	5,017	4.9% ± 1.0

NOTE: Definitions for the indicators are provided in Appendix D

Social-Environment Factors

Q: Are you currently ... ? Marital status

TABLE 103	Sample Size	Married	Living together in a marriage- like relationship	Separated or divorced	Widowed	Never been married
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,895	57.4% ± 1.7	10.2% ± 1.2	8.1% ± 0.8	4.0% ± 0.4	20.2% ± 1.4
Minneapolis						
Total	3,186	43.0% ± 2.6	14.4% ± 2.1	8.6% ± 1.2	3.3% ± 0.6	30.7% ± 2.5
Camden, Near North	858	42.6% ± 5.7	13.5% ± 3.9	11.2% ± 2.6	5.6% ± 2.0	27.0% ± 5.2
Longfellow, NE, University	719	38.9% ± 5.3	16.7% ± 4.7	10.1% ± 3.2	2.9% ± 1.2	31.4% ± 5.6
Central, Phillips, Powderhorn	798	36.2% ± 5.0	14.8% ± 4.1	8.0% ± 2.3	2.1% ± 1.2	38.9% ± 4.8
Calhoun-Isles, Nokomis, SW	811	53.9% ± 4.8	12.4% ± 4.1	6.1% ± 1.7	3.3% ± 1.2	24.2% ± 4.5
Suburban Areas						
Total	3,709	65.2% ± 2.1	8.0% ± 1.4	7.9% ± 1.0	4.4% ± 0.6	14.5% ± 1.8
Northwest Suburbs	1,461	65.3% ± 3.5	9.1% ± 2.6	7.5% ± 1.6	4.0% ± 1.0	14.1% ± 2.9
Northwest - Inner Ring	767	59.3% ± 5.1	9.6% ± 4.0	9.4% ± 2.8	7.2% ± 1.8	14.6% ± 4.6
Northwest - Outer Ring	694	68.7% ± 4.6	8.9% ± 3.4	6.4% ± 2.2	2.2% ± 1.2	13.7% ± 3.9
West Suburbs	1,021	64.4% ± 4.1	6.9% ± 2.6	8.2% ± 1.9	3.9% ± 1.2	16.6% ± 3.4
West - Inner Ring	721	51.8% ± 5.0	10.0% ± 3.4	10.8% ± 2.7	4.2% ± 1.6	23.3% ± 4.3
West - Outer Ring	300	72.8% ± 6.0	4.9% ± 4.1	6.4% ± 2.9	3.7% ± 1.8	12.1% ± 5.1
South Suburbs	1,227	65.8% ± 3.7	7.1% ± 2.6	8.2% ± 1.8	5.3% ± 1.1	13.6% ± 3.1
South - Inner Ring	695	66.9% ± 4.6	6.1% ± 3.1	9.1% ± 2.7	7.2% ± 1.9	10.7% ± 3.7
South - Outer Ring	532	65.0% ± 5.3	7.7% ± 4.2	7.6% ± 2.5	4.1% ± 1.4	15.6% ± 4.6
Gender						
Male	2,238	59.9% ± 2.9	9.7% ± 2.0	6.8% ± 1.2	1.7% ± 0.4	22.0% ± 2.5
Female	4,657	55.3% ± 2.0	10.7% ± 1.4	9.3% ± 0.9	6.0% ± 0.8	18.7% ± 1.6
Age						
18-24	243	12.2% ± 6.1	18.9% ± 6.8	0.2% ± 1.0	0.3% ± 1.5	68.5% ± 7.7
25-44	2,293	60.1% ± 2.7	13.0% ± 2.0	5.1% ± 1.2	0.2% ± 0.6	21.6% ± 2.2
45-54	1,305	65.5% ± 3.4	8.3% ± 2.4	11.1% ± 2.0	0.9% ± 0.6	14.1% ± 2.3
55-64	1,386	66.0% ± 3.1	5.2% ± 1.8	16.7% ± 2.3	3.9% ± 1.5	8.2% ± 1.5
65 and older	1,668	55.4% ± 2.9	2.3% ± 1.0	12.5% ± 1.8	23.3% ± 2.4	6.4% ± 1.4
Household Income						
< 200% of FPL	1,603	30.3% ± 3.8	11.2% ± 2.7	15.4% ± 2.4	7.5% ± 1.5	35.5% ± 3.8
≥ 200% of FPL	5,046	64.3% ± 1.9	10.3% ± 1.4	6.3% ± 0.7	2.7% ± 0.4	16.4% ± 1.5

NOTE: Definitions for the indicators are provided in Appendix D.

Social-Environment Factors



Do you think of yourself as ... ?
Sexual identity

Lesbian, gay
homosexual, bisexual
or transgender

TABLE 104

	Sample Size N	% ± 95% C.I.
Hennepin County Total	6,711	6.8% ± 0.9
Minneapolis		
Total	3,094	12.8% ± 1.9
Camden, Near North	819	13.2% ± 3.8
Longfellow, NE, University	696	13.6% ± 4.6
Central, Phillips, Powderhorn	782	17.6% ± 4.3
Calhoun-Isles, Nokomis, SW	797	7.0% ± 3.0
Suburban Areas		
Total	3,617	3.6% ± 1.0
Northwest Suburbs	1,422	3.9% ± 1.9
Northwest - Inner Ring	741	7.2% ± 4.3
Northwest - Outer Ring	681	2.1% ± 1.7
West Suburbs	993	2.4% ± 1.5
West - Inner Ring	698	3.9% ± 2.4
West - Outer Ring	295	1.3% ± 2.6
South Suburbs	1,202	4.0% ± 2.1
South - Inner Ring	680	2.6% ± 2.3
South - Outer Ring	522	5.0% ± 3.3
Gender		
Male	2,187	9.2% ± 1.8
Female	4,524	4.7% ± 0.9
Age		
18-24	243	11.0% ± 6.2
25-44	2,260	7.4% ± 1.5
45-54	1,270	8.6% ± 2.3
55-64	1,349	3.9% ± 1.4
65 and older	1,589	2.0% ± 1.0
Household Income		
< 200% of FPL	1,503	7.0% ± 2.0
≥ 200% of FPL	4,984	6.9% ± 1.2

NOTE: Definitions for the indicators are provided in Appendix D

Social-Environment Factors



Which of the following best describes the telephone service in your home?

TABLE 105	Sample Size	Land-based telephone line only	Cell phone only	Both land-line and cell phone	No telephone service
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,904	9.1% ± 0.9	34.1% ± 1.7	56.1% ± 1.7	0.7% ± 0.4
Minneapolis					
Total	3,196	11.0% ± 1.5	46.6% ± 2.6	41.0% ± 2.5	1.4% ± 1.1
Camden, Near North	861	14.5% ± 4.3	40.7% ± 5.5	41.1% ± 5.3	3.7% ± 4.7
Longfellow, NE, University	720	10.7% ± 2.9	53.0% ± 5.3	35.2% ± 4.9	1.1% ± 2.7
Central, Phillips, Powderhorn	803	11.1% ± 3.0	54.8% ± 4.8	32.2% ± 4.7	1.9% ± 2.9
Calhoun-Isles, Nokomis, SW	812	8.9% ± 3.2	35.9% ± 4.9	55.2% ± 4.9	0.0% ± 0.0
Suburban Areas					
Total	3,708	8.2% ± 1.0	27.3% ± 2.2	64.3% ± 2.3	0.3% ± 0.3
Northwest Suburbs	1,465	7.1% ± 1.5	29.0% ± 3.6	63.6% ± 3.6	0.3% ± 0.8
Northwest - Inner Ring	770	11.3% ± 2.8	30.2% ± 5.3	57.8% ± 5.1	0.7% ± 2.1
Northwest - Outer Ring	695	4.7% ± 2.0	28.3% ± 4.8	66.8% ± 4.8	0.2% ± 0.9
West Suburbs	1,019	9.6% ± 2.9	27.6% ± 4.1	62.8% ± 4.4	0.1% ± 0.4
West - Inner Ring	719	8.9% ± 2.5	42.2% ± 5.1	48.7% ± 4.9	0.3% ± 0.9
West - Outer Ring	300	10.0% ± 4.8	17.8% ± 6.1	72.1% ± 6.5	0.0% ± 0.0
South Suburbs	1,224	8.6% ± 1.6	24.7% ± 3.9	66.5% ± 3.9	0.3% ± 0.4
South - Inner Ring	692	12.7% ± 2.9	24.6% ± 5.2	62.4% ± 5.1	0.3% ± 0.9
South - Outer Ring	532	5.8% ± 2.1	24.8% ± 5.6	69.1% ± 5.5	0.2% ± 0.8
Gender					
Male	2,237	8.4% ± 1.5	36.2% ± 3.0	54.5% ± 3.0	0.9% ± 0.9
Female	4,667	9.8% ± 1.0	32.3% ± 1.9	57.5% ± 2.0	0.4% ± 0.4
Age					
18-24	246	3.6% ± 5.4	71.1% ± 8.3	23.4% ± 8.1	1.9% ± 5.2
25-44	2,298	4.0% ± 1.1	49.4% ± 2.7	45.9% ± 2.8	0.8% ± 0.6
45-54	1,308	10.4% ± 2.5	16.0% ± 3.0	73.0% ± 3.5	0.6% ± 0.8
55-64	1,384	10.7% ± 2.0	10.1% ± 2.0	79.0% ± 2.7	0.2% ± 0.2
65 and older	1,668	27.0% ± 2.5	3.6% ± 1.2	69.3% ± 2.6	0.1% ± 0.3
Household Income					
< 200% of FPL	1,609	19.1% ± 2.7	43.6% ± 3.8	34.6% ± 3.7	2.7% ± 1.9
≥ 200% of FPL	5,046	6.1% ± 0.9	32.4% ± 1.9	61.4% ± 2.0	0.1% ± 0.2

NOTE: Definitions for the indicators are provided in Appendix D.

Social-Environment Factors



SHAPE 2010

Appendices



SHAPE 2010

Appendix A

Design and methodology summary

The *SHAPE 2010 - Adult Survey* data were collected using self-administered surveys that were mailed to sampled households. The administration of the survey was conducted by Hennepin County Human Services and Public Health Department.

There were 7,071 surveys completed as part of the *SHAPE 2010 - Adult Survey* project. *SHAPE 2010* also included a component, *SHAPE 2010 - Child Survey*, for collecting health information about children. This document will give a brief summary of the survey design for the **adult** component. The *SHAPE 2010 Child Data Book* will explain the sampling design for the child component.

The households included in the *SHAPE 2010 - Adult Survey* came from a sample of all residential addresses in Hennepin County. The sample frame was purchased from Experian, a licensed vendor for the US Postal Service's Delivery Sequence File, or DSF. Each of the DSF addresses was geocoded into one of six primary geographic sampling areas. Four of the sampling areas were in Minneapolis and two were in suburban Hennepin County.

Within each of the primary geographic sampling areas, some smaller areas were over-sampled to increase the probability that residents of subpopulations of special interest (i.e., Hispanics/Latinos, Southeast Asians, African-born Blacks, US-born Blacks) were included in sufficient

numbers. For *SHAPE 2010 - Adult Survey*, the adult with the next birthday from each sampled household was asked to participate in the survey.

Survey Response Rate

The standard outcome formula from the American Association of Public Opinion Researchers (AAPOR) to compute its response rate (RR4) was used as part of *SHAPE 2010*.

Between June and September 2010, 33,014 households were contacted, and 7,071 self-administered surveys were completed with adults. Of these, 70 surveys were omitted from the analysis due to missing data on key variables. The response rate for the survey was 23.3%.

Weighting of Sample Data

For the data analyses, a statistical procedure called **weighting** was applied to the sample data. Weighting the data addresses two primary issues:

1. Respondents had different probabilities of being selected for the study, and
2. The demographics of those who participated in the survey may not match the age and gender distributions and racial/ethnic groups in the population from which they were sampled.

Using this technique allows for estimates from the data to represent the entire county population. *SHAPE 2010 - Adult Survey* was designed to provide data for different geographic areas and also for specific demographic subgroups.

Greater detail on the specific weighting techniques performed and on other technical issues regarding the *SHAPE 2010* data will be covered in the *SHAPE 2010 Methodology Report*, to be released at a later date.

Potential Sources of Bias to the Survey Results

The *SHAPE 2010 - Adult Survey* results allow conclusions to be drawn about the health of all adults currently living in Hennepin County. However, several limitations of the survey design and constraints on the data collection should be taken into consideration. Since *SHAPE 2010 - Adult Survey* used a mail-only approach, many of the concerns regarding bias with a telephone-only survey (e.g., people without phones or with cell-phones only) are reduced. However, some of the biases inherent with a mail-only survey (e.g., low and/or unequal response rates across populations) are present.

Another potential source of bias may occur when a selected adult does not complete the survey. In some cases, an adult in the selected household refused to participate in the study. To the extent that non-respondents are somehow different from respondents on the health-related variables in this study, the survey results could be biased



SHAPE 2010

Appendix B Description of SHAPE 2010 sample

The responses given by 7,001 adults in Hennepin County are the basis for the findings of the *SHAPE 2010 - Adult Survey*.

The distribution of the respondents by reporting categories is shown in Figure 2.

Figure 2. Number of unweighted respondents for the *SHAPE 2010 - Adult Survey* by reporting category

	N		N
Hennepin County Total	7,001	Gender	
		Male	2,272
		Female	4,729
Minneapolis		Age	
Total	3,241	18 - 24	246
Camden, Near North	881	25 - 44	2,315
Longfellow, NE, University	730	45 - 54	1,323
Central, Phillips, Powderhorn	810	55 - 64	1,402
Calhoun-Isles, Nokomis, Southwest	820	65 and over	1,715
Suburban Areas		Household Income	
Total	3,760	< 200% of Federal Poverty Level	1,626
Northwest suburbs	1,483	≥ 200% of Federal Poverty Level	5,057
Northwest - Inner Ring	779	Federal Poverty Level unknown	318
Northwest - Outer Ring	704		
West suburbs	1,031		
West - Inner Ring	729		
West - Outer Ring	302		
South suburbs	1,246		
South - Inner Ring	708		
South - Outer Ring	538		



SHAPE 2010

Appendix C

How to read the tables

This data book presents results for many health indicators from the *SHAPE 2010 - Adult Survey* for county adults by a number of geographic areas. The data are also reported by demographic variables including gender, age, and household income.

In most of the data tables, the title is the actual survey question and is presented as it was asked (e.g., “Do you currently have insurance that pays for all or part of your dental care?”). Some tables report results that are calculated from one or more survey questions. The titles for these tables state the content of the data tables without being in question form (e.g., “Weight status based on Body Mass Index calculation”). The survey questions used for those calculations and the applicable calculation methods are explained in Appendix D.

All results are reported as percentages (%) with corresponding 95% confidence intervals (\pm 95% C.I.). The one exception is Table 6, “Average number of unhealthy days during the past 30 days”, where the average, or mean, and its corresponding confidence intervals are reported. In all cases, the number, N, listed in the column labeled Sample Size, is the actual number of persons whose responses were included to compute those percentages.

Most questions in the SHAPE 2010 - Adult Survey were asked of all participants. However, some questions are part of a set (e.g., a series of questions about diabetes), and are asked only of pertinent sub-

groups among all survey respondents after the lead question. These questions often have a much smaller sample size than other questions. Tables with questions of this type are indicated by the phrase “Among persons ...”.

When only a small number of respondents answer a question, the sample size may be too small to provide a reliable estimate. Therefore, in this data book, results are not presented when there are fewer than 30 respondents for any particular question. Omissions of this type are indicated by the symbol “<30”.

Data Tables

Most of the data tables in this report are similar to the table shown in Figure 3. Each row on a table corresponds to a geographic area or demographic subgroup.

Geographic data are presented for Hennepin County Total, for Minneapolis Total, and for Suburban Area Total.

The data are presented also for smaller geographic areas in Hennepin County, including three large suburban areas and four areas in Minneapolis. Lastly, the data are presented for the smallest suburban reporting areas – the inner- and outer-ring areas in Northwest, West, and South Suburban Hennepin County.

Figure 3. Example data table



TABLE X	Sample Size	Response 1	Response 2	Response 3	Response 4
	N	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.	% ± 95% C.I.
Hennepin County Total	6,957	58.6% ± 1.7	31.2% ± 1.7	6.6% ± 0.9	3.3% ± 0.5
Minneapolis					
Total	3,218	31.2% ± 0.7	40.1% ± 0.6	19.7% ± 1.4	9.0% ± 0.9
Camden, Near North	872	19.4% ± 3.6	28.5% ± 4.1	31.6% ± 1.3	20.5% ± 2.1
Longfellow, NE, University	728	43.5% ± 4.0	36.0% ± 5.6	13.9% ± 1.0	6.6% ± 1.9
Central, Phillips, Powderhorn	804	31.2% ± 5.9	44.3% ± 4.9	14.7% ± 0.5	10.8% ± 2.3
Calhoun-Isles, Nokomis, SW	814	19.4% ± 5.6	43.3% ± 7.6	26.4% ± 0.9	10.9% ± 1.7
Suburban Areas					
Total	3,739	67.2% ± 2.2	27.7% ± 0.8	4.0% ± 0.4	1.1% ± 0.9
Northwest Suburbs	1,476	59.3% ± 3.4	32.6% ± 1.0	6.2% ± 0.5	1.9% ± 1.4
Northwest - Inner Ring	774	49.4% ± 6.0	39.8% ± 2.6	8.4% ± 1.2	2.4% ± 2.8
Northwest - Outer Ring	702	64.4% ± 4.8	28.9% ± 0.7	5.1% ± 0.5	1.7% ± 1.8
West Suburbs	1,027	26.2% ± 0.9	42.5% ± 4.9	23.2% ± 1.2	8.2% ± 1.9
West - Inner Ring	725	25.1% ± 1.0	44.0% ± 5.1	22.1% ± 1.1	8.8% ± 1.5
West - Outer Ring	302	28.3% ± 1.6	40.9% ± 4.2	25.1% ± 2.0	5.7% ± 3.3
South Suburbs	1,236	71.2% ± 1.4	25.6% ± 3.9	2.6% ± 1.0	0.6% ± 2.0
South - Inner Ring	704	68.5% ± 1.3	25.9% ± 6.1	4.2% ± 1.3	1.3% ± 2.3
South - Outer Ring	532	72.8% ± 2.4	25.4% ± 5.3	1.6% ± 1.8	0.2% ± 3.2
Gender					
Male	2,255	37.3% ± 1.5	40.3% ± 4.1	11.2% ± 0.6	11.2% ± 1.3
Female	4,702	35.8% ± 1.3	40.6% ± 3.5	10.8% ± 0.4	12.8% ± 0.6
Age (years)					
18-24	245	39.7% ± 4.6	40.4% ± 4.4	12.2% ± 0.0	7.6% ± 0.0
25-44	2,310	48.8% ± 5.7	38.3% ± 4.7	7.7% ± 0.5	5.2% ± 0.9
45-54	1,318	40.0% ± 2.3	49.5% ± 2.2	5.7% ± 0.6	4.8% ± 2.4
55-64	1,396	61.6% ± 1.1	30.0% ± 1.3	5.8% ± 1.5	2.5% ± 1.8
65 and older	1,688	52.8% ± 1.8	32.7% ± 2.0	7.5% ± 1.4	7.0% ± 2.3
Household Income (last year)					
< 200% of FPL	1,608	49.4% ± 0.9	39.8% ± 1.2	8.4% ± 0.8	7.3% ± 1.3
≥ 200% of FPL	5,035	64.4% ± 0.7	28.9% ± 0.7	5.1% ± 0.3	3.0% ± 0.8

NOTE: Definitions for the indicators are provided in Appendix D.

The denotations for the symbols or signs used in the data tables are:
 N: Sample size (unweighted or actual number of survey respondents)

%. Percentage
 Ave. Average or mean
 C.I. Confidence interval

How to Read the Tables

The data for the Northeast area in Minneapolis and for Minneapolis Total include the Hennepin County portion of St. Anthony, which is noted in Appendix D. This is because the City of St. Anthony is geographically split between Hennepin County and Ramsey County. The Hennepin County portion of St. Anthony is adjacent to the Northeast community of Minneapolis.

Below the results by geography are rows showing the results for demographic subgroups including gender, age and household income. For gender the categories are male and female. For the data on age, categories include: 18-24, 25-44, 45-54, 55-64 and those aged 65 and older. The data presented on household income is separated into two categories, those below 200% of the Federal Poverty Level and those greater than or equal to 200% of the Federal Poverty Level.

The columns on a table show the sample size (number of cases, or N) within each geographic area or demographic subgroup, and the percentage of respondents within that geographic area or population who gave a particular response to the question being presented in that table.

The percentage of respondents giving a particular response is listed as a pair of numbers, % \pm 95% C.I. These numbers should be interpreted in the following way: % is the percentage of respondents in the sample from that group who gave that particular response to the question. 95% C.I. is the number of percentage points that should be added to, or subtracted from, the percentage to obtain the upper and lower limits of the 95% confidence interval for the percentage.

For example, in Figure 3, in the column labeled "Response 2" and the row for "West Suburbs" in the Suburban Areas section, the percentage equals 42.5% and the 95% C.I. equals 4.9%. Thus, the 95% confidence interval is 37.6% (or 42.5% - 4.9%) to 47.4% (or 42.5% + 4.9%).

Please note that the sample size, or **N**, presented in the table is the actual number of respondents for that particular geographic area or demographic subgroup, while the % and the 95% C.I. are weighted results. The weighted sample size may be different from the observed sample size. For more information, please refer to the *SHAPE 2010 Methodology Report* (to be published at a later date). To access the report, go to the web site www.Hennepin.us/SHAPE.

Calculation of results not presented on the tables

It is important to note that data that are not provided in a table cannot be calculated from the data provided in the table.

The reader may think that data that are not presented in the table may be derived from the marginalization of the data provided. For example, readers may attempt to use specific calculations to obtain estimates combining areas, for example Northwest Inner-ring and West Inner-ring Suburbs. For *SHAPE 2010* data, ***such a practice is methodologically incorrect and must not be attempted*** for the following reasons:

- All percentages and corresponding 95% confidence intervals are based on weighted results, and different weights were used for different estimates.
- The sample sizes provided were the actual numbers of survey respondents and are not weighted sample sizes.

The *SHAPE 2010 Methodology Report* will provide detailed information on each of the weights and how they were derived.

How to Read the Tables

Confidence Intervals

A confidence interval (C.I.) is sometimes called the “margin of error.” A 95% confidence interval can be interpreted as follows: if the survey was conducted many times, 95 times out of 100, the estimate for the actual percentage (%) would fall within the range $\% \pm 95\% \text{ C.I.}$ In the example above, this means that 95 times out of 100, the percentage for Response 2 for West Suburbs in Hennepin County would fall somewhere between $42.5\% \pm 4.9\%$ (or between 37.6% to 47.4%).

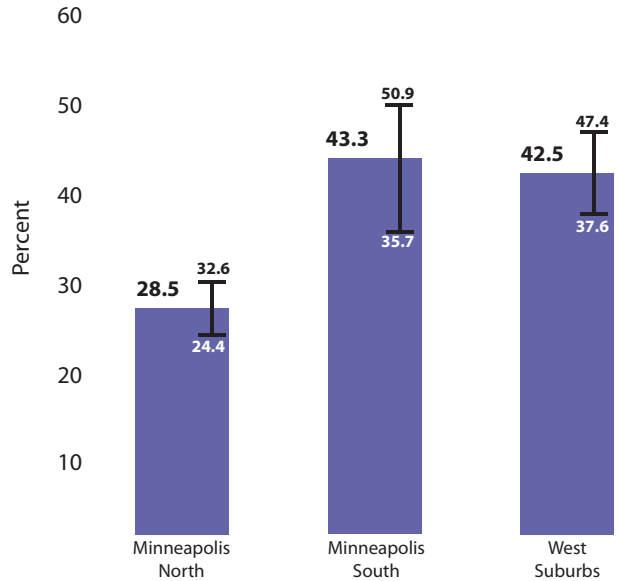
Confidence intervals can be used to determine the reliability of an estimate from *SHAPE 2010*, and can also be used to see if the difference in the estimates between groups is statistically significant or not. However, there are also limitations in the use of these confidence intervals in the *SHAPE* data. Both the uses and the limitations of confidence intervals are discussed below.

Uses of Confidence Intervals

One common use of the confidence interval is to determine the reliability of an estimate from *SHAPE 2010*. The wider the confidence interval, the less reliable is the estimate.

To continue the example from above, the confidence intervals for Response 2 for the North area of Minneapolis (i.e., the combination of the Camden and Near North communities), the South area of Minneapolis (i.e., the combination of the Calhoun-Isles, Nokomis, and Southwest communities), and for the West Suburbs of Hennepin County from Figure 3 are depicted in Figure 4.

Figure 4. Percentage and confidence intervals for response 2 among selected geographic areas



Each bar represents the point estimate (the percentage for the respective area) and the upper and lower limits of the corresponding 95% confidence interval are plotted. In Figure 4, the confidence interval for Minneapolis North is narrower than the confidence interval for Minneapolis South. This implies that the percentage for Response 2 Minneapolis North (28.5%) is a relatively reliable estimate. The percentage for Response 2 for Minneapolis South (43.3%) has a wider confidence interval and is therefore relatively less reliable.

How to Read the Tables

Readers will find that the confidence intervals are relatively wider for smaller geographic areas such as the inner- and outer-ring suburban areas and the four areas in Minneapolis, and relatively narrower for larger geographic areas such as Hennepin County Total, Minneapolis Total and Suburban Area Total. Many factors contribute to the width of confidence intervals; foremost in the *SHAPE 2010* data is the sample size. The larger the sample size is, the narrower the confidence interval will be. The width of confidence intervals will be discussed in detail in the *SHAPE 2010 Methodology Report*.

Another use of the 95% confidence interval is to compare differences in percentages between geographic areas or demographic subgroups. The general rule is that if there is **no overlap** between the confidence intervals for the percentages from different geographic areas or populations, then there is a statistically significant difference between the percentages. However, if the confidence intervals for different groups **do overlap**, then there is no statistically significant difference between them.

Returning to Figure 4, it can be seen that the confidence intervals on Response 2 for Minneapolis North and Minneapolis South, and for Minneapolis North area and West Suburbs **do not overlap**. This means that the percentages for Minneapolis North and Minneapolis South (28.5% and 43.3% respectively) as well as the percentages for Minneapolis North and the West Suburbs (28.5% and 42.5% respectively) **are** significantly different statistically. In contrast, the confidence intervals for Minneapolis South and the West Suburbs **do overlap**, meaning that the percentages for these areas (43.3% and 42.5%, respectively) **are not** significantly different statistically.

Limitations of Confidence Intervals

An important **limitation** of using confidence intervals to determine statistical significance is that such use may occasionally lead to incorrect conclusions about whether or not the difference is statistically significant. This is particularly likely to happen when the ends of the confidence intervals are very close (i.e., just barely do or do not overlap).

Another **limitation** of the confidence intervals in these data tables is that those presented are forced symmetric, which are often wider than the actual confidence interval. The conventional method for confidence interval calculation uses the normal approximation, and will lead to a confidence interval that is symmetric around the point estimate (either a percentage or an average).

However, the conventional method cannot provide correct confidence interval calculations for the *SHAPE 2010* data due to its complex survey design.

Instead, a robust method (called the Sandwich method) for confidence interval calculation via the statistical package STATA is used. The confidence intervals calculated via this robust method often lead to an asymmetric confidence interval around a point estimate (either a percentage or an average). For example, in Figure 3, the exact 95% confidence interval for Minneapolis North for Response 2 is 24.7% (28.5% - 3.8%) to 32.6% (28.5% + 4.1%), slightly asymmetric around 28.5%.

To simplify the data for our readers, we used the absolute value of the largest end of the asymmetric 95% C.I. to provide a symmetric C.I. for the point estimate. In the above example, the 95% C.I. of 4.1% is used to provide the upper- and lower-end confidence intervals, symmetric around 28.5%. It should be noted that some lower confidence intervals might end with a value that is less than 0%. In this case, 0% should be used as the confidence interval lower limit.



SHAPE 2010

Appendix D

Technical Notes

This appendix provides both technical notes that apply to every data table in this report and technical notes that are specifically related to a particular table.

General technical notes

Each of the data tables in this data book presents one or more health indicators. The data are reported for Hennepin County total as well as for selected demographic characteristics, including geographic area, age, gender and household income.

- **Geographic area**

Information on residential location of the survey respondents was obtained by extracting address data from the sample frame used for this study (See Appendix A for more information). The address data were then geo-coded and the geographic area was assigned to each participant. The geographic areas are described in the introductory section of this report.

- **Age**

Five age groups are presented based on the respondent's self-reported age. The groups are: age 18-24, age 25-44, age 45-54, age 55-64 and age 65 and older.

Among the 7,001 survey respondents that this data book is based on, 80 did not answer the survey question about their age. For these respondents, the age group was assigned by using the responses they provided on other age-related survey questions, including: years living in the United States; household size and age distribution of household members; being on Medicare; being on MNcare; being retired; and getting physical activity mostly through work.

- **Gender**

Gender group was based on the survey respondent's self-reported gender, categorized as *male* and *female*.

Among the 7,001 survey respondents that this data book is based on, 37 did not answer the question about their gender. For these respondents, the gender group was assigned by using responses they provided on the other gender-related survey questions, including: gender specific binge drinking questions; questions on receiving gender specific preventive care or screenings (pap smear, mammogram); and reported gestational diabetes or hypertension.

Technical Notes

- **Household Income**

Two groups were identified based on household incomes: *under 200 percent Federal Poverty Level (FPL)* and *at or above 200 percent FPL*

For household income, survey respondents were asked: *Approximately what was your household's income from all sources last year before taxes?* The response categories included: *< \$15,000; \$15,001 to \$20,000; \$20,001 to \$25,000; \$25,001 to \$35,000; \$35,001 to \$45,000; \$45,001 to \$65,000; and > \$65,000.* The categories for household income were then converted to FPL (either *<200% FPL* or *≥ 200% FPL*) according to the 2009/2010 Federal Poverty Guidelines (See reference 1).

Among the 7,001 survey respondents, 336 (or 4.8%) did not answer the question about household income. For these respondents, the following two income-related questions were used to assign their income status:

- *Do you have health coverage via Medicaid, MA, GMAC or PMAP?*
- *During the past 12 months, have you or anyone in your in your household received MFIP, WIC, or food support (food stamp) services?*

Programs listed in both of these two questions have income eligibility requirements that are below 200 percent FPL. If a respondent did not answer the household income question, but answered a “yes” to either of above two questions, then the respondent was classified as under 200 percent FPL. As a result, 48 additional respondents were classified as under 200 percent FPL.

Figure 5 presents the distribution of household income for the *SHAPE 2010* adult sample. There were 318 (or 4.5%) respondents with unknown household income as measured by FPL. These cases were excluded when results are reported by household income in the data tables.

Figure 5. Number of respondents by household income, *SHAPE 2010* (unweighted)

Household income	N	Percent
<200% of FPL	1626	23.2%
≥ 200 of FPL	5057	72.3%
FPL unknown	318	4.5%
Total	7001	100.0%

Note: Household income as measured by federal poverty level (FPL).

Technical Notes

Table-specific technical notes

Table(s)	Topic	Technical Notes
2	Unhealthy physical health days	Valid range is 0 to 30 days. A value of 31 days was coded as 30. A value exceeding 31 days was classified as invalid. (See reference 2).
3	Unhealthy mental health days	Valid range is 0 to 30 days. A value of 31 days was coded as 30. A value exceeding 31 days was classified as invalid. (See reference 2).
4	Unhealthy days	<i>“Unhealthy days (or unhealthy physical and mental health days)”</i> is the sum of unhealthy physical health days plus unhealthy mental health days during the past 30 days. The value was set to 30 days if the sum is greater than 30 days. (See reference 2).
5	Activity limitation days	Valid range is 0 to 30 days. A value of 31 days was coded as 30. A value exceeding 31 days was classified as invalid. If <i>“unhealthy physical health days”</i> is zero and <i>“unhealthy mental health days”</i> is zero, the value of <i>“activity limitation days”</i> was coded as zero. (See reference 2).
6	Unhealthy days ... (average)	Multiple indicators are reported in this table. For each of the indicator, valid range is 0 to 30 days. A value of 31 days was coded as 30. A value exceeding 31 days was classified as invalid. For <i>“activity limitation days,”</i> the value was coded as zero if <i>“unhealthy physical health days”</i> is zero and <i>“unhealthy mental health days”</i> is zero. (See reference 2).
8	Diabetes, sugar disease	<p>Respondents were asked:</p> <p>A7. <i>Have you ever been told by a doctor or other health care professional that you have diabetes or sugar diseases?</i></p> <ul style="list-style-type: none"> <input type="radio"/> Yes <input type="radio"/> Yes, but only during pregnancy <input type="radio"/> Pre-diabetes or borderline diabetes <input type="radio"/> No <p>Respondent were instructed to check only one choice. In the case that a respondent checked two or more choices, the one with higher clinical significance (or severity) was used in data reporting. For example, if the respondent checked both <i>“yes”</i> and <i>“pre-diabetes or borderline diabetes,”</i> he/she was classified as having <i>“diabetes or sugar disease.”</i></p> <p>The reported data excludes those who only have/had gestational diabetes.</p>
10	Diabetes care - Eye exam	The survey question included a clarifying statement: <i>This would have made your eyes temporarily sensitive to bright light.</i>
11	Cardiovascular disease	<p>For <i>“Heart attack,”</i> the survey question also included a specifying phrase, <i>“... also called a myocardial infarction.”</i></p> <p><i>“Any of these three”</i> was derived by summing the responses of the three cardiovascular diseases or conditions: <i>heart attack, angina or coronary heart disease, and stroke.</i></p>

Technical Notes

Table-specific technical notes

Table(s)	Topic	Technical Notes
12	High blood pressure or hypertension	<p>Respondents were asked:</p> <p>A11. <i>Have you ever been told by a doctor or other health care professional that you have hypertension, also called high blood pressure?</i></p> <ul style="list-style-type: none"> <input type="radio"/> Yes <input type="radio"/> Yes, but only during pregnancy <input type="radio"/> Borderline high or pre-hypertensive <input type="radio"/> No <p>Respondent were instructed to check only one choice. In the case that a respondent checked two or more choices, the one with higher clinical significance (or severity) was used in data reporting. For example, if the respondent checked both “yes” and “borderline high or pre-hypertensive,” he/she was classified as having “hypertension.”</p> <p>The reported data excludes those who only have/had gestational hypertension.</p>
25	Serious psychological distress	<p>“<i>Serious psychological distress</i>” is a scale derived from six psychological distress questions that are reported in Table 19 to 24. For each of these six questions, the response values of 0 to 4 were assigned to each of the five response categories (with “<i>all of the time</i>” assigned 4 and “<i>none of the time</i>” assigned 0). The response values of all six questions were then summed to yield a scale ranging from 0 to 24. A value of 13 or more on this scale was used to define experiencing “<i>serious psychological distress</i>.” (See reference 3,4).</p>
26	Depression - ever had and taking medication	<p>Respondents were asked four questions on depression:</p> <p>B7. <i>Have you ever been told a doctor or other health care professional that you have depression?</i></p> <ul style="list-style-type: none"> <input type="radio"/> Yes <input type="radio"/> No <p>B8. <i>Are you currently under the care of a doctor or other health care professional such as a psychiatrist, a psychologist, a therapist, or a counselor for your depression?</i></p> <ul style="list-style-type: none"> <input type="radio"/> Yes <input type="radio"/> No <p>B9. <i>Are you currently taking any medication that was prescribed for you to treat depression?</i></p> <ul style="list-style-type: none"> <input type="radio"/> Yes <input type="radio"/> No <p>B10. <i>Do you still have depression?</i></p> <ul style="list-style-type: none"> <input type="radio"/> Yes <input type="radio"/> No <p>Respondents were classified as “<i>ever had depression</i>” if they checked “yes” to question B7. Very few respondents skipped question B7, but checked “yes” to either of question B8, B9 or B10. These cases were classified as “<i>ever had depression</i>.”</p>
27	Depression care and current status	<p>Respondents were classified as “<i>currently under the care of a doctor or other health care professional for depression</i>” if they have <i>ever had depression</i>, <u>and also</u> responded “yes” to either of question B8 or B9 (See technical notes for Table 26).</p> <p>Respondents were classified as “<i>still having depression</i>” if they have ever been told by a doctor or health professional that they had depression, <u>and also</u> responded “yes” to either of questions B8, B9 or B10 (See technical notes for Table 26).</p>

Technical Notes

Table-specific technical notes

Table(s)	Topic	Technical Notes
29	Insurance coverage	<p><i>“Public”</i> health insurance is coverage through any of the following:</p> <ul style="list-style-type: none"> ▪ Medicare or railroad retirement plan ▪ Veterans Affairs, Military Health, TRICARE or CHAMPUS ▪ MinnesotaCare ▪ Medicaid, MA, GAMC, or PMAP (MA: Medical Assistance; GAMC: General Assistance Medical Care; MinnesotaCare: a state-sponsored health insurance plan; PMAP: Prepaid Medical Assistance Program). ▪ Minnesota Comprehensive Health Association (MCHA). <p><i>“Private”</i> health insurance is coverage through any of the following:</p> <ul style="list-style-type: none"> ▪ Health insurance through the respondent’s or someone else’ employer or union ▪ Health insurance bought directly by the respondent or someone else. <p>A small number of persons reported that they were covered by both <i>“private”</i> and <i>“public”</i> health insurance; these were included under <i>“public”</i> health coverage in this table.</p> <p><i>“Uninsured,”</i> or <i>“currently uninsured”</i> includes those having neither <i>“public”</i> nor <i>“private”</i> coverage.</p> <p>A person was classified as <i>“uninsured”</i> if he or she only had Indian Health Service.</p> <p>The total percentage does not add to 100% due to a very small number of respondents who reported that they were covered by at least one type of health insurance, but did not provide any information on whether it was <i>“private”</i> or <i>“public”</i> coverage. This small number of cases is not reported in Table 29.</p>
30	Health coverage- types of coverage	<p><i>“MA”</i>: Medical Assistance; <i>“GAMC”</i>: General Assistance Medical Care; <i>“MinnesotaCare”</i>: a state-sponsored health insurance plan; <i>“PMAP”</i>: Prepaid Medical Assistance Program, <i>“MCHA”</i>: Minnesota Comprehensive Health Association.</p>
32	Insurance coverage in the past 12 months	<p>A small number of respondents reported that they were <i>“currently uninsured”</i> <u>and also</u> reported that they were <i>“insured the entire year”</i>. These cases are included in the <i>“insured only part of the year”</i> category.</p>
37	Usual/regular source of care	<p>The survey question included a clarifying statement: <i>A personal doctor or health care provider is a health professional who knows you well and is familiar with your health history.</i></p>
38	Usual/regular place of care	<p>For this survey question, respondents were instructed to choose only one choice and the reported categories in this table are mutually exclusive. Due to space limitations, two response categories that have lowest rates (<i>“A Veterans Affairs clinic or hospital”</i> and <i>“Other”</i>) are omitted. As a result, the total percentage does not add to 100%.</p> <p>A small number of respondents (2.2%) did not follow the instructions and checked two or more choices. A trumping rule was set to select <i>“urgent care”</i> or <i>“emergency room”</i> in favor of <i>“Dr office or clinic”</i> as regular place of care. For example, if a respondent checked both <i>“Dr Office”</i> and <i>“Hospital emergency room,”</i> the latter was reported as <i>“regular place of care.”</i></p>
41	Mental health care need and service utilization	<p>The survey question included a clarifying statement: <i>A health professional here could be a doctor, psychiatrist, psychologist, therapist or counselor.</i></p>
49	Eye exam	<p>The survey question included a clarifying statement: <i>This would have made your eyes temporarily sensitive to bright light.</i></p>

Technical Notes

Table-specific technical notes

Table(s)	Topic	Technical Notes
50	Pneumonia shot/vaccine	The survey question included a clarifying statement: <i>A pneumonia shot or pneumococcal vaccine is usually given only once or twice in a person's lifetime and is different from flu shot.</i>
51	Blood cholesterol check	The survey question included a clarifying statement: <i>Blood cholesterol is a fatty substance found in the blood.</i>
52	Blood stool test, colorectal cancer screening	The survey question included a clarifying statement: <i>A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood.</i>
53	Sigmoidoscopy exam, colonoscopy exam, colorectal cancer screening	The survey question included a clarifying statement: <i>Sigmoidoscopy and colonoscopy are exams in which a tube is inserted in the rectum to view the colon for signs of cancer or other health problems.</i>
54	Pap smear, cervical cancer screening	The survey question included a clarifying statement: <i>A Pap smear is a test for cancer of the cervix.</i>
55	Mammogram, breast cancer screening	The survey question included a clarifying statement: <i>A mammogram is an x-ray of each breast to look for breast cancer.</i>
56	Body weight, Body Mass Index (BMI)	<p><i>Body mass index (BMI) was calculated from self-reported weight and height using the standard formula:</i></p> <p style="padding-left: 40px;"><i>BMI = (weight in kilograms) ÷ (Height in meters)² or</i> <i>BMI = 703 * (weight in pounds) ÷ (Height in inches)².</i></p> <p><i>(See reference 5).</i></p> <p>While reporting weight, female respondents who were pregnant at the time of the survey were asked to provide their weight before they were pregnant.</p> <p>Classification of weight status by BMI according to national guidelines are: <i>underweight (BMI < 18.5); normal weight (BMI = 18.5 to 24.9); overweight (BMI = 25.0 to 29.9) and obese (BMI ≥ 30.0).</i> (See reference 5).</p>
59	Servings of vegetables yesterday	This survey question included a clarifying statement: <i>Not including French fries, a serving of vegetables is a cup of salad greens, or a half cup of any vegetables.</i>
60	Servings of fruit yesterday	The survey question included a clarifying statement: <i>A serving of fruit is one medium sized fruit, 1/2 cup of chopped, cut, or canned fruit, or 6 ounces of 100% fruit juice.</i>
61	Servings of fruits and vegetables yesterday	<p><i>"Total servings of fruits and vegetables eaten yesterday" were calculated by adding the answers from two questions:</i></p> <p><i>E1. Yesterday, how many servings of vegetables did you eat?</i></p> <p><i>E2. Yesterday, how many servings of fruit did you eat, including 100% fruit juice?</i></p>
65	Moderate physical activity	The survey question included a clarifying statement: <i>Moderate activities cause only light sweating and a small increase in breathing or heart rate.</i>
67	Vigorous physical activity	The survey question included a clarifying statement: <i>Vigorous activities cause heavy sweating and a large increase in breathing or heart rate.</i>

Technical Notes

Table-specific technical notes

Table(s)	Topic	Technical Notes
69	Healthy People Year 2010 objectives	<p><i>The Healthy People Year 2010</i> objectives used for reference points here are:</p> <ul style="list-style-type: none"> ▪ 19-6. Increase the proportion of persons aged 2 years and older who consume at least three daily servings of vegetables, with at least one-third being dark green or orange vegetables to 50%. ▪ 19-5. Increase the proportion of persons aged 2 years and older who consume at least two daily servings of fruit to 75%. ▪ 22-2. Increase the proportion of adults who engage regularly (at least 5 days per week), preferably daily, in moderate physical activity for at least 30 minutes per day to 30%. ▪ 22-2. Increase the proportion of adults who engage in vigorous physical activity that promotes the development and maintenance of cardiorespiratory fitness 3 or more days per week for 20 or more minutes per occasion to 30%. (See reference 6,.)
75	Walk to a destination	The survey question included a clarifying phrase: “ <i>Such as walking to work, stores, run errands.</i> ”
76	Bike to destination	The survey question included a clarifying phrase: “ <i>Such as walking to work, stores, run errands.</i> ”
77	Current smoking status	<p>“<i>Current smoking status</i>” was derived from the responses to two questions: <i>E22. Have you smoked at least 100 cigarettes in your entire life?</i> <i>E23. Do you now smoke cigarettes every day, some days or not at all?</i></p> <p>“<i>Every day smoker</i>”: a person who has smoked at least 100 cigarettes in his or her lifetime and now smokes cigarettes every day.</p> <p>“<i>Some days smoker</i>”: a person who has smoked at least 100 cigarettes in his or her lifetime and now smokes cigarettes on some days.</p> <p>“<i>Former smoker</i>”: a person who has smoked at least 100 cigarettes in his or her lifetime, but does not smoke now.</p> <p>“<i>Never smoked</i>”: a person who has smoked fewer than 100 cigarettes in his or her lifetime.</p> <p>“<i>Current smoker</i>”: a person who has smoked at least 100 cigarettes in his or her lifetime and now smokes every day or some days.</p>

Technical Notes

Technical Notes

Appendix D

Table(s)	Topic	Technical Notes
80-87	Alcohol use	<p>Alcohol use was measured by four survey questions, E5 to E8.</p> <p>Respondents were provided with clarifying statement on the definition of one alcoholic drink: <i>For questions E5 to E8, consider a drink of alcohol to be a can or bottle of beer or malt beverage, a glass of wine or wine cooler, a shot glass of liquor or a mixed drink.</i></p> <p>“<i>Current drinker</i>” is a person who had at least one drink of any alcohol or alcoholic beverage in the past 30 days.</p> <p>There were a few respondents who were identified as “<i>current drinkers</i>” who <u>also</u> reported <i>0 days</i> in the past 30 days that they had at least one drink of any alcoholic beverage. These cases are included in the <i>1-3 days</i> category in Table 81.</p> <p>There were a few respondents who were identified as “<i>current drinkers</i>” who <u>also</u> reported “<i>0 drinks</i>” on the days when they drank in the past 30 days. These cases are included in the “<i>1-2 drinks</i>” category in Tables 82 and 83.</p>
98	Connected with friends or neighbors	The survey question included a clarifying statement: <i>This includes on the phone or online.</i>

Note: The survey question number reference in this file is the actual survey questions number listed in survey questionnaire (See Appendix E)

Reference for this section

1. U.S. Department of Health and Human Services (HHS), Administration for Children and Families. Low-Income Home Energy Assistance Program (LIHEAP) Clearinghouse. 2009/2010 HHS Poverty Guidelines. Accessed at. <http://liheap.ncat.org/profiles/povertytables/FY2010/popstate.htm>. (Page last updated September 24, 2009).
2. Centers for Disease Control and Prevention. (2000). Measuring Healthy Days. Atlanta, GA: Centers for Disease Control and Prevention. The SPSS codes for the calculations of the measurements are accessed at <http://www.cdc.gov/hrqol/syntax.htm>.
3. Kessler, RC; Andrew, G; Colpe, LJ; Hiripi, E; Mroczek, DK; Normand, SL et al (2002). Short screening scales to monitor population prevalences and trends in non-specific psychological distress. *Psychological Medicine*, 32(6), 959-976.
4. Kessler, RC; Barker, PR; Colpe, LJ; Epstein, JF; Gfroerer, JC; Hiripi, E et al (2003). Screening for serious mental illness in the general population. *Arch Gen Psychiatry*, 60(2):184-9.
5. National Institute of Health.(1998). Clinical guideline on the identification, evaluation and treatment of overweight and obesity in adults- The evidence report. *Obesity Research* 6 (Suppl. 2): 51S-209S.
6. U.S. Department of Health and Human Services. (2000). *Healthy People 2010: Understanding and Improving Health*. 2nd Edition. Washington, DC: Government Printing Office.



SHAPE 2010

Appendix E

SHAPE 2010 - Adult Survey questionnaire



SHAPE 2010 – ADULT SURVEY

for an adult aged 18 or over

- ◆ Please have the **adult**, who will have the next birthday, answer the questions in this survey booklet, based on his or her own health.
- ◆ Please answer all of the questions in order, unless you are told to skip ahead.
- ◆ For more instructions, please see the inside cover.

HOW DO I FILL OUT THE SURVEY?

EXAMPLE 1:

- Q1** How difficult is it to pay for your prescription medications each month?
- Very difficult
 - Somewhat difficult
 - Not too difficult
 - Not at all difficult

Read all of the answers before making a choice. Fill in the whole circle completely with dark ink.

EXAMPLE 2:

- Q2** How many children are living in this home?
- Number of children

Fill in all of the boxes from left to right. Clearly print the number in the boxes provided.

EXAMPLE 3:

- Q3** Yesterday, how many meals did you eat out?
- None → **Go to Q5**
 - 1 meal
 - 2 meals or more

Skip question **Q4** and go directly to **Q5** and leave question **Q4** blank.

EXAMPLE 4:

- Q4** Do you have any of the following types of health coverage?
MARK ALL THAT APPLY
- Health insurance bought directly by you or someone else
 - Medicare or railroad retirement plan
 - Veterans Affairs, Military Health, TRICARE or CHAMPUS

Here, you may choose **one or more** of the answers that fit.



SHAPE 2010 – ADULT SURVEY

SECTION A – GENERAL HEALTH

- A1** In general, would you say your health is ... ?
- Excellent
 - Very good
 - Good
 - Fair
 - Poor
- A2** Thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?
- Number of days
- A3** Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?
- Number of days
- A4** During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as work, recreation, and taking care of yourself?
- Number of days

- A5** Have you ever been told by a doctor or other health care professional that you had asthma?
- Yes
 - No → **Go to A7**
- A6** Do you still have asthma?
- Yes
 - No
- A7** Have you ever been told by a doctor or other health care professional that you have diabetes or sugar disease?
- Yes
 - Yes, but only during pregnancy
 - Pre-diabetes or borderline diabetes
 - No → **Go to A9**
- A8** About how many times in the past 12 months have you seen a doctor, nurse, diabetes educator, or other health care professional for your diabetes or sugar disease?
- Number of times
- A9** When was the last time you had an eye exam in which the pupils were dilated? This would have made your eyes temporarily sensitive to bright light.
- Within the past month
 - Within the past year
 - Within the past 2 years
 - 2 or more years ago
 - I have never had my pupils dilated

- A10** Have you ever been told by a doctor or other health care professional that you had ... ?
- MARK ALL THAT APPLY
- Heart attack, also called a myocardial infarction
 - Angina or coronary heart disease
 - Stroke
 - None of the above
- A11** Have you ever been told by a doctor or other health care professional that you have hypertension, also called high blood pressure?
- Yes
 - Yes, but only during pregnancy
 - Borderline high or pre-hypertensive
 - No

- A12** Have you ever been told by a doctor or other health care professional that your blood cholesterol is high?
- Yes
 - No
- A13** How tall are you without shoes?
- Feet Inches
- OR–
- Centimeters

- A14** How much do you weigh without shoes? If you are a female and are currently pregnant, please provide your weight before you were pregnant.
- Pounds
- OR–
- Kilograms

- A15** Has a doctor or other health care professional ever told you that you should lose weight?
- Yes, within the past year
 - Yes, more than one year ago
 - No
- A16** Have you ever been told by a doctor or other health care professional that you have arthritis or rheumatism?
- Yes
 - No
- A17** Are you limited in any activities because of physical, mental or emotional problems?
- Yes
 - No
- A18** Because of any impairment or health problem, do you have any difficulty in getting, keeping, or working at a job or business?
- Yes
 - No
- A19** Because of any impairment or health problem, do you need help from another person with personal care needs such as eating, bathing, dressing, or getting around your home?
- Yes
 - No
- A20** Because of any impairment or health problem, do you need help from another person in handling routine needs such as everyday household chores, doing necessary business, shopping, or getting around for other purposes?
- Yes
 - No

SECTION B – HOW YOU FEEL

Questions B1 to B6 ask about how you have been feeling DURING THE PAST 30 DAYS.

B1 About how often did you feel so sad that nothing could cheer you up?

- None of the time
- A little of the time
- Some of the time
- Most of the time
- All of the time

B2 About how often did you feel nervous?

- None of the time
- A little of the time
- Some of the time
- Most of the time
- All of the time

B3 About how often did you feel so restless or fidgety that you could not sit still?

- None of the time
- A little of the time
- Some of the time
- Most of the time
- All of the time

B4 About how often did you feel hopeless?

- None of the time
- A little of the time
- Some of the time
- Most of the time
- All of the time

B5 About how often did you feel that everything was an effort?

- None of the time
- A little of the time
- Some of the time
- Most of the time
- All of the time

B6 About how often did you feel worthless?

- None of the time
- A little of the time
- Some of the time
- Most of the time
- All of the time

B7 Have you ever been told by a doctor or other health care professional that you have depression?

- Yes
- No → Go to B11

B8 Are you currently under the care of a doctor or other health care professional such as a psychiatrist, psychologist, therapist, or counselor for your depression?

- Yes
- No

B9 Are you currently taking any medication that was prescribed for you to treat depression?

- Yes
- No

B10 Do you still have depression?

- Yes
- No

B11 Have you ever been told by a doctor or other health care professional that you have anxiety or panic attacks?

- Yes
- No → Go to SECTION C

B12 Do you still have anxiety or panic attacks?

- Yes
- No

SECTION C – ACCESS TO HEALTH CARE

C1 Do you have any of the following types of health coverage?

MARK ALL THAT APPLY

- Health insurance through your employer or union; or someone else's employer or union
- Health insurance bought directly by you or someone else
- Medicare or railroad retirement plan
- Veterans Affairs, Military Health, TRICARE or CHAMPUS
- MinnesotaCare
- Minnesota Comprehensive Health Association (MCHA)
- Medicaid, MA*, GAMC*, or PMAP*
- Indian Health Services
- I have no health insurance
- Other: _____

*Note: MA - Medical Assistance, GAMC - General Assistance MedicalCare, PMAP - Prepaid Medical Assistance Program

C2 During the past 12 months, did you have health insurance for the entire year, only part of the year, or were you uninsured for the entire year?

- Insured the entire year
- Insured only part of the year
- Uninsured for the entire year

C3 During the past 12 months, how difficult has it been for you and your family to pay for health insurance premiums, co-pays, and deductibles?

- Very difficult
- Somewhat difficult
- Not too difficult
- Not at all difficult

C4 Do you take any prescription medication on a regular basis, other than birth control pills?

- Yes
- No → Go to C7

C5 How difficult is it to pay for your prescription medications each month?

- Very difficult
- Somewhat difficult
- Not too difficult
- Not at all difficult

C6 During the past 12 months, was there any time you skipped doses, took smaller amounts of your prescription, or did not fill a prescription because you could not afford it?

- Yes
- No

C7 Do you have a personal doctor or health care provider? A personal doctor or health care provider is a health professional who knows you well and is familiar with your health history.

- Yes
- No

C8 When you are sick or need medical care, where do you usually go?

CHOOSE ONLY ONE

- Veterans Affairs clinic or hospital
- Doctor's office, clinic, public health or community clinic
- Hospital emergency room
- Urgent care center
- Clinic located in a drug or grocery store
- No usual place
- Other: _____

SECTION D – PREVENTIVE CARE

C9 During the past 12 months, when you were seeking health care, have you felt that you were discriminated against?
 Yes
 No
 I did not seek health care in the past 12 months

C10 During the past 12 months, was there a time when you needed medical care?
 Yes
 No → **Go to C13**

C11 Did you delay or not get the care you thought you needed?
 Yes
 No → **Go to C13**

C12 Was that because of cost or lack of insurance?
 Yes
 No

C13 During the past 12 months, was there a time when you wanted to talk with or seek help from a health professional about stress, depression, a problem with emotions, excessive worrying or troubling thoughts?
A health professional here could be a doctor, psychiatrist, psychologist, therapist, or counselor.
 Yes
 No → **Go to SECTION D**

C14 Did you delay or not get the care you thought you needed?
 Yes
 No → **Go to SECTION D**

C15 Was that because of cost or lack of insurance?
 Yes
 No

SECTION D – PREVENTIVE CARE

D1 How long has it been since you last visited a dentist or dental clinic for any reason?
 Within the past year
 Within the past 2 years
 Within the past 5 years
 5 or more years ago
 Never

D2 Do you currently have insurance that pays for all or part of your dental care?
 Yes
 No

D3 During the past 12 months, have you seen a doctor or other health professional about your own health?
 Yes
 No → **Go to D5**

D4 Did the doctor or other health professional discuss or ask you about your ... ?
MARK ALL THAT APPLY
 Physical activity or exercise
 Diet or nutrition
 Weight
 Smoking or other tobacco use
 Stress
 Alcohol use

D5 During the past 12 months, have you seen a psychiatrist, psychologist, therapist, counselor, or other mental health provider about your own health?
 Yes
 No

D6 How long has it been since your last complete physical exam?
 Within the past year
 Within the past 2 years
 Within the past 5 years
 5 or more years ago
 Never

D7 Blood cholesterol is a fatty substance found in the blood. About how long ago has it been since you last had your blood cholesterol checked?
 Within the past year
 Within the past 2 years
 Within the past 5 years
 5 or more years ago
 Never

D8 A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. How long has it been since you had your last blood stool test using a home kit?
 Within the past year
 Within the past 2 years
 Within the past 5 years
 5 or more years ago
 Never

D9 Sigmoidoscopy and colonoscopy are exams in which a tube is inserted in the rectum to view the colon for signs of cancer or other health problems. How long has it been since you had your last sigmoidoscopy or colonoscopy?
 Within the past year
 Within the past 2 years
 Within the past 5 years
 Within the past 10 years
 10 or more years ago
 Never

D10 A pneumonia shot or pneumococcal vaccine is usually given only once or twice in a person's lifetime and is different from the flu shot. Have you ever had a pneumonia shot?
 Yes
 No

For MALES: Go to SECTION E
For FEMALES: Continue with D11 below

D11 A Pap smear is a test for cancer of the cervix. About how long has it been since you had your last pap smear?
 Within the past year
 Within the past 2 years
 Within the past 3 years
 Within the past 5 years
 5 or more years ago
 Never

D12 Have you had a hysterectomy?
A hysterectomy is an operation to remove the uterus (womb).
 Yes
 No

D13 A mammogram is an x-ray of each breast to look for breast cancer. About how long has it been since you had your last mammogram?
 Within the past year
 Within the past 2 years
 Within the past 3 years
 Within the past 5 years
 5 or more years ago
 Never

SECTION E – LIFESTYLES, NUTRITION, AND EXERCISE

- E1** Not including French fries, a serving of vegetables is a cup of salad greens, or a half cup of any vegetables. Yesterday, how many servings of vegetables did you eat?
 None
 1 serving
 2 servings
 3 servings
 4 servings
 5 or more servings

- E2** A serving of fruit is one medium sized piece of fruit, a half cup of chopped, cut or canned fruit, or 6 ounces of 100% fruit juice. Yesterday, how many servings of fruit did you eat, including 100% fruit juice?
 None
 1 serving
 2 servings
 3 servings
 4 servings
 5 or more servings

- E3** Yesterday, how many meals did you eat out?
 None
 1 meal
 2 or more meals

- E4** If you ate out yesterday, how many meals were at fast food restaurants?
 None
 1 meal
 2 or more meals

For questions E5 to E8, consider a drink of alcohol to be a can or bottle of beer or malt beverage, a glass of wine or wine cooler, a shot glass of liquor, or a mixed drink.

- E5** During the past 30 days, have you had at least one drink of any alcoholic beverage?
 Yes
 No → Go to E9

- E6** During the past 30 days, on how many days did you have at least one drink of any alcoholic beverage?
 Number of days

- E7** During the past 30 days, on the days when you drank, about how many drinks did you have on average?
 Number of drinks

- E8** Considering all types of alcoholic beverages, how many times during the past 30 days did you have ... ?

For FEMALES:
4 or more drinks on one occasion
 Number of times

For MALES:
5 or more drinks on one occasion
 Number of times

- E9** During the past 30 days, other than your regular job, did you participate in any physical activity or exercises such as running, calisthenics, golf, gardening, or walking for exercise?
 Yes
 No

- E10** During an average week, whether at work, at home or anywhere else, how many days do you get at least 30 minutes of moderate physical activity? *Moderate activities cause only light sweating and a small increase in breathing or heart rate.*
 Number of DAYS PER WEEK:
 0 1 2 3 4 5 6 7

- E11** Would you say you get most of this activity ... ?
 At work
 Outside of work

- E12** During an average week, whether at work, at home or anywhere else, how many days do you get at least 20 minutes of vigorous physical activity? *Vigorous activities cause heavy sweating and a large increase in breathing and heart rate.*
 Number of DAYS PER WEEK:
 0 1 2 3 4 5 6 7

- E13** Would you say you get most of this activity ... ?
 At work
 Outside of work

- E14** Do you consider yourself ... ?
 Over-weight
 Under-weight
 About right

For E15 to E18, please rate to which extent you agree or disagree with the following statements:

In my NEIGHBORHOOD, most residents can walk to ... ?

- E15** Grocery stores or markets
 Strongly agree
 Somewhat agree
 Somewhat disagree
 Strongly disagree

- E16** Restaurants, shops, stores, or malls
 Strongly agree
 Somewhat agree
 Somewhat disagree
 Strongly disagree

- E17** Community or recreation center, park, trails, or playgrounds
 Strongly agree
 Somewhat agree
 Somewhat disagree
 Strongly disagree

- E18** Bus stops, public transit stops, or stations
 Strongly agree
 Somewhat agree
 Somewhat disagree
 Strongly disagree

- E19** During an average week, how many days do you bike, walk, or skate for recreation, health, or fitness?

Number of DAYS PER WEEK:
 0 1 2 3 4 5 6 7

E20 During an average week (when weather permits), how many days do you WALK for the purpose of going to a destination (such as walking to work, stores, run errands)?

Number of DAYS PER WEEK:

- 0 1 2 3 4 5 6 7

E21 During an average week (when weather permits), how many days do you BIKE for the purpose of going to a destination (such as walking to work, stores, run errands)?

Number of DAYS PER WEEK:

- 0 1 2 3 4 5 6 7

E22 Have you smoked at least 100 cigarettes in your entire life?
100 cigarettes = 5 packs

- Yes
 No → Go to SECTION F
E23 Do you now smoke cigarettes ... ?
 Everyday
 Some days
 Not at all → Go to E25

E24 During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit?

- Yes → Go to SECTION F
 No → Go to SECTION F

E25 How long ago did you quit?

- Within the past year
 Within the past 2 years
 Within the past 5 years
 Within the past 10 years
 10 or more years ago
 Never

SECTION F – ABOUT YOUR COMMUNITY

F1 Please rate to which extent you agree or disagree with the following statement:

This is a good community to raise children in.

- Strongly agree
 Somewhat agree
 Somewhat disagree
 Strongly disagree

F2 How often are you involved in school, community, or neighborhood activities?

- Weekly
 Monthly
 Several times a year
 About once a year
 Less often than yearly
 Never

F3 How often do you go to a church, temple, synagogue, mosque, or other place for worship or other activities?

- Daily
 Weekly
 Monthly
 Less often than monthly
 Never

F4 How often do you get together or talk with friends or neighbors? This includes on the telephone or online.

- Daily
 Weekly
 Monthly
 Less often than monthly
 Never

Questions F5 to F11 are about where you live and your neighborhood. Please rate to which extent you agree or disagree with the following statements:

F5 People in this neighborhood know each other.

- Strongly agree
 Somewhat agree
 Somewhat disagree
 Strongly disagree

F6 People in this neighborhood are willing to help one another.

- Strongly agree
 Somewhat agree
 Somewhat disagree
 Strongly disagree

F7 People in this neighborhood can be trusted.

- Strongly agree
 Somewhat agree
 Somewhat disagree
 Strongly disagree

F8 People in this neighborhood are afraid to go out at night due to violence.

- Strongly agree
 Somewhat agree
 Somewhat disagree
 Strongly disagree

F9 Gangs are a serious issue in this neighborhood.

- Strongly agree
 Somewhat agree
 Somewhat disagree
 Strongly disagree

F10 Children are safe in this neighborhood.

- Strongly agree
 Somewhat agree
 Somewhat disagree
 Strongly disagree

F11 People in this neighborhood generally get along with each other.

- Strongly agree
 Somewhat agree
 Somewhat disagree
 Strongly disagree

F12 How often are you in situations where you feel unaccepted because of your race, ethnicity or culture?

- At least once a week
 Once or twice a month
 A few times a year
 Less often than that
 Never

F13 During the past 12 months, how often did you worry that your food would run out before you had money to buy more, would you say ... ?

- Often
 Sometimes
 Rarely
 Never

F14 During the past 12 months, did you miss a rent or mortgage payment because you didn't have enough money?

- Yes
 No

F15 During the past 12 months, have you or anyone in your household received MFIP, WIC, or food support (food stamps) services?

- Yes
 No
 Don't know

SECTION G – ABOUT YOU

- G1** Are you ... ?
 Male
 Female
- G2** What is your age?
 Years
- G3** What is the highest grade or year of school you have completed?
 Less than high school
 High school graduate or GED
 Some college, associate degree or vocational/technical/business school
 Bachelor degree or higher
- G4** Are you currently ... ?
 MARK ALL THAT APPLY
 Employed for wages
 Self-employed
 Out of work for more than 1 year
 Out of work for less than 1 year
 Homemaker
 Student
 Retired
 Unable to work
- G5** Do you consider yourself to be Hispanic or Latino?
 Yes, Hispanic or Latino
 No, not Hispanic or Latino

G6 Which of the following do you consider yourself?
 MARK ALL THAT APPLY

- Asian or Asian American
 Black or African American
 White
 American Indian or Alaskan Native
 Native Hawaiian or other Pacific Islander
 Bi-racial or Multi-racial
 Other: _____
- G7** If Asian, are you Southeast Asian, such as Hmong, Laotian, Vietnamese, Cambodian or Thai?
 Yes
 No, other Asian: _____
- G8** If Black or African American, were you born in Africa?
 Yes
 No, other place: _____
- G9** If you have selected more than one race in question G6, which do you identify with most?
 CHOOSE ONLY ONE
 Asian or Asian American
 Black or African American
 White
 American Indian or Alaskan Native
 Native Hawaiian or other Pacific Islander
 Bi-racial or Multi-racial
 Other: _____

G10 Do you think of yourself as ... ?
 MARK ALL THAT APPLY

- Heterosexual or straight
 Gay, lesbian, or homosexual
 Bisexual
 Transgender

G11 Are you currently ... ?

- Married
 Living together in a marriage-like relationship
 Separated or divorced
 Widowed
 Never been married

G12 Were you born in the United States?

- Yes \rightarrow Go to G14
 No

G13 How many years have you lived in the United States?

Years

G14 How many times have you moved in the past two years?

- Never
 1 time
 2 or more times

G15 Which of the following best describes the telephone service in your home?

- Land-based telephone line only
traditional phone line
 Cell phone only
 Both land-line and cell phone
 No telephone service

G16 What languages do you speak at home?

- MARK ALL THAT APPLY
 English
 Other: _____

G17 In studies like this, households are often grouped according to income.

Approximately what was your household's income from all sources last year before taxes?

- Less than \$15,000
 \$15,001 to \$20,000
 \$20,001 to \$25,000
 \$25,001 to \$35,000
 \$35,001 to \$45,000
 \$45,001 to \$65,000
 More than \$65,000

G18 Including yourself, how many people currently live in your household?

Number of people

How many of those are

- Children age 0 to 5
 Children age 6 to 11
 Children age 12 to 17
 Age 18 to 64
 Age 65 and older

If you have children age 17 or under living at this household, please complete the SHAPE 2010 Child Survey.

WHAT SHOULD I DO WHEN I HAVE FINISHED ANSWERING THE SURVEY?

STEP 1: Check to see that the survey is complete.

STEP 2: Please answer both surveys if there is a child in the household.

STEP 3: Use the pre-paid envelope to send both surveys back to us by regular U.S. Mail.

DO YOU HAVE ANY COMMENTS ABOUT THE SHAPE 2010 SURVEY?

Please share your comments in the space below. Thank you.

QUESTIONS OR CONCERNS?

Please call the SHAPE Survey Help Line at 612-543-2499 or send an e-mail message to SHAPE@co.hennepin.mn.us.

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The Statewide Health Improvement Program (SHIP), an integral part of Minnesota's nation-leading 2008 health reform law, strives to help Minnesotans lead longer, healthier lives by preventing the chronic disease risk factors of tobacco use and exposure, poor nutrition and physical inactivity. For more information, visit <http://www.health.state.mn.us/healthreform/ship>. This SHAPE survey was made possible through funding from the Statewide Health Improvement Program (SHIP) of the Minnesota Department of Health.



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If you have any questions about this report, would like more information about *SHAPE*, or want to report any suspected errors or misprints in this document, contact:

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The Hennepin County Human Services and Public Health Department will post any corrections and updates to this publication on the *SHAPE* website.

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